OVERNIGHT SHELTERS Updated 10/15/2026

Gateway West (westside emergency shelter)
for adult individuals and couples (no families), up to 2 pets
Open 24/7 (3 meals/day); bus leaves from **6 to 8 am** to drop off
Bus pickup sites: **1st St NW @, Indian School**: 7 days/wk rolling pickups from **3-7 pm; HopeWorks**, 1201 3rd St. NW (**3:15 M-F**)
First Nations, 5608 Zuni SE (on Palomas) (**6:30** pm 7 days/wk)

To refer a family, a young adult (age 18-25), or an adult age 26+, complete a referral form at **gatewayservicescabq.com**
To refer an adult to **Gateway Recovery**, complete intake form on **endeavors.org/gateway-recovery-micro-community**
--For more info on CABQ programs, go to **cabq.gov/homeless**

AOC Men's Shelter (Heading Home) (715 Candelaria NE)
--(**no walk-ins**) best time to call is **8 am**, 7 days/wk **344-4340**
Good Shepherd Center (men only) 218 Iron SW--check in at **5** pm
Barrett House (24/7-women & children--boys <18) (**no walk-ins**)
--call **8** am **- 5** pm (waitlist) not DV – leave message **243-4887**
Joy Junction (mostly for families (1 or 2 parent) and women)
--4500 2nd St. SW (call first—you can call 24/7) **877-6967**

Domestic Violence Shelters (call 24/7)

S.A.F.E. House (in Albuquerque) **247-4219**
Haven House (in Rio Rancho) **896-4869**
Valencia Shelter for DV (in Valencia County) **864-1383**

Youth Shelters (also see Drop-In Centers)

New Day Shelter, ages 11–17 (24 hrs 7 days/wk) **938-1060**
Amistad Shelter, (12–17) referral 24 hrs 7 days/wk **877-0371**
Casa Q (referrals for LGBTQ+ youth age 14-17) **872-2099**

Homeless Multi-Services Centers/Meals

Albuquerque Healthcare for the Homeless (AHCH)
1217 1st St. NW (Hours: Mon/Tu/Th/Fri **8 am -4 pm**; Wed **8-12**)
Medical Clinic & **Behavioral Health Clinic** (walk-in) **766-5197**
Dental Clinic (call or walk in for appointment) **242-8288**
Resource Center/many services (**7:30-4 pm** walk-in,**7:30-12** Wed)

Good Shepherd Center, 218 Iron SW **243-2527 x100**
Mon/Tues/Wed/Fr meal for all (**2-3 pm**); **Sat** lunch: **11:30-12 pm**
Mail Mon-Fri, **2-3:30 pm**; Clothing (men only) **M/Tu/W/Fr 9-11 am**
Overnight shelter (for men only) – check in **5** pm (& see "Housing")
Medical respite (men only): must be referred by healthcare provider

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First Nations Community Healthsource **262-2481**
Zuni Clinic (Medical+Dental), **5608 Zuni Road SE**
--Homeless Outreach Program: M-F 8 am–6 pm; Sat 8–12
--All Nations Wellness & Healing Center, 6416 Zuni SE
Mon to Fri: Breakfast (**8:00 - 9:30 am**); Lunch (**12 - 1:30 pm**)
--Native American Traditional Wellness, 634 Manzano NE

HopeWorks **242-4399**
Day Shelter, 1201 3rd St. NW, open **Mon-Fri**, **7:30 am – 3:30 pm**
Meal **10 am - 12 pm**; showers (**8 am – 12 pm**); phone use
Clothing **8 am – 12 pm**; mail & long-term storage **12 - 2 pm**
Shelter Navigator: help with ID, benefits, referral to BH

The Rock at Noon Day, 2400 2nd St. NW (north of I-40)
Tues-Fri, **8:30 am – 1pm;** Breakfast **8:30-9**, Lunch **12-12:30**;
Laundry Service first come, first served, **8:30 – 9:30 am**
Showers **9:00-10:45**; clothing **9:30–11:30**; Mail **9 am–1 pm**
Weekend meals brought by churches (lunch and/or breakfast)

Drop-In Centers--for connections & case management

ABQ Center for Hope & Recovery (**ACHRnm.org**) **246-2247**
913 2nd St. NW – peer led drop-in M-F, 9 am-4 pm (closed 12-1)
Crossroads for Women walk in **9** to **5 M-F** or call **242-1010**
806 Martin Luther King, Jr. NE (east side of Elm Street off MLK)
--Phoenix program for women: peer support, case management
NM Harm Reduction Center 204 Madeira NE call/text **503-7092**
(east of San Mateo & north of Central) walk-in Mon-Fri **9–3**
Stigma free services; peer support and case management;
drug checking; Narcan; wound care Wed & Thurs, 10-12
NM Reentry Center, 1215 4th St. NW **389-5458**
M-F **8** am-4 pm (closed 12-1) – peer led support services for any justice involved adult **and** any adult in recovery – peer led
Transgender Drop-in Center, walk in Mon/Wed/Fri, 1-6 pm
1515 4th St. NW (**TGRCNM.org**) – can call Mon-Fri **200-9086**
WIL (Women in Leadership) Drop-In Center **369-1731**
300 Central SW - in Third Central Plaza Bldg, #1500-E (1st floor)
Walk in **Mon-Fri, 9 am–4 pm**; peer support, clothing, Narcan
The Harbour Drop-in (ages **14-21**) **Tues 4-9 pm; Wed-Fri 2-9 pm**
126 Gen. Chennault NE – **nmdreamcenter.org/theharbour**
clothing, food, showers, computer use, laundry; case management
--Human trafficking hotline/NMDC-call or text **505-504-1301**
New Day Youth Drop-In Center (ages **17-24**) **717-8371**
142 Truman NE – food, showers, computer use -- Tues-Fri 10-4

Phone and Email

--textnow.com offers free talk and text if you have access to Wi-Fi
--If you set up a gmail address, you can set up a **Google Voice** phone Number. (See YouTube for instruction videos)
--To get a free email address if you do **not** have a phone and you do **no**t have another email address, sign up at **Proton.me**

Detox & Walk-in Mental Health/SUD Treatment

UNMH directory (hospital & clinics) **272-2111**
Bernalillo County CARE Campus (adults) **468-1555**
5901 Zuni SE walk in or call 24/7 for alcohol & other substances
--5+ day Detox; Peer to Peer Living Room, 6 mo. SAC program,
--30-45 day Young Adult (YAP) – usually openings in all programs
Turquoise Lodge (inside Gateway East) **841-8978**
3-10 day medical detox; rehab up to 30 days; outpatient IOP
Turning Point Recovery Center **217-1717**
9201 Montgomery NE - can walk in M-F 9-12 to ask about detox beds (3-5 days); 30 day residential treatment men & women; sober living home for men only
Duke City Recovery Toolbox (MAT), 912 1st St. NW **224-9777**
(north of Lomas) Open Mon-Fri 5 am to 1 pm, and 2 to 10 pm
--outpatient treatment and support, peer support, MAT
Serenity Mesa, youth 14-20 **healingaddictionnm.org** **877-3644**
UNM ASAP, 2600 Yale SE (ages 14+) walk-in or call **994-7999**
UNM Psychiatric Center, 2600 Marble NE **272-2800**
--UNM Psychiatric Emergency, walk in or call (24/7) **272-2920**
--Peer Living Room, walk in **7:30 to 5:00 pm** **272-1747**
(inside the **Behavioral Health Crisis Center** building)
one-to-one with CPSW & groups; can rest and relax; use computer
--**Outpatient BH walk-in Clinic** in building next door (1st & 2nd flr)
VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**
-- support (inc for housing) for homeless or unstably housed veterans call **256-2784** or walk in at **Building 96, Mon-Fri 8:30-3:00**

AA: walk in at **1921 Alvarado NE** 7 days/wk/or call 24/7 **266-1900**
(Espanol **266-3688)**; **NA 800-798-6649**; **CA 569-2740**
--see **endorphinpower.org** for group info; **Al-Anon 262-2177**
SMART Secular Recovery in-person**+**online **smartrecovery.org**
Refuge Recovery (online) **refugerecovery.org** (Buddhist inspired)

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Mental Health and/or Substance Use Services

NAMI Albuquerque, 256-0288 NAMI New Mexico, 260-0154
Anchor Behavioral Health – substance use treatment **418-8524**
Centro Savila (2 locations) bilingual Spanish …… **312-7296**
Choice Recovery, 11401 Menaul NE (/Juan Tabo) ….. **526-3649**
Christian Counseling Outreach, 136 Louisiana NE .. **859-8419**
Community Lighthouse-family case mgt/CCSS, therapy **273-6300**
Courageous Transformations (MAT, wrap-around) **800-7092**
The Grief Center of NM (for ages 5 to adult) ……..... **323-0478**
Icarus BH - medical detox; residential; IOP + housing **305-0902**
Ideal Option-Suboxone-can walk in Gateway East **877-522-1275**
New Mexico Solutions–therapy, case management **268-0701**
Sage Neuroscience Center (appt. required) (MAT) **884-1114**
Therapeutic Living Services (TLS) ……..…….. **268-5295**

Housing

AHA (Alb. Housing Authority) -- abqha.org …..…… **764-3920**
Bernalillo County Housing Dept.-- bernco.gov …..... **314-0400**
Crossroads for Women walk in or call **9** to **5 M-F 242-1010**
--806 Martin Luther King, Jr. NE (east side of Elm Street)
2 residential programs (6 mo–1 yr)for women on parole/probation
Good Shepherd Center -- residential programs for homeless men
218 Iron SW – 60-day Reentry program, apply Mon to Fri **2-3** pm;
FreshStart Recovery 6-mo program, apply Mon to Fri, **9-11 am**
Oxford Houses (sober living) (men & women) **605-591-0993**
--see **Oxfordvacancies.com** (can call any house with vacancy)
Salvation Army Men's Rehab Program (**call M-F 8-4**) **242-3112**
Steelbridge residential programs (**B**ible-based, men and women)
--214 Coal SW, call **Mon-Fri 8** am-**4** pm, or walk in … **346-4673**
Veterans Integration Center (VIC) homeless veterans **296-0800**
2701 Mulberry St. SE – walk-in to make housing intake appointment

Pregnancy and Parental Services

Apply for childcare online at **nmececd.org** or call **800-832-1321**
Birthright, resources for pregnancy to age 1 …….. **262-2235**
--3228 Candelaria NE (west of Carlisle) – walk in M-Th 10am-1pm
Cuidando los Ninos (homeless child care + pre-K) … **843-6899**
NM WIC (pregnant women&mothers) nmwic.org **866-867-3124**
NAPPR (all families) see **nappr.org** ……..…….. **345-6289**
New Futures High School, 5400 Cutler NE ……..... **883-5680**
APS middle school and high school for pregnant and parenting
teens (boys and girls with infants 2 weeks to 3 years old)
Planned Parenthood (women's health care) …… **265-9511 x1**
--walk in at 136 Washington St SE (& Silver) birth control, etc.
UNM CDD (Center for Development & Disability) **272-3000**
UNM Maternity & Family Planning ……..…….. **272-2245**
UNM Milagro Program (pregnant women with SUD) **463-8293**
PB&J Family Services see **PBJfamilyservices.org 877-7060**
YDI (Youth Development, Inc.)--all ages -- ydinm.org **352-3444**

Jobs/Job Training/Education -- for ***Online Tutorials***, see
GCFglobal.org (computer, typing, math, reading, financial literacy)
ID/BC Clinic, Wed 10 am-12 pm Central UMC, 201 University NE
America's Job Center NM 501 Mountain NE …….. **843-1900**
CNM (Student Services Ctr: 900 University Blvd. SE) **224-3000**
ABQ Adult Learning Center (GED, ESL) **abqalc.org 907-9957**
Goodwill, 5000 San Mateo NE (walk-ins welcome) **314-1816**
Gordon Bernell Charter School (16+) diploma, GED **916-8618**
--inmates of MDC can request "school pod" to work on GED w/GB
Job Access (if qualify & no bus service for job site) … **724-3623**
TenderLove Community Center (appt only Tues-Fri) **349-1795**

Consulate of Mexico, **1610 4th St NW 247-2147**

CABQ Health & Social Service Centers (or call 311)

Food, Clothing, Diapers, Rent/Utility Assistance & providers
Alamosa, 6900 Gonzales SW, **836-8800; Los Griegos**,
1231 Candelaria NW, **761-4050, John Marshall**, 1500 Walter SE,
848-1345, Ruth Adams, 7525 Zuni SE, **767-5700**

Food Assistance

Roadrunner Food Bank (rrfb.org) call to find pantry **349-5340**
Storehouse, 106 Broadway SE (Wed/Fr/Sat 9-12) **842-6491**
Rio Grande Food Project 600 Coors NW W/F/Sat 9-11 **831-3778**
City of ABQ Dept. of Senior Affairs (age 60+) **764-6400**
Silver Horizons (age 50+ & any veteran) (food, bills) **884-3881**
St. Felix Pantry (in Rio Rancho), Thur to Sat 9 to 12 **891-8075**

Legal Assistance

NM Legal Aid (civil matters) **M-F 9:30 am-4 pm** …. **243-7871**
Public Defender, 505 Marquette NW (walk-ins) …… **369-3600**
Metro Court (ext. 1 for warrant status) ……..…….. **841-8151**
APD Evidence, **823-4600**, to claim possessions after discharge

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Other Resources

FindHelp.org (search for resources—sign in/log in to save in folders)
McKinney-Vento program for homeless students 256-8239 x0
NM Brain Injury Resource Center (walk in or call) **292-7414**
--3150 Carlisle NE (Suite 208); or email nmbirc@braininjurynm.org
M-F 9-12 & 1-4 pm**;** for support groups see BrainInjuryNM.org
Southwest Care Center, call for appointment **780-4040 x3**
for Hep/HIV/PrEP/PEP, transgender care
UNM Truman Health 2220 University Blvd. SE 272-1312
M/Tu/W 9-4, Thurs 1-6; Fri 9-4 walk-in is **only** for rapid testing;
call for appointment for HIV and Hep C care, PrEP and PEP

Victims/Survivors of Violence

Family Advocacy Center (FAC) – **any** violence, inc. stalking
-- walk in M-F 8 am – 5 pm, **625 Silver SW** (2nd flr) **243-2333**
Domestic Violence Resource Center (in Family Advocacy Ctr)
--walk-ins 8 am–5 pm; call 24/7 (leave message) **248-3165**
National DV phone no. (24 hours) ……..…….. **800-799-7233**
Rape Crisis Center 24/7 hotline …… **266-7711**
--625 Silver SW (2nd floor-in Family Advocacy Center) **266-7711**
NM Sexual Assault Helpline 844-667-2457 (844-NMSAHLP)
StrongHearts Native Helpline (24/7) for Native women impacted
by DV, dating and sexual violence …….. **844-762-8483**
NM human trafficking hotline 505-GET-FREE/505-438-3733
victims of trafficking can call or text (also is an info line)
Enlace Comunitario (DV- bilingual Spanish) ……..... 246-8972
Casa Fortaleza (sexual violence) (bilingual Spanish) **910-4031**

Other Crisis Hotlines and Helplines

Poison Center/Medication Info …… **800-222-1222**
988 Suicide and Crisis Lifeline …… call or text **988**
Veterans (**x1** or text **838255**), en Espanol **(x2)**
NM Crisis & Access Line (NMCAL) ..... call **855-662-7474**
--or: chat.**988lifeline.org** -- 24/7 counseling + treatment referrals
Human trafficking hotline (NMDC) 24/7 call/text **504-1301**
NM Warmline (mental health peer support) **855-466-7100**
----call **3:00 - 11:30** pm 7days/week or text **6:00 – 11:00 pm**
Adult Abuse/Neglect Hotline …… **866-654-3219**
Child Abuse/Neglect Hotline (**CYFD**) **855-333-SAFE(7233)**
NMDOH Helpline: 833-796-8773 (833-SWNURSE)
ABQ Dept. of Senior Affairs info line ……..…….764-6400
Aging & Disability Resource Ctr (NMALTSD) **800-432-2080**
Equality New Mexico (LGBTQ advocacy: **eqnm.org**) **224-2766**