

Wrangle Your HEALTH!

EMPLOYEE HEALTH & BENEFITS FAIR

Family members invited!

**FRIDAY,
OCTOBER 28, 2022
7 AM - 2 PM**

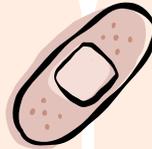
Albuquerque
Convention Center Hall 4



Free Parking

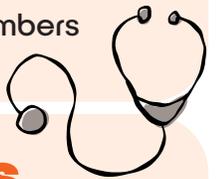
Approved Time to Attend
with Supervisor's Prior Approval

Free Parking: East Entrance of the Convention Center



Get Flu Shot & COVID Booster

Bring your medical insurance ID card.
\$0 cost for Presbyterian members
and most health plans.



Visit Wellness & Benefits Exhibits

HEALTH SCREENINGS (no charge)

Fasting Lipids • Glucose: 7 a.m. – 10 a.m. ONLY*

Cholesterol • A1c. Blood Pressure and More: 7 a.m – 2 p.m.

Enjoy a chair massage & capture a memory at the photo booth.

Water bottle refill station available in Convention Center.

*8 Hour Fasting Required, no food or beverage – but please drink water and take medications as usual.

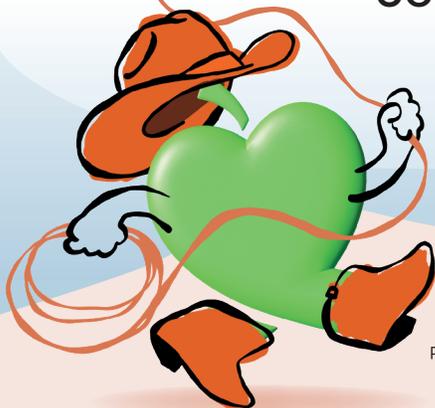


Healthy Giveaways and Prizes!

Join the

COWBOY BOOT PARADE

at *High Noon!*



Go to Mobile Health Center

7am – 10am & 11am – 2pm

Bring your Presbyterian Member ID.

Call 220-6562 for an appointment.

Walk-in visits will depend upon provider availability.

BetterHealth

CITY OF ALBUQUERQUE AND
PARTICIPATING GOVERNMENT ENTITIES

Better you.

raChelle Karman
Insurance & Benefits Division
505-768-2921 (TTY 711)

