

ABQ Area Resources Quick Guide

Updated 2/1/26

Note: Area code is (505) except where indicated; some organizations have hyperlinks in their name to website

This Quick Guide is posted on the [CABQ HHH \(Health, Housing & Homelessness\) Connect to Resources](#) page

Other Resource Guides

[NM Leaders in Recovery Resource Guide](#) – behavioral health

[Bernalillo County Resource Guide](#) – developed by Bernalillo County Early Childhood Coalition

[Brain Injury Alliance of New Mexico Resource Guide](#) (scroll down for link to BIANM brain injury and stroke resources guide—also for link to support and resource groups, in person and online)

[New Mexico Native American Resource Directory](#) – New Mexico Health Care Authority (HCA), Behavioral Health Services Division

[CABQ Dept. of Senior Affairs Quick Guide](#) (scroll down to “View the Quick Guide” to Senior Services)

[UNM Center for Development and Disability \(CDD\) Disability Resource Directory](#) (note: the “cdd.unm.edu” website is defunct) [sharenm.org](#)--SHARE New Mexico resource directory For community events posted by BCHVWG Coalition: <https://padlet.com/communityeventsbchvwg/community-events-84uc30q49xh50oar>

Phones (free or low cost)

--[textnow.com](#) offers free talk and text if you have access to Wi-Fi

--**Lifeline program: Assurance Wireless** offers free service or \$10/year for unlimited text/internet if you have your own smart phone: [assurancewireless.com](#) or 888-321-5880

--You can set up a free **Google Voice** phone number once you have a gmail address. (See YouTube for instruction videos)

Victims/Survivors of Violence

[Family Advocacy Center](#) (FAC) – any violence, inc. stalking walk in M-F 8am–5pm, 625 Silver SW (2nd flr) or call 243-2333

[Domestic Violence Resource Center](#) (in Family Advocacy Ctr) -- (office hours 8 am–5 pm;) 248-3165

[National DV phone no.](#) (24 hours): 800-799-SAFE (7233)

[Rape Crisis Center](#) (2 offices: walk-ins M-F 8-5 at both):

--625 Silver SW (2nd floor, Family Advocacy Center) 266-7711

--9741 Candelaria Rd NE (near Eubank) 266-7712

--**Rape Crisis Center's** 24/7 hotline 266-7711

[StrongHearts Native Helpline](#) (24/7) for Native women impacted by DV, dating or sexual violence 844-762-8483

[NM human trafficking hotline](#) 505-GET-FREE (505-438-3733) for victims of human trafficking to call or text – this is also an info/resource line for anyone concerned for a person

[NM Sexual Assault Helpline](#) 844-667-2457 (24/7)

(844-NMSAHL) call, text or chat online - see [nmsahelp.org](#)

[Enlace Comunitario](#) (Domestic Violence) 246-8972

--English & Spanish DV crisis intervention and legal support, therapy, support groups, case management

[Casa Fortaleza](#) (sexual violence) (bilingual Spanish) 910-4031 2340 Alamo SE, #124 (Call or walk in M-F 8:30am - 5pm)

[Centro Savila](#) - support group in Spanish for victims of any crime; also individual counseling in Spanish – call 312-7296

or complete [online form](#) to refer yourself or someone else

First Nations Community Healthsource (FNCH) programs:

--[Human Trafficking](#) (case management) 375-8518 (office) or call or text 697-0712 (cell no.) – not a crisis hotline
--VOCA (for victims of crime) -- call (no text) 515-3922 or 375-8514

Domestic Violence Shelters (call 24/7)

S.A.F.E. House (in Albuquerque) 247-4219

Haven House (in Rio Rancho) 896-4869

Valencia Shelter for DV (in Valencia County) 864-1383

Other Crisis Hotlines/Helplines

Poison Center/Medication Info 800-222-1222

988 Suicide and Crisis Lifeline:

Call or text 988 if feeling sad or angry or not feeling safe

--Veterans (x1 or text 838255), en Espanol (x2)

or chat: [chat.988lifeline.org](#) (for yourself or if you're worried about a loved one who may need crisis support)

Veterans Crisis Line – call 988 (ext. 1) or text 838255

(this is for veterans, military service members and relatives)

NM Crisis & Access Line ([nmcrisisline.com](#)) 855-662-7474

--or dial 988 -- 24/7 counseling + treatment referrals

--or chat: [chat.988lifeline.org](#)

TTY 1-855-227-5485; 711 for relay (hearing & speech impaired)

--Download the NMConnect app at [nmcrisisline.com](#)

--**NM 5-Actions program** see [nm5actions.com](#) for details

[NM Peer to Peer Warmline](#) (peer mental health support):

855-466-7100

--call 7:00 am -11:30 pm 7days/week; or text 6:00 pm – 11:00 pm

Veterans Crisis Line – call 988 (ext. 1) or text 838255

(this is for veterans, military service members and relatives)

UNM Psychiatric Emergency Services (24/7) 272-2920

Human trafficking hotline ([NM Dream Center](#))--all ages

--505-504-1301 (24/7 call or text)

NEW resource navigation program:

CBCS Navigators – call 505-584-7595 (24/7) for resource

connection. CBCS is Community Based Coordination Solutions, in partnership with NM Dept of Workforce Solutions Office of Housing

--see website for more info and to contact them online:

[cbc-solutions.org/navigate-new-mexico](#)

NMDOH Helpline: 833-796-8773 (833-SWNURSE)

NMDOH Free Gunlock and gun safety website:

<https://www.safestoragenm.org/>

Agora warmline 6:00 am to 12:00 pm 277-3013

Adult Abuse/Neglect Hotline 866-654-3219

Child Abuse/Neglect Hotline (CYFD) ... 855-333-SAFE(7233)

[ABQ Dept. of Senior Affairs](#) info line 764-6400

Aging & Disability Resource Ctr ([NMAALTS](#)) 800-432-2080

Equality New Mexico (LGBTQ advocacy [eqnm.org](#)) 224-2766

Postpartum Support Int'l, call or text 800-944-4773

--or text en Espanol: 971-203-7773

All Faiths (becoming **Unica Behavioral Health** in 2026): birth parents can call or text 24/7 for pregnancy counseling: 313-1132

Trans Lifeline 877-565-8860

Trevor Lifeline: 866-488-7386 or text START to 678-678

****CALL 311 for info about any City of ABQ services****

Albuquerque Public Libraries

See abqlibrary.org/hours-locations (click on “Branch Map Hours” link to see map) – computer use with library card

City of ABQ Dept. of Senior Affairs (age 60+) **764-6400**

See cabq.gov/seniors/senior-services for services & to view or download the CABQ Senior Services Quick Guide

CABQ Health & Social Services Centers

- Alamosa Center**, 6900 Gonzales SW **836-8800**
- Los Griegos Center**, 1231 Candelaria NW **761-4050**
- John Marshall Center**, 1500 Walter SE **848-1345**
- Ruth Adams Center**, 7525 Zuni SE **767-5700**

See cabq.gov/health-housing-homelessness/health/health-social-services for listing of on-site agencies at each center.

HSSC services include:

- Food** (walk-ins **M/W/F 10 am - 12** and **Tues & Thurs 1 - 3 pm**)
(call 311 to find out your center for food box)
- Rent & utility assistance** (call center closest to you)
- Clothing** (appointment only at John Marshall and Ruth Adams—anyone who lives in Albuquerque can call)
- Emergency Diapers** (call first any of the 4 centers above)

Esperanza Bicycle Safety Education Center **224-6668**

Bike repair clinic: Call or go online Tues/Thurs/Sunday on the day you want to make an appointment, starting at 10 am

You make the repairs, with staff assist. See website for details:

cabq.gov/parksandrecreation/recreation/bike/esperanza-bicycle-safety-education-center

McKinley location: 3333 Truman NE (west of San Mateo)

West Mesa Clinic: 5600 Esperanza Dr NW (1 blk north of Central)

See website for classes for Earn a Bike (only at West Mesa):

cabq.gov/parksandrecreation/recreation/bike/esperanza-bicycle-safety-education-center/earn-a-bike

FREE MEAL SITES

(The **Albuquerque Indian Center** has been closed down)

City of ABQ senior centers, multigenerational centers and some community centers offer free or donation-based lunches (\$2 suggested) for seniors 60+, low-cost lunches (\$3.25) for ages 50-59; adults under age 50 for \$7.67 at the two multi-generational centers. --See cabq.gov/seniors/senior-services/senior-meals for detailed info and all locations.

All ABQ senior and multigenerational centers also offer a low-cost breakfast program Mon-Fri, 8-9 am.

Also: home-delivered meals for homebound seniors (**764-6400**)

For Bernalillo County centers, see:

bernco.gov/community-services/community-health-outreach/senior-meals

--**All Nations Wellness & Healing Center**, 6416 Zuni SE
Mon to Fri: Breakfast (8:00 - 9:30 am); Lunch (12 - 1:30 pm)

--See “**Homeless Services**” section for other free meals

FOOD ASSISTANCE

(Also see **CABQ Health & Social Services Centers** above)

Roadrunner Food Bank (Mon-Fri 8-5) **349-5340**

--see rffb.org (click on Find Help tab) or call to find a nearby pantry
Roadrunner Food Pantry, 3831 Singer Blvd NE **349-5340**

Call to reserve your shopping time for groceries (including fruits & vegetables). Park on east side of the building. **No documents necessary** - call to reserve time: Tues & Wed 10am-1pm, Thurs 10am-12pm, 1st & 3rd Fridays 10am-12pm; curbside on Sat 10am-12pm

--**RRFB Community Resource Center** onsite open 9 am – 4 pm to apply for benefits/financial assistance and get referrals to resources (some organizations may be available on-site)

Animal Humane, 615 Virginia SE-pet food Sun & Thurs 10-12pm

This is for individuals who are in need of pet food, inc. unsheltered (also see **Storehouse** for pet food distribution info)

Bernalillo County food pantries for low-income seniors age 50+ and for all veterans (with proof of veteran status)

See <https://www.bernco.gov/blog/2025/06/11/bernalillo-county-offers-free-groceries-to-low-income-seniors/> for list of senior centers + county extension building; participants can attend 2 food pantries per month (doors open 30 min. before start time)

City of ABQ Dept. of Senior Affairs **764-6400**

See website, cabq.gov/seniors/senior-services to learn about all services provided by this CABQ department

--See cabq.gov/seniors/senior-services/senior-meals for info and all locations for on-site breakfasts and lunches

--Call for home-delivered meals for homebound ABQ seniors

--**CABQ Dept. of Senior Affairs Quick Guide** (scroll down to “View the Quick Guide”)

--call or email seniorinformation@cabq.gov with any questions about resources in ABQ and Bernalillo County

ECHO Food Bank (age 60+) 300 Menaul NW #226 (northeast side of building—entrance on 2nd Street side)

Drive thru Mon-Thurs, 8:30 am – 4 pm; closed 12-12:30 pm (call **242-6777** if you can't find it)

Meals on Wheels (no income or age requirements) **823-8060**

Rio Grande Food Project, 600 Coors NW **831-3778**

--Food boxes for low-income **Wed/Fri/Sat 9-11;**

--**Community Hub** on Wed & Fri (9-11 am) – connection to resources in the community & help with applications for benefits

--administers PNM **Good Neighbor Fund** -- see

Community Hub [tab](#) for eligibility requirements

--both RGFP and Storehouse can assist with water bills

--**workshops** for Cooking & Nutrition, Financial Literacy and “Seed to Supper” (6-week gardening class by NMSU ICAN)

The Rock at Noon Day (boxes), **2400 2nd St. NW (Fri 11 - 1 pm)**

St. Felix Pantry, 4020 Barbara Loop SE--Rio Rancho **891-8075**

--Thurs/Friday/Sat, 9 am to noon (for any New Mexican residents)

Salvation Army, 4301 Bryn Mawr Dr. NE (see **) **872-1171**

--turn south from Montgomery east of I-25

**Will move family services to downtown location, 411 Broadway SE, in March (or later) including food boxes & utility assistance

--walk in **Monday to Friday 9 am-12 pm; 1-4 pm**

--food boxes **Monday to Fri 9 am-12 pm; 1-2:30 pm**

--NM gas bill assistance (see nmqco.com)

--sometimes rental assistance

--case managers can refer their clients for clothing vouchers with letter on organization letterhead

Silver Horizons – see income limits on website **884-3881**

silverhorizons.org: free groceries for low income age 50+ and veterans of any age; help with household bills, minor home repairs

Storehouse New Mexico, 106 Broadway SE (& Central)

Food boxes **Wed/Fri/Sat 9-12)** **842-6491**

--also diapers when available.

Pet food is given out 3rd Friday of the month (also see **Animal**

Humane free pet food info above)

Note: both Storehouse NM and RGFP can assist with water bills

Storehouse West – **must reside** in Sandoval County

(note: not affiliated with Storehouse New Mexico)

Food pantry and kids' clothing closet **892-2077**

1030-F Veranda Rd. SE, Rio Rancho

--Hours: **Mon & Fri, 9 am–1:30 pm; Wed, 12-4:30 pm**

Only proof you must have is proof of address in Sandoval County (including Rio Rancho); ID requested but not required; low income status can be self-reported (and SNAP, Medicaid or other benefit can indicate low income)

--Kids' Clothes Closet - call for appointment (once you have registered);

Veterans Integration Center (VIC) 296-0800

2701 Mulberry SE (turn south off Gibson, west of University Blvd, just east of I-25)--Food pantry Friday 10 am-1 pm only for veterans, spouses, widows/widowers, Nat'l Guard and Reserves

ABQ Mutual Aid – request a food care package delivery or get involved as a volunteer at ffol.org

Housing

AHA (Alb. Housing Authority) -- abqha.org 764-3920

Bernalillo County Housing Dept.-- bernco.gov 314-0400

Choice Recovery Path (for SUD) **526-3649**

11401 Menaul NE (NE corner of Juan Tabo)

Monday-Friday, 8:00 to 5:00. Walk-in is only to ask for an application (or call and it will be emailed to you)

Transitional residential recovery program for men & women;

Services are in-person and/or virtual. IOP, peer support and continued aftercare. email: info@choicerecoverypath.com

Crossroads for Women (Mon-Fri, 9 to 5) **242-1010**

new address: **806 Dr. Martin Luther King, Jr. Blvd. NE**

(east side of Elm St. in the former Eye Associates Building)

walk in, call or complete application online

--Transitional living (1 yr) – referral or self-referral

--2 residential programs for women on probation/parole (not for women in presentencing) may be wait list

Good Shepherd Center **243-2527 x100**

--**Reentry residential program** (60) days for unhoused men, apply Monday to Friday, **2 to 3 pm** at **218 Iron SW**

(may be required have some non-employment income)

--**Fresh Start Substance Use Recovery Program** for men,

6 month program--apply Mon to Fri, **9-11 am** at **218 Iron SW**

--Medical respite for men (medical provider referral only)

Goodwill Supportive Services for Veteran Families (SSVF)

Info at goodwillnm.org/veteran-housing **881-6401 x1842**

Grand Summit Recovery, 13139 Central NE **595-1607**

info@grandsummit.org Medicaid accepted. Walk in or call first.

Transitional residential recovery program for men & women.

ABQ Job Corps for ages 16-24 (see **Jobs/Education** section)

Oxford Houses--sober living for men & women (+ young child)

ABQ houses: **605-591-0993**; Las Cruces: **575-361-2071**

see Oxfordvacancies.com (search by zip or state/county)

--(look at this vacancies website, and you can call any house directly--there may be a vacancy even if not indicated online to be one; each house interviews interested individuals

Salvation Army Men's Rehab Program (call M-F 9-3) **242-3112**

Men's 6 month program

Steelbridge, 214 Coal SW **346-4673**

12-mo residential programs for men and women (Bible-based)

can apply online: mysteelbridge.org/apply or walk in & ask for a paper application, or call **Mon-Fri 8 am – 4 pm**

TenderLove Community Center (appt. only Tu-Fri) **349-1795**

--recovery housing & IOP for women; transitional housing and case management/life skills for youth and young adults (ages 16-23); housing stability/rapid rehousing (see tenderlovecommunitycenter.org)

VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**

--**HUD-VASH** housing options for homeless or unstably housed veterans - call **256-2784** or walk in at **Building 96:**

Mon-Fri 8:30 – 3:00

Veterans Integration Center (VIC) call M-F **8-4:30 296-0800**

2701 Mulberry SE (turn south off Gibson, west of University Blvd, just east of I-25,); veterans can call or walk in for intake to address needs (including housing);

--Transitional housing for homeless veterans (all genders and can be a family)

--SSVF: rental assistance and Rapid Rehousing for veterans and families (best to call first) and other services

--food pantry Friday 10 am - 1 pm only for veterans and widows/widowers of veterans, National Guard and Reserves

Drop-In Centers

New Day Youth Drop-In Center for ages **16-22** **717-8371**
142 Truman St. NE (north of Central) -- **Tues-Fri 9:30 am - 5 pm**
--Access to food, hygiene items, clothing, showers, laundry, ID
recovery and resource navigation. No documentation required.
New Day Safe Home Shelter, ages **11-17**; call **938-1060**

The Harbour--a NM Dream Center drop-in for ages **14-21**
126 General Chennault NE **900-3833**
Wed to Fri 2-8 pm: clothing, showers, computer use, laundry;
case management; meal around 5:00 pm;
see nmdreamcenter.org/theharbour
--**Human trafficking hotline (NM Dream Center)**--all ages
505-504-1301 (24/7 call or text)

ABQ Center for Hope & Recovery (ACHRnm.org) **246-2247**
913 2nd St. NW (M-F, 9 am – 4 pm) – walk in or call
Peer-run drop-in center, peer case management and peer support;
daily groups (in-person and virtual), job search assistance

All Nations Wellness Center 6416 Zuni SE **717-2704**
--Mon to Fri: Breakfast (**8 – 9:30 am**); Lunch (**12 - 1:30pm**)
--walk-in or call; phone use; Job help **M-F 9-12**

Harm Reduction Center (NM Harm Reduction Collaborative,
NMHRC), 204 Madeira Dr. NE (east of San Mateo & north of
Central) walk-in hours: Mon-Fri 9 am – 3 pm **503-7092**
Can text this number 24/7; or email: info@nmhrc.org
Stigma free services: Syringe Service Program (SSP);
peer support and case management; drug checking program;
Narcan distribution and overdose prevention education;
wound care clinic Wednesday and Thursday, 10 am – 12 pm

The Living Room on CARE Campus, 5901 Zuni SE (south side)
--small drop-in room for people in every stage of recovery, also
concerned family members-- staffed by CPSWs
--drop-in hours are Monday-Friday 7am – 7 pm

NM Reentry Center (for **any** justice involved adult) **389-5458**
--Call or walk in Mon to Fri, 8 am – 4 pm, 1215 4th St. NW
Peer-run organization: one-on-one peer support/case
management, support groups; assistance with ID documents;
job preparation/job placement; housing navigation;
pre/post reentry navigation
Espanola office: 908 N Riverside Dr.

Transgender Resource Center of NM (statewide) **200-9086**
1515 4th St. NW (see TGRCNM.org) adults and teens
--walk in Mon/Wed/Fri, 1-6 pm (+ support groups); can call Mon-Fri
any time and leave a message; wrap-around services including
case navigators, nurse practitioner, harm reduction supplies;
drop-in center entrances separate for youth and adults

WIL (Women in Leadership) Drop-In Center for all women
300 Central SW (Third Central Plaza), #1500-E (1st floor)
Hours: **Monday-Friday, 8 am – 4 pm**; bi-weekly Sister Circle
support group; peer support, job readiness, food **369-1731**

Family Services

(Note: See “Medical and/or Behavioral Health Services” section
for other organizations that serve families, pregnant women and
parents/caregivers)

Childcare Finder: see nmececd.org
or call **800-832-1321**, ext. 1 Mon-Fri, 7am to 7 pm

UNM Early Childhood Services Center (ECSC)

For a customized referral to a child care provider, contact UNM
Resource and Referral at **277-7900** or **800-691-9067** and
leave a message for a return call
Other services (see website: <https://ecservicescenter.unm.edu/>)
--Toy Lending and Resource Library **224-5017**
call first; located at 5816 Isleta SW
--Training for Early Childhood Educators: FREE trainings
register at nmels.org (see Training Catalog tab)

NMECECD website also has a web page for these programs:

--[home visiting](#) assistance
--info for parents on numerous programs (click on [program tabs](#))

NM WIC (nutritious food + other supports) **866-867-3124**

--nmwic.org/locations; for info about WIC see nmwic.org
For low-income women who are pregnant or are mothers of at
least one child under 5 years old; or visit website for [Public Health](#)
[offices](#) which list WIC as one of their services (click on your
county)

NM Public Education Dept (PED) - [parent-portal](#)
(<https://webnew.ped.state.nm.us>)

ABQ Adult Learning Center (abqalc.org) **907-9957**

Family Wellness program: Parents and children working together
to improve educational, health, financial outcomes and family
relationships; individualized literacy
--See “Jobs/Job Training/Education” for other ABQ-ALC services

All Faiths (becoming **Unica Behavioral Health** in 2026):
--See the section, “Mental Health and/or Substance Use Services”
for a description of services for families and new services for
adults

AMIkids Family Services **220-1258**

--Home-based Family Centric Model (FCM) classes--see website:
skills classes for youth ages 11-18 and their families who live
within Bernalillo County; services available in Spanish; also Youth
Mental Health First Aid certification (English & Spanish)

APS McKinney-Vento program **256-8239 x0**

--for families and/or youth who are **unhoused or unstably**
housed. See website for eligibility and services:
www.aps.edu/title-i/mckinney-vento-program
--can be referred or self-refer (See [link](#) to student referral form)

Asian Family Center, for AAPINH all ages **717-2877**

Direct services include culturally and language-specific case management, including for DV and sexual assault victims; also family workshops & youth programs; see nmafc.org

Centro Savila (2 locations) -- call **312-7296** or complete [online form](#) to refer yourself or someone else (walk-ins allowed)

--**South Valley**: 1317 Isleta Blvd SW

--**Downtown**: 625 Silver Ave SW, Suite 400

All services are bilingual Spanish/English

--See the section, "Mental Health and/or Substance Use Services" for a complete list of services, groups and classes for families and for individual youth and adults

CPLC (Chicanos Por La Causa)/HELP NM:

Free Positive Parenting support program (in English or Spanish) for parents of children ages 0-12 with minor behavioral concerns; contact Rosa Comacho, 218-6271 (rosa.camacho@cplc.org)

Children's Promise Center (2 locations) **554-1206**

401 Alvarado SE, daycare, preschool, school age (M-F opens at 6:30 am—can stay late (up to 2 am) if enough students need that 12855 Eastridge Dr NE (M-F 7:00 am-6:00 pm)

CommonSpirit St. Joseph's Children **924-8000**

Home visiting support services (virtual), including case mgmt; free statewide for all **first time parents** in New Mexico

(either parent can be first time parent; also caregivers fostering or adopting, and individuals parenting in the US for the 1st time);

--services provided prenatal to age 3;

--must enroll prenatally or before the baby turns 3 months old

weekly video visits by phone or Zoom; no income requirements, no insurance needed; all languages served (they will provide interpretation for free when necessary); see website:

stjosephnm.org (click on "Register")

--See below section "Mental Health and/or Substance Use Services" for info on Sobriety Program

The Community Lighthouse (see tclhnm.com) **273-6300**

3301 Candelaria NE, Suite #B (at Carlisle)--**Mon-Sat 8am to 7pm**

--See below section "Mental Health and/or Substance Use Services" for detailed description

Cuidando Los Niños homeless child care **843-6899**

-for age 6 weeks to pre-K; bilingual Spanish; usually no wait list; Transportation may be provided

Families ASAP **948-6371** (Delfy) or **544-7695** (Alberto)

Parent-run support and advocacy: bilingual/bicultural family peers provide family peer support and advocacy services for parents/caregivers raising children/youth with mental health challenges; located at the UNM Center for Development and Disability, 2300 Menaul NE (call Delfy or Alberto--no walk ins)

Family Connections Ministry **554-6698**

Call or email: AnnLEdenfield@gmail.com

--free resources are available for family members of inmates and returning citizens (former inmates)

--provides Prison Family Days in the U.S. and internationally.

--annual mission trip to Liberia.

Family Connections Ministry Liberia provides carpentry, water filters and educational training there.

Volunteers are needed and welcome for any of these programs.

Family Promise of ABQ -- transitional housing program for homeless families (1 or 2 parents)—may be a wait list **268-0331**

The Grief Center of New Mexico (ages 5 to adult) **323-0478**

--counseling and support groups for children, teens, families & adults grieving the death of a loved one; also workshops

Kassy's Kause, bilingual for women w/perinatal or **603-2988**

postpartum depression: individual support & online support group --(see kassyskause.org for resources info, inc birthing services)

La Plazita Institute, 831 Isleta Blvd SW (M-F 9-5) **508-1802**

--free programs for youth and young adults, primarily for system impacted youth; traditional & cultural healing services; Pathways Navigator; garden and much more -- see website for complete list of programs/services for youth & adults

NAPPR (all families) see nappr.org **345-6289**

--programs include Early Head Start; Early Intervention (support for at risk and special needs children); Tribal home visiting

The Foster Alliance (TFA) **413-2784**

thefosteralliance.org (formerly known as "NM Friends of Foster Children") provides brand-new essentials for foster children, such as beds, cribs, bedding, clothing, shoes, diapers, wipes and personal care items.

They also provide personalized birthday gifts for children in foster care. Visit thefosteralliance.org/new-mexico/ to fill out a request form or email info@thefosteralliance.org for more info.

NM Child First Network

See website for info on trainings offered to foster parents and kinship families: nmchildfirst.org

Also, monthly virtual support group for foster parents and kinship families. See website to register:

nmchildfirst.org/training

Parents Reaching Out (PRO) (peer support for parents of children w/disabilities or special medical needs) **247-0192**

See parentsreachingout.org for workshops & support groups

Clothing

Locker #505 – clothing for grades K thru 12th **294-1647**

referrals only—no self-referrals

email request for referral form: director@locker505.org

serves Bernalillo, Sandoval, Valencia & Torrance Counties

Laundry Love, a program of **Shine Partnership**.

Go to the Laundry Love, ABQ Facebook page to see next free laundry place/date/time.

Ruth's Women's Clothing Closet (Montano at Taylor Ranch Rd)

Text or email Mary for an appointment: **505-440-4878**; email

teammary@yahoo.com; free clothing, underwear, socks, purses

PB&J Family Services **877-7060**

--see pbjfamilyservices.org/programs for program descriptions and online referral process (some programs allow self-referral)

Pegasus Legal Services for Children (bilingual) **244-1101**

---Pegasuslaw.org (see description under "Legal Services")

Red Willow Hospice **575-737-1811**

Skilled nursing, symptom management, emotional and spiritual support and 24/7 on-call assistance; accepting all insurances

NMDOH Safe Sleep for Infants program (new) – after receiving a 30-min. training, parents and caregivers of a child under age 2 can be given a free Pack 'n Play portable crib. Visit website for details: safesleepnm.org

Western Heights Learning Center **247-2079**

--Free Home Visiting Program for pregnant women and children ages 0-5 -- in person (not bilingual); --call (**x108**) or call Sally at **401-6372** (or email: sally@westernheightsabq.org)

YDI has 40 programs-see ydinm.org, including [WIOA youth program](http://WIOA_youth_program) (ages 16-24); adult basic ed/HiSet preparation, Prevention, Intervention & Behavioral Health (PIBH); and **Early Childhood Education: Pregnant Women's Program, Nurse-Family Partnership (NFP):** nurses visit young, first-time low-income and high risk pregnant women (can self-refer: NFP@YDIInm.org); home visiting programs for ALL eligible families; birth to age 5; Head Start and pre-K
General intake is ydinm.org/need-help or call office: **352-3444**

Services for Refugees and other Immigrants

Consulate of Mexico, 1610 4th St NW **247-2147**

NM Immigrant Law Center **247-1023**

--hours to call: Monday, 1-5 pm; Tuesday to Friday, 9am-5pm (closed 12 to 1 Tues to Fri); call or walk in to request appointment
--see nmilc.org ("Our Services" tab)

Asian Family Center, for AAPINH all ages **717-2877**

Direct services include culturally and language-specific case management, including for DV and sexual assault victims; also family workshops & youth programs; see nmafc.org

Centro Savila (2 locations) **312-7296**

--case management & behavioral health—ALL are welcome
--Refugee services
See the section, "Mental Health and/or Substance Use Services" --

Catholic Charities—see ccasfnm.org **724-4670**

--support for refugee families after 90-day government program ends (ccasfnm.org/refugeesupport)
--English language acquisition (ELA) and many other classes (see Jobs/Job Training/ Education section for details)
--some legal assistance

Encuentro NM, **247-2920**

Virtual classes only: English Language Acquisition (ELA), home health aide en Espanol, computer training, financial literacy, intro to Small Business, elderly food & nutrition

Enlace Comunitario (Domestic Violence) **246-8972**

--English & Spanish DV crisis intervention and legal support, therapy, support groups, case management

Las Cumbres Community Services **819-1643**

Holistic, trauma-informed services for refugees and other newcomers: legal, mental health, medical coordination, food security, case management, and more

Umoja Abq, contact online or on Facebook

Empowering refugee women: workshops and classes including English Language Acquisition (ELA), English literacy and financial literacy

Vizionz-Sankofa, refugee support services call **832-7141**

Legal Assistance

NM Legal Aid (civil matters) **Mon-Th 10 am-1 pm 243-7871**

ext. 1 for phone intake or apply online (ext. 2 for receptionist)

Public Defender, 505 Marquette NW (in PNC Bank) **369-3600**

Metro Court (ext. 1 for warrant status) **841-8151**

--**Outreach Court (841-8142)** for unhoused or unstably housed adults with misdemeanor charges and/or warrants – **must be** referred by a staff member or volunteer who will submit an advocacy letter and will start the referral with the online referral form (click on "Forms"): metro.nmcourts.gov/services-programs/outreach-court/

APD Evidence, 823-4600, to claim possessions after discharge from MDC (but first call **768-2020** for APD case no.(or 798-7000 for Sheriff's case no.)—police reports available at 400 Roma NW

Christian Legal Aid (homeless only) walk-in 1st & 3rd Wed at noon at The Rock at Noon Day, 2400 2nd St. NW (volunteer attorneys)

Legal Resources for the Elderly helpline for ages 50+ (**8-12 M-F**) (a free statewide program of the NM State Bar) **797-6005**

Senior Citizens Law Office (seniors age 60+) **265-2300**

1240 Pennsylvania NE – no walk-ins; civil matters only
--call Mon-Thurs 8:30-12 pm & 1-5 pm; Friday 8:30-12 pm

NM Immigrant Law Center, 625 Silver SW, 4th Floor **247-1023** (See "Services for Refugees and other Immigrants" section above)

Pegasus Legal Services for Children **244-1101**

(bilingual) for children, youth and their caregivers-Pegasuslaw.org
--Kinship Guardianship (Pegasus Legal Services) for grandparents and other relatives raising children
--Youth Law Project (youth emancipation, paternity, child custody and timesharing, and Child Support)

[Salvation Army](#), 4301 Bryn Mawr Dr. NE **872-1171**
45-minute consult on any legal matter, civil or legal with an attorney at Salvation Army the 1st Sat of the month, **9 to 11 am** (see [Administerjustice.org](#)) – will move soon to 411 Broadway SE
--Pre-register by calling **855-818-4554**. \$30 co-pay (unless assistance requested from Salvation Army staff because of inability to pay)

Jobs/Job Training/Education

[America's Job Center NM](#), 501 Mountain NE **843-1900**
(was called NM Workforce Connection)
--walk-in help with job search, weekly on-site employer events
--weekly workshops offered on Computer Basics training and Resume Writing, or get 1-to-1 help with job search any time
ABQ Adult Learning Center [abqalc.org](#) **907-9957**
1201 San Mateo SE, walk in or call Mon-Thurs, 12:30-3:30 (or register online) – services are in-person or virtual
--English Language Acquisition (ELA)
--High School Equivalency preparation & test (HiSET/GED®)
--Adult Basic Education (reading, writing and basic math)
--Career Pathway services—new Basic Solar certification classes
--Family Wellness: individualized literacy for adults & children (**5+**)

[ABQ Center for Hope & Recovery](#), 913 2nd St NW **246-2247**
--employment assistance and drop-in center (walk-in or call)

[Catholic Charities](#) **724-4670**
Call Monday through Friday 8:00 am to 5:00 pm.
Free adult ed/training classes (GED®/HiSET, English Language Acquisition (ELA), Citizenship, other); Spring, Fall, Summer terms; but GED®/HiSET, English Language Acquisition (ELA) & [Career Pathways](#) classes may be joined throughout the term

CNM -- Kathie Winograd Student Success Center (KWSSC) located at 716 University Blvd SE (& Coal) **224-3000**
one-stop shop for requesting an advisor, financial aid, scholarships, registration, and more. CNM provides >200 associate degrees & certificates; ESL, Basic Education, High School Equivalency; support programs for prospective or current students who are or were in the foster care system ([THRIVE](#)), or who are or were involved in the criminal justice system ([FIRST](#)). Also, if you (or one of your clients) is interested in CNM but wants help getting started, you can click on this link: [Request More Information Form](#) and someone from the CNM Student Recruitment and Outreach Team will be in touch within 48 business hours.

CPLC (Chicanos Por La Causa)/HELP NM **265-3717**
Low-income Educational Assistance program: <\$2,000 tuition assistance for certificate programs, vocational training, associate degrees, and short term workforce programs starting before June 30; an additional \$500 available for specified supportive services

NM DVR (Dept. of Vocational Rehabilitation) **383-2500**
111 Lomas Blvd NW (Suite 422 in US Bank Building)
Adults w/disabilities can walk in or apply online: [dvr.state.nm.us](#)
--click on "Online Referral" -- you should get a call back in 2 weeks or less. See "[NMDVR At A Glance](#)"

Goodwill, 5000 San Mateo NE **314-1816**
Opportunity Center:
--Walk-ins: Monday to Friday, 8:00 am to 4:30 pm; ask for calendar of organizations arriving on-site Mon-Fri
See [goodwillnm.org](#) for all programs: click on appropriate tab: "Find jobs" or "Find Classes" or use links below:
--Job prep and [job search](#); employment; [seniors \(55+\)](#) [employment](#);
--[GoodSkills classes](#): employment & life skills (some are virtual)
--[Supportive Services for veterans & families](#) (jobs, housing)
--[Homeless veterans' reintegration program](#) (jobs & support)

Gordon Bernell Charter School, 2821 4th St. NW ... **916-8618**
2821 4th St. NW - open Monday-Friday
--call for appointment 8:00 am-3:30 pm
High school diploma + adult ed in-person; literacy; career development:
--Age 16-21: high school diploma
--Adults age 22+: HiSET (high school equivalency)
Pathways navigator available: call or email info@gordonbernell.org to make an appointment; classes also in MDC: persons currently or previously at MDC can further their education

Job Access program (transportation for low-income) **724-3623**
--curb-to-curb transportation for PT or FT jobs, job training, child care if timely bus service is unavailable or inaccessible due to distance--see [riometro.org](#) (Job Access) for info including eligibility ("Do I Qualify?") and details (see link to application form at "How Do I Apply?")

Albuquerque Job Corps for ages 16-24 **346-2562**, ext. 1
2 year trade and career preparation school with many options;
--if needed, can get High School diploma or GED;
--can board for free on campus (meals provided) or live off campus;
--no felonies and no current involvement with the justice system;
--drug tests assure sober campus (including no marijuana).
Apply online or refer someone: [albuquerque.jobcorps.gov](#)
Applications processed weekly year round.
(Do not call the 800- number, as it is a national number)

Jobs for America's Graduates – New Mexico (JAG-NM)
--Out-of-School Program serves young people ages 16–24; visit [jaqnm.org](#) for program and contact information

NMCAN – skill building and community building **217-0220**
for young people ages 14-26 including those in or transitioning out of foster care, or who have faced homelessness or are juvenile justice involved. Call or email: info@nmcan.org
--see [nmcan.org](#) for info & referral form for self or other youth

TenderLove Community Center (call Tu-Fri) **349-1795**
--fashion design classes, computer training, GED® prep, life skills, job prep, culinary arts (nutrition classes),
(see [tenderlovecommunitycenter.org](#))

Educational/Training websites:

GCFglobal.org--short videos: computer, learn typing + improve typing speed, math, reading, job prep, GED@/HISET prep, internet, financial literacy, social media, languages—click on “All Topics”)

Khan Academy - khanacademy.org—math+other online learning + **khanacademykids.org** – many languages (app is English only)

Duolingo.com – language learning (English & other languages)

Irlen.com – visual processing help for children with special needs

NM Public Education Dept (PED): parent-portal

Physical and/or Cognitive Disabilities Resources

Adelante Development Center (goadelante.org) **341-2000**

For people with mental and physical disabilities & seniors
--day & residential programs & employment

--Compadres senior day program (seniors 55+)

--**Back in Use**--recycled assistive devices **341-7171**

(wheelchairs, walkers, canes, hospital beds & adaptive equipment)

Call for self or other person in need

--**GiveABQ**—home and office furniture (referral only) **341-4483**

--**Benefits Connection Center** (help seniors & people with disabilities apply for govt benefits—leave message) **273-5222**

ARCA (adults & families)--**arcaopeningdoors.org** ... **332-6700**

Wraparound services for individuals with intellectual and/or developmental disabilities—see website for details; including residential services

NM Aging & Disability Resource Center **800-432-2080**

--assistance with Medicare decisions and other assistance

See **NMAALTS.org** for all services & programs of NM Aging and Long-Term Services Dept.

NMTAP office (Technology Assistance Program) **841-4464**

625 Silver SW, Suite 100-B; see website: **tap.gcd.state.nm.us**

offers free services to persons with disabilities to help them get the assistance/adaptive technology they need

NM Brain Injury Resource Center (walk in or call) **292-7414**

--3150 Carlisle NE (Suite 208); email: nmbirc@braininjurynm.org

M-F 9-12 & 1-4 pm; for support groups see **BrainInjuryNM.org**

Independent Living Resource Center (ILRC) **266-5022**

--independent living services, resource navigation, and advocacy for people with disabilities, including related to personal attendant services; call for an appointment; see **ILRCnm.org**

NM DVR (Dept. of Vocational Rehabilitation) **383-2500**

111 Lomas Blvd NW (Suite 422 in US Bank Building)

Adults w/ disabilities can walk in or apply online: **dvr.state.nm.us**

--click on “Online Referral” -- you should get a call back in 2 weeks or less. See **NMDVR At A Glance**

NM Commission for the Blind (CFB.state.nm.us) **841-8844**

Irlen.com – visual processing help for children with special needs

Parents Reaching Out (PRO) (peer support for parents of children w/disabilities or special medical needs) **247-0192**

See **parentsreachingout.org** for workshops & support groups

UNM CDD (Center for Development & Disability) **272-3000**

--see **UNM CDD website** for many family-centered programs and services for children with disabilities: clinical evaluations; **autism**; early childhood; other services

--CDD resource library, 2300 Menaul NE

walk-ins Mon-Fri, 9-12 and 1-4 (ring the bell for entry)

Disability resource specialist info line **272-8549**

Note: Community Outreach for the Deaf (COPD) has closed

Medical and/or Behavioral Health Services

(also see “Drop-In Centers” section)

Acronyms:

--**MAT is Medication-Assisted Treatment for addiction to opioids (may also be for alcohol and/or other substances)**

--**SUD is Substance Use Disorder**

--**IOP is Intensive Outpatient Program**

--**CCSS is Comprehensive Community Support Services (comprehensive case management)**

UNMH directory (hospital & clinics) **272-2111**

NM Public Health Offices (click on your county, then scroll down through the offices which list what services they provide)

Services offered (varies by office): Vital Records (birth certificates); children’s (and some adult) immunizations (vaccinations); testing for TB, STD, Hepatitis; harm reduction supplies; MAT (Suboxone); family planning; WIC program

New Mexico Pathways, a program of NMDOH, addresses MOUD (Medication for Opioid Use Disorder, a/k/a MAT) with free or low cost services at a Public Health Office—See **pathwaysnm.org** for details and contact info for public health offices or call **NMDOH Helpline**: **833-796-8773 (833-SWNURSE)** and ask about it

VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**

HUD-VASH housing options for homeless or unstably housed veterans + referrals to the VA Medical Center – call **256-2784** or walk in at VA Medical Center’s **Building 96: Mon-Fri 8:30 – 3:00**

Casa de Salud (bilingual Spanish), 1608 Isleta SW **907-8311**

--call or walk in—Integrative primary care, inc. alternative healing; transgender care; Behavioral Health (MAT), needle exchange + Narcan (see **casadesaludnm.org**) (ALL ARE WELCOME)

Duke City Recovery Toolbox 224-9777
912 1st St. NW (north of Lomas); walk in or call
Addiction recovery (alcohol and drugs): outpatient treatment (short term and long term), counseling; peer support; telemedicine; MAT (Suboxone, Methadone, Naltrexone)
-accepts Medicaid; sliding scale -- no one will be denied access to services due to inability to pay

First Choice (several medical clinics—see fcch.com) **768-5450**

First Nations Community Healthsource 262-2481

ALL are welcome:

Zuni Clinic (medical), 5608 Zuni SE, **M-F 8-7; Sat 8-12**

--**Dental Clinic, 262-6547, 8am – 7pm; Sat 8am-12**

--**Homeless Outreach Program** (walk-in): **M-F 8-6; Sat 8-12**

Truman Clinic, 625 Truman St. NE (medical)

Native American Traditional Wellness, 634 Manzano NE

--(shares parking lot with Truman Clinic): **515-3919, M-F 8-5**

First Nations Community Clearinghouse (continued):

Central Clinic (pediatrics & prenatal) 7317 Central NE

--**Mon-Th 8am – 6pm, Fri 8am – 5pm**

All Nations Wellness Center, 6416 Zuni SE 717-2704

--Mon to Fri: Breakfast (**8:00 – 9:30 am**); Lunch (**12 - 1:30 pm**)

--walk-in or call, job help **M-F 9-12**

Vision Clinic, 505 Madeira Dr. SE, **944-7397 (M-F 8-5)**

Harm Reduction Center (NM Harm Reduction Collaborative, NMHRC), 204 Madeira Dr. NE (east of San Mateo & north of Central) walk-in hours: Mon-Fri 9 am – 3 pm **503-7092**

Can call or text this number 24/7; or email: info@nmhrc.org

Stigma free services: Syringe Service Program (SSP);

peer support and case management; drug checking program;

Narcan distribution and overdose prevention education;

--wound care clinic Wednesday and Thursday, 10 am – 12 pm

New Mexico Wellness 560-9355

4210 Meadowlark Ln SE, Rio Rancho (campus was Felician Sisters convent) medical inpatient detox and holistic treatment up to 90 days – can self-refer

Email: reachout@newmexicowellness.com

2nd location in Taos: **(575) 224-6320**

Porch Light Health, 717 Encino Pl. NE, Ste 12 **866-647-6315**

MAT (Suboxone, Naltrexone); counseling; peer support;

Psychiatric medication management; Hours: Tues-Fri, 8:30-4:00

Sage Neuroscience Center (appointment only) **884-1114**

--Outpatient medical detox; MAT

--Substance Use Disorder Intensive Outpatient Treatment (IOP) and Behavioral Health IOP for adults & adolescents

--Transcranial Magnetic Stimulation (TMS); EMDR; telehealth options

--Medication Management

Turning Point Recovery Center (call first, 8am-9pm) **217-1717**

-- MAT; IOP; inpatient or outpatient detox and treatment;

counseling; detox (wait list); wellness center; men's & women's residential treatment

Turquoise Lodge (inside Gateway Center) **841-8978**
Medical detox; inpatient and outpatient treatment

Oak Street Health -- Medicare only primary care **208-6984**

Beginning 3/26, will be taking new patients at 4208 Central SW location (at Atrisco)—call for appointment

Southwest Care Center **780-4040 x3**

4710 Jefferson NE, Suite A (call first for appointment)

--Hep/HIV/PrEP/PEP (wait list for primary care & gender affirming)

UNM Truman Health Services **272-1312**

HIV/Hepatitis C/Transgender care – call for appointment

--**801** Encino Pl NE, #F (call first); walk-in is only for rapid test for HIV or Hep C. Hours: M/Tu/W 9-4, Thurs 1-6:30; Fri 9-1

UNM Maternity & Family Planning (M&FP) Clinics locations

have temporarily moved (and will move back soon):

--Northwest Valley Clinic has temporarily moved

from 1231 Candelaria NW to UNM Hospital, 2211 Lomas NE

(4th floor in the Women's Health Clinic) **272-2158**

--West Mesa Clinic has temporarily moved

from 6900 Gonzales SW to 2130 Eubank NE (in the Eubank

Women's Health Clinic) **272-2154**

Call or walk in to request an appointment

--**No insurance required** if you have none

--Prenatal and maternity medical, nutrition and social services

(bilingual Spanish), including family planning (birth control or natural family planning)

--Team: doctors, nurses, nurse midwives & nurse practitioners, nutritionist, counselor, health educator

UNM Milagro Program – for pregnant women actively using or with recent history of using drugs or alcohol **463-8293**

Lovelace G.R.A.C.E. – for pregnant women actively using or with a history of using substances **727-6238**

Call this number or walk into a Lovelace OB-GYN to make an appointment or to request G.R.A.C.E. navigation

Planned Parenthood (women's health care) **265-9511 x1**

Call for in-person or online (telehealth) appointment, with or without insurance; birth control education and supplies; emergency contraception; pregnancy testing; STD testing; HIV services; UTI testing and treatment; gender affirming care; abortion services (note, the location on San Mateo was closed; currently the only ABQ clinic is at 4630 Eubank NE)—see website for complete listing of services, which is frequently updated

Birthright of Albuquerque **262-2235**

3228 Candelaria NE (west of Carlisle)

Drop in Monday-Thursday 10 am – 1 pm

Support services for pregnant mothers and newborn babies up to 1 year old. Services include pregnancy tests, emotional support, referrals for prenatal care, social services, food banks, housing assistance, clothing resources, etc. Offering maternity and baby clothes, baby hygiene products, and other mommy/baby needs, as supplies last.

[La Luz Women's Center](#), ABQ and Rio Rancho **620-3894**

--support services for pregnant women & mothers of newborns

Some NMDOH resources

(See **New Mexico Pathways** (DOH program) above in "Medical and/or Behavioral Health Services" above)

NMDOH Helpline: 833-796-8773 (833-SWNURSE)

NMDOH Safe Sleep for Infants program (new) – after receiving a 30-min. training, parents and caregivers of a child under age 2 can be given a free Pack 'n Play portable crib. Visit website for details:

safesleepnm.org

DOH Resource Guide for HIV/Hepatitis/STD: nmhivguide.org

BC Health Council opioid resource website: LittleThingsNM.org

--112 Monroe NE—open M-F 5:30 am – noon **260-9917**

--172 Montano Rd NW (& 2nd St.)—M-F 5:30 – 11 am **344-4427**

--1209 Isleta SW—M-F 5:30 – 11:30 am **873-1973**

--1558 Stephanie Rd. SE-Rio Rancho M-F 5:30-11 am **896-5517**

All Faiths (becoming **Unica Behavioral Health** in 2026): see listing below as Unica Behavioral Health

Anchor Behavioral Health: M-F, 8 am to 5 pm **390-2080**

7005 Prospect Place NE (east of Louisiana, south of Menau)

--call for appointment; phone answered 24/7

--outpatient treatment and MAT (suboxone) for substance use disorder, including alcohol, with case management and resource navigation; structured sober living program; aftercare programs

The Balanced Path--call or text M-F 12 -6 pm **234-1174**

Telehealth only therapy for adults & teens (individuals, couples & families), including CBT, Trauma-informed. No wait list.

Centro Savila (2 locations) -- call **312-7296** or complete [online form](#) to refer yourself or someone else (walk-ins welcome)

--**South Valley**: 1317 Isleta Blvd SW

--**Downtown**: 625 Silver Ave SW, Suite 400

All services are bilingual Spanish/English:

Benefits enrollment (by phone); mental health therapy (individuals, couples, families); case management & support groups; refugee services, including case management & support.

Services are provided regardless of ability to pay.

Centro Savila Support & Educational Groups (see web links):

--**Strengthening Families Program (SFP)** in Spanish

--**grief group** for Spanish speaking individuals & families

--**women's support group** for Spanish speaking victims of crime

--**Raíces de Resiliencia** - daughters of immigrants

--**Abriendo Puertas** - parenting classes taught in Spanish

--**Youth Advocacy Program** supports youth ages 15–20 with advocacy, leadership skills, and access to resources.

Charlie Health online support groups (free for those that are indicated as "open to the general public"), English & Spanish, for:
1) [family members support groups](#); 2) [suicide survivors support group](#); 3) [therapists supporting therapists](#) (and other BH providers)

Choice Recovery Path (for SUD) **526-3649**

11401 Menaul NE (NE corner of Juan Tabo)

Monday-Friday, 8:00 to 5:00. Walk-in is only to ask for an application (or call and it will be emailed to you)

Transitional residential recovery program for men & women; Services are in-person and/or virtual. IOP, peer support and continued aftercare. email: info@choicerecoverypath.com

Christian Counseling Professionals **445-0771**

136 Louisiana NE (1 block north of Central across from State Fair Casino)

--counseling & CCSS – Mon-Fri 8 am to 4 pm - walk in or call for appointment (can be faith-based if requested)

--IOP online (Mon, Tues, Wed, 5:30 – 8:30 pm)

Mental Health and/or Substance Use Services

See above section "Medical and/or Behavioral Health Services" for other listings

--**MAT is Medication-Assisted Treatment for addiction to opioids** (may also be for alcohol and/or other substances)

--**SUD is Substance Use Disorder**

--**IOP is Intensive Outpatient Program**

--**CCSS is Comprehensive Community Support Services (comprehensive case management)**

CARE Campus Detox for alcohol & other drugs (intake 24/7)

--5901 Zuni SE (first come, first served--call or walk in) **468-1555**

UNM Psychiatric Center, 2600 Marble NE **272-2800**

--**Emergency services** (24/7) walk in or call **272-2920**

--**Psychiatric urgent care** (walk in 7 days/week 7:30–5:30) or call **272-9038**

--Walk in **Behavioral Health clinic** (2nd floor) team based approach Mon/Wed 12-2:30 pm; Tues/Thurs/Fri 8-10:30 am

Also, outpatient psychotherapy peer groups (2nd floor)

Contact info: OPPS@salud.unm.edu or call 272-5935

--**UNM Behavioral Health clinic in Rio Rancho**:

2600 College Blvd. NE **994-5050**

UNMH ASAP, 2600 Yale SE, outpatient clinic **994-7999**

Addictions and Substance Abuse Program – call; ext 1 for info; ext 4 for appointment; or walk in Mon-Fri **6am–4pm**;

walk-in counseling, psychiatry and detox services for moderate to severe SUD; MAT; IOP; primary care including Hep C; ASAP now serves adults & adolescents age 14+ (there is no more UNM STAR)

City of ABQ's Substance Use Disorder Treatment voucher:

--called the **PATH program** (Providing Addiction Treatment & Healing) for **non-Medicaid** only individuals who are very low-income & meet other criteria

--For eligibility & list of PATH providers, see cabq.gov/health-housing-homelessness/health/substance-abuse

Albuquerque Health Services (MAT)—Methadone (or scripts for Suboxone). Locations:

CommonSpirit St. Joseph's Children **924-8000**
1516 5th St. NW –call first to make an intake appointment
Outpatient [Sobriety Program](#) (no wait list): IOP; counseling;
nutrition (onsite meal prep); case management; peer-led groups;
AA/Al-Anon; holistic services (yoga, mindfulness)
--commitment is to 9+ hours/week
Note: immigration status is not requested; interpretation provided
--**See above section "Family Services" for info on home visiting**

The Community Lighthouse (see [tclhnm.com](#)) **273-6300**
3301 Candelaria NE, Suite #B (at Carlisle)--**Mon-Sat 8am to 7pm**
Serving children, teens, families & parents -- Bilingual services
--Therapy, in-person & telehealth, — no wait list: Play, Individual,
Family, Infant and Early Childhood; EMDR; CBT
--CCSS (Community Support) — all ages, Medicaid; home, school,
daycare

Cottonwood Counseling, LLC **226-2839**
2 locations: 4300 San Mateo NE, Ste. B-186;
6300 Riverside Plaza Lane NW (Coors & Montano)
Counseling services: DBT and CBT; EMDR; Play therapy & sand
tray therapy for children and adolescents; LGBTQ adolescent IOP
(age 13-17); LGBTQ teen support group (age 13-17)
Email: cottonwoodcounselingabq@gmail.com

Cottonwood Therapeutics **750-9163**
2900 Louisiana NE, North Bldg., Suite H
In-person and telehealth therapy for individuals, couples & families
IOP for SUD and behavioral health challenges, including for those
involved in court diversion and probation programs
scheduling@cottonwoodtherapeutics.com

Courageous Transformations **800-7092**
3301 Los Arboles NE (just west of Carlisle) wrap-around services
--outpatient SUD treatment, MAT (Suboxone, Methadone,
Vivotrol); therapy for individuals, couples and families,
peer support (Certified Peer Specialists), Hep C & HIV treatment
(can be faith-based if requested)

DulceSalado Consultation & Therapeutic Services **585-5024**
culturally sensitive bilingual agency (statewide); no wait list;
Medicaid accepted for all services except for adoption services,
which are self-pay: website is [dulcesaladoct.com/](#)
--individual, family and MST (Multisystemic Therapy) services:
MST offered for youth 11-17 and their families); home &
community-based support
--support groups for youth and for parents
--Mental Health IOP for young to middle-aged adults (using DBT)
--adoption & parenting services

Emerge Motivation Initiatives – website: [emiprojects.org](#)
The **EMI Egress Youth Diversion Program**, an AmeriCorps
project, provides intervention and prevention services for pre-
adjudicated and nonviolent adjudicated youth. It supports these
youth by providing structured programs to meet court
requirements, prevent further offenses, and promote positive
decision-making. Prevention services are for students whose
behavior, while not requiring court involvement, indicates a need

for intervention. The program also supports families.
Contact: emiprojects2021@gmail.com

Engender, Inc. – Telehealth counseling/therapy **242-4400**
--statewide; flexible hours Monday to Sunday (work around your
schedule)
--individual/couple/family and group counseling; trauma-informed
care; EMDR therapy
--substance use counseling, including a flexible IOP program

Eternal Light Counseling **572-4141**
Telehealth therapy/counseling for adults and youth (age 12+)
Text/call or email glorijanawolfgang@gmail.com
especially for individuals who are in transitional periods in their
lives and feeling lost: grief; loss of a loved one or parts of
ourselves, depression, loss of identity and anxiety

Faith Works Counseling, in-person or telehealth (virtual)
Location: 4110 Wolcott NE, Ste B (no walk-ins) **844-692-3099**
Call or book an appt. online (not faith based unless requested)
--individual, couples and family therapy
--MST (Multisystemic Therapy) in-home for ages 11-17; ; close
coordination with caregivers and schools

Full Circle Recovery (allows MAT) - no wait list **865-4140**
--telehealth (virtual) or in person; call for appointment
--mental health & substance use; IOP (adult & adolescent); CCSS

Grand Summit Recovery, 13139 Central NE **595-1607**
info@grandsummit.org Medicaid accepted.
Walk in or call to make an appointment; may be a waitlist
Transitional residential recovery program for men & women.
Services: onsite IOP, wrap-around peer support, housing,
workforce development, educational advancement, therapy
(individual and group), exciting events on the weekends.

The Grief Center of New Mexico (ages 5 to adult) **323-0478**
--Support groups for children, teens, families & adults grieving the
death of a loved one; also workshops (see [griefnm.org](#))

Haven Behavioral Hospital, 5400 Gibson SE **254-4502**
--Inpatient Psychiatric (if in acute crisis); co-occurring accepted;
provider referrals or self-referrals; call **254-4502** for appointment
--Outpatient behavioral health services include PHP (3-6 wks) and
IOP (16 wks)--structured outpatient programs for mental health,
co-occurring, or SUD; call **254-4564** for appointment
(these services are in-person or virtual; day & night groups
available)

High Desert Healing, (see [hdhnm.com](#)) **717-1332**
--Telehealth & in person; MAT; individual (may be a wait list) &
group therapy; CSSS (case management); guided meditation
groups; also see YouTube [mind & body therapy videos](#)

Hipocampo bilingual Spanish counseling **209-9227**
for Spanish speaking individuals and families
also, diabetes prevention & management

Hope Forward Therapy, 2521 San Pedro NE **633-4107**
--CCSS (case management) –bilingual Spanish
--adult, couples & family therapy; can be faith-based if requested
--Circle of Security parenting group (in-person or virtual)
--grief support group (twice a month) and individual grief support

Ideal Option (MAT) – no wait list, low barrier - 2 phone numbers:
--**877-522-1275** to refer self; or
--**844-464-3325** (24/7) to refer a client for same day or next day
to begin outpatient detox services, MAT (medication assisted
services), peer support for SUD (substance use disorder)
and Alcohol Use Disorder. Contact **505-390-2425** with any
question; can walk in the front door of Gateway Center (closest to
the walkway), 5400 Gibson SE.
New Rio Rancho office: 3301 Southern Blvd. SE, #105—Medicaid
and Medicare accepted. Call first.

Meridian Behavioral Health, 3908 Carlisle NE **639-5916**
-- individual/group therapy, DBT, CCSS for individuals and
families; Medication Management; bilingual (Spanish) available
see meridianbxhealthinc.com

NAMI Albuquerque **256-0288**
[Support groups in person or Zoom:](#)
--NAMI Connections -- peer led for persons who have experienced
a mental health condition;
--family support groups for family members or friends of person(s)
with a mental health condition
Mental Health [Education and Presentations](#) (peer led)

Native Health Initiative (NHI), website: lovingservice.us
Programs: Movement as Medicine, Building Youth Leaders, and
Indigenizing Wellness (see website for details)

New Mexico 5-Actions Program – explore your relationship with
alcohol and drugs, and find a path to sobriety – assessment and
follow-up - for use by consumers, loved ones and professionals;
Free, accessible 24/7 (NM Behavioral Health Services Division)

New Mexico Solutions, 707 Broadway NE #500 **268-0701 x0**
and 2551 Coors NW; call for appointment; therapy for children and
adults, couples, families, individual and group (including PSR);
CCSS (case mgt); Carelink (care coordinator), and ACT team;
Opening this Spring: free Behavioral Health clinic in the Education
Building at Gateway Center; IOP and other services

Open Skies Healthcare, 303 Roma Ave NW, #200 **345-8471**
--call for appointment (no walk-ins), or email:
info@openskieshealthcare.org
Medicaid only: outpatient therapy and CCSS (case management)
for adults and children; assessments; behavioral health respite
services for children; treatment foster care; language interpretation
available. Note: if no insurance, you still may qualify for services

Recovery Connections -- call **460-4566** or **895-0147**
In-person or telehealth Monday through Saturday
--call for appointment or use email form online
(or email info@nmrecoveryconnections.com)

CCSS/case management; outpatient therapy for trauma and
PTSD, depression and anxiety, SUD, or co-occurring; will soon
have an IOP for substance use and co-occurring

Rio Grande Counseling (telehealth 7 days/week) **246-8700**
--individual adult therapy (telehealth) and IOP (group video chat)

Serenity Mesa **877-3644**
Services for youth/young adults with SUD:
--90 to 120 days inpatient residential treatment (ages 14-21)—
therapy, case management, high school/GED, life skills
transitional living for youth
--3 to 14 day inpatient medical detox (ages 14-20) -- call, but may
be a wait list
--supportive housing (shared and scattered sites) for ages 16.5-24
See healingaddictionnm.org (email: info@serenitymesa.com)

Serna Solutions, 6000 Uptown Blvd., #140 **305-4949**
(bilingual available); call for appointment
Rio Rancho office: 4101 Barbara Loop SE **527-9494**
--mental health and/or SUD therapy in-person or virtual
(all ages; currently no wait list); IOP; CCSS
--Family Empowerment Project for family members (for FEP call
420-3377 or email family@sernasolutionsllc.com)
--Youth Empowerment Project (YEP) program for ages 12-24 and
their families (for YEP info call **230-4949**)
--can refer yourself or someone else online
--training for professionals, offering CEUs

Soul Recovery Cafe, 1111 Carlisle Blvd SE Suite B
a program of the **NM Peer Coalition**; for more info & schedule for
Soul Recovery Cafe: nmpeercoalition.org/soul-recovery-cafe
--Community Chat + Recovery Circle New Member Orientation are
held the 2nd Sat of the month, 10–11 am
For all services/programs of NMPC, see nmpeercoalition.org

Southwest Pueblo Consultants and Counseling Services
Counseling all ages: individuals, couples, families **241-9316**
--in person or virtual

Therapeutic Living Services (TLS) **268-5295**
See website: tls-nm.org
Services for individuals and families: CCSS/case management;
counseling; PSR; housing support; 24/7 staffed group homes

32 Degrees Genuine, 5701 Carmel NE, Suite B **308-5226**
Individual, group & family therapy; grief; somatic therapy; DBT;
EMDR; telehealth; after hours appointments available
Website: 32dgtherapy.org (see “Insurance” tab)
email: 32dgtherapy@32dg.org; a veteran owned business

Umoja Behavioral Health, telehealth and in-person **633-8173**
Culturally responsive counseling & peer support services;
Open to all youth, teens & adults, including LGBTQIA+ & BIPOC;
Call or email info@umojawellness.com, or email individual
therapist after reading about them on the “Meet Our Team” page.
No wait list.

All Faiths (becoming **Unica Behavioral Health**) **271-0329**

Can self refer to any of their services
(soon to be rebranded with a new name, but same leadership and still offers all the same services, but adding Behavioral Health services for adults, and separate services for veterans:

Adult Services (new) at **1709 Moon NE**:

-- outpatient therapy (individual counseling for mental health and trauma); substance use disorder (SUD) treatment; IOP; case management and peer support; primary care screenings (note: can walk in if seeking substance use disorder treatment)
--Veterans wrap-around services

These services are provided at **8401 Constitution NE**:

***Family Wellness Program**: wrap-around support for parents/ caregivers; trauma informed therapy; CCSS (case management)

***Adoption Services**:

--birth parents, call/text 24/7 for pregnancy counseling **313-1132**
--for infant + older child adoption, you can call this info line Mon-Fri if interested in adopting a child: **313-3181**
--post-adoption support services

Note: Referral processes remain the same. Providers can access the **Partner Referral Form** (also available on website), or call.

Veterans Integration Center (VIC) call M-F **8-4:30 296-0800**

2701 Mulberry SE (turn south off Gibson, west of University Blvd, just east of I-25.); veterans can call or walk in for intake to address needs (including housing);

--Transitional housing for homeless veterans (all genders and can be a family)

--SSVF: rental assistance and Rapid Rehousing for veterans and families (best to call first) and other services

--food pantry Friday 10 am - 1 pm only for veterans and widows/widowers of veterans, National Guard and Reserves

Addiction Recovery Support Groups

AA: call (24/7) **266-1900** or Espanol: **266-3688**

--see albuquerqueAA.org/meetings
or walk in at **1921 Alvarado NE (M-F 9-6; Sat/Sun 9-3)**;

NA: **800-798-6649** (24/7) or see website for Albuquerque NA

CA (Cocaine Anonymous), call **505-569-2740**; or see

caninfo.com/ for meeting schedule;

Note: Sunday meeting at Salvation Army Citadel, 3-4 pm (4301 Bryn Mawr Dr. NE)

QUIT NOW New Mexico (quit nicotine and vaping products)
Visit website or call **1-800-QUIT-NOW (1-800-784-8669)**

SMART Secular Recovery in-person+online smartrecovery.org
Refuge Recovery (online) refugerecovery.org (Buddhist inspired)

NAMI Albuquerque **256-0288/NAMI New Mexico** **260-0154**
(see description for NAMI Albuquerque in Mental Health and/or Substance Use Services section above)

Overeaters Anonymous (OA-cnmi.org) **261-3553**
PeopleWorks-NM (peopleworksnm.org) **990-4186**

for people who have a gambling problem and/or their family
--Free—online or in-person (privacy respected)

Al-Anon for family members: **262-2177**

Adult Children of Alcoholics (ACA)—in-person and virtual

Parents of Addicted Loved Ones (PAL) see PALgroup.org
--virtual meetings only – see website for online meeting times

Have Inpatient Treatment for ABQ Area Residents (all accept Medicaid & some have outpatient services):

Central Desert Behavioral Health Hospital **243-3387**
1525 North Renaissance NE (psychiatric inpatient—referrals can only be made from an ER after a psych eval there)

Haven Behavioral Hospital **254-4502**
--Psychiatric inpatient & outpatient services; also SUD (see above listing for detailed description)

NM Behavioral Healthcare (NMBH) (call 24/7) **257-5760**
1801 Randolph SE; website: nmbehavioralhealthcare.com
All programs serve adults and adolescents (ages 12+):
Short-term Inpatient psychiatric hospitalization; PHP; medical detox (alcohol and drugs); accepts all insurances

New Mexico Wellness **560-9355**
4210 Meadowlark Ln SE, Rio Rancho (campus was Felician Sisters convent) medical inpatient detox and holistic treatment up to 90 days – can self-refer
Email: reachout@newmexicowellness.com
2nd location in Taos, **(575) 224-6320**

Turning Point Recovery Ctr (turningpointrc.com) **217-1717**
--detox, inpatient or outpatient treatment—call first

Turquoise Lodge (inpatient and outpatient treatment) **841-8978**

VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**
Homeless or unstably housed veterans can call **256-2784** or walk in at **Building 96: Mon-Fri 8:30 – 3:00**

Located outside of Albuquerque:

Carlsbad LifeHouse, Carlsbad **575-725-5552**
--medical detox; 28-day adult residential treatment for men, women, and women with children (MAT for opioids is not an option); Medicaid; Medicare

Four Corners Detox Recovery Ctr, Gallup **505-413-3447, x1**
Inpatient medical detox & 30-day residential treatment program; currently only a men’s program (Santa Fe Recovery Center is their parent organization)
--Medicaid (or may possibly be covered by a grant)

Mesilla Valley Hospital, Las Cruces **800-877-3500**

Inpatient programs (acute psychiatric and PHP) for adults and for youth/adolescents (ages 7-17); also inpatient for dual diagnosis (substance use disorder and mental health)

[The Mountain Center Aspen House Women's Recovery](#) (90 day) in Pena Blanca (accept mothers, too) **505-690-0351** or email intake@themountaincenter.org

New Mexico Behavioral Health Institute, Las Vegas **454-2100** (State Owned psychiatric hospital)

[Peak Behavioral Hospital](#), Santa Teresa **575-589-3000** Crisis stabilization psychiatric hospital for adults and adolescents: residential, inpatient, PHP

[Santa Fe Recovery Center](#) **471-4985**
--Medical detox (5 days) – alcohol and drugs
--30-day residential treatment for adults 18+ with substance use disorder
--residential treatment for women with children (age 4 & younger) call for intake and to reserve bed

[Zia Recovery Center](#), Las Cruces **575-523-0111**
Residential addiction treatment center (alcohol and drugs);
Withdrawal Management (not MAT, though can taper off Methadone or Suboxone)

Free Computer Use (and other services)

Goodwill, 5000 San Mateo NE

Free computer use just inside the Opportunity Center:
--Walk-ins: Monday to Friday, 8:00 am to 4:30 pm
Also at the Lomas/San Pedro location: **6001 Lomas NE**, Suite R

Albuquerque Public Libraries

see abqlibrary.org/hours-locations (click on "Branch Map Hours" link to see map) – computer use with library card (no ID required to get a library card)
Also note: 3 of the libraries have Community Services Coordinators who can offer resource info: Main Library on 6th & Copper, the International District Library (on Central west of Pennsylvania) and the Central & Unser Library.

City of Albuquerque Community Centers

Free computer use with membership (which is free—can do online). For locations and "Get Membership Free" online registration tab, go to cabq.gov/family/crei/community-centers
Note: Summer and after school programs may limit the hours for computer use, so call the specific center ahead of time for hours to use their computers

City of Albuquerque Senior and Multigenerational Centers

Computer use for individuals who pay the adult membership fee (\$20) in person. Membership gives access to all of the senior and multigenerational centers (age 50+ for senior centers; all adults for multigenerational centers). For locations and info, see cabq.gov/seniors/senior-multigenerational-centers

Pet Resources for Low-Income Individuals and Households

Free Pet food

[Storehouse New Mexico](#), 106 Broadway SE (& Central)

--Pet food is given out at Storehouse the **3rd Friday of the month, 9 am - 12 pm**

--Food boxes for people given out **Wed/Fri/Sat, 9-12**

[Animal Humane](#), 615 Virginia SE (west of Wyoming)

Pet food **every Sunday & Thursday, 10-12pm**

Pet food given out by **NM Street Pet Project & CARMA-4 PAWS** on the **1st Friday of the month, 11 am – 2 pm**, at High Desert United Methodist Church, 1201 Golf Course Rd SE, Rio Rancho (south of Southern Blvd.)

Veterinary Care

City of ABQ Animal Welfare:

EAST: 8920 Lomas NE; WEST: 11800 Sunset Gardens SW
Contact: EAST **505-768-2000**; WEST **505-768-1975**
FREE or low-cost spay & neuter. Lottery based. Submit application to: www.cabq.gov/pets/spay-neuter/spay-and-neuter

ABQ Spay & Neuter:

Low-cost & sliding scale surgical care. Contact: **505-532-3325**.
Low-cost vaccine clinic (no appointment) every Fri, 10am–2pm

[Animal Humane](#), 615 Virginia SE (west of Wyoming)

--Donor subsidized clinic. Appointment is required (Mon-Thurs).
Contact: **505-255-5223**.

--Assistance for non-emergency care: submit form to:

Animalhumanenm.org/safety-net

BERNCO Animal Care:

3001 2nd St. NW; contact: **505-314-0281**
FREE vaccine clinic every other Wed. Appointment required.
Call to register.

Pets allowed and/or sheltered

Co-sheltering: up to 2 pets allowed per resident at **Gateway West shelter**

Victims of domestic violence (housed or unhoused) can call the **NM Coalition Against Domestic Violence, 505-246-9340**, to ask to have your pet safely sheltered.

Homeless Services

(also see "Drop-In Centers" section)

ID clinic to assist unhoused or transitionally housed people to obtain IDs or birth certificates (bring any documentation you have):
--Every Wednesday at Central United Methodist Church, 201 University NE. (n. of Lomas): 10 am-12 pm
--2nd Thursday of the month (except Oct. 15) at Gibson Gateway Center, 5400 Gibson SE (east of San Mateo), 10 am-12 pm
Questions? Call 505-226-3143 or cumcidclinic@gmail.com

APS McKinney-Vento program for unhoused or unstably housed students or in transitional living (+ pregnant women) **256-8239 x0**

Albuquerque Health Care for the Homeless AHCH

--General phone number is **766-5197**

1217 1st St. NW (Mon/Tu/Th/Fri **8:00-4:00**; Wed **8-12**)

Medical Clinic & Behavioral Health Clinic (walk-in)

Pharmacy (clients only): Mon & Thurs 8am-4pm; Wed **8-12**

Dental Clinic (call or walk in for appointment) **242-8288**

Resource Center/case management – walk in **7:30 am - 4:00 pm**

--sign in for showers begins at 7:30 am

ArtStreet has open studio hours for all on Mon/Tues, **11 am-4 pm**

weekly pottery group Thurs **10-1**; various art media on Fridays

as well as other groups on Tues & Thurs

Barrett Foundation

Barrett House (shelter for women & children--boys <18) (not DV)

No walk-ins - call **243-4887** daily 8 am-5 pm (7 days/week);

short wait list -- leave a message with name, phone number &

how many beds needed, then answer phone when they call you

--also, medical respite for women (medical provider referral only)

Crossroads for Women (Mon-Fri, 9 to 5) **242-1010**

806 Dr. Martin Luther King, Jr. Blvd. NE

(east side of Elm St. in the former Eye Associates Building)

walk in, call or complete application online

--Phoenix program for women needing resources, peer support,

counseling, housing navigation, groups, case management, PSR

--PSR (Psychosocial Services Rehabilitation) offers pro-social

supports, community integration, vocational skills

--Transitional living (1 yr) – referral or self-referral -- for women on

probation/parole (not women in presentencing)--may be openings

First Nations Community Healthsource

Zuni Clinic (medical), 5608 Zuni Road SE **262-2481**

---**Mon to Fri 8am – 7pm; Sat 8am–12**

---**Dental Clinic, 262-6547, 8am – 7pm; Sat 8am–12**

---**Homeless Outreach Program** (walk-in): **M-F 8-4; Sat 8-12**

Truman Clinic, 625 Truman St. NE (medical)

Native American Traditional Wellness, 634 Manzano NE

--(shares parking lot with Truman Clinic): **515-3919, M-F 8-5**

Central Clinic (for families only), 7317 Central NE

---Pediatrics & prenatal: **Mon-Th 8am – 6pm, Fri 8am – 5pm**

All Nations Wellness Center, 6416 Zuni SE **717-2704**

---Mon to Fri: Breakfast (**8:00 – 9:30 am**); Lunch (**12 - 1:30 pm**)

---walk-in; phone use; Job help **M-F 9-12**

Vision Clinic, 505 Madeira Dr. SE, **944-7397 (M-F 8-5)**

Good Shepherd Center, 218 Iron SW 243-2527 x100

Mon/Tues/Wed/Fri meal for all (**2-3 pm**); **Sat Lunch: 11:30 - 12**

--Mail service for unhoused people **M-F, 2-3:30 pm** (bring ID)

--Clothing (men only) **Mon/Tues/Wed/Fri, 9-11 am**

--Overnight shelter for men--check in at **5 pm**--line begins 4:30

--**Reentry residential program** (60) days for unhoused men,

apply Monday to Friday, **2-3:00 pm** at **218 Iron SW**

(may be required to have some non-employment income)

--**Fresh Start Substance Use Recovery Program** for men,

6 month program--apply Mon to Fri, **9-11 am** at **218 Iron SW**

--Medical respite for men (medical provider referral only)

HopeWorks **242-4399**

Day Shelter, 1201 3rd St. NW, open **Mon-Fri, 7 am – 3 pm**

Meal **10 am - 12 pm**; phone use, showers (**8 am – 12 pm**);

Clothing **8 am – 12 pm**; mail & long-term storage **12 - 2 pm**

Client advocate **8:30-11:30 am Mon, Wed, Fri**: help with IDs,

Medicaid, SNAP; referrals; housing & shelter navigation;

referrals to HopeWorks Behavioral Health program

Note: Client Advocate days & hours will increase this Spring

New Day Youth Drop-In Center for ages **16-22 717-8371**

142 Truman St. NE (north of Central) -- **Tues-Fri 9:30 am - 5 pm**

The Harbour--a **NM Dream Center** drop-in for ages **14-21**

126 General Chennault NE, Wed to Fri 2-8 pm **900-3833**

The Rock at Noon Day, 2400 2nd St. NW

(north of I-40/south of Menaul)

Hours: Tues-Fri **9am–1pm**; Breakfast **9-9:30**, Lunch **12-12:30**;

Showers **9:00-10:30 am**; clothing **9–11 am**; Mail **9–1:00 pm**

Laundry Service first come, first served, beginning **9 am**;

Weekend hours: **9 am–1 pm** (meals only):

--every Saturday and Sunday: Lunch at **12 pm**;

--2nd & 4th Saturdays: Breakfast **9 am** & Lunch **12 pm**

Steelbridge **346-4673**

12-mo residential programs for men and women (Bible-based)

214 Coal SW – can apply online: mysteelbridge.org/apply or

call **Mon-Fri 8 am – 4 pm**, or walk in & ask for a paper application

Veterans Integration Center (VIC) M-F 8-4:30 296-0800

2701 Mulberry SE (turn south off Gibson, west of University Blvd,

just east of I-25,); veterans can call or walk in for intake to address

needs (including housing);

--Transitional housing for homeless veterans (all genders and can

be a family)

--SSVF: rental assistance and Rapid Rehousing for veterans and

families (best to call first) and other services

--food pantry Friday 10 am - 1 pm only for veterans and

widows/widowers of veterans, National Guard and Reserves

God's Warehouse will be moving to a new location

Heading Home- see Overnight Shelters--AOC men's shelter

and medical respite for men (if referred by medical provider)

NOTE: The **Albuquerque Indian Center** has closed down

OVERNIGHT SHELTERS for Unhoused

Gateway West (west side emergency shelter/CPLC)

for adult individuals and couples (no families), up to 2 pets;
Open 24/7 (3 meals/day); bus leaves from **6 to 8 am** to drop off
Bus Pickup sites for individual adults (& pets):
1st St NW @, **Indian School**: 7 days/wk hourly pickups 3-7 pm
HopeWorks, 1201 3rd St. NW (**3:15** pm Mon-Fri);
First Nations, 5608 Zuni SE (on Palomas) (**6:30** pm 7 days/wk)

Family Housing Navigation Center/YDI: – no self-referrals;
to refer a homeless family (1 or 2 parent), use the online referral
form at gatewayservicescabq.com

Gateway Center – no self-referrals; separate 90 day programs for
men and women; to refer an individual adult, use an online referral
form at gatewayservicescabq.com (separate referrals for women
and men).

Young Adult Housing Navigation Campus (Gateway Young Adult) is a transitional (90-day) program for adults ages 18-25.
The online referral form will be posted on
gatewayservicescabq.com as soon as this program is open to
referrals. (No self-referral) – opening in February or March

AOC Men's Shelter/Heading Home **344-4340**
Located at **715 Candelaria NE**, but **no walk-ins**
Best time to call to ask for a bed is 8 am, 7 days/wk
--medical respite for men (medical provider referral only)

Good Shepherd Center (men) 218 Iron SW
--Overnight shelter 7 nights, check in at **5 pm**—line begins at **4:30**
--**Reentry residential program** (60) days for unhoused men,
apply Monday to Friday, **2-3 pm** at **218 Iron SW**
(may be required to have some non-employment income)
--**Fresh Start Substance Use Recovery Program** for men,
6 month program--apply Mon to Fri, **9-11 am** at **218 Iron SW**
--Medical respite for men (medical provider referral only)

Barrett House (shelter for women & children--boys <18) (**not DV**)
No walk-ins - call **243-4887** daily 8 am-5 pm (7 days/week);
short wait list -- leave a message with name, phone number &
how many beds needed, then answer phone when they call you
--also, medical respite for women (medical provider referral only)

Joy Junction (women & families (1 or 2 parent), limited # of men)
--4500 2nd St. SW (call first—you can call 24/7 and they will run
a criminal background check) **877-6967**

Youth Shelters (also see "Drop-In Centers")

Amistad Shelter, ages **12–17** (24 hours 7 days/wk) **877-0371**
--YDI's crisis youth shelter (short-term, 14-30 days)
New Day Safe Home Shelter, ages **11–17** (24/7) **938-1060**
--Basic needs, stability & goal planning, connection to resources
Casa Q (24/7 for LGBTQ+ youth ages **14-17**) **872-2099**
--Shelter and Transitional Living Program (TLP)
See [referral page](#) and email form to referral@casaq.org

--**Human trafficking hotline (NM Dream Center)**--all ages
505-504-1301 (24/7 call or text)

DOMESTIC VIOLENCE SHELTERS (call 24/7)

Safe House (in Albuquerque) **247-4219**
Haven House (in Rio Rancho) **896-4869**
Valencia Shelter for DV (in Valencia County) **864-1383**

Pet Resources for Unhoused Persons

(Also see "Pet Resources for Low Income" section on p. 14)

Storehouse New Mexico, 106 Broadway SE (& Central)
Food boxes **Wed/Fri/Sat 9-12** **842-6491**
NM Street Pet Project @ Storehouse:

--**Free vaccination & microchip clinic** for unhoused persons'
pets will be held only the 3rd Saturday of March, April, Sept. and
October (9-12 at Storehouse)
--Pet food is given out at Storehouse the **3rd Friday of the month,**
9 am to 12 pm

--Food boxes for people are given out **Wed/Fri/Sat, 9-12**

Gateway West shelter: up to 2 pets allowed per resident

Victims of domestic violence (housed or unhoused) can call the
NM Coalition Against Domestic Violence, 505-246-9340, to
ask to have your pet safely sheltered.

Some options for phones (free or low cost)

--textnow.com offers free talk and text if you have access to Wi-Fi
--**Lifeline program: Assurance Wireless** offers free service or
\$10/year for unlimited text/internet if you have your own
smart phone: assurancewireless.com or **888-321-5880**
--You can set up a free **Google Voice** phone number once you
have a gmail address. (See YouTube for instruction videos)

Albuquerque Job Corps for ages 16-24

This is a 2 year trade and career preparation school with many
options:
--if needed, can get High School diploma or GED
--can board for free on campus (meals provided) or live off campus
--no felonies and no current involvement with the justice system
--drug tests assure sober campus (including no marijuana).
Apply online or refer someone: albuquerque.jobcorps.gov
Applications processed weekly year round.
Questions? Call **505-346-2562, ext. 1** (M-F 8 to 5)
(Do not call the 800- number on website, as it is a national
number)

Outreach Court for homeless or unstably housed adults with
misdemeanor charges and/or warrants – **must be** referred by a
staff member or volunteer who will submit an advocacy letter and
will start the referral with the online referral form (click on "Forms"):
metro.nmcourts.gov/services-programs/outreach-court/
Questions? Call **841-8142**