



# APD Behavioral Health Services

Last updated: December 2021



Service	Eligibility	Cost	Must be enrolled in Presbyterian Insurance	Anonymous	Hours	Address	Email or Website	For Appointment
<b>Employee Assistance Program</b> <ul style="list-style-type: none"> <li>Professional counselors</li> <li>Employee counseling</li> <li>Crisis intervention</li> <li>Referral services.</li> </ul> Confidential, private, covered by HIPAA.	Available to employee and household family members	No Cost	No	Yes	On Call 24/7 & by appointment	400 Marquette Ave NW, Albuquerque, NM 87102	Eweb/EAP	Appointment 505-768-4613
<b>COPLINE</b>	National law enforcement hotline manned by retired law enforcement officers. Provides peer support for crisis intervention and referrals to mental health professionals.	No Cost	No	Yes	24/7	Phone Hotline	www.copline.org	800-267-5463
<b>NM Crisis and Access Line</b>	A professional mental health crisis line. Masters level clinicians provide mental health services to all persons experiencing any kind of emotional crisis, mental health or substance use concern.	No Cost	No	Yes	24/7	Phone Hotline	www.nmcrisisline.com	855-662-7474
<b>Behavioral Sciences</b>	Provides access to psychological services, including consultation and treatment, needed by sworn and civilian personnel and their family members. Confidential, private, covered by HIPAA.	No Cost	No	Yes	On Call 24/7 & by appointment	1501 Broadway Blvd SE, Albuquerque, NM 87102	apdbds@cabq.gov	505-764-1600
<b>APD Chaplain</b>	Provide a ministry of presence, support, and counsel to members of the Albuquerque Police Department and their families.	No Cost	No	Yes	On Call 24/7	400 Roma Ave NW, Albuquerque, NM 87102	apdchaplainunit@cabq.gov	768-2131 Primary Chaplain 235-0194 Backup Chaplain 270-9124 Head Chaplain 206-0449
<b>NM Solutions</b>	Provides access to psychological services, including consultation and treatment, needed by sworn and civilian personnel and their family members. Confidential, private, covered by HIPAA.	No Cost	No	Yes	By Appointment	Downtown 707 Broadway NE, Ste 500, Albuquerque, NM 87102	www.newmexicosolutions.com	Downtown 505-268-0701
						Westside 2551 Coors Blvd NW, Albuquerque, NM 87120		Westside 505-833-2300
<b>Peer Support team</b>	Private, safe, and supportive environment for law enforcement personnel. Volunteer law enforcement and civilian personnel provide emotional support for after crisis, serious illness, or injury, resources/referrals for professional assistance.	No Cost	No	Yes	On Call 24/7	400 Roma Ave NW, Albuquerque, NM 87102	apdpeersupport@cabq.gov	505-967-6587
<b>Safe Call Now</b>	Confidential, comprehensive, crisis referral service for all public safety employees and their family members.	No Cost	No	Yes	24/7	Phone Hotline	www.safecallnow.org	206-459-3020



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<b>Presbyterian Talkspace</b> Behavioral coaching app ages 18 and older. With Talkspace text therapy you can: <ul style="list-style-type: none"> <li>• Engage with a therapist the same day that help is needed, not weeks later</li> <li>• Get matched to a therapist based on your unique needs</li> <li>• Develop a one-on-one relationship with the same therapist throughout your engagement</li> <li>• Live a happier, healthier life</li> </ul>	Available to employee and household family members with Presbyterian Health Plan	No Cost	Yes	Yes	24/7	Remote application and desktop	<a href="http://www.talkspace.com/php">www.talkspace.com/php</a>	Download on the App Store or Google play
<b>Presbyterian Outpatient Behavioral Health Care</b> <ul style="list-style-type: none"> <li>• Individual and group therapy</li> <li>• Medication evaluation</li> <li>• Medication management</li> <li>• Psychological testing</li> </ul>	Available to employee and household family members with Presbyterian Health Plan	Applicable Copayment	Yes	Yes	Hours vary based on provider	Presbyterian 8312 Kaseman Ct NE Albuquerque, NM 87110	<a href="http://www.phs.org/doctors-services/services-centers/behavioral-health">www.phs.org/doctors-services/services-centers/behavioral-health</a>	505-291-5300
<b>Presbyterian Inpatient Behavioral Health Services</b> <ul style="list-style-type: none"> <li>• Acute psychiatric stabilization</li> <li>• Diagnostic evaluation</li> <li>• Medication management</li> <li>• Group therapy</li> <li>• Psychosocial evaluation</li> <li>• Family engagement</li> <li>• Inpatient care for child, adolescent, adult and geriatric patients.</li> </ul>	Available to employee and household family members with Presbyterian Health Plan	Applicable Copayment	Yes	Yes	M-F 6am-7pm, Weekends/ Holidays 3pm-5pm	Presbyterian Kaseman Hospital 8300 Constitution Blvd NE, Albuquerque NM 87110	<a href="http://www.phs.org/doctors-services/services-centers/behavioral-health">www.phs.org/doctors-services/services-centers/behavioral-health</a>	505-291-2560
<b>Wellness at Work resources</b> <ul style="list-style-type: none"> <li>• Online portal</li> <li>• Create personalized health improvement plans</li> <li>• Personal Health Assessment (PHA)</li> <li>• Biometric screening results</li> <li>• Workshops</li> <li>• Articles and much more!</li> </ul>	Available to benefits-eligible employees, spouses and domestic partners	No Cost	Yes	Yes	24/7	Desktop application	<a href="http://www.mypres.org">www.mypres.org</a>	Access through MyPres
<b>On to Better Health</b> <ul style="list-style-type: none"> <li>• Online programming for common challenges, such as trouble sleeping, feeling down, feeling tense or anxious.</li> <li>• Helpful tips and videos based on your interests and needs.</li> </ul>	Available to employee and household family members with Presbyterian Health Plan	No Cost	Yes	Yes	24/7	Series of applications available remote and desktop	<a href="http://www.ontobetterhealth.com/php">www.ontobetterhealth.com/php</a>	Download on the App Store or Google play