



## Presbyterian Mobile Health Center

For Employees and Family Members Enrolled in the City's Presbyterian Health Plan  
*Through the City of Albuquerque, Participating Entities, and Bernalillo County*

- No cost for services provided by the mobile clinic
- **Appointments are required. Please call 505-220-6562**
- COVID screenings are required for all patients, **PLEASE WEAR YOUR MASK** –
- **The mobile clinic does not provide COVID TESTING OR COVID VACCINES**
- If you cannot make your scheduled appointment, you must call to cancel within 24 hours
- Enrolled members age 2 and up may visit ANY location
- Walk-ins are not available at this time.
- No work-related injuries
- Accessible to people with disabilities
- Take your Presbyterian Member ID card
- Employees with conditions like diabetes may use the center for routine screenings such as A1C, kidney, blood pressure checks, glucose, and blood cholesterol tests.
- All services are administered by Medcor

## APRIL 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Walking Meditation...Research shows walking while meditating helps decrease anxiety and depression, better pain control, lower blood pressure, better mood, and improves sleep.</b></p>				<p><b>1</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>
<p><b>4</b>  <u>Fire Academy/911</u>            8:00am-11:00am  <u>Daytona Transit Facility</u>            12:00pm-3:00pm</p>	<p><b>5</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>6</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>7</b>  <u>ABCWUA</u>            1441 Mission Ave.            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>8</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>
<p><b>11</b>  <b>ADMIN DAY</b></p>	<p><b>12</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>13</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>14</b>  <u>Sandoval County</u>            8:00am – 11:00 am  <u>Town of Bernalillo</u>            12:00pm-3:00pm</p>	<p><b>15</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>
<p><b>18</b>  <u>Middle Rio Grande Conservancy District</u>            8:00am-11:00am  <u>Yale Transit</u>            12:00 pm-3:00pm</p>	<p><b>19</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>20</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>21</b>  <u>APD Crime Lab</u>            (church parking lot)            8:00am-11:00am  <u>Pino Yard</u>            12:00pm-3:00pm</p>	<p><b>22</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>
<p><b>25</b>  <b>ADMIN DAY</b></p>	<p><b>26</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>27</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>28</b>  <b>SPECIAL VISIT</b>  <u>Solid Waste</u>  <u>4600 Edith Blvd NE</u>            8:00am-11:00am            12:00pm-3:00pm</p>	<p><b>29</b>  <u>Civic Plaza</u>            (6<sup>th</sup> &amp; Marquette)            8:00am-11:00am            12:00pm-3:00pm</p>