



City of Albuquerque

Human Resources Department

Timothy M. Keller, Mayor

April, 2022

Notice to Enrollees in a Self-Funded Nonfederal Governmental Group Health Plan For Plan Years Beginning on or After September 23, 2010

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, these employers are permitted to elect to exempt a plan from the requirements listed below for any part of the plan that is "self-funded" by the employer, rather than provided through a health insurance policy. The City of Albuquerque has elected to exempt City of Albuquerque Group Health Plan from the following requirement:

1. Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.

The exemption from these Federal requirements will be in effect for the 2022 plan year beginning July 1, 2022 and ending June 30, 2023. The election to exempt the City of Albuquerque Group Health Plan from the requirements is based on reporting requirements rather than the provision of benefits and may be renewed for subsequent plan years.

The City of Albuquerque Group Health Plan voluntarily provides benefits for mental health and substance abuse disorders with equivalent copayments and coverage that apply to medical and surgical benefits.