

## Presbyterian Gym Membership Benefit for July 1, 2020 - June 30, 2021

- ***New employees*** must enroll in Presbyterian Health Plan with Gym Membership within 31 days of employment. Enrolled dependents 18 and over receive the gym benefit when employees enroll.
- ***Current employees who already have the Presbyterian Gym Benefit*** will remain enrolled unless they make changes in Employee Self Service by deadline.
- ***Current employees who wish to add the Gym Benefit*** must select the Presbyterian Health Plan with Gym Membership through Employee Self Service by deadline. Enrolled dependents 18 and over receive the gym benefit when employees enroll.
- IRS considers gym memberships as a taxable benefit. Income tax deductions occur with each pay check.
- ***NOTE:*** The number of provider locations may change due to fitness center availability or changes in the client service area.

53 Participating Gyms in the ABQ Metro Area & Santa Fe as of April, 2020	
Ab's Exclusive Fitness (Santa Fe)	Mo's Gym (ABQ) <b>NEW!</b>
Amplify Strength and Conditioning (ABQ)	New Heart (ABQ)
Anytime Fitness (ABQ, Rio Rancho, Santa Fe)	Planet Fitness (Basic Membership - ABQ, Los Lunas, Rio Rancho, Santa Fe)
Belen Community Center	
Body Mass Foundation (ABQ) <b>NEW!</b>	Powerflex Gym (ABQ)
BodyShock Fitness Studio (Los Lunas)	Rio Rancho Aquatic Center <b>NEW!</b>
Center for Ageless Living – Health & Wellness Program (Los Lunas)	Roots Fitness (Rio Rancho)
Christus St. Vincent Health & Fitness Center (Cardiac & Pulmonary Rehab Gym (Santa Fe)	Route 66 Health and Fitness (Moriarty)
CHUZE Fitness (Basic Membership - ABQ) <b>NEW!</b>	Santa Fe Athletic Co. <b>NEW!</b>
CrossFit Petroglyph (ABQ)	Santa Fe Health & Fitness <b>NEW!</b>
Crunch Fitness (ABQ)	Simms Fitness (ABQ)
Defined Fitness (ABQ, Rio Rancho)	SNAP Fitness (ABQ)
Elite Muscle (Belen)	Sports & Wellness (ABQ) – <i>extra cost</i>
Elite Physique Gym (Rio Rancho)	Star Heights Recreation Center (Rio Rancho) <b>NEW!</b>
E-Town Fitness (Estancia)	Stretch Strength & Fitness (ABQ) <b>NEW!</b>
Extreme Fitness (Belen)	Superior Fitness (Santa Fe) <b>NEW!</b>
Fitness Plus for Women (Santa Fe)	The Athlete's Playground, LLC (ABQ) <b>NEW!</b>
Gainz Fitness (ABQ) <b>NEW!</b>	The HIT FIT Club (ABQ)
GOTIME Fitness (Rio Rancho) <b>NEW!</b>	The Open Gym (ABQ)
Hardkor Fitness (Belen)	Thin Line Fitness (Edgewood) <b>NEW!</b>
Life 180 Biorhythm Center, Inc. (Belen)	UFC Gym (ABQ, Rio Rancho)
Longevity! Strength Training & Fitness (Santa Fe) <b>NEW!</b>	YMCA (ABQ)
Main Street Muscle & Fitness Center (Los Lunas)	Z-FIT of New Mexico (ABQ)

