

# Get the Right Care at the Right Time

**Call your PCP:** Your Primary Care Provider (PCP) is the right person to see for most health issues. If it is serious, your PCP may ask you to come in the same day or they may tell you to go to urgent care.

**Call the free nurse advice line:** Get free advice from a nurse 24 hours a day, 365 days a year at 1-866-221-9679. The nurse advice line can give you advice on your health concern. The nurse can also help you decide whether to go to your PCP or urgent care.

**Go to urgent care:** Urgent care is used for times when you need to be seen right away, but it is not an emergency. Most urgent care centers have evening and weekend hours. See the other side of this sheet for an urgent care center near you.

**Mobile Health Center:** The Mobile Health Center is available to employees and dependents of the City of Albuquerque, as well as employees and dependents of the participating entities enrolled in Presbyterian Health Plan under the City of Albuquerque contract. Services through the Mobile Health Center are offered for no copay. To make an appointment, please call (505) 220-6562 or 1-855-277-7737. Walk-in visits may be available.



**Video Visits:** An affordable alternative to going to an urgent care or a doctor's office for non-emergent medical conditions. Presbyterian's Video Visits allows you to talk with a doctor at any time of day, any day of the week. For more information please visit [www.phs.org/videovisits](http://www.phs.org/videovisits).

**You can use Video Visits to be seen for:**

- Diabetes screening
- Fever and body aches
- Ear ache
- Cold or flu
- Sore throat
- Cough
- Vomiting or diarrhea
- Nausea or feeling generally ill
- Mild stomach pains
- Mild injuries and cuts
- Pain or burning when using the bathroom

Presbyterian offers several urgent care options to serve you in the Greater Albuquerque area. Urgent care centers offer medical care for conditions that need to be seen the same day or the next day when you can't get in to see your PCP. **If your condition is life-threatening, such as chest pain, breathing problems or other major trauma, you should go to a hospital emergency room or call 911.**

## Albuquerque:

### Alameda Blvd. NW (off Coors Blvd.)

Presbyterian Medical Group  
Urgent Care on Alameda  
1648 Alameda Blvd. NW, 87114  
(505) 253-7550

**Mon - Fri:** 9 a.m. to 8 p.m.

**Sat - Sun:** 7 a.m. to 4 p.m.

### Central Ave. SE (off I-25)

Presbyterian Medical Group Pediatric  
Urgent Care at Presbyterian Hospital  
1100 Central Ave. SE, 87106  
(505) 841-1819

**Mon - Fri:** 10 a.m. to 8 p.m.

**Sat - Sun:** 10 a.m. to 8 p.m.

### Atrisco Dr. NW (at Ladera Dr.)

Presbyterian Medical Group  
Urgent Care on Atrisco  
3901 Atrisco NW, 87120  
(505) 462-7575

**Mon - Fri:** 7 a.m. to 6 p.m.

**Sat - Sun:** 7 a.m. to 4 p.m.

### Harper Dr. NE (off I-25)

Presbyterian Medical Group Urgent Care on Harper  
5901 Harper Dr. NE, 87109  
(505) 823-8888

**Mon - Fri:** 7 a.m. to 6 p.m.

**Sat - Sun:** 7 a.m. to 4 p.m.

### Carmel Ave. NE (off Wyoming Blvd.)

Presbyterian Medical Group  
Urgent Care on Carmel  
7920 Carmel Ave. NE, 87122  
(505) 253-4789

**Mon - Fri:** 9 a.m. to 8 p.m.

**Sat - Sun:** 7 a.m. to 4 p.m.

### Isleta Blvd. SW (at Rio Bravo Blvd.)

Presbyterian Medical Group Urgent Care on Isleta  
3436 Isleta Blvd. SW, 87105  
(505) 462-7777

**Mon - Fri:** 7 a.m. to 6 p.m.

**Sat - Sun:** Closed

### Harper Dr. NE (off I-25)

Concentra Urgent Care  
5700 Harper Dr NE Ste 110  
Albuquerque, NM 87109  
(505) 823-9166

**Mon - Fri:** 8 a.m. to 5 p.m.

**Sat - Sun:** Closed

### Encino Pl. NE (off I-25)

Concentra Urgent Care  
801 Encino Pl NE Ste E12  
Albuquerque, NM 87102  
(505) 842-5151

**Mon - Fri:** 8 a.m. to 5 p.m.

**Sat - Sun:** Closed

### Commons Ave. NE (off I-25)

Concentra Urgent Care  
3811 Commons Ave NE  
Albuquerque, NM 87109  
(505) 345-9599

**Mon - Fri:** 8 a.m. to 5 p.m.

**Sat - Sun:** Closed

## Rio Rancho:

### High Resort Blvd. NE (at Hwy. 528)

Presbyterian Medical Group  
Urgent Care in Rio Rancho  
4100 High Resort Blvd. SE, 87124  
(505) 462-8888

**Mon - Fri:** 7 a.m. to 6 p.m.

**Sat - Sun:** 7 a.m. to 4 p.m.

## Belen:

### Christopher Rd. (off I-25)

Presbyterian Medical Group Urgent Care in Belen  
609 S. Christopher Rd., 87002  
(505) 864-5454

**Mon - Fri:** 8 a.m. to 7 p.m.

**Sat - Sun:** Closed

Some urgent care centers may not be open on major holidays. Please call for holiday dates and hours.