

Convenient Ways to Access Care



Direct access to medical advice 24 hours a day, seven days a week.

The PresRN nurse advice line is an easy way to speak with a registered Presbyterian nurse at no cost 24 hours a day, seven days a week, including holidays. Call **(505) 923-5570** or **1-888-730-2300**.

MyChart is a secure, web-based portal for direct communication to care teams.

MyChart allows members with a Presbyterian Medical Group provider to send electronic messages and communicate with their care team, request prescription renewals and schedule office or telephone visits. Members can also conveniently view their medical records, lab and radiology reports, procedures and test results.

See a provider anytime, day or night, with Video Visits.

This no cost, convenient option offers a new way to see a medical provider for nonemergency medical conditions via secure video through a smartphone, tablet or computer webcam. This is also a great option when you or your family members need to seek nonemergency care but aren't near a healthcare facility. To request a visit, log in to your myPRES account by going to **www.phs.org/myPRES**.

From there:

1. Click the "Video Visits" button.
2. Read the requirements listed on the page. If you agree, click the "Continue" button.
3. Fill out a brief medical history form if you haven't already done so. To fill out the form, click the "Medical History" button.
4. Click "Request an Exam" to open the intake form.
5. Fill out the intake form. Here, you will provide quick details about your health concern and request your visit.

Within minutes, you will receive a call from a care coordinator for a quick review of your symptoms and to make sure your video connection is ready to go.

