

## OVERNIGHT SHELTERS Updated 2/01/2026

### Gateway West (westside emergency shelter)

for adult individuals and couples (no families), up to 2 pets  
Open 24/7 (3 meals/day); bus leaves from **6 to 8 am** to drop off  
Bus pickup sites:  
**1st St NW @, Indian School:** 7 days/wk rolling pickups  
from **3 to 7 pm**

**HopeWorks**, 1201 3<sup>rd</sup> St. NW (**3:15 pm M-F**)

**First Nations**, 5608 Zuni SE (on Palomas) (**6:30 pm** 7 days/wk)

To refer a family, a young adult (age 18-25), or an adult age 26+,  
complete a referral form at [gatewayservicescabq.com](http://gatewayservicescabq.com)

--For more info on CABQ programs, go to [cabq.gov/homeless](http://cabq.gov/homeless)

**AOC Men's Shelter (Heading Home)** (715 Candelaria NE)

--(no walk-ins) best time to call is **8 am**, 7 days/wk **344-4340**

**Good Shepherd Center** (men only) 218 Iron SW--check in at **5 pm**

**Barrett House** (24/7-women & children--boys <18) (no walk-ins)

--call **8 am - 5 pm** (waitlist) not DV – leave message **243-4887**

**Joy Junction** (mostly for families (1 or 2 parent) and women)

--4500 2<sup>nd</sup> St. SW (call first—you can call 24/7) .....**877-6967**

### Youth Shelters (also see Drop-In Centers)

**New Day Shelter**, ages 11–17 (24 hrs 7 days/wk) ..... **938-1060**

**Amistad Shelter**, (12–17) referral 24 hrs 7 days/wk **877-0371**

**Casa Q** (referrals for LGBTQ+ youth age 14-17) ..... **872-2099**

### Domestic Violence Shelters (call 24/7)

**S.A.F.E. House** (in Albuquerque) ..... **247-4219**

**Haven House** (in Rio Rancho) ..... **896-4869**

**Valencia Shelter for DV** (in Valencia County) ..... **864-1383**

\*\*\*\*CALL 311 for info about any City of ABQ services\*\*\*\*

### CABQ Health & Social Service Centers

Call a center near you for info and appointments if needed  
for **Food, Clothing, Diapers, Rent & Utility Assistance**

**Alamosa Center**, 6900 Gonzales SW ..... **836-8800**

**Los Griegos Center**, 1231 Candelaria NW ..... **761-4050**

**John Marshall Center**, 1500 Walter SE ..... **848-1345**

**Ruth Adams Center**, 7525 Zuni SE ..... **767-5700**

Each center has on-site social services & health care agencies

Also, ABQ multigenerational centers and senior centers offer  
free or low-cost meals for ages 50+ (free for seniors 60+)

### Phones (Lifeline program + Google Voice)

Lifeline program: Assurance Wireless offers free service or  
\$10/year for unlimited text/internet if you have your own  
smart phone: [assurancewireless.com](http://assurancewireless.com) or **888-321-5880**

And/or set up a **Google Voice** phone number once you  
have a gmail address. (See YouTube for instruction videos)

### Food Assistance

**Roadrunner Food Bank** ([rffb.org](http://rffb.org)) or call ..... **349-5340**

**Storehouse**, 106 Broadway SE (Wed/Fr/Sat 9-12) **842-6491**

**Rio Grande Food Project** 600 Coors NW W/F/Sat 9-11 **831-3778**

**Meals on Wheels** (sliding scale, no age requirement) **823-8060**

**City of ABQ Dept. of Senior Affairs** (age 60+) ..... **764-6400**

**Silver Horizons** (age 50+ & any veteran) (food, bills) **884-3881**

**St. Felix Pantry** (in Rio Rancho), Thur to Sat 9 to 12 **891-8075**

**Crossroads for Women** walk in or call **9 to 5 M-F 242-1010**

**806 Martin Luther King, Jr. NE** (east side of Elm Street)

--programs for women: resources, peer support, case mgt, PSR

**Consulate of Mexico**, 1610 4th St NW 247-2147

### Homeless Multi-Services Centers/Meals

**Albuquerque Healthcare for the Homeless (AHCH)**

1217 1<sup>st</sup> St. NW (Hours: Mon/Tu/Th/Fri 8 am -4 pm; Wed 8-12)

**Medical Clinic & Behavioral Health Clinic** (walk-in) **766-5197**

**Dental Clinic** (call or walk in for appointment) ..... **242-8288**

**Resource Center/case management** (**7:30 am - 4 pm** walk-in)

### First Nations Community Healthsource

**Zuni Clinic** (Medical+Dental), **5608 Zuni Road SE ...262-2481**

--**Homeless Outreach Program: M-F 8 am–6 pm; Sat 8 am–12**

--**All Nations Wellness & Healing Center**, 6416 Zuni SE

**Mon to Fri: Breakfast (8:00 - 9:30 am); Lunch (12 - 1:30 pm)**

**HopeWorks** ..... **242-4399**

**Day Shelter**, 1201 3<sup>rd</sup> St. NW, open Mon-Fri, 7 am – 3 pm

Meal **10 am - 12 pm**; showers (**8 am – 12 pm**);

Clothing **8 am – 12 pm**; mail & long-term storage **12 - 2 pm**

Client advocate **8:30-11:30 am Mon/Wed/Fri**-referral to BH

**The Rock at Noon Day**, 2400 2<sup>nd</sup> St. NW (north of I-40)

Hours: **Tues-Fri, 9am – 1pm**; Breakfast **9-9:30**, Lunch **12-12:30**;

Showers **9:00-10:30 am**; clothing **9–11 am**; Mail **9 am–1 pm**

Weekend hours: **9am – 1pm**: Breakfast (**9 am**) offered only 2<sup>nd</sup>

and 4<sup>th</sup> Saturdays; Lunch @ **12 pm** every Saturday and Sunday

**Good Shepherd Center**, 218 Iron SW ..... **243-2527 x100**

Mon/Tues/Wed/Fr meal for all (**2-3pm**); **Sat** lunch: **11:30-12 pm**

Mail **Mon-Fri, 2-3:30 pm**; Clothing (men only) **M/Tu/W/Fr 9-11 am**

Overnight shelter (for men only) – check in **5 pm** (& see “Housing”)

Medical respite (men only): must be referred by healthcare provider

### Medical, Mental Health and/or Substance Use

**UNMH directory** (hospital & clinics) ..... **272-2111**

**Casa de Salud**, (MAT) (bilingual), 1608 Isleta SW .... **907-8311**

-- call or walk in—Integrative primary care, inc. alternative healing

**Duke City Recovery Toolbox** (MAT), 912 1<sup>st</sup> St. NW **224-9777**

**First Nations Community Healthsource** ..... **262-2481**

--Zuni Clinic, 5608 Zuni SE, **M-F 8-7; Sat 8-12**

--Dental: **262-6547**; Homeless Outreach Program **8-6; Sat 8-12**

**Oak Street Health - Medicare only**, primary care .... **208-6984**

**Turning Point Recovery Center** ..... **217-1717**

--inpatient or outpatient treatment—call first; detox (may be wait list)

**Turquoise Lodge** (inpatient and outpatient) ..... **841-8978**

**VA Medical Center**, 1501 San Pedro Dr. SE ..... **265-1711 x0**

--homeless or unstably housed veterans can call **256-2784**

or walk in at **Building 96, Mon-Fri 8:30 am - 2 pm**

**Southwest Care Center**, call for appointment ..... **780-4040 x3**

for Hep/HIV/PrEP/PEP (waitlist for primary care & gender affirming)

**UNM Truman Health Services** (HIV/Hepatitis C/Transgender care)

--801 Encino Pl NE, #F (call first) ..... **272-1312**

**UNM Adult Psychiatric Center**, 2600 Marble NE ..... **272-2800**

--**UNM Psychiatric Urgent Care, 7-5:30, 7 days/wk 272-9038**

--**UNM Psychiatric Emergency, 24/7 272-2920**

**UNM ASAP**, 2600 Yale SE (ages 14+) walk-in or call **994-7999**

**UNM Milagro Program** (pregnant women with SUD) **463-8293**

**Lovelace G.R.A.C.E.** (pregnant women with SUD) **727-6238**

**Planned Parenthood** (women's health care) ..... **265-9511 x1**

**UNM CDD** (Center for Development & Disability) ..... **272-3000**

**UNM Maternity & Family Planning Clinics** ..... **272-2158**

**NM Brain Injury Resource Center** (walk in or call) **292-7414**

--3150 Carlisle NE (Suite 208); or email [nmbirc@braininjurynm.org](mailto:nmbirc@braininjurynm.org)

M-F 9-12 & 1-4 pm; for support groups see [BrainInjuryNM.org](http://BrainInjuryNM.org)

## Mental Health and/or Substance Use Services

(MAT is Medication-Assisted Treatment for addiction)

**CARE Campus Detox** for alcohol & other drugs (intake 24/7)  
--5901 Zuni SE (first come, first served)--call or walk in **468-1555**  
**Anchor Behavioral Health** – substance use treatment **418-8524**  
**Centro Savila** (2 locations) bilingual Spanish ..... **312-7296**  
**Community Lighthouse**–family case mgt/CCSS, therapy **273-6300**  
**Courageous Transformations** (MAT, wrap-around) **800-7092**  
**Full Circle Recovery** – adults and adolescents ..... **865-4140**  
**Harm Reduction Center** (drop-in) Mon-Fri 9am-3pm **503-7092**  
--204 Madeira Dr. NE peer case management+ stigma free services  
**Haven Behavioral Hospital** (co-occurring) (24/7 calls) **254-4502**  
**High Desert Healing** (see [hdhnm.com](http://hdhnm.com)) ..... **717-1332**  
**Hope Forward Therapy**--therapy & case management **633-4107**  
**Ideal Option** (MAT-Suboxone) in Gateway East **877-522-1275**  
**Meridian Behavioral Health**, therapy, CCSS, IOP **639-5916**  
**New Mexico Solutions**–therapy, case management **268-0701**  
**Porch Light Health** -- Suboxone, peer support **866-628-7828**  
**Sage Neuroscience Center** (appt. required) (MAT) **884-1114**  
**Serna Solutions**–outpatient addiction, family support **305-4949**  
**Serenity Mesa**, youth 14-21 [healingaddictionnm.org](http://healingaddictionnm.org) **877-3644**  
**St. Joseph's Sobriety Program** (free, outpatient) ..... **924-8000**  
**Therapeutic Living Services** (TLS) ..... **268-5295**  
**Unica Behavioral Health** (All Faiths) adults & families **271-0329**

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**AA:** walk in at **1921 Alvarado NE** 7 days/wk/or call 24/7 **266-1900**  
(Español 266-3688); **NA 800-798-6649**; **AI-Anon 262-2177**  
**SMART Secular Recovery** in-person+online [smartrecovery.org](http://smartrecovery.org)  
**Refuge Recovery** (online) [refugerecovery.org](http://refugerecovery.org) (Buddhist inspired)  
**NAMI Albuquerque, 256-0288 NAMI New Mexico, 260-0154**

## Family Services

Childcare Finder: see [nmececd.org](http://nmececd.org), or call **800-832-1321 x1**  
**Birthright**, resources for pregnancy to age 1 ..... **262-2235**  
**Cuidando los Ninos** (homeless child care + pre-K) ... **843-6899**  
**NM WIC** (pregnant women&mothers) [nmwic.org](http://nmwic.org) **866-867-3124**  
**Title I (APS program for homeless students)** ....**256-8239 x0**  
**The Grief Center of NM** (for ages 5 to adult) ..... **323-0478**  
**Asian Family Center** (for AAPINH - direct services) **717-2877**  
**La Plazita Institute**, 831 Isleta Blvd. SW (M-F 9 - 5) **508-1802**  
**NAPPR** (all families) see [nappr.org](http://nappr.org) ..... **345-6289**  
**Pegasus Legal Services for Children** ..... **244-1101**  
**PB&J Family Services** see [PBjfamilyservices.org](http://PBjfamilyservices.org) **877-7060**  
**YDI** (Youth Development, Inc.) – [ydim.org/contact](http://ydim.org/contact) **352-3444**

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**Jobs/Job Training/Education** -- for *Online Tutorials*, see [GCFglobal.org](http://GCFglobal.org) (computer, typing, math, reading, financial literacy)  
**America's Job Center NM** 501 Mountain NE ..... **843-1900**  
**CNM** (Student Services Ctr: 900 University Blvd. SE) **224-3000**  
**ABQ Adult Learning Center** (inc. GED) ([abqalc.org](http://abqalc.org)) **907-9957**  
**Goodwill**, 5000 San Mateo NE (walk-ins welcome) **314-1816**  
**Gordon Bernell Charter School** (ages 16+) also GED **916-8618**  
**TenderLove Community Center** (appt only Tues-Fri) **349-1795**  
**Job Access** (if qualify & no bus service for job site) ... **724-3623**

## Legal Assistance

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**NM Legal Aid** (civil matters) **M-F 9:30 am-4 pm** .... **243-7871**  
**Public Defender**, 505 Marquette NW (walk-ins) ..... **369-3600**  
**Metro Court** (ext. 1 for warrant status) ..... **841-8151**

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**APD Evidence, 823-4600**, to claim possessions after discharge  
from MDC (first call **768-2020** for APD case number)

## Drop-In Centers (also see

**ABQ Center for Hope & Recovery** ([ACHRnm.org](http://ACHRnm.org))  
913 2nd St. NW – peer led drop-in M-F, 9 am-4 pm **246-2247**  
**NM Reentry Center**, 1215 4<sup>th</sup> St. NW ..... **389-5458**  
M-F 8am-4pm -- support services for any justice involved adult  
**Transgender Drop-in Center**, walk in Mon/Wed/Fri, 1-6 pm  
1515 4<sup>th</sup> St. NW ([TGRCNM.org](http://TGRCNM.org)) – call Mon - Fri **200-9086**  
**New Day Youth Drop-In Center** (ages 16-22) ..... **717-8371**  
142 Truman St. NE (north of Central) -- Tues-Fri 9:30 am - 5 pm  
**The Harbour Drop-in** (ages 14-21) Wed to Fri 2-8 pm  
126 Gen. Chennault NE – [nmdreamcenter.org/theharbour](http://nmdreamcenter.org/theharbour)  
--**Human trafficking hotline/NMDC**-call or text **505-504-1301**

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**Housing** (HUD Subsidized/Tax Credit: [resources.hud.gov](http://resources.hud.gov))  
**AHA** (Alb. Housing Authority) -- [abqha.org](http://abqha.org) ..... **764-3920**  
**Bernalillo County Housing Dept.**-- [bernco.gov](http://bernco.gov) ..... **314-0400**  
**Crossroads for Women** walk in or call 9 to 5 M-F **242-1010**  
--806 Martin Luther King, Jr. NE (east side of Elm Street)  
**Good Shepherd Center** -- residential programs for homeless men  
218 Iron SW -- reentry program apply Mon to Fri **2-3 pm**;  
Fresh Start Recovery 6-mo program, apply Mon to Fri, **9-11 am**  
**Oxford Houses** (sober living) (men & women) **605-591-0993**  
**Salvation Army Men's Rehab Program** (call M-F 8-4) **242-3112**  
**Steelbridge** residential programs (Bible-based, men and women)  
--**214 Coal SW**, call **Mon-Fri 8 am-4 pm**, or walk in ... **346-4673**  
**VA Medical Center**, 1501 San Pedro Dr. SE ..... **265-1711 x0**  
--homeless or unstably housed veterans can call **256-2784**  
or walk in at **Building 96, Mon-Fri 8:30 am - 3 pm**  
**Veterans Integration Center (VIC)** homeless veterans **296-0800**  
2701 Mulberry St. SE – walk-in – housing, counseling, clothing, food

## Victims/Survivors of Violence

**Family Advocacy Center** (FAC) – any violence, inc. stalking  
-- walk in M-F 8 am – 5 pm, **625 Silver SW** (2<sup>nd</sup> flr) **243-2333**  
**Domestic Violence Resource Center** (in Family Advocacy Ctr)  
--walk-ins 8 am–5 pm; call 24/7 (leave message) **248-3165**  
**National DV phone no.** (24 hours) ..... **800-799-7233**  
**Rape Crisis Center** 24/7 hotline ..... **266-7711**  
--625 Silver SW (2<sup>nd</sup> floor-in Family Advocacy Center) **266-7711**  
**NM Sexual Assault Helpline** **844-667-2457** (**844-NMSAHL**)  
**StrongHearts Native Helpline** (24/7) for Native women impacted  
by DV, dating and sexual violence ..... **844-762-8483**  
**NM human trafficking hotline** **505-GET-FREE/505-438-3733**  
victims of trafficking can call or text (also is an info line)  
**Enlace Comunitario** (DV- bilingual Spanish) ..... **246-8972**  
**Casa Fortaleza** (sexual violence) (bilingual Spanish) **910-4031**  
**Other Crisis Hotlines and Helplines:**  
**Poison Center/Medication Info** ..... **800-222-1222**  
**988 Suicide and Crisis Lifeline** ..... call or text **988**  
Veterans (x1 or text **838255**), en Español (x2)  
**NM Crisis & Access Line** (NMCAL) ..... call **855-662-7474**  
--or: chat [988lifeline.org](http://988lifeline.org) -- 24/7 counseling + treatment referrals  
**Human trafficking hotline** (NMDC) call or text **505-504-1301**  
**NM Warmline** (mental health peer support) ..... **855-466-7100**  
--call 7:00 am -11:30 pm; or text 6:00 pm – 11:00 pm 7days/week  
**CBCS Navigators** (24/7) for resource connection ..... **584-7595**  
**Adult Abuse/Neglect Hotline** ..... **866-654-3219**  
**Child Abuse/Neglect Hotline** (CYFD) **855-333-SAFE(7233)**  
**NMDOH Helpline: 833-796-8773** (**833-SWNURSE**)  
**ABQ Dept. of Senior Affairs** info line ..... **764-6400**  
**Aging & Disability Resource Ctr** (NMALTS) **800-432-2080**  
**Equality New Mexico** (LGBTQ advocacy: [eqnm.org](http://eqnm.org)) **224-2766**