

AUGUST 23

Choose from two sessions:
9am – 11am OR 2pm – 4pm

BetterHealth
Training for Leaders
Albuquerque Convention Center
Ballroom A

THE

Intersection **OF**

Leadership

and

WELL-BEING

Have you ever wondered what leaders who excel at supporting wellness at work share in common? The answer is a 'leading for wellness' mindset!

In this session, you'll learn:

- how to shift your mindset
- embrace leading for wellness
- improve the City of Albuquerque's well-being!



The
Solutions
Group

A division of Presbyterian Healthcare Services

TSG offers leading-edge and customized holistic wellness programs to meet the unique needs of your workforce.

Presenters:

**THE SOLUTIONS GROUP
(TSG) TEAM**

SCAN TO REGISTER



SCAN WITH CAMERA



CLICK THE LINK



Scan the QR code to register, or use the registration link:
<https://tsg-scheduling.as.me/bh-leader-training>



BetterHealth

CITY OF ALBUQUERQUE AND
PARTICIPATING GOVERNMENT ENTITIES

Better you.

raChelle Karman
Insurance and Benefits Division
505-768-2921 TTY 711