

FRESH OPTION PRODUCE



BetterHealth

The Fresh Option program is designed to deliver and encourage healthy snacks at meetings and celebrations. The program, which includes delivery of individual pieces of fresh produce, is available to BetterHealth Ambassadors at all City of Albuquerque locations.

WAYS TO USE FRESH OPTIONS?

- Wellness educational workshops.
- BetterHealth program orientations and celebrations such as Good Measures & Nuvita orientations and Check Change Control celebrations.
- Staff days or retreats that include wellness initiatives, such as library staff day.
- Staff training with at least one wellness announcement.
- Staff meetings with at least one wellness announcement.

HOW TO REQUEST A PRODUCE DELIVERY

1. Any BetterHealth Ambassador may initiate a Fresh Option order. Each BetterHealth Ambassador is limited to two produce deliveries per calendar year.
2. Requests are accepted via online submission only using the [Produce Request Form](#). Orders must be received at least one week prior to the requested Tuesday/Wednesday distribution date.
3. A typical order can provide a serving of fresh produce to as little as 6 to as many as 50 employees. Please allow 2 weeks for larger requests of up to 150. The Produce Request Form requires contact information, event information, complete delivery address, quantity of produce and date of activity. Time of delivery is not guaranteed so please do not request delivery on the day of your event. You should receive confirmation that your order was received within 2 business days of being submitted.
4. You are responsible for meeting or picking up your order from your delivery location. Tuesday is the delivery day for offices east of the river. Wednesday is the delivery day for offices west of the river. Deliveries can be made Monday-Friday only if your location is open for delivery between 2pm-7pm.
5. The produce does not come washed. All produce is organic so there is no pesticide residue. When completing the Produce Request Form, you will select one of the following options for your delivery:
 - All produce ready to eat at time of delivery.
 - Produce may require minor preparation by requesting Ambassador such as slicing and peeling.
 - Produce will be prepped by requesting Ambassador. All forms acceptable.

Visit www.skarsgardfarms.com to view available produce options. All deliveries will include only fresh and raw edible mixed produce. We will do our best to accommodate requests for specific fruits and vegetables. Examples of preparation-free produce include apples, oranges, grapes, strawberries, tomatoes, blueberries, and nectarines. Examples of produce that require minor preparation include mangoes, pineapple, avocado, cantaloupe, bell pepper, cucumber, and broccoli.

6. The delivery does not include napkins, paper plates or any preparation utensils.
7. Place the *BetterHealth*, *Better You* and the *Fruit & Veggies More Matters* stickers on your produce before the event.

PRODUCE REQUEST FORM

[Click here](#) to make a produce request