Albuquerque Bernalillo County Emergency Medical Services System Protocols and Guidelines

EMT - Basic / Intermediate & Paramedic
Revision Release: **November 21, 2016**

http://www.nmact.org/image/Albuquerque.jpg

Introduction

Bernalillo County is located in the middle Rio Grande Valley of the fifth largest state in the United States, New Mexico. Bernalillo County has the largest popultion in the State of New Mexico with 676,685 residents. This county covers 1,169 square miles with urban and rural facets that gives a broad stectum of EMS and Fire responses. The county logs over 125,000 calls per year and this number is exponetially increasing. The Bernalillo County EMS Protocols covers EMS Providers though out the county, including Albuquerque Fire Department, Bernalillo County Fire Department, Albuquerque Ambulance, Superior Ambulance and American Medical Response. The mission of the Bernalillo County EMS System is to provide high quality Emergency Medical Services with cutting edge technolgy and the most recent practices and standards of the EMS community.

This document is a tool to be used by the pre-hospital providers that operate in the Bernaillo County system. All providers that utilitize this document must understand that this protocol is ever evolving and influnce for change comes from the street providers, Paramedics and EMT's. If an individual provider would like to alter verbage in this document, sumbit that change to the Protocol Advisory Committee (PAC). The PAC committee is intended to bring all participating services together to manage the Bernalillo County EMS Protocols under the City of Albuquerque Boards and Commissions. Changes will be voted on at the PAC and brought to the Medical Control Board (MCB) for final approval. The MCB is a board of Physicians that represent each hospital in the Bernaillo County system. Changes approved at the PAC and brought to the MCB will be discussed, altered if necessay and approved if deamed by the Medical Control Board of Physicans to be medically accurate and rooted in evidence based medicine and common EMS practices nationwide. Changes will be made to this document twice a year, April 1st and October 1st.

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Airway Section [A]

A-1 Adult Foreign Body Airway Obstruction

Designation of Condition: Patient may present unable to speak, breathe or cough and may clutch his/her neck between the thumb and fingers. Movement of air will be absent in complete airway obstruction - a life-threatening emergency.

ALL PROVIDERS

- Establish level of responsiveness
- Determine history of witnessed or suspected aspiration

Conscious Patient

- If good air exchange, encourage the patient to cough as long as cough is persistent & effective and respiratory distress is minimal. Monitor closely and transport ASAP.
- If patient unable to speak or cough, or if poor air exchange (e.g., ineffective cough, significant stridor, cyanosis), treat as complete airway obstruction:
- Perform sub-diaphragmatic abdominal thrusts until obstruction is relieved or victim becomes unconscious. (Use chest thrusts in patients with marked obesity and during late stages of pregnancy.)

Unconscious Patient

- If event unwitnessed, establish unresponsiveness.
- Turn patient unto back as a unit, supporting head and neck. Patient should be face up with arms at side.
- Perform head-tilt/chin lift maneuver, if no trauma suspected. If trauma suspected, perform trauma jaw thrust. Maintain open airway. Look, listen, and feel for any signs of respiratory effort.
- Attempt to ventilate patient. If unable, reposition head and attempt to ventilate again.
- If unable to ventilate begin 2 minute cycle of CPR (30:2 compressions/ventilations). Prior to each ventilation cycle, attempt to visualize the airway. If a foreign object is visualized, perform finger sweep and remove object. If no object is visualized, do not perform blind finger sweep.

PARAMEDIC

Unconscious Patient

- If still unable to ventilate, perform direct laryngoscopy and attempt to visualize and remove obstruction. Use Magill forceps, if indicated, to retrieve foreign body.
- Minimize interruption of chest compressions while performing direct laryngoscopy.
- Intubate if necessary.
- Ventilate with high flow oxygen.
- If unable to visualize and remove obstruction, and still unable to ventilate or intubate, and patient condition is deteriorating, perform Cricothyrotomy.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 04/20/11	Revision # 4	Implemented 10/01/11

A-2 Pediatric Foreign Body Airway Obstruction

Designation of Condition: The infant/child may present with respiratory distress associated with coughing, wheezing, gagging or stridor. Movement of air will be absent in complete airway obstruction. This is a true life-threatening emergency.

ALL PROVIDERS

- Establish level of responsiveness.
- Determine history of witnessed or suspected aspiration: sudden onset of coughing, gagging, wheezing or stridor with respiratory difficulty.
- Consider epiglottitis, croup or other infections as an etiology, and refer to that specific protocol.

Conscious **INFANT** or **CHILD**

- If good air exchange, optimally position the patient and encourage the infant/child to persist with coughing as long as cough is effective and respiratory distress is minimal.
- Give oxygen via blow-by as tolerated.

Conscious **INFANT** with severe obstruction (increasing respiratory difficulty and ineffective cough)

- Deliver 5 back blows
- Deliver 5 chest thrusts
- Repeat sequence until foreign body is expelled or infant becomes unconscious

Conscious **CHILD** with severe obstruction (increasing respiratory difficulty and unable to speak or cough)

- Perform abdominal thrust maneuver until foreign body is expelled or child becomes unconscious

Unconscious **INFANT** or **CHILD**

- Check for foreign body. If visible, remove with finger sweep (no blind finger sweep if not visible).
- Open airway with head tilt-chin lift (use jaw thrust if trauma suspected).
- Attempt to ventilate. If unable, reposition airway and reattempt ventilation.
- If unable to ventilate, begin 2 minute cycle of CPR (15:2 compressions/ventilations). Prior to each ventilation cycle, attempt to visualize the airway. If the foreign object is visualized, perform finger sweep and remove object. If no object is visualized, do not perform blind finger sweep.

PARAMEDIC

Unconscious **INFANT** or **CHILD**

- Direct laryngoscopy should be done if unable to adequately ventilate. Use Magill forceps to retrieve foreign body if it is visible. Minimize interruption of chest compressions while performing direct laryngoscopy. Ventilate with BVM with high flow oxygen or mouth to mask.
- Ventilate for gentle chest rise.

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A-3 Pediatric Croup, Epiglottitis

Designation of Condition: When severe, patient will be stridorous and in respiratory distress. Remember to consider foreign body aspiration in your differential diagnosis. Watch for drooling (common in epiglottitis), and listen for a barking cough (common in croup).

ALL PROVIDERS

- Keep patient comfortable and quiet with parent. No invasive procedures.
- Allow patient to assume position of comfort.
- Administer cool humidified oxygen or nebulized saline.
- Monitor HR and respirations continuously.
- In the event of respiratory arrest or extremis:
  - Provide positive pressure ventilation with BVM using high flow oxygen.
- Transport ASAP
- Call ahead to receiving facility ASAP.

PARAMEDIC

- If patient is in significant respiratory distress, and has audible stridor AT REST (i.e., when not crying), administer one dose only of nebulized Epinephrine (1:1000)
- Contact MCEP if repeat dosing required.
- If unable to adequately ventilate with BVM, consider Extraglottic Airway Device.

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Cardiac Pulmonary Resuscitation Section [C]

Adult Continuous Compressions Cardiac Arrest

Inclusion criteria: ≥ 8 years old

Provider Witnessed Cardiac Arrest

Initiate compressions

- Attach pads, analyze rhythm
- Check pulse (<10 sec)
- Shock if indicated
  - No pulse check after shock

200 compressions

- IV/IO
- NPA/OPA
- NRB @ 15 lpm
- EtCO2 (if available)

Drugs: Refer to specific protocol for the presenting rhythm

At 175 compression, pre-charge the monitor to 360J (LP15) or 200J (Zoll)

Analyze rhythm, check pulse (<10sec)

If indicated, SHOCK

No pulse check after shock

200 compressions

Repeat previous sequence

200 compressions

Initiate airway management:
Ventilate with a BVM
Give asynchronous ventilations at a rate of 8-10 bpm and progress to an advanced airway

Continue with 200 compressions, pre-charging and shocking if necessary for the duration of the code or achievement of ROSC

Provider Unwitnessed Cardiac Arrest

Initiate compressions

- Attach pads
- IV/IO
- NPA/OPA
- NRB @ 15 lpm
- EtCO2 (if available)

Drugs: Refer to specific protocol for the presenting rhythm

At 175 compression, pre-charge the monitor to 360J (LP15) or 200J (Zoll)

Analyze rhythm, check pulse (<10sec)

If indicated, SHOCK

No pulse check after shock

200 compressions

Repeat previous sequence

200 compressions

Initiate airway management:
Ventilate with a BVM
Give asynchronous ventilations at a rate of 8-10 bpm and progress to an advanced airway

Continue with 200 compressions, pre-charging and shocking if necessary for the duration of the code or achievement of ROSC

Cardiac arrest due to respiratory arrest

Treatment this patient per the witnessed or unwitnessed cardiac arrest protocol with the following exceptions:

Initiate immediate airway management:
Ventilate with a BVM
Give asynchronous ventilations at a rate of 8-10 bpm and progress to an advanced airway

Visualize with a laryngoscope blade and the use of a Magills may be necessary based on HxPI.

Consider A-1: Foreign Body Airway Obstruction protocol

Key Points

- All codes should be run in paddles view to gather information CodeStat (LP15)
- If emesis is present, suction immediately
- If patient is pregnant, manually shift fetus to the left lateral side to restore IVC blood flow back to the heart
- Compression should be delivered at a rate of at least 100 compressions per minute

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Children and Infant Cardiac Arrest

Inclusion criteria: 1 month to 7 years old

Provider Witnessed Cardiac Arrest

Initiate compressions

- Attach pads, analyze rhythm
- Check pulse (<10 sec)
- Shock if indicated
  - No pulse check after shock

Initiate compressions in a 15:2 compression / ventilation ratio (10 cycles or 2 minutes)

- IV/IO
- NPA/OPA
- Child BVM ventilations
- EtCO2 (if available)

Drugs: Refer to specific protocol for the presenting rhythm

At the start of the fourth cycle of compressions, pre-charge the monitor to 4J/kg (LP15 or Zoll)

Analyze rhythm, check pulse (<10sec)

If indicated, SHOCK

No pulse check after shock

15:2 Compressions / Ventilations

Repeat previous sequence

Continue with 15:2 compressions / ventilations, pre-charging and shocking if necessary for the duration of the code or achievement of ROSC

Initiate airway management:
Ventilate with a child BVM
Give asynchronous ventilations at a rate of 12-20 bpm

Provider Unwitnessed Cardiac Arrest

Initiate compressions

- Attach pads
- IV/IO
- NPA/OPA
- NRB @ 15 lpm
- EtCO2 (if available)

Drugs: Refer to specific protocol for the presenting rhythm

At the start of the fourth cycle of compressions, pre-charge the monitor to 4J/kg (LP15 or Zoll)

Analyze rhythm, check pulse (<10sec)

If indicated, SHOCK

No pulse check after shock

15:2 Compressions / Ventilations

Repeat previous sequence

Continue with 15:2 compressions / ventilations, pre-charging and shocking if necessary for the duration of the code or achievement of ROSC

Initiate airway management:
Ventilate with a child BVM
Give asynchronous ventilations at a rate of 12-20 bpm

Cardiac arrest due to respiratory arrest

Treatment this patient per the witnessed or unwitnessed cardiac arrest protocol with the following exceptions:

Initiate airway management:
Ventilate with a child BVM
Give asynchronous ventilations at a rate of 12-20 bpm

This age of patient has a high likelihood of airway obstruction

Visualize with a laryngoscope blade and the use of a Magills may be necessary based on HxPI.

Consider A-1: Foreign Body Airway Obstruction protocol

Key Points

- All codes should be run in paddles view to gather information CodeStat (LP15)
- If emesis is present, suction immediately
- Pediatric pads should be used with pediatric patients
  - If not available, use adult pads
- Compression should be delivered at a rate of at least 100 compressions per minute

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Neonate Cardiac Arrest

Inclusion criteria: Newborn to 1 month old

Provider Witnessed Cardiac Arrest

Initiate compressions

- Attach pads, analyze rhythm
- Check pulse (<10 sec)
- Shock if indicated
  - No pulse check after shock

Initiate compressions in a 3:1 compression / ventilation ratio (2 minutes)

- IV/IO
- NPA/OPA
- Neonate BVM ventilations
- EtCO2 (if available)

Drugs: Refer to specific protocol for the presenting rhythm

Pre-charge the monitor at 1:45 into compressions to 4J/kg (LP15 or Zoll)

Analyze rhythm, check pulse (<10sec)

If indicated, SHOCK

No pulse check after shock

3:1 Compressions / Ventilations (2 minutes)

Repeat previous sequence

Continue with 3:1 compressions / ventilations ratio, pre-charging and shocking if necessary for the duration of the code or achievement of ROSC

Initial airway management:
Ventilate with a child BVM
Give asynchronous ventilations at a rate of 30 bpm

Provider Unwitnessed Cardiac Arrest

Initiate compressions

- Attach pads
- IV/IO
- NPA/OPA
- Neonate BVM ventilations
- EtCO2 (if available)

Drugs: Refer to specific protocol for the presenting rhythm

Pre-charge the monitor at 1:45 into compressions to 4J/kg (LP15 or Zoll)

Analyze rhythm, check pulse (<10sec)

If indicated, SHOCK

No pulse check after shock

3:1 Compressions / Ventilations (2 minutes)

Repeat previous sequence

Continue with 3:1 compressions / ventilation, pre-charging and shocking if necessary for the duration of the code or achievement of ROSC

Initial airway management:
Ventilate with a child BVM
Give asynchronous ventilations at a rate of 30 bpm

Cardiac arrest due to respiratory arrest

Treatment this patient per the witnessed or unwitnessed cardiac arrest protocol with the following exceptions:

Initial airway management:
Ventilate with a child BVM
Give asynchronous ventilations at a rate of 30 bpm

This age of patient has a high likelihood of airway obstruction

Visualize with a laryngoscope blade and the use of a Magills may be necessary based on HxPI.

Consider A-1: Foreign Body Airway Obstruction protocol

Key Points

- A LP metronome will NOT be used on a Neonate
- A 3:1 C:V ratio is recommended with 90 compressions and 30 breaths to achieve approximately 120 events per minute to maximum ventilation at an achievable rate
- All codes should be run in paddles view to gather information CodeStat (LP15)
- If emesis is present, suction immediately
- Pediatric pads should be used with pediatric patients
  - If not available, use adult pads

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Adult Cardiac Section [AC]

AC-1 Adult Cardiac Section

ALL PROVIDERS

Introduction: The cardiac patient must be reassessed frequently and prior to/post each therapeutic intervention. Consider the possibility that an underlying medical condition or medications may be contributing to the problem.

- All cardiac patients will be given oxygen at a flow rate sufficient to treat any component of shortness of breath or hypoxia. If the patient *is not* short of breath or hypoxic, a nasal cannula at a flow rate of 2 liters per minute is recommended. Cardiac patients should be allowed to seek a position of comfort, usually fowlers, unless they are in shock, in which case the supine position is preferred.
- An IV/IO of NS or saline lock should be initiated.
- Patients in cardiac arrest should be managed in the field; all other cardiac patients require minimal scene times and expeditious transport.
- If the patient has a return of spontaneous circulation (ROSC) (sustained palpable pulses and measurable blood pressure), (s) he should be transported to a core facility (VAMC, Pres DT, UNMH or Heart Hospital of New Mexico). All other patients in cardiac arrest should be transported to the nearest appropriate medical facility. The transporting crew may opt to transport to nearest facility depending on circumstances.
- All patients in cardiac arrest require immediate CPR, basic airway management and ventilations with oxygen (see protocol C-1). CPR and initial defibrillation (if indicated) take precedence over advanced airway management unless the airway cannot be managed with BLS maneuvers.
  - Defibrillation of the VF/pulseless VT patient should occur ASAP on all EMS provider witnessed arrests.
- In all cardiac arrest situations, consider treatable causes, H's and T's:
  - Hypoxia
  - Hypovolemia
  - Hypothermia
  - Hyper / Hypokalemia
  - Hydrogen ions [metabolic acidosis]
  - Tension pneumothorax
  - Tamponade
  - Thrombosis [AMI or PE]
  - Toxins / Tablets
  - Trauma

PARAMEDIC

Resuscitation efforts may be terminated in the field with MCEP approval if the following conditions apply:

- ALS interventions have been implemented for at least **30 minutes**, and
- No return of spontaneous circulation (ROSC) occurred, and
- The terminal rhythm is asystole
- The arrest is not the result of hypothermia
- Any patient who presents in the following rhythm at any point during the resuscitation will be resuscitated on scene for a minimum of **40 minutes**:
  - Ventricular Fibrillation
  - Ventricular Tachycardia
  - PEA > 40 bpm
- All LVAD patients in cardiac arrest must be transported.

Continuous Quantitative Waveform EtCO2 Monitoring in Cardiac Arrest (if available)

- All patients in cardiac or respiratory arrest shall be placed on Continuous Quantitative Waveform Capnography.
- An abrupt sustained increase in $EtCO_2$ during CPR should be considered an indicator of ROSC in all patients with an advanced airway (ETT or Extraglottic Airway Device) and continuous quantitative capnographic monitoring in place. If providers see an organized rhythm and an abrupt, sustained increase in $EtCO_2$, complete cycle of CPR and check pulse.
- If no pulse is palpable but the increase in $EtCO_2$ is sustained, resume CPR and treat as CARDIOGENIC SHOCK (AC-6) rather than PEA. Conversely, an abrupt sustained decrease in $EtCO_2$ after ROSC may indicate re-arrest. If this occurs, assess patient status.
- Cardiac Arrest Patients with ETCO2 levels above **30 mmHg** should be worked on scene until ROSC is achieved. After 30 minutes a UNM Consortium physician will be contacted for consult.

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AC-2 Analgesia or Sedation for Transcutaneous Pacing

Designation of Condition: The patient who meets the criteria for transcutaneous pacing may experience discomfort during this procedure caused by chest wall skeletal muscle contraction. Analgesia is the preferred method of pain management.

PARAMEDIC

- Administer narcotics per the MISC-2 Pain Management protocol (Morphine and Fentanyl).
- If narcotic administration is contraindicated (e.g., patient allergy, hypotension, etc.), sedation may be utilized instead of analgesia:
  - Administer Benzodiazepine per the MISC-8 Benzodiazepine protocol (Diazepam and Midazolam)

Contact MCEP

- If the patient is experiencing intolerable pain despite adequate analgesia, contact MCEP to discuss the need for additional sedation
  - Combining analgesia with sedation can be dangerous and is strongly discouraged due to respiratory depression and hypotension.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 04/30/15	Revision # 3	Implemented 10/01/15

AC-3 Asystole

Designation of Condition: The patient will be unconscious, unresponsive, pulseless, apneic, and show asystole on the monitor (confirmed with six-second strip).

ALL PROVIDERS

- Confirm patient is unresponsive, has apneic/agonal respirations and is pulseless
- Begin CPR (see protocol C-1)
- Apply monitor/AED to confirm rhythm
- Consider placement of advanced or Extraglottic Airway Device in accordance with protocol C-1 and applicable airway protocols, allowing no disruption of chest compressions during placement
- Check rhythm/pulse every 200 compressions (2 minutes)
- In all cardiac arrest situations, consider treatable causes, H's and T's:
  - Hypoxia
  - Hypovolemia
  - Hypothermia
  - Hyper / Hypokalemia
  - Hydrogen ions [metabolic acidosis]
  - Tension pneumothorax
  - Tamponade
  - Thrombosis [AMI or PE]
  - Toxins / Tablets
  - Trauma

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Epinephrine 1 :10,000

PARAMEDIC

- If electrical activity returns but patient remains pulseless, proceed to appropriate algorithm.
- Contact MCEP for possible D/C order if no ROSC and the patient remains in asystole after **30** minutes of ALS resuscitative efforts.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 07/26/14	Revision # 6	Implemented 04/01/2015

AC-4 Atrial Fibrillation & Atrial Flutter

Designation of Condition: The patient will have a rapid heart rate (often greater than 150 bpm) with Atrial Flutter or Atrial Fibrillation on the ECG or 12 Lead ECG (if available).

ALL PROVIDERS

- Obtain a complete set of VS; apply O_2
- If the patient is hemodynamically stable but has severe chest pain, administer chewable Aspirin PO and refer to AC-8 Myocardial Infarction.
- If patient is significantly SOB with rales on auscultation, refer to AC-9 Pulmonary Edema/Congestive Heart Failure.

INTERMEDIATE AND PARAMEDIC

- IV NS or saline lock

PARAMEDIC

HEMODYNAMICALLY STABLE:

- Obtain 12 lead ECG.

HEMODYNAMICALLY UNSTABLE with decreased mental status:

- Perform synchronized cardioversion
- If sedation prior to cardioversion is considered necessary:
  - Administer sedation (Diazepam or Midazolam) per the MISC-8 Benzodiazepine protocol

Atrial Fibrillation - Synchronized cardioversion at:

- Monophasic and Medtronic biphasic: 100 joules; increase to 200, 300, 360 joules in subsequent cardioversions PRN
- Zoll biphasic 50 joules; increase to 75, 120, 150, 200 joules in subsequent cardioversions PRN

Atrial Flutter - Synchronized cardioversion at:

- Monophasic and Medtronic biphasic: 50 joules; increase to 100, 200, 300, 360 joules in subsequent cardioversions PRN
- Zoll biphasic 20 joules; increase to 50, 75, 120, 150, 200 joules in subsequent cardioversions PRN

- Be aware that cardioversion of the patient who has not been adequately anti-coagulated carries a significant risk of embolic stroke and pulmonary embolism. Patients with symptoms >48 hours are at greatest risk. Consider rapid transport and MCEP consultation prior to cardioversion if time permits. If cardioversion cannot be delayed, assess post cardioversion for possible stroke/PE symptoms.

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AC-5 Symptomatic Bradycardia

Designation of Condition: The patient will present with a hemodynamically unstable bradycardia (BP <90 mmHg systolic and a heart rate typically <50 bpm) with associated signs and symptoms of hypoperfusion (decreased or altered LOC, chest pain, shortness of breath, acute heart failure or other SxS of shock).

ALL PROVIDERS

- ABC's; oxygen
- Obtain a complete set of vital signs.
- If patient complains of chest pain and can maintain airway:
  - Administer chewable Aspirin

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

PARAMEDIC

- Monitor ECG
- Obtain 12 lead ECG unless patient condition warrants immediate intervention.
- Atropine:
  - The goal is a heart rate of at least 60 bpm and a blood pressure of 90 mmHg systolic (⇑LOC, ⇑hemodynamics).
  - In the setting of acute MI, cardiac transplant patients, third degree heart block or Mobitz type II second-degree heart block, Atropine should be used with caution, and only after attempts at transcutaneous pacing have failed.
- Transcutaneous Pacing: Pace at a rate of 60-70 bpm. Slowly increase current until electrical capture is achieved (evidenced by a wide QRS complex and tall, broad T wave following each pacer spike); then assess for mechanical ventricular capture (palpable pulses corresponding to all QRS complexes).
- If blood pressure remains low after mechanical capture confirmed, consider increasing pacer rate in 5-10 bpm increments to a maximum of 80 bpm. (Do not confuse chest wall skeletal muscle capture and contraction with mechanical ventricular capture and cardiac contraction.) Consider also patient's fluid status and the need for IV fluid administration.
- Peripheral IV access is required, as the patient may require analgesia per protocol AC-2. However, noninvasive pacing should not be delayed in order to initiate a peripheral IV. Ideally, both procedures should be performed simultaneously.
- If Atropine and/or pacing unsuccessful, consider a vasopressor agent if the patient's SBP is < 90mmHg.
  - Norepinephrine infusion (Levophed)

    OR
  - Epinephrine infusion

    OR
  - Epinephrine mini-bolus therapy

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 04/14/15	Revision # 8	Implemented 10/01/15

AC-6 Cardiogenic Shock

Designation of Condition: The patient will present with signs and symptoms of hypoperfusion usually accompanied by hypotension (BP <90 mmHg), shortness of breath often secondary to pulmonary edema (wet noisy respirations/crackles and, if severe, possibly pink frothy sputum), and other indicators of hypoperfusion such as confusion, decreasing LOC and diaphoresis. These signs and symptoms are usually observed in the setting of AMI and require expeditious transport.

ALL PROVIDERS

- Oxygen at a flow rate sufficient to maintain SpO_2 >94%.
- Allow the patient to seek a position of comfort (fowlers recommended if possible).
- Manage airway and provide BVM ventilatory assistance as necessary.
- Obtain a complete set of vital signs

INTERMEDIATE AND PARAMEDIC

- IV/IO NS TKO or saline lock
- If lung sounds are clear:
  - Administer a 5-10 ml/kg NS bolus

PARAMEDIC

- Monitor cardiac rhythm.
- Obtain 12 lead ECG.
- If no improvement with fluid bolus, or if fluids are contraindicated because of pulmonary edema:
  - Administer Norepinephrine infusion (Levophed)

  OR
  - Administer Epinephrine

  OR
  - Administer Epinephrine mini-bolus therapy

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 04/14/2015	Revision # 7	Implemented 10/01/2015

AC-7 Pulseless Electrical Activity

Designation of Condition: The patient will be unconscious, unresponsive, pulseless, apneic or breathing agonally, and show organized electrical activity on the monitor.

ALL PROVIDERS

- Confirm patient is unresponsive, has apneic/agonal respirations and is pulseless.
- Begin CPR (see C-1).
- Apply monitor/AED to confirm rhythm.
- Consider placement of advanced airway (Extraglottic Airway Device or ETT) in accordance with protocol C-1 and applicable airway protocols, allowing no/minimal disruption of chest compressions during placement.
- Check rhythm/pulse every 2 minutes.
- In all cardiac arrest situations, consider treatable causes, H's and T's:
  - Hypoxia
  - Hypovolemia
  - Hypothermia
  - Hyper / Hypokalemia
  - Hydrogen ions [metabolic acidosis]
  - Trauma
  - Tension pneumothorax
  - Tamponade
  - Thrombosis [AMI or PE]
  - Toxins / Tablets

INTERMEDIATE AND PARAMEDIC

- IV/IO NS (at least one large bore)
- If hypovolemia or cardiac tamponade suspected, begin fluid bolus of 20 ml/kg with frequent reassessment.
- Administer Epinephrine 1:10,000

PARAMEDIC

- Suspected hyperkalemia (e.g. dialysis or renal patient with or without sine wave or widened QRS)
  - Treat per the M-20 Hyperkalemia protocol

- Suspected calcium channel blocker overdose
  - Administer 10% Calcium Chloride or Calcium Gluconate

- If suspected TCA Overdose:
  - Treat per the M-8 Drug Overdose protocol

- Suspected tension pneumothorax (absent unilateral lung sounds and in PEA arrest)
  - Perform needle thoracotomy procedure

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/19/2016	Revision # 8	Implemented 12/01/2016

AC-8 Myocardial Infarction

Designation of Condition: A chief complaint, which has signs and symptoms suggestive of AMI. Patient may present with one or more of the following: chest or epigastric pain/discomfort (radiating or non-radiating), discomfort or altered sensations to neck, jaw, either shoulder/arm or into the back. There may be complaints of SOB, weakness, diaphoresis, syncope, nausea and/or vomiting.

ALL PROVIDERS

Oxygen therapy:

- If appropriate, obtain room air O2 sat and give O2 at a flow rate sufficient to maintain SpO2 >94%
- Allow patient to assume position of comfort.
- Baseline vital signs
- **Acquire 12 lead ECG within first 5 minutes of patient contact**. Early ED Notification and Cath Lab Activation are imperative when the 12 lead ECG interpretation displays "Meets ST Elevation MI Criteria". The EMS provider on scene should contact the receiving hospital as soon as possible and provide the following information:
    - Declare "STEMI Alert"
    - Patient age, gender
    - Patient's cardiologist/cardiology group (if known)
    - ETA
    - Transmitted 12 Lead ECG to the receiving hospital (if capable)
- If acute MI is suspected and no transport unit is available, the rescue unit should transport the patient without delay.
- Administer chewable Aspirin PO
- Document clearly if patient has taken Aspirin after onset of symptoms.
- Initiate immediate transport if "STEMI criteria" is met.
- If possible, keep patient on EMS stretcher until patient is transferred to Cath Lab team.
- If possible, keep patient on original cardiac monitor from first patient contact to transfer of patient to hospital staff.
    - If monitor change occurs, acquire a new baseline 12 lead.

INTERMEDIATE

- IV/IO NS or saline lock
- Titrate fluid to patient vital signs.
- Administer the following after MCEP consultation:
    - Administer Nitroglycerine
    - Pain Management per MISC-2 (Morphine and Fentanyl)

PARAMEDIC

- Monitor cardiac rhythm.
- If the first-arriving agency is not the transport agency, and the first-arriving agency acquires a 12 lead ECG, the transport agency will deliver a copy of the first 12 lead ECG to the hospital (along with subsequent 12 lead ECGs) and will record the time of acquisition of the first 12 lead ECG in the patient's chart.
- If 12 lead ECG interprets "Meets ST Elevation MI Criteria" (or if history, physical exam and/or ECG findings are suspicious of an ischemic cardiac event), limit scene times and initiate rapid transport to a core cath lab facility (VAMC, UNMH, Pres DT, HHNM).
- In the setting of acute right ventricular MI, if patient is hypotensive administer 1-2 (250 cc) fluid challenges. If pain continues follow MISC-2 Pain Management Protocol (Morphine and Fentanyl)

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 12/15/15	Revision # 22	Implemented 04/01/16

AC-9 Pulmonary Edema, Congestive Heart Failure

Designation of Condition: The patient will present with shortness of breath and rales (wet noisy respirations/crackles). Pink frothy sputum is a classic sign but usually absent. The patient will often appear anxious, pale, clammy and acutely dyspneic/tachypneic. Individuals will avoid recumbency, and attempt to sit upright. Signs of right heart failure may also be present (jugular venous distention and dependent edema). Most patients will have a history of CHF, but if not, consider an acute, concomitant precipitating cause (e.g., cardiac ischemia or valvular failure).

ALL PROVIDERS

- High flow oxygen
- Allow the patient to seek a position of comfort (fowlers recommended if possible).
- Manage airway and ventilations as necessary. Consider need for BVM assist.
- Obtain a baseline set of vital signs.
- If patient has chest pain, administer chewable Aspirin.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS TKO or saline lock

PARAMEDIC

- Monitor cardiac rhythm.
- Acquire 12 lead ECG. If 12 lead ECG interprets as “Acute MI Suspected”, “Meets ST Segment Criteria”, (or if history, physical exam and/or ECG findings are suspicious of an ischemic cardiac event), see protocol AC-8.
- Administer Nitroglycerine until the shortness of breath is relieved. Monitor BP closely after each dose.
- If available, consider CPAP in patients with severe respiratory distress.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 08/21/2013	Revision # 6	Implemented 10/01/2013

AC-10 Sinus Tachycardia

Designation of Condition: The patient has a pulse and heart rate over 100 (usually 100-160) and p-waves preceding each QRS complex.

ALL PROVIDERS

- ABC's
- Apply oxygen as indicated.
- Obtain full set of vital signs.
- Treat the underlying cause (e.g., hypoxia, hypovolemia, shock, hypoglycemia, pain, fever or anxiety) when possible. Consider medication/drug-mediated tachycardia.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock PRN

PARAMEDIC

- Monitor ECG
- Consider obtaining 12 lead ECG

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 04/20/11	Revision # 1	Implemented 10/01/11

AC-11 Supraventricular Tachycardia

Designation of Condition: The patient will have a regular heart rate greater than 150 beats per minute with a supraventricular focus. P-waves will not be present. QRS complexes are most often narrow (< 0.10 sec), but may be wide if patient has pre-existing ventricular conduction defect or reentrant conduction via accessory pathway.

ALL PROVIDERS

- ABCs
- Apply oxygen as indicated.
- Obtain a complete set of vital signs.
- If patient is experiencing chest pain, administer chewable Aspirin.

INTERMEDIATE AND PARAMEDIC

- Proximal IV NS

PARAMEDIC

- Monitor ECG (activate paper recorder prior to and during any procedure)

If the patient is HEMODYNAMICALLY UNSTABLE and has decreased mental status, perform immediate synchronized cardioversion:

- Initial energy level:
  - Medtronic biphasic: 100 joules
  - Zoll biphasic: 75 joules
- Subsequent energy levels:
  - Medtronic biphasic: 200, 300, 360 joules
  - Zoll biphasic: 120, 150, 200 joules

If sedation prior to cardioversion is considered necessary:

- Administer sedation per the MISC-8 Benzodiazepine protocol (Diazepam or Midazolam)

If the patient is HEMODYNAMICALLY STABLE, awake and alert, and suffering ischemic chest pain or severe SOB, administer Adenosine.

- Obtain 12 lead ECG prior to conversion attempt.
- Administer Adenosine sequence

If the patient is HEMODYNAMICALLY STABLE, without significant associated symptomology:

- Obtain 12 lead ECG prior to conversion attempt.
- Consider Valsalva maneuver, with patient in slight Trendelenberg.
- Transport to the hospital ASAP.

Consider MCEP contact for possible Adenosine order only for the following:

- Transport time is expected to be prolonged
- Patient has a history of SVT responsive to Adenosine, or
- An emergent need for chemical cardioversion is deemed necessary (e.g., patient has history of significant CAD)

Provide copies of pre-conversion, conversion and/or post-conversion rhythm strips (and 12 lead ECGs) to receiving ED. Originals will be reviewed by routine QA process.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 07/13/15	Revision # 7	Implemented 10/01/15

AC-12 Ventricular Fibrillation/Pulseless Ventricular Tachycardia

Designation of Condition: The patient is unconscious, unresponsive, has apneic/agonal respirations, is pulseless, and the monitor displays ventricular fibrillation or ventricular tachycardia.

ALL PROVIDERS

IF WITNESSED:

- Begin CPR, activate metronome and defibrillate ASAP

IF UNWITNESSED:

- Perform 200 compressions and defibrillate using AED or manual defibrillator (Paramedic Only) (see C-1 CPR).
- Initial defibrillation and all subsequent defibrillations:
  1. Device specific maximum joule setting
     - PhysioControl biphasic (manual or AED): 360 joules
     - Zoll biphasic (manual or AED): 200 joules

- Immediate resumption of CPR for 200 compressions
- Check rhythm
- Defibrillate
- Immediate resumption of CPR for 200 compressions
- Check rhythm
- Defibrillate
- Continue cycle for the remainder of the cardiac arrest
- Consider placement of an advanced or Extraglottic Airway Device in accordance with procedure document and applicable airway protocols, allowing no disruption of chest compressions during placement.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS as soon as possible
- Administer Epinephrine 1:10,000 ASAP
- Incorporate pattern of defibrillation -- immediate resumption of CPR for 200 compressions -- drug administration during CPR -- rhythm/pulse check.

PARAMEDIC

- Initiate appropriate anti-arrhythmic IV/IO therapy:
- Administer Lidocaine (Administer concurrently with Epinephrine):
- Continued VF or suspected Torsades de Pointes :
  - Administer Magnesium Sulfate
- If suspected hyperkalemia (e.g., dialysis patient with “sine-wave” pattern on monitor, or sino-ventricular rhythm):
  - Treat per the M-20 Hyperkalemia protocol
- If suspected TCA Overdose:
  - Treat per the M-8 Drug Overdose protocol

All patients in V-FIB or Pulseless V-Tach at any time will be resuscitated on scene for a minimum of 40 minutes.

- If sustained V-FIB or Pulseless V-Tach after 40 minutes contact UNM Consortium physician for consult.
- If ROSC occurs, see protocol AC-15 Cardiac Arrest - Post Resuscitation Care.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/19/16	Revision # 15	Implemented 12/01/2016

AC-13 Stable Ventricular Tachycardia

Designation of Condition: Sustained ventricular tachycardia (broad QRS tachycardia) will be present on the monitor. The patient will be conscious, alert, with a blood pressure greater than 90 mmHg, free of chest pain, without shortness of breath, and is not diaphoretic.

ALL PROVIDERS

- ABC's
- Apply oxygen.
- Obtain a full set of vital signs.
- Administer chewable ASA
- Apply defibrillation/cardioversion pads (may be done after 12 lead ECG if paramedic present).
- Initiate rapid transport.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

PARAMEDIC

- Provide continuous ECG monitoring.
- Obtain 12 lead ECG as soon as possible.
- Assess perfusion status at regular intervals. If patient condition deteriorates and becomes unstable: See AC-14.
- If Torsades de Pointes is present and the patient is hemodynamically stable:
  - Administer Magnesium Sulfate
- If suspected hyperkalemia (e.g., dialysis patient with “sine-wave” pattern on monitor, or sino-ventricular rhythm):
  - Treat per the M-20 Hyperkalemia protocol
- If suspected TCA Overdose:
  - Treat per the M-8 Drug Overdose protocol

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/19/16	Revision # 10	Implemented 12/01/16

AC-14 Unstable Ventricular Tachycardia

Designation of Condition: Sustained ventricular tachycardia (broad QRS tachycardia) will be present on the monitor. The patient will have a pulse. The patient will be hypotensive with decreased mental status, severe chest pain or significant SOB.

ALL PROVIDERS

- ABC's, oxygen
- Obtain a complete set of vital signs.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

PARAMEDIC

- Monitor ECG
- Perform immediate synchronized cardioversion or defibrillation per guidelines below.

If sedation prior to cardioversion/defibrillation is considered necessary:

- Administer sedation per the MISC-8 Benzodiazepine protocol (Diazepam or Midazolam)

Monomorphic VT

- Synchronized Cardioversion*:
  - Monophasic and Medtronic biphasic: 100 joules
  - Zoll biphasic: 75 joules
- If necessary proceed to:
  - Monophasic and Medtronic biphasic: 200, 300, 360 joules as needed
  - Zoll biphasic: 100, 120, 150, 200 joules as needed

*Deliver unsynchronized shock(s) if unable to sync.

Polymorphic VT

- Unsynchronized Defibrillation
  - Monophasic and Medtronic biphasic: 200 joules
  - Zoll biphasic: 120 joules
- If necessary proceed to:
  - Monophasic and Medtronic biphasic: 300, 360 joules as needed.
  - Zoll biphasic: 150, 200 joules as needed

If VT persists despite cardioversion/defibrillation:

- Administer Lidocaine
- Alternate Lidocaine administration with continued synchronized cardioversion at maximum joule setting until VT is terminated.

- If suspected hyperkalemia (e.g., dialysis patient with “sine-wave” pattern on monitor, or sino-ventricular rhythm):
  - Treat per the M-20 Hyperkalemia protocol

Consider Torsades de Pointes.

- Torsades may be caused by prolonged QT syndrome or medications such as tricyclic antidepressants, phenothiazines, non-sedating antihistamines and certain anti-arrhythmic drugs. Although it can be suppressed by Magnesium Sulfate, it will often recur unless the precipitating mechanisms are removed.

If the patient with Torsades de Pointes is HEMODYNAMICALLY UNSTABLE:

- Defibrillate as outlined above for polymorphic VT; escalate joule settings PRN.
- Administer Magnesium Sulfate

- If no change in rhythm, repeat defibrillation.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/19/16	Revision # 12	Implemented 12/01/16

AC-15 Cardiac Arrest - Post Resuscitation Care

Designation of Condition: Adult patient with return of pulses (ROSC) after cardiac arrest

ALL PROVIDERS

- Manage airway with basic adjuncts (OPA/NPA) and suction PRN.
- Avoid hyper-oxygenation. Administer oxygen sufficient to maintain SpO2 >94% up to 99%.
- If unconscious, assure proper placement of advanced airway (Extraglottic Airway Device or ETT). Ensure airway is not secured circumferentially around the soft tissue of the neck.
- Avoid hyperventilation; if patient requires assisted ventilation, ventilate10-12 times per minute with just enough volume to create visible chest rise.
- Apply capnography and print out ETCO2 waveform (If available)
- Monitor VS frequently.
- Check BGL; treat hypoglycemia per protocol M-5.
- If unconscious, allow permissive hypothermia: keep patient uncovered. Consider active hypothermia: apply cold packs to groin, axilla and side of neck.
- If unconscious, elevate head of gurney to 30° if possible.

INTERMEDIATE AND PARAMEDIC

- Verify patency of all IV/IO lines.
- Maintain SBP >90 mmHg if possible. If patient is hypotensive and lung sounds are clear, administer small (250 ml) normal saline boluses up to one liter. Auscultate lung sounds between boluses; stop fluid administration promptly if pulmonary edema develops.

PARAMEDIC

- Monitor cardiac rhythm.
- Obtain post-conversion 12 lead ECG as soon as possible; transmit to receiving facility if available.
- Transport patient to core facility with cardiac cath lab.
- If crystalloid therapy is contraindicated or fails to restore adequate blood pressure, treat per protocol AC-6 Cardiogenic Shock.
- If patient seizes, treat per protocol M-10 Convulsive Seizures, Status Epilepticus.
- If post-ROSC dysrhythmia occurs, treat per appropriate protocol.

MCB Action	Passed 09/20/06	Implemented 04/01/07	Revised 04/16/2016	Revision # 5	Implemented 10/01/2016

AC-16 Left Ventricular Assist Device (LVAD)

Designation of Condition: The patient will have an indwelling Left Ventricular Assist Device (LVAD), a mechanical pump implanted in the left ventricle to augment the pumping function of the heart. Patients and family members are trained on the device and troubleshooting techniques. Patients and family members are instructed to notify the VAD Coordinators at the implanting facility in case of emergency. EMS is often only activated by the patient or family if troubleshooting techniques fail or the patient experiences acute decompensation.

General considerations for LVAD patients

- LVAD patients are likely to have multiple medical problems in addition to cardiac problems
- In general, treat the patient's condition per the appropriate protocol unless directed otherwise by the patient's VAD coordinator, by MCEP consultation, or by the points below.
- Blood flow from an LVAD is continuous, not pulsatile. Pulses may not be palpable and BP may not be obtainable
- If unable to obtain pulse or blood pressure, use level of consciousness and skin color to determine adequacy of circulation
- Use care at all times not to pull on the power cord exiting the patient's abdomen (so as not to increase the risk of infection), and ensure the power cord is never cut.

General CONTRAINDICATIONS for LVAD patients

- DO NOT PERFORM CHEST COMPRESSIONS IF DEVICE IS RUNNING.
- Since the LVAD is directly inserted into the left ventricle and the aorta, chest compressions can dislodge the device and cause massive bleeding into chest.
- If patient is PULSELESS, UNRESPONSIVE, and device is NOT RUNNING, contact MCEP before initiating chest compressions
- CPAP is contraindicated because it may increase intrathoracic pressure and impede LVAD/heart function
- Nitrates and diuretics are contraindicated because they may worsen perfusion by affecting blood pressure and preload

ALL PROVIDERS

Call the VAD Coordinator for recommendations AS SOON AS a provider can be assigned to do so

- Contact MCEP if VAD Coordinator recommends treatment outside of the provider's scope of practice or comfort level.

Assess airway, breathing, circulation, and DEVICE status:

- Airway: assess and treat per appropriate protocol
- Breathing: Treat SOB/hypoxemia with appropriate oxygen administration to maintain SpO2 of 92% or greater
- Circulation: If unable to obtain pulse or blood pressure, use level of consciousness and skin color to determine adequacy of circulation

Device status:

- Listen to chest to hear device – it should make a whirring sound (silence means it is not running)
- Interpret any alarms with help from family and VAD coordinator
- Initiate urgent transport.

INTERMEDIATE AND PARAMEDIC

- If clinical signs and symptoms of poor perfusion: administer 500 ml normal saline boluses, even if peripheral edema is present

PARAMEDIC

- Monitor ECG

If patient is responsive:

- If crystalloid therapy fails to restore adequate perfusion, consider at vasopressor agent if the patient's SBP is <90mmHg:
- Administer Norepinephrine infusion (Levophed)
  OR
- Administer Epinephrine infusion
  OR
- Administer Epinephrine mini-bolus therapy

If patient is unresponsive:

- Follow standard protocol for ACLS per the presenting rhythm
- EXCEPTION: do not perform chest compressions if the device is running.

Device Difficulty or Failure

ALL PROVIDERS

- Coordinate with family and VAD coordinator. The family and patient are trained in all aspects of device troubleshooting, restart procedures, power issues and transport necessities.

Transport Considerations

ALL PROVIDERS

- If the device is being monitored locally, the patient should be transported to that facility - regardless of hospital status (unless black closure).
- If the patient is not being monitored locally, or if providers are unable to determine where the patient is being monitored, transport to the closest core cardiac facility.
- Early notification of the facility is critical because ED will need to coordinate with specialty physicians and staff to provide care.
- On arrival, remind the receiving staff of the function of the VAD as they may not be familiar with this. Remind them that pulse/BP may not be attainable due to the continuous flow state.
- Always allow family members trained on the device to accompany the patient during transport to function as the device liaison for EMS.
- Bring patient's backup batteries, external power source, and/or any other accessories deemed necessary by patient or family to the hospital with the patient.

MCB Action	Passed 07/18/12	Implemented 10/01/12	Revised 04/14/2015	Revision # 2	Implemented 10/01/2015

Pediatric Cardiac Section [PC]

PC-1 Pediatric Cardiac Section

Pediatric cardiac arrest is often a result of progressive respiratory failure or shock. When CPR is indicated, start compressions while immediately preparing to address airway, ventilation and oxygenation:

- Assure open airway
- Provide ventilations with BVM and supplemental oxygen

AED Guidelines:
Adult AED settings and pads should be used for children >8 years old. If a manual defibrillator is not available, pediatric AED settings and pads (if available) should be used for children age 1-8 and infants. If no pediatric AED is available, an adult AED may be used for children and infants.

In all cardiac arrest situations, consider treatable causes, H's and T's:

- Hypoxia
- Hypovolemia
- Hypothermia
- Hyper / Hypokalemia
- Hydrogen ions [metabolic acidosis]
- Tension pneumothorax
- Tamponade
- Thrombosis [AMI or PE]
- Toxins / Tablets
- Trauma

Resuscitation efforts may be terminated in the field with MCEP approval if the following conditions apply:

- ALS interventions have been implemented for at least 20 minutes, and
- No return of spontaneous circulation (ROSC) occurred at any time during the resuscitation, and
- The terminal rhythm is asystole or an agonal brady-asystolic rhythm (PEA) < 40 bpm, and
- The arrest is not the result of hypothermia

Cardiac resuscitation attempts will not be terminated without MCEP approval.

Definitions

Neonatal	Birth to 28 days
Infant	28 days to 1 year
Child	1 year or greater than 10 kg but less than 50 kg
Adolescent	Greater than 50 kg (treat as adult)

Pediatric Vital Signs Chart

Newborn	100 – 160	30 – 60	50 – 70
1 to 6 weeks	100 – 160	30 – 60	70 – 95
6 months	90 – 120	25 – 40	80 – 100
1 year	90 – 120	20 – 30	80 – 100
3 years	80 – 120	20 – 30	80 – 100
6 years	70 – 100	18 – 25	80 – 110
10 years	60 – 90	16 – 22	90 – 120
12 years	60 – 90	15 – 20	105 – 135

MCB Action	Passed 1/18/12	Implemented 04/01/2012	Revised 07/9/2015	Revision # 4	Implemented 10/01/2015

PC-2 Pediatric Asystole

Designation of Condition: The patient will be unconscious, unresponsive, pulseless, apneic, and show Asystole on the monitor (confirmed in at least 2 leads). Consider the possibility the rhythm is fine ventricular fibrillation, and if appropriate, proceed to ventricular fibrillation protocol.

ALL PROVIDERS

- Confirm patient is unresponsive, has apneic/agonal respirations and is pulseless.
- Begin CPR (see C-1 CPR).
- Apply monitor/AED to confirm rhythm.
- Consider hypoglycemia; check blood glucose level
- Check rhythm/pulse every 2 minutes.
- Consider need for placement of advanced airway in accordance with the applicable prcedure, C-1 and applicable airway protocols, allowing no/minimal disruption of chest compressions during placement.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Administer Epinephrine 1:10,000

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 02/19/2014	Revision # 5	Implemented 04/01/14

PC-3 Pediatric Bradycardia with Cardio-Respiratory Compromise

Designation of Condition: The patient will present with a hemodynamically unstable bradycardia and signs of poor perfusion (decreased LOC, hypotension, cyanosis/mottling/pallor, prolonged peripheral or core capillary refill, and weak/absent peripheral pulses). In pediatric patients, bradycardia most often results from respiratory failure.

ALL PROVIDERS

- Assure open airway and assess adequacy of ventilation.
- Administer high flow oxygen. Assist ventilations with BVM PRN.
- Assess vital signs.
- Consider hypoglycemia; check blood glucose level.
- Transport ASAP.

If severe cardio-respiratory compromise and heart rate is less than 60 bpm:

- Begin CPR (see C-1 CPR)
- Reassess after 2 minutes. If hemodynamic compromise persists, continue CPR.
- Consider need for placement of advanced airway in accordance with applicable procedure, C-1 and applicable airway protocols, allowing no/minimal disruption of chest compressions during placement.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Epinephrine 1:10,000

PARAMEDIC

- Monitor ECG.
- If Epinephrine is ineffective, consider Atropine or transcutaneous pacing (TCP) at age-appropriate rate.
- Atropine (for patients >6 months old)
  - In the setting of third degree heart block, Mobitz type II second-degree heart block, or for cardiac transplant patients, Atropine should be used with caution, and only after attempts at transcutaneous pacing have failed.
- Transcutaneous Pacing (TCP): Initiate pacing at age-appropriate rate if medications are ineffective or if Atropine is not indicated.
  - Analgesia for TCP:
    - Fentanyl
      - Children 2 years of age and older may receive Fentanyl to manage the pain of TCP. Do not administer Fentanyl until electrical and mechanical capture have been achieved and the patient's perfusion and mental status have improved. (If patient <2 years of age, MCEP order is required for analgesia.)

      OR
    - Morphine

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised: 02/19/2014	Revision # 4	Implemented 04/01/14

PC-4 Pediatric Pulseless Electrical Activity

Designation of Condition: Patient will be pulseless, apneic and unresponsive. The monitor will show an organized rhythm. Consider and expeditiously treat underlying causes such as hypovolemia, hypoxemia, acidosis, hypoglycemia, hypothermia, tension pneumothorax, cardiac tamponade, or drug overdose.

ALL PROVIDERS

- Confirm patient is unresponsive, has apneic/agonal respirations and is pulseless.
- Begin CPR (see C-1 CPR).
- Apply monitor/AED to confirm rhythm.
- Check rhythm/pulse every 2 minutes.

Consider treatable causes, H's and T's:

- Hypoxia
- Hypovolemia
- Hypothermia
- Hyper / Hypokalemia
- Hydrogen ions [metabolic acidosis]
- Tension pneumothorax
- Tamponade
- Thrombosis [AMI or PE]
- Toxins / Tablets
- Trauma

- Consider need for placement of advanced airway in accordance with applicable procedure, C-1 and applicable airway protocols, allowing no/minimal disruption of chest compressions during placement.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Administer Epinephrine
- Rapid fluid bolus, NS IV/IO 20 ml/kg; repeat PRN

PARAMEDIC

- If sodium channel blocking agent OD/ingestion is suspected (e.g., TCA, phenothiazines, beta blockers, antihistamines, cocaine, or Class 1 anti-arrhythmic agents such as procainamide, amiodarone [weak Class 1 effects], quinidine, disopyramide, lidocaine, flecainide or phenytoin)
  - Administer Sodium Bicarbonate
- Suspected hyperkalemia (e.g. dialysis or renal patient with or without sine wave or widened QRS)
  - Treat per the M-20 Hyperkalemia protocol

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/19/2016	Revision # 6	Implemented 12/01/16

PC-5 Neonatal Resuscitation

Designation of Condition: The patient is a newborn who requires resuscitative intervention. The extent and level of intervention is patient condition dependent.

ALL PROVIDERS

- DO NOT delay delivery if it appears imminent (see OB-2).
- Once neonate has delivered:
  - Suction mouth and nose PRN (ONLY if obvious obstruction or if BVM required)
  - Warm and dry baby, simultaneously providing tactile stimulation
  - Place in supine position and assure open airway
  - Clamp and cut umbilical cord
- Perform rapid assessment:
- Was baby born full term?
  - If less than 20 weeks gestation and pulseless/apneic, DO NOT resuscitate
- Is amniotic fluid clear?
- Is baby breathing well and/or crying?
- Does baby have good muscle tone?
- If HR >100 but infant has labored breathing:
  - Clear airway (if not already done)
  - Provide PPV with BVM, starting without supplemental oxygen (room air)
- If HR <100 OR infant gasping or apneic:
  - Clear airway (if not already done)
  - Provide PPV with BVM, starting without supplemental oxygen (room air)
- If HR remains <100 but >60 despite these actions for 30 seconds:
  - Ensure airway is open, mask seal is good, and chest rise is visible with PPV
  - Add 10 lpm supplemental oxygen to BVM
- If HR <60 despite resuscitative efforts above:
  - Begin CPR at a 3:1 compression-to-ventilation ratio using 2 thumbs-encircling hands technique
  - Ensure airway is open, mask seal is good, and chest rise is visible with PPV
  - Add 10 lpm supplemental oxygen to BVM if not already done
  - Consider advanced airway in accordance with applicable airway protocols
- Obtain a heel stick glucose reading
- Meconium: Use only a bulb syringe to clear secretions from the mouth and nose
  - Avoid prolonged suctioning; if infant becomes bradycardic, provide PPV with BVM (room air initially)
- Rapid transport to a facility with NICU

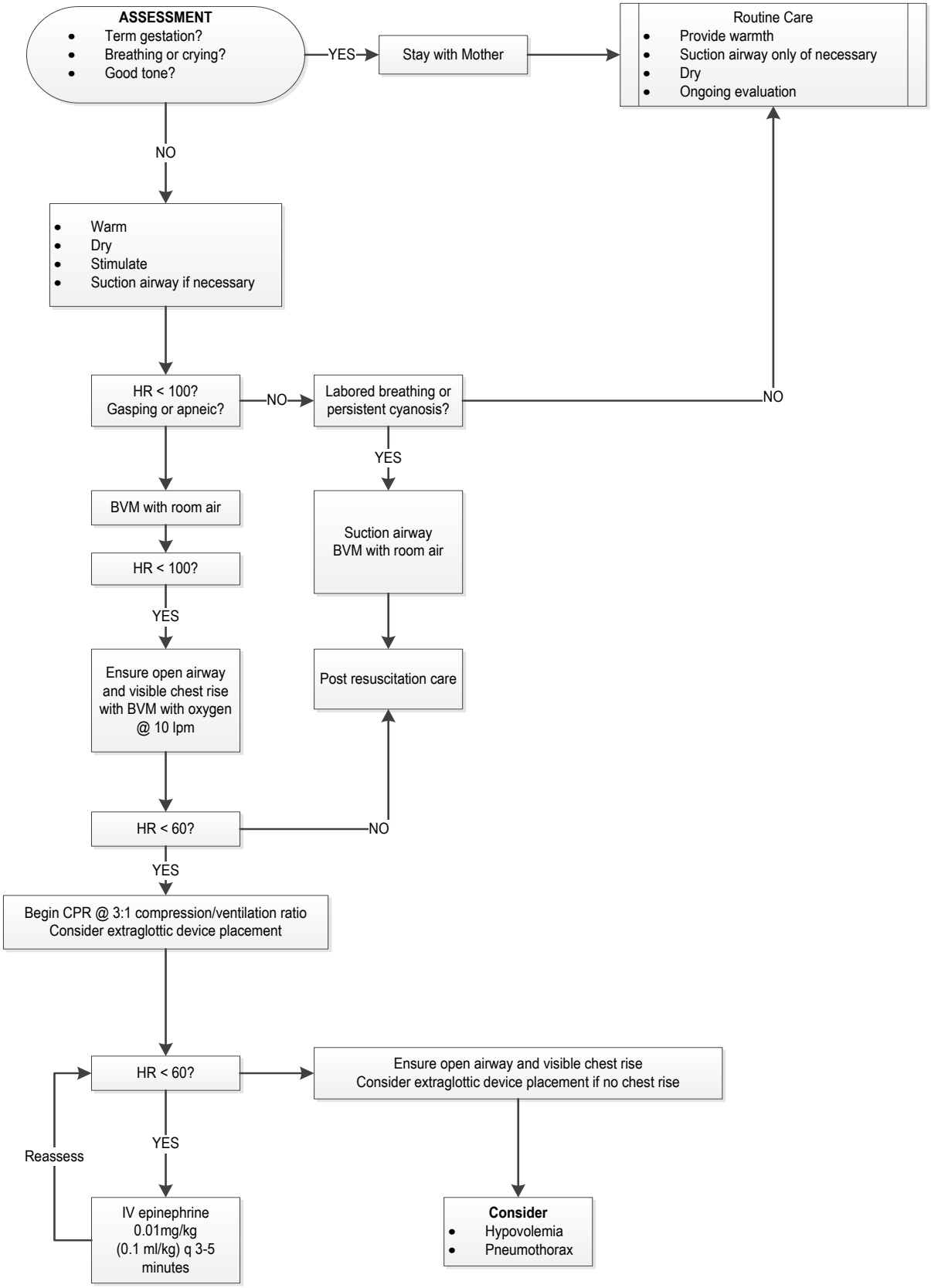
INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Administer 10 cc/kg NS bolus(es) if hypovolemia suspected
- Avoid rapid fluid delivery in preterm infants
- If BGL less than 45 mg/dl:
  - Neonate: Dextrose ($D_{10}W$)
- If CPR and BVM with supplemental oxygen do not raise HR >60:
  - Administer Epinephrine

PARAMEDIC

- Meconium:
  - Use only a bulb syringe to clear secretions from the mouth and nose. Avoid prolonged suctioning; if infant becomes bradycardic, provide PPV with BVM (room air initially)
- Monitor ECG

Newborn Resuscitation Algorithm



MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/20/2015	Revision # 11	Implemented 10/01/16

PC-6 Pediatric Sinus Tachycardia

Designation of Condition: The patient has a pulse and heart rate greater than normal range (see table below). The monitor will show a rhythm that is readily identifiable as sinus in origin (P waves present/normal).

ALL PROVIDERS

- Assure open airway; administer high flow oxygen.
- Obtain full set of vital signs.
- Assess for symptoms of hypotension or poor perfusion.
- Treat the underlying cause (e.g., dehydration, hypoxia, hypoglycemia, blood loss, pain, fever or anxiety) when possible.
- Transport

INTERMEDIATE AND PARAMEDIC

- IV/IO NS if appropriate

PARAMEDIC

- Monitor ECG
- Consider obtaining 12 lead ECG

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 01/18/2012	Revision # 1	Implemented 04/01/2012

PC-7 Pediatric Supraventricular Tachycardia

Designation of Condition: The patient will have a rapid heart rate (infant heart rate usually ≥220 bpm; child heart rate usually ≥180 bpm). The monitor will show a narrow QRS complex rhythm (≤ 0.09 sec) without P waves.

ALL PROVIDERS

- Assess ABCs, assure open airway, and provide high flow oxygen.
- Obtain a complete set of vital signs (LOC, RR, HR, skin color, lung sounds, capillary refill, pulse locations, SpO_2 and BP when possible).
- Minimize scene time
- Perform thorough exam, including physical assessment, AMPLE history and pain assessment.
- Reassess vital signs and perfusion status frequently.

INTERMEDIATE AND PARAMEDIC

- Proximal IV NS (or IO if appropriate)
- Consider need for fluid resuscitation (10-20 ml/kg bolus increments) en route.

PARAMEDIC

- Monitor ECG

HEMODYNAMICALLY UNSTABLE (decreased mental status, hypoperfusion, cyanotic, limp) perform immediate synchronized cardioversion:

- Initial energy level: 0.5 – 1 J/kg
- If unsuccessful, repeat at 2 J/kg

HEMODYNAMICALLY STABLE with appropriate mental status, but has concerning symptoms (e.g., SOB, CP, tachypnea) and in the paramedic's judgment requires prehospital chemical conversion with Adenosine, contact MCEP[1] for Adenosine orders:

- Acquire 12 lead ECG prior to conversion attempt
- Record continuous ECG strip during conversion attempt(s)
- Administer Adenosine first dose
- If unsuccessful, administer Adenosine second dose

Occasionally MCEP may order sedation and cardioversion rather than Adenosine. In those instances:

- Administer sedation (Diazepam or Midazolam) per MISC-8 Benzodiazepine protocol

If the patient is HEMODYNAMICALLY STABLE (appropriate mental status without concerning symptoms)

- Acquire 12 lead ECG (prior to any valsalva attempt)
- Transport to the hospital ASAP
- Consider valsalva maneuver with patient in Trendelenburg en route to hospital

Provide copies of pre-conversion, conversion and/or post-conversion rhythm strips (and 12 lead ECGs) to receiving ED. Originals will be reviewed by routine QA process.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 07/13/2015	Revision # 4	Implemented 10/01/2015

PC-8 Pediatric Ventricular Fibrillation-Pulseless Ventricular Tachycardia

Designation of Condition: The patient will be unconscious, unresponsive, apneic and pulseless. The monitor will show ventricular fibrillation or ventricular tachycardia (wide QRS >0.09 sec).

ALL PROVIDERS

- Confirm patient is unresponsive, has apneic/agonal respirations and is pulseless.
- Begin CPR (see C-1 CPR).
- Apply monitor/AED to confirm rhythm.
- Defibrillate as soon as possible:
    - 4 J/kg
- Resume CPR for 2 minutes.
- Check rhythm/pulse.
- Defibrillate as necessary at 4 J/kg for the duration of the cardiac arrest.
- Resume cycle of 2 minutes CPR -- rhythm/pulse check -- defibrillation PRN.
- Consider need for placement of advanced airway in accordance with applicable procedure, C-1 and applicable airway protocols, allowing no/minimal disruption of chest compressions during placement.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS as soon as possible
- Administer Epinephrine
- Incorporate pattern of defibrillation -- CPR for 2 minutes -- drug administration during CPR -- rhythm/pulse check

PARAMEDIC

- Any pediatric patient in persistent VF/pulseless VT should be transported.
- Initiate appropriate anti-arrhythmic therapy
    - Can be administered concurrently with Epinephrine.
- Administer Lidocaine
    - DO NOT ADMINISTER LIDOCAINE
    - If you suspect hyperkalemia (e.g., renal failure patients on dialysis) OR
    - If the underlying rhythm is believed secondary to an overdose by an agent that blocks sodium channels (e.g., tricyclic antidepressants, phenothiazines, B-blockers, antihistamines and cocaine).
        - These rare cases should have Sodium Bicarbonate administered as an alternative to Lidocaine.
- Suspected Torsades de Pointes :
    - Administer Magnesium Sulfate

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 11/09/2016	Revision # 7	Implemented 10/01/16

PC-9 Pediatric Ventricular Tachycardia

Designation of Condition: The patient will have a pulse and show sustained ventricular tachycardia (wide QRS >0.09 sec) on the monitor.

ALL PROVIDERS

- Assess ABCs, assure open airway, and provide high flow oxygen.
- Obtain a complete set of vital signs (LOC, RR, HR, skin color, lung sounds, capillary refill, waveform capnography, pulse locations, SpO_2 and BP when possible).
- Initiate rapid transport.
- Perform thorough exam, including physical assessment, AMPLE history and pain assessment.
- Reassess vital signs and perfusion status frequently.
- Consider early MCEP consult and explore underlying medical causes

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

PARAMEDIC

- Monitor ECG
- Administer sedation (Diazepam or Midazolam) per the MISC-8 Benzodiazepine protocol if necessary
  - Do not delay cardioversion for sedation purposes if clinically unstable

HEMODYNAMICALLY UNSTABLE (pulses present with signs of shock/poor perfusion)

Monomorphic VT:

- Synchronized cardioversion*** at 0.5 – 1 J/kg
- If unsuccessful, synchronized cardioversion at 2 J/kg
- ***Defibrillate if synchronized cardioversion is delayed

Polymorphic VT:

- Defibrillation at 2 J/kg
- If unsuccessful, defibrillation at 4 J/kg

HEMODYNAMICALLY STABLE (Patient is alert with palpable pulses and no signs of shock)

- Acquire 12 lead ECG
- Transport ASAP

HEMODYNAMICALLY STABLE OR UNSTABLE

- If sodium channel blocking agent OD/ingestion is suspected (e.g., TCA, phenothiazines, beta blockers, antihistamines, cocaine, or Class 1 anti-arrhythmic agents such as procainamide, amiodarone [weak Class 1 effects], quinidine, disopyramide, lidocaine, flecainide or phenytoin):
  - Administer Sodium Bicarbonate

- Suspected hyperkalemia (e.g. dialysis or renal patient with or without sine wave or widened QRS)
  - Treat per the M-20 Hyperkalemia protocol

- Suspected Torsades de Pointes :
  - Administer Magnesium Sulfate

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/19/16	Revision # 9	Implemented 12/01/16

Medical Section [M]

M-1 Anaphylaxis/Angioedema/Urticaria

Designation of Condition: Anaphylaxis is a true life-threatening emergency. It is considered highly likely when the patient presents with acute onset of symptoms (Minutes to a few hours), often after exposure to a likely antigen, and when **TWO or more** of the following occur in combination:

1. Involvement of skin (e.g., generalized urticaria, itching or flushing), Angioedema, usually involving eyelids and mucosal tissue(swelling of lips, tongue, uvula) or both
2. Respiratory compromise (e.g., dyspnea, SOB,, Stridor or wheezing)
3. Reduced blood pressure or symptoms of hypoperfusion (e.g., hypotonia, syncope, near-syncope, incontinence)

ALL PROVIDERS

- Assess and ensure adequate oxygenation and ventilations.
- Administer high flow O_2.
- Airway management as required. Supraglottic devices may not assure patent airway in these patients if airway tissues are swelling.
- Remove offending agent (e.g., stinger) in appropriate manner.
- Administer Albuterol (if wheezing present):
- EMT-Basics may assist with the self-administration of patient's own (prescribed) pre-measured Epinephrine (Epi-Pen), after contact with MCEP.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS (at least one large bore); titrate to blood pressure
- Administer Epinephrine (1:1,000) at scene.
    - NOTE: Epinephrine can be life saving for patients in anaphylactic shock. However, in certain situations it should be used with great caution (and only if absolutely necessary). These include:
        - Patients on B-blockers (unopposed alpha effects)
        - Pregnancy (decreased blood flow to placenta)
        - Patients with severe CAD
        - Wheezing due to pulmonary edema
        - Hydrocarbon aspiration (myocardium sensitive to epinephrine)
    - Consider MCEP consultation, if time permits, in these situations.
- Administer Diphenhydramine for severe urticaria complicated by angioedema, or if the patient has a history of anaphylaxis

PARAMEDIC

- If significant intra-oral or pharyngeal swelling observed, or patient has inspiratory stridor:
    - Administer Epinephrine 1:1000 nebulized
- Intubate if impending airway obstruction or respiratory failure.
- Administer Dexamethasone
- Monitor cardiac rhythm.
- Consider a vasopressor agent if the patient's SBP is < 90mmHg:
    - Norepinephrine infusion (Levophed)

    OR
    - Epinephrine infusion

    OR
    - Epinephrine mini-bolus therapy

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 12/14/2015	Revision # 9	Implemented 04/01/2016

M-2 Reactive Airway Disease

Designation of Condition: Most commonly associated with asthma, COPD, bronchitis and, bronchiolitis (RSV). For all anaphylactic/allergic reactive airway issues, refer to M-1. This condition is caused by small airway obstruction usually secondary to hyperactive bronchial smooth muscle contraction (bronchospasm) and/or peribronchial inflammation. Common clinical findings include wheezing, tachypnea, and a prolonged expiratory phase. If airflow is severely compromised, wheezing may be absent and/or the patient may be hypoxic (O_2 sat <90%).

ALL PROVIDERS

- Quickly assess ABC's. Manage airway as necessary with BVM (or Extraglottic Airway Device if appropriate and patient becomes unconscious).
- Administer supplemental oxygen: Goal is to maintain O_2 sat >90%.
- Allow patient to assume position that is most conducive to maximal airflow.
- If patient remains in respiratory distress:
  - Administer Albuterol nebulizer
- Transport ASAP
- Monitor vital signs en route.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS titrate fluid to patient's condition.
- Administer Ipratropium Bromide nebulized (Duo Neb)
- If quantitative Capnography is available providers must continuously monitor waveform and capnometry readings.
- If attack is severe or life threatening (e.g., cyanosis, inability to speak, respiratory extremis):
  - Administer Epinephrine (1:1000)

PARAMEDIC

- Manage airway as necessary with BVM, advanced airway, and/or CPAP
- If patient has moderate to severe respiratory distress administer Glucocorticoids:
  - Administer Dexamethasone
- Administer Magnesium Sulfate

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 09/14/2015	Revision # 9	Implemented 04/01/2016

M-3 Carbon Monoxide Poisoning

Designation of Condition: Carbon monoxide poisoning may occur in two different circumstances: by slow exposure (e.g., a defective furnace) or by rapid exposure (e.g., from by-products of combustion during a fire or a suicide attempt by auto exhaust). Signs and symptoms include headache, nausea, vomiting, weakness, dizziness, chest pain and changes in level of consciousness. Carbon Monoxide poisoning should be suspected after smoke inhalation in a confined space fire, and if several patients in the same dwelling present with similar complaints (usually headache, nausea and vomiting) during cold weather months.

ALL PROVIDERS

- Provider safety is a priority. If CO exposure is suspected, only properly equipped rescuers should enter the hazardous environment to remove patients to the safe zone.
- Establish and secure an airway by appropriate means.
- Administer high flow oxygen. Use a non-rebreathing mask with reservoir, if patient breathing spontaneously.
- Ventilate as needed.
- Remember that O_2 saturation monitors confuse carboxyhemoglobin with oxyhemoglobin and may show high O_2 saturations even in severe poisonings.
- Check BGL.

Transport Considerations:

- Any hospital is capable of caring for the mild to moderate CO exposure patient. Most patients respond well to high flow O_2 and gradual off-gassing of CO.
- Patients with any alteration of LOC should be transported to a facility with hyperbaric oxygen capabilities. Pregnant patients with suspected exposures (even if mild) should also be transported to a facility with a hyperbaric chamber (as fetal hemoglobin has a much greater affinity for CO than adult hemoglobin). Currently the only facility with a chamber is Presbyterian Hospital Downtown.
- If there are multiple patients, follow the MCI protocol for distribution: patients with most severely altered mental status should be transported to Presbyterian.
- Any patient with burns meeting Trauma Triage criteria should be transported to UNMH.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock

PARAMEDIC

- Monitor ECG

MCB Action	Passed 02/15/2006	Implemented 04/01/2006	Revised	Revision #	Implemented

M-4 Heat Exhaustion and Heat Stroke

HEAT EXHAUSTION
Designation of Condition: Patient will have a prolonged exposure to a warm environment or have excessive body heat produced by physical activity. S&S of hypovolemia may be present.

HEAT STROKE
Designation of Condition: Patient will have a prolonged exposure to a warm environment or have excessive body heat produced by physical activity. S&S of hypovolemia may be present. Patient will have an altered LOC. Patient will be hot to touch.

ALL PROVIDERS
- If trauma suspected protect C-spine.
- ABC's, high flow oxygen
- Remove patient from hot environment.
- Remove clothing; moisten skin with cool water.
- Monitor vital signs.
- Expeditious transport

INTERMEDIATE AND PARAMEDIC
- IV/IO NS
- Administer IV/IO fluid bolus (es) as necessary to support vital signs. Bolus in 250 ml increments, with reassessment of LOC, vital signs and lung sounds between boluses.

PARAMEDIC
- Monitor ECG

MCB Action	Passed 4/20/1994	Implemented 06/01/1994	Revised 2/16/00	Revision # 1	Implemented 4/1/2000

M-5 Hypoglycemia

Designation of Condition: Patient will present with a blood glucose level less than 60 mg/dL (less than 45 mg/dL in neonates) and with an altered mental status (e.g., confusion, agitation, unconsciousness or seizure).

ALL PROVIDERS

- ABC's; oxygen as appropriate
- Check BGL
- If BGL is less than 60 mg/dl administer oral glucose. Administer only if patient is conscious and able to swallow solution without difficulty.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Administer Dextrose
  - If an IV/IO is not established and Dextrose cannot be administered:
    - Administer patient's Glucagon (If Available)
      - Follow kit instructions
- If prompt improvement does not occur, repeat BGL. Consider protocol for Unconscious, Unknown Cause (M-11).

ALL PROVIDERS

Field Glucose Determination Guidelines:

- Field glucose determination is appropriate in patients with altered mental status, seizures, or coma.
- Dextrose should be given regardless of field glucose reading if your suspicion of hypoglycemia is high (e.g., insulin dependent diabetic who thinks they are hypoglycemic, has not eaten).
- Insulin pump use is increasing. If the patient is awake, discuss use with the patient. If the patient is hyperglycemic, do not turn the pump off; treat based on signs and symptoms. If the patient is hypoglycemic and conscious, have the patient or family turn the pump off and treat per protocol. If the patient is unconscious and family is present, have them turn off the pump and treat per protocol. As a last resort, in the profoundly hypoglycemic patient and the pump cannot be turned off at the switch, the EMS provider should gently disconnect the infusion set at the pump. If this does not work, attempt to remove the batteries. If this does not work then gently remove the catheter from the skin and treat per protocol. Assure the pump stays with the patient and is not misplaced.

Patient Refusal Guidelines

If the patient refuses transport after being treated for a documented hypoglycemic episode, follow these guidelines:

MCEP contact is **NOT** required if …

- The patient meets all refusal criteria as delineated in protocol TT-6 Patient Refusal of Treatment or Transport
- **AND** The patient is only on a short acting insulin or insulin analog, or on a pre-mixed insulin analog (e.g., Novolog 70/30 or Humalog 70/30) and displayed an adequate response (normal vital signs, normal mentation and a BGL within normal limits) to ONE dose of Dextrose (age-appropriate as described in the formulary),
- **AND** (s)he has no acute co-morbid medical conditions
- **AND** the patient is released to a competent adult for observation for 2-3 hours.

MCEP contact is **MANDATORY** in the following situations:

- If the patient is known to take, or has access to, an oral diabetic medication in the sulfonylurea class or any long acting insulin, these patients are at very high risk for repeat hypoglycemia and must be strongly encouraged to be transported to a hospital for further evaluation. These medications include:

Sulfonylurea Medications	Glyburide (Micronase, Diabeta, Glynase) Glyburide + Metformin (**Glucovance**) Glypizide (Glucatrol XL, Glucatrol) Glimepiride (**Amaryl**)
Long-Acting Insulin Analogs	Glargine (**Lantus**) Detemir (**Levemir**)
Intermediate-Long-Acting Insulins	Lente NPH

	Ultralente

- If there is a question regarding a specific agent and whether or not it may have caused the hypoglycemic episode, Poison Control (272-2222) must be contacted for clarification.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 09/06/16	Revision # 6	Implemented 10/01/16

M-6 Hypothermia

Designation of Condition: The patient will have experienced a prolonged exposure to a cold environment. The patient will be cool or cold to touch with marked depression of critical body functions.

ALL PROVIDERS

- ABCs; high flow oxygen
- Move to warm environment (heated rescue/ambulance). Handle gently. Rough handling may precipitate V-Fib.
- Carefully remove cold/wet clothing.
- Wrap torso in warm dry blankets.
- Attempt passive external re-warming (radiant heat, forced warmed air, warm packs)
- Monitor vital signs.
- Expeditious transport

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Enhance passive external re-warming with warmed IV fluids (warm by wrapping tubing around instant hot packs).

PARAMEDIC

- Monitor cardiac rhythm

Hypothermic Cardiac Arrest

ALL PROVIDERS

- If patient is not breathing, or if breathing ineffective: ventilate with BVM and manage airway with appropriate prcedure
- If patient is without a pulse, begin CPR (See C-1 CPR). Allow 30-45 seconds to ascertain if carotid pulse present. If ANY pulse is detected, DO NOT PERFORM CPR.

If V-Fib or pulseless V-Tach is present:

- Defibrillate with AED or manual defibrillator:
  - Monophasic and Medtronic biphasic: 200 joules
  - Zoll biphasic: 120 joules
- If single defibrillation attempt is unsuccessful perform CPR and avoid further defibrillation attempts.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Administer Epinephrine 1:10,000
  - Give one dose only

PARAMEDIC

Note: In severe hypothermia (core temperature <30 degrees Centigrade), the myocardium will be unresponsive to drug therapy.

- V-Fib/pulseless V-Tach:
  - Administer Lidocaine
    - Give one dose only
- If Ventricular Tachycardia with a pulse is present:
  - Administer Lidocaine
    - Give one dose only
- If bradycardia present with severe hypothermia, do not administer Atropine.
  - Consider external transthoracic pacing if bradycardia severe (<35 bpm)
  - DO NOT initiate without MCEP approval.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 12/31/08	Revision # 4	Implemented 04/01/09

M-7 Apparent Life-Threatening Events in Infants

Designation of Condition: An episode that is frightening to the parent or caregiver and that is characterized by some combination of the following observations:

1. Apnea (absence of breathing for at least 3 breaths and not simple gasping)
2. Skin color change (cyanosis or recognized paleness)
3. Marked change in muscle tone (unexplained rigidity or flaccidity)
4. Unexplained choking or gagging (i.e., not choking or gagging episodes that commonly occur with feeding or rhinorrhea). In some cases the observer has feared the infant had died, and initiated CPR.

An apparent life-threatening event (ALTE) describes a set of symptoms and is associated with a wide variety of illnesses, including: gastroesophageal reflux, pertussis, RSV infection, UTI, metabolic disorders, cardiac dysrhythmias, seizures, sepsis, and child abuse.

The majority of infants with an ALTE will appear to be in no acute distress when evaluated by EMS personnel. Therefore the signs and symptoms noted by the caregiver should be considered credible even when they do not match the observations of EMS providers.

ALL PROVIDERS

- Airway: Ensure it is clear and patent.
- Breathing: Evaluate lung sounds. Record the respiratory rate. Evaluate work of breathing (use of accessory muscles, nasal flaring, grunting). Obtain O_2 sat. Apply O_2 as indicated.
- Circulation: Note skin color and cap refill. Record pulse quality and rate.
- Neurological Status: Is the infant alert and appropriately interactive? If not check, blood glucose. Check pupils. Note abnormal muscle tone or movements.
- Expose: Expose the infant. Look carefully for signs of trauma or rash.
- Carefully record the signs and symptoms observed by caregivers.
- Transport to hospital with pediatric admission capabilities (UNMH or Presbyterian).

INTERMEDIATE AND PARAMEDIC

- IV/IO NS if necessary

PARAMEDIC

- Monitor ECG as indicated

MCB Action	Passed 09/20/06	Implemented 04/01/07	Revised	Revision #	Implemented

M-8 Drug Overdose

Designation of Condition: The patient will have ingested, inhaled or injected an unknown quantity of one or more medications or substances.

ALL PROVIDERS

- ABC's, high flow oxygen. Ventilate if appropriate.
- Obtain and monitor vital signs.
- Check BGL. Follow hypoglycemia protocol if indicated.
- Identify substance, amount ingested, inhaled or injected. Secure any containers for transport to the hospital.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS; titrate to patient condition.

PARAMEDIC

- Monitor ECG

FOR KNOWN OR SUSPECTED TRICYCLIC ANTIDEPRESSANT (TCA) OVERDOSE (HEMODYNAMICALLY STABLE)

- AND exhibits any of the following signs:
  - QRS >0.10 sec
  - Ventricular arrhythmia
  - Tachycardia
- Administer Sodium Bicarbonate

FOR KNOWN OR SUSPECTED TRICYCLIC ANTIDEPRESSANT (TCA) OVERDOSE (HEMODYNAMICALLY UNSTABLE)

- AND exhibits the following:
  - Wide complex tachycardia
  - Seizure
- Administer Sodium Bicarbonate

FOR KNOWN OR SUSPECTED STIMULANT OVERDOSE

Description of Condition: The patient will be experiencing an agitated mental status and be physically agitated. High index of suspicion of stimulant ingestion will be suspected based on history or circumstances found at scene. Pupils will be large to fully dilated, *unless an opiate has been ingested in concordance with stimulants.* Common stimulants that will cause this condition include cocaine, crack cocaine, methamphetamine (meth, crystal, ice), or Ecstasy (X, MUPA). Ingestion of significant amount of caffeine or “energy drinks” may also lead to overdose symptoms and should be treated accordingly.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS; large bore(s). Infuse 1-2L NS.

PARAMEDIC

- Monitor ECG
- Administer sedation per MISC-8 Benzodiazepine (Diazepam /Midazolam) protocol

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FOR KNOWN OR SUSPECTED NARCOTIC OVERDOSE:
Designation of Condition: The patient will be unconscious or have a depressed mental status and be either apneic or bradypneic. Opiate ingestion will be suspected based on history or circumstances found at scene. Pupils will be small to pinpoint. Use caution with patients who have been administered Naloxone by bystanders prior to arrival. These patients may be alert and oriented and want to refuse upon EMS arrival. Providers should be cautious obtaining a refusal as the Naloxone may not last long as the narcotic and a repeat event can occur.

ADULT

ALL PROVIDERS
- Establish patent airway and begin bag ventilation with high flow oxygen.
  - Administer Naloxone
  - The dosage of Naloxone should be titrated to reverse only the ventilatory depression.
- Continue ventilating patient as needed.
- Extraglottic Airway Device should be placed as needed, depending on the patient's level of consciousness after receiving Naloxone and need for airway security.

APNEA OR CYANOSIS PRESENT:

ADULT

ALL PROVIDERS
- Establish patent airway and begin bag ventilation with high flow oxygen. If no EMT-I or EMT-P present, treat as above. IM Naloxone may have a more rapid onset of action and, if available, is preferred over the IN route in this situation.

INTERMEDIATE AND PARAMEDIC
- IV NS
- Obtain BGL
- Administer Naloxone
  - Intralingual and sublingual injections will not be used.
- The dosage of Naloxone should be titrated to reverse only the ventilatory depression.

PARAMEDIC
- Intubation should be performed as needed, depending on the patient's level of consciousness after receiving Naloxone and need for airway security.

PEDIATRIC

ALL PROVIDERS
- Administer Naloxone
- Transport without delay

MCB Action	Passed 04/20/94	Implemented 06/01/94	Revised 02/08/16	Revision # 14	Implemented 10/01/16

M-9 Stroke

Designation of Condition: Stroke is defined as an interruption of perfusion to the brain. The patient may present with one or more disturbances involving vision, sensory, motor or cognitive functions.

ALL PROVIDERS

- Establish and maintain airway with appropriate adjuncts
- Administer O2. Maintain SPO2 >94%
- Maintain ventilatory support as needed
- Determine baseline blood glucose reading
- Monitor vital signs
- Do not attempt to alter the blood pressure of a hypertensive patient.
- Rapid assessment of GCS, LOC and motor and sensory functions
- Utilize the Cincinnati Prehospital Stroke Scale
- Rapid transport without delay
- Early notification of a "STROKE ALERT" to the receiving facility is important
  - **Stroke Alert is defined as any single component failure of the Cincinnati Prehospital Stroke Screen with onset of symptomology less than 6 hours**.
- Treat seizures per protocol (see M-10).
- A detailed history and time of onset are critical, OR determine the last known time the patient was asymptomatic
- If possible, a family member should accompany patient or a contact number should be obtained for the receiving MD
- Obtain a detailed medication list

The Cincinnati Prehospital Stroke Scale© (Kothari R, et al. Acad Emerg Med. 1997;4:986-990)

Facial Droop (have patient show teeth or smile):

- Normal – both sides of face move equally
- Abnormal – one side of face does not move as well as the other side

Arm Drift (patient closes eyes and holds both arms straight out for 10 seconds):

- Normal – Both arms move the same or both arms do not move at all (other findings, such as pronator grip, may be helpful)
- Abnormal – one arm does not move or one-arm drifts down compared with the other

Abnormal Speech (have the patient say "you can't teach an old dog new tricks"):

- Normal – patient uses correct words with no slurring
- Abnormal – patient slurs words, uses the wrong words, or is unable to speak

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock

PARAMEDIC

- Monitor ECG obtain 12 lead ECG and transmit en route (if capable).

MCB Action	Passed 05/15/02	Implemented 07/01/02	Revised 04/12/15	Revision # 2	Implemented 10/01/15

M-10 Convulsive Seizures, Status Epilepticus

Designation of Condition: Excessive, chaotic discharge of cerebral neurons that typically manifests with immediate loss of consciousness and convulsive tonic-clonic muscular activity-followed by a post-ictal period of generalized muscle relaxation and confusion. Bite wounds to tongue and/or buccal mucosa, as well as bladder incontinence, are often observed.

ALL PROVIDERS

- Establish and maintain airway. Supplemental oxygen.
- Position on left side (left lateral recumbent position). Provide suction as needed. Protect patient from injury/aspiration.
- Check BGL. Follow M-6 Hypoglycemia protocol if indicated.
- Transport ASAP.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock
- If unable to perform field glucose determination and patient is still convulsing:
  - Administer Dextrose (D_{10})

PARAMEDIC

If patient continues to actively seize and Generalized seizure is prolonged (>5 minutes) OR
If more than two generalized seizures recur without an intervening lucid period:

- Administer Benzodiazepine (Diazepam and Midazolam) per the MISC-8 Benzodiazepine protocol

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 09/21/15	Revision # 7	Implemented 10/01/16

M-11 Unconscious, Unknown Cause

Designation of Condition: The patient will be unconscious for an undetermined reason.

ALL PROVIDERS

- High flow oxygen
- If respiratory management is necessary:
  - Refer to the Airway Management Procedure
- If the patient was traumatically injured:
  - Refer to Spinal Immobilization Procedure
- If overdose is suspected, refer to Drug Overdose Protocol (M-8)
- Check BGL. Refer to Hypoglycemia Protocol (M-5) if necessary.
- If the patient has signs and symptoms consistent with opiate intoxication or other intoxication
  - Refer to Drug Overdose Protocol (M-8).
- Reassess frequently.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 01/28/16	Revision # 2	Implemented 10/01/16

M-12 Snakebite

Designation of condition: Patient has sustained bite from rattlesnake (bites from other snakes including exotics require different treatment methods; contact MCEP), usually recognized by two small puncture wounds. Expect swelling and discoloration of the area. Even though snake may be venomous, venom may not have been injected.

ALL PROVIDERS

- Attempt to calm the patient verbally.
- Keep patient as still as possible.
- Obtain history including, if possible, the type of snake.
- Identify the puncture site or sites and cover with sterile gauze with no circumferential taping.
- Oxygen
- Expect swelling and discoloration of the area.
- DO NOT:
  - Make any incisions
  - Apply a tourniquet
  - Apply ice
  - Elevate above level of heart
- Transport

INTERMEDIATE AND PARAMEDIC

- IV NS TKO in unaffected limb
- Treat pain per Pain Management Protocol (MISC-2). Use Morphine cautiously with hypotensive patients.
- Treat hypotension with aggressive IV fluid boluses:
  - Adults: En route, IV/IO NS (preferably 2 lines) and bolus 20 ml/kg; reassess and adjust to desired effect.
  - Child: En route, IV/IO NS and bolus 20 ml/kg; reassess and titrate to effect.

- **PARAMEDIC** Monitor ECG
- If fluid bolus does not improve hypotension, consider a vasopressor agent if the patient's SBP is < 90mmHg:
  - Norepinephrine infusion (Levophed)
    OR
  - Epinephrine infusion
    OR
  - Epinephrine mini-bolus therapy

MCB Action	Passed 7/19/95	Implemented 07/19/95	Revised 04/14/14	Revision # 3	Implemented 10/01/15

M-13 Sepsis / Septic Shock

Designation of Condition: Facilitate rapid identification and management in patients with suspected or confirmed sepsis. The patient may be hypotensive (with a widened pulse pressure), tachycardic, and tachypneic. Mental status changes may be present, ranging from mild disorientation to coma. Fever is typical, but hypothermia is possible. Refer to the "Infection Control" protocol when treating patients with suspected or confirmed sepsis.

Modified SIRS Criteria

Suspicion of Infection plus 2 of the following…

- Temperature > 38.3 °C or < 36 °C (>100.1 °F or <96.8 °F)
- Heart Rate: Age adjusted
- Respiratory Rate: Age Adjusted

Other considerations

- History or suspicion of fever
- Altered mental status
- Hypoxia (Saturation < 90%)
- EtCO2 < 20 mmHg or > 60 mmHg (if available)
- Hypotension: Age adjusted
- Evidence of abnormal bleeding
- Decreased urine output
- Hypergylcemia > 140 mg/dL without history of diabetes
- Peripheral edema (end organ failure)
- Absent bowel sounds (Ileus)
- Jaundice (Hyperbilirubinemia)
- Capillary refill > 2 seconds
- Documented serum lactate > 4 mmol/L (if available)

Field Treatment

ALL PROVIDERS

- ABC's, high flow oxygen
- BGL
- Serum Lactate if available
- Rapid transport
- Early notification of receiving ED ("Sepsis Alert") if patient meets modified SIRS criteria, and has one of the following: hypotension, is in respiratory distress, has a serum lactate > 4 mmol/L (if available) or there is a high index of suspicion

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
  - Adults: One to two liter bolus (unless contraindicated)
  - Peds: 20cc/kg IV/IO bolus
- If no response,
  - Adults: Bolus one more liter and then run initial fluid therapy @ 250cc/hr. Consider repeat lactate if available.
  - Peds: Second 20cc/kg IV/IO bolus
- Titrate fluids to obtain stabilization of patient's mentation, blood pressure, respiration, heart rate, and skin perfusion.

PARAMEDIC

- Consider vasopressors based on age dependent blood pressure parameters, altered mental status, and prior fluid bolus
  - Norepinephrine infusion (Levophed) with MCEP order

OR

  - Epinephrine infusion with MCEP order

OR

  - Epinephrine mini-bolus therapy with MCEP order

Age	Heart Rate	Respiratory Rate	Blood Pressure
Newborn	100-180	>50	<59
Neonate	100-180	>40	<79
Infant	100-180	>34	<75
2-5 years of age	>140	>22	<74
6-12 years of age	>130	>18	<83
13-18 years of age	>110	>14	<90
Adult	>90	>20	<90

*UNMH Pediatric Care Unit SIRS Criteria Chart

MCB Action	Passed 07/18/12	Implemented 10/01/12	Revised 07/06/15	Revision # 3	Implemented 10/01/15

M-14 Drowning/Near Drowning

Designation of Condition: Arrest or survival after suffocation by submersion.

ALL PROVIDERS

- Search and Rescue by appropriate personnel/resources
- Rapid cautious removal of patient from the water

CONSCIOUS WITH ADEQUATE RESPIRATORY EFFORT

ALL PROVIDERS

- Clear airway of debris and/or fluid
- Assess and secure airway. Provide O_2. Maintain O_2 sats above 94%.
- Assess circulatory status.
- Begin warming patient.
- Transport without delay.

PARAMEDIC

- Monitor cardiac rhythm.
- NOTE: Remember, no matter how good the patient looks at the scene, the secondary component of the drowning cascade is pulmonary edema, which can begin hours after the initial submersion event.

ALTERED LEVEL OF CONSCIOUSNESS WITH ADEQUATE RESPIRATIONS

ALL PROVIDERS

- Clear airway of debris and/or fluid.
- Assess and secure airway; high flow O_2 by partial non-rebreather mask.
- Assist ventilations as needed.
- Assess circulatory status.
- Begin warming patient.
- Transport without delay to appropriate facility.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

PARAMEDIC

- Monitor cardiac rhythm.

UNCONSCIOUS WITH ABSENT/INADEQUATE RESPIRATIONS

ALL PROVIDERS

- Clear airway of debris and/or fluid.
- Assess and secure airway.
- Assist ventilation with BVM and high flow oxygen.
- Anterior cricoid pressure PRN
- Secure airway with Extraglottic Airway Device if no sign of rapid improvement; administer positive pressure ventilations with high flow O_2.
- Assess circulatory status; if pulse is absent, begin CPR and proceed to appropriate cardiac arrest protocol.
- Begin warming patient.
- NOTE: Consider hypoglycemia; check blood glucose level.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

PARAMEDIC

- Secure airway with Extraglottic Airway Device or ETT.

- Monitor cardiac rhythm.

MCB Action	Passed 04/01/03	Implemented 04/01/03	Revised 07/16/14	Revision # 3	Implemented 10/01/14

M-15 Psychiatric Emergencies

Designation of Condition: The patient will be alert, but may have other mental status alterations, such as: disorders of perception and thought, inappropriate situational behavior, appearance and attitude, abnormal affect or mood, poor insight and poor judgment, and disordered speech or speech content. Signs and symptoms may include: depression and suicidality, hallucinations, pressured speech, loose associations, racing thoughts, grandiose or paranoid ideation, delusions, hysteria, extreme anxiety, or any other aggressive actions that could cause harm to the patient or others.

ALL PROVIDERS

- Make sure the scene is safe
- Approach the patient in a calm, slow, reassuring and honest manner. Multiple people attempting to intervene may increase the patient's confusion and agitation.
- Protect the patient from injury. Involuntary restraint should be considered if indicated by patient behavior and if necessary to render care and protect rescuers. (Refer to protocol TT-5 Involuntary Emergency Transport.)
- Remove patient from stressful environment if possible. Remember psychiatric episodes can be extremely difficult for the patient and their families.
- Be sure to consider and treat all possible trauma/medical causes for aberrant behavior per protocols. Be aware that medical illnesses including hypoglycemia, hypoxia, stroke, head injury, CNS infection, etc. may mimic psychiatric illness. Do not assume the patient's condition is purely psychiatric.
- If the Crises Intervention Team (CIT) is on scene, EMS assessment and intervention must not be delayed or hampered, however, in certain "volatile" situations the CIT will need the necessary time to diffuse the situation in order to allow for EMS intervention to occur as smoothly as possible. When arriving on scene where a CIT interview has taken place or is in progress, EMS crews should get an initial report from the CIT Officer in charge so as not to duplicate questions to the patient already in crises. Conversely, if EMS is first on scene, give an initial report to the CIT Officer so that duplication of questioning can be kept to a minimum.

All patients will be assessed and evaluated by EMS regardless of transport status.

- Patient Exam: ABC's, vital signs, and a thorough medical and psychiatric history (including all current medications). O_2 as necessary. Do not agitate or irritate the patient with a prolonged exam.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS as necessary

PARAMEDIC

- Monitor ECG as necessary.

Transport: Patients may be transferred directly to a mental health facility if they are not under the influence of drugs or alcohol, if pre-hospital personnel harbor no suspicion of OD (e.g., patients own psychiatric medications), and both of the following conditions apply:

1. Patient is alert, with normal vital signs (see parameters below) and has no signs or symptoms of an acute medical illness or injury, and has either an unambiguous psychiatric condition (e.g., suicidal ideation) or has a history of a psychiatric illness that is consistent with current presentation.
2. After consultation with MCEP of the receiving facility a joint decision is made that the patient does not require an ED evaluation and that the patient is appropriate for transport to a mental health facility, OR prior acceptance of patient has been arranged by the accepting mental health facility.

Law Enforcement officers may transport directly to a mental health facility if vital signs fall within stated parameters and the paramedic does not suspect any other underlying traumatic or medical causes.

- Vital signs parameters:
  - HR 60-110
  - RR 12-25
  - O_2 sat >90%
  - Systolic BP 90-160 mmHg
  - BGL 70-200 (if performed)

In all other situations, paramedics will transport psychiatric/mental patients directly to the emergency room for evaluation.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 05/15/02	Revision # 4	Implemented 07/01/02

M-16 MATS Public Inebriate Intervention Program (PIIP)

Designation of Condition: Upon evaluation, adult person (at least 18 years of age) is determined to be intoxicated with Ethanol.

The Purpose of this program is: to relieve congestion in the Metropolitan area Hospital Emergency Departments and Psychiatric Emergency Services, and reduce the frequency of low acuity, non- emergency responses by pre-hospital providers to serial inebriates. This will increase the availability of resources for critical emergencies, and reduce the number of bookings by APD at the Metropolitan Detention Center (MDC) by instead providing stabilization, observation, and placement support services to public inebriates at the Metropolitan Assessment and Treatment Services (MATS) location in Bernalillo County.

Definitions:

- **MATS** – The name of the entire facility
- **PIIP** – The non-medical sobering unit within MATS
- **MOTU** – Medical Monitoring Unit within MATS

ALL PROVIDERS

Transport criteria:

All intoxicated or withdrawing persons may be transported to MATS (PIIP) if the following admission criteria are met:

a. Primary diagnosis is Intoxication.
b. Person can walk or use their assistive devices without assistance (i.e. cane or wheelchair) and have no focal motor or sensory deficits
c. Person is able to use the toilet, eat, and drink independently.
d. Person is non-combative and non-belligerent
e. If expressing suicidal ideations, does not have an actual plan for self-harm
f. Person has no active wounds, signs of head trauma or other acute trauma beyond simple skin abrasions.
g. Person is not actively seizing.
h. Person accepts offer to be transported to PIIP and may leave at any time.
i. Person must be easy to arouse.
j. Person must be able to make focused eye contact and state name.
k. Vital Signs are within the parameters on the chart below:

HR	Systolic BP	Resp. Rate	BGL	O2 Sat
60-110	90-160	12-25	70-200	>90%

If these criteria are met then transport to PIIP is permitted by EMS personnel, police, PSO or MATS Transport unit. MATS staff will determine if individual is placed in MOTU for observation.

Continue to next page

Transfer protocol enabling transport from EDs or other medical facilities:
Patients deemed stable in emergency departments after an appropriate medical screening exam are eligible for transfer to the PIIP area of MATS, if medically cleared and the transfer is approved by a physician.

The following additional criteria must be met besides meeting the PIIP criteria:

a. Patient must require no further testing.
b. Patient must require no further therapies that are available only in a hospital setting.
c. Patient has required no naloxone for 2 hours.
d. Vital signs stable
e. Discharge papers

- 911 providers that make contact with PIIP candidates may contact the appropriate 911 PSAP for availability of the PIIP unit. The PIIP unit may also be requested for the specific call type and/or respond in coordination with an emergency response unit.
- 911 providers will not transport to MATS unless there are no other available or appropriate means of transportation.
- All transports will communicate with MATS intake staff on availability of beds prior to transport
- MATS contact number: 505-468-1555

MCB Action	Passed 11/15/00	Implemented 01/01/01	Revised 05/09/16	Revision # 7	Implemented 10/01/16

M-17 Continuous Central Line Infusion Pump

Designation of Condition**:** A patient being treated with a continuous central line infusion

PARAMEDIC

If patient is conscious:

- Perform primary and secondary surveys and provide care as appropriate.
- If a problem exists with the patient's central IV line that compromises the continuous infusion**,** initiate a peripheral IV/IO and connect the tubing directly to the peripheral IV catheter after ensuring patency of the peripheral line.
- Utilize patient's expertise to ensure patient's ambulatory pump is working properly and is infusing at the correct rate.
- Transport to hospital of patient's choice.
- If you need to administer any other IV/IO medications, initiate a second peripheral IV/IO line.

If patient is unconscious:

- Perform primary and secondary surveys and provide care as appropriate.
- Evaluate whether the medication is infusing properly *via* patient's central IV line by inspecting the patient's ambulatory pump for signs of proper operation.
- If it is infusing properly, leave infusion as is and allow patient's ambulatory pump to control the infusion en route to the hospital.
- If the medication is not infusing properly via the patient's central IV line and you determine it is due to occlusion of the central IV line, initiate a peripheral IV/IO and connect the medication tubing directly to the peripheral IV/IO catheter after ensuring patency of the peripheral line.
- If patient's ambulatory pump is alarming another type of failure, troubleshoot as possible, gather all materials necessary and transport patient emergently to the hospital.

If patient is in cardiac arrest:

- Perform a primary survey and treat the cardiac arrest per protocol.
- Ensure the continuous infusion is either through the patient's central IV line or through a designated peripheral IV/IO line. Remember, ACLS drugs must be administered *via* a separate IV/IO.

In all cases, upon arrival at the hospital, ensure the staff is informed of the patient's condition and of the need for the continuous infusion.

MCB Action	Passed 08/03	Implemented 10/03	Revised 01/11/15	Revision # 2	Implemented 10/01/16

M-18 Infection Control

Designation of Condition: Appropriate use of universal precautions to minimize the risk of disease transmission to providers and patients.

ALL PROVIDERS

- Universal Infection control precautions will be utilized on all patients, as appropriate, per OSHA directives.
- Routine infection control precautions for potential contact with blood or infectious material include:
  - Gloves (wear gloves prior to any ANY contact with patient)
  - Hand hygiene
    - Hand washing before and after patient contact is imperative. If hands come in contact with blood or other bio-hazardous material, immediately wash with Cal Stat solution or equivalent.
    - Wash hands with alcohol-based solution upon entering and exiting EMS units.
  - Eye protection (sealed eye protection if available)
  - Gown (as indicated)
  - For endotracheal intubation, suctioning, and bag valve mask assisted ventilation, full-face mask shield is required (or N95 and sealed eye protection).
  - Providers should wear PPE until post-transport cleaning of all surfaces (including front and rear of vehicle) with an appropriate disinfectant is complete. Exception: Remove PPE used on scene before getting into front of emergency unit to drive to hospital.
  - Be sure to use correct technique to don and doff PPE.
  - Contaminated sharps will not be recapped, bent, or broken. They will be discarded intact immediately after use into a needle disposal box.
  - Safer medical devices, when available, will be used according to manufacturer guidelines and per departmental policy.
  - All blood spills and other biohazard spills will be cleaned up with Virex or equivalent.
  - After patient encounter, re-use of provider N95 mask is permitted per CDC guidelines. Mask must remain dry, clean, with no evidence of contamination. Mask should be stored in paper bag to keep clean.
- If a service is notified of a potential infectious disease exposure, it is incumbent on that service to notify other responding agencies' supervisory staff (AAS Operations Supervisor and/or Fire Department Battalion Commander) of the exposure as soon as possible so that appropriate in-house occupational medicine exposure guidelines may be implemented.

  - All patients with cough will be fitted with a surgical mask, and screened for possible influenza or TB infection.
  - An influenza-screening test will help identify patients at increased risk of active influenza infection. Besides fever >100, most infected patients will typically complain of:
  - Cough, myalgia and headache
  - Sore throat and congestion may also be present.
  - Nausea and vomiting are commonly reported among children.
- If influenza is suspected, obtain full set of vital signs, including O_2 sat and temperature. (Fever may be absent in the elderly, young children and patients with underlying chronic illnesses.) Perform lung exam. Make note of any rales/rhonchi. Look for signs of increased work of breathing.
  - Providers will wear a protective mask, either surgical or N95, while caring for patients with positive influenza screening exam. All secretions in these patients will be considered infectious. Notify receiving hospital ASAP to allow for early consideration of respiratory isolation.
  - Optimize internal vehicle ventilation.

- In the event of an influenza pandemic:
  - Assume all patients with cough are infected with the influenza virus. In order to mitigate exposure, patient care responsibility should be delegated to one paramedic and another EMT of lesser training (if available). Only aforementioned personnel shall initiate patient contact and perform patient care. Other personnel should await instructions at their vehicle. Should additional resources be needed, attending personnel may call for them.
  - In order to minimize the spread of infection, providers should not shake hands without wearing gloves.

- If known or suspected exposure to the pandemic flu strain takes place, advise supervisor per departmental policy.
  - Annual Influenza vaccine is strongly recommended for all EMS providers.

TEBURCULOSIS:

- TB screening test will help identify patients at increased risk of active TB infection.
- Categorizing TB:
  - Assessing patient has cough AND:
    - Has a known history of active TB or has spent time with a person diagnosed with TB
    - Is homeless
    - Has diagnosis of AIDS
    - Has recently been in prison
    - Has lived in high endemic area (most countries in Latin America and the Caribbean, Africa, Asia, Russia and Eastern Europe)
    - Consider TB in all patients with hemoptysis and in coughing patients with night sweats and recent weight loss.
- Precautions:
  - Providers will wear N95 respirator mask while caring for patients with positive TB screening exam. All secretions in these patients will be considered infectious. Notify receiving hospital ASAP to allow for early consideration of respiratory isolation.
  - Optimize internal vehicle ventilation.

MCB Action	Passed 12/17/03	Implemented 01/01/04	Revised 05/19/10	Revision # 2	Implemented 10/01/10

M-19 Nausea and Vomiting

Designation of Condition: Complaint of moderate to severe nausea, active vomiting, fully immobilized patients with any complaint of nausea

ALL PROVIDERS

- Ensure airway patency; provide suction and supplemental oxygen PRN.
- Perform a thorough assessment, including palpation of the abdomen and assessment for signs of dehydration.

INTERMEDIATE AND PARAMEDIC

- IV NS or saline lock PRN
- If patient shows signs of dehydration or has history of significant volume loss:
  - Adult: Bolus in 250 ml increments, reassessing between boluses
  - Infant/Child: Bolus in 10-20 ml/kg increments, reassessing between boluses
- In cases of severe hypovolemia, refer to Hypovolemic Shock protocol (T-7)
- Administer Ondansetron (Zofran)

PARAMEDIC

- Consider ECG monitor

MCB Action	Passed 12/15/10	Implemented 04/01/11	Revised 01/20/15	Revision # 2	Implemented 04/01/15

M-20 Hyperkalemia

Designation of Condition: Any patient with a pulse for whom a diagnosis of hyperkalemia (serum K > 5.2) has been confirmed by sending facility (e.g. urgent care, clinic, SNF, etc.), or for whom hyperkalemia is highly suspected based upon history of known renal failure and, most commonly, missed dialysis.

ALL PROVIDERS

- Routine care
- Obtain and monitor vital signs
- Transport without delay

INTERMEDIATE AND PARAMEDIC

- IV/IO

PARAMEDIC

- Apply cardiac monitor
- Perform 12-lead ECG
- If marked peaked T-waves or QRS > 0.12 or sine wave on ECG:
  - Administer 10% Calcium Chloride or Calcium Gluconate
  - Administer Sodium Bicarbonate
  - Administer Albuterol Sulfate
- Repeat ECG
  - If ECG changes have not resolved, contact MCEP for consultation
  - If no ECG changes on initial ECG, consider repeat ECG in 15-30 minutes and treat accordingly

MCB Action	Passed 01/20/15	Implemented 04/01/15	Revised	Revision #	Implemented

M-21 Fever

Designation of Condition: Fever is a natural body response primarily to infection, but should last a relatively short period of time. Rapid temperature elevation in children may cause febrile seizures. It is important to distinguish fever from an infection versus hyperthermia from environmental exposure, or even malignant hyperthermia from certain medications or illicit drugs. In fever caused by infection, the hypothalamus is telling the body to produce heat, a defense mechanism used to defeat the infectious agent. Acetaminophen resets the body's thermostat, thus lowering the fever. In environmental or malignant hyperthermia, or in extreme fever associated with infection (>105 degrees Fahrenheit), proceed with aggressive cooling measures.

ALL PROVIDERS

- Establish Primary Management.
- Confirm that patient has not received Acetaminophen dose within 6 hours prior to EMS arrival
- If temperature > 101.5 degrees Fahrenheit (38.6 Celsius) or if patient feels extremely hot, responders may apply cool moist towels to the body to slowly lower the temperature. Do not make the patient shiver.
- If conscious and alert, patient may drink fluids.
- For pediatric patients with fever due to suspected infectious cause, acetaminophen (Tylenol and other commercial preparations) in liquid form may be administered per the label's instructions. Patient must be alert, have a gag reflex and not be allergic to acetaminophen.
    - Administer Acetaminophen

INTERMEDIATE AND PARAMEDIC

- If signs of dehydration or shock potential are present: En route, initiate IV of NS, titrate to maintain LOC, HR and end organ perfusion.
- If febrile seizure occurs, follow seizure guideline (M-10) and gently cool patient by whatever reasonable means possible, but do not use cold IV fluid.

PARAMEDIC

- Treat recurrent seizures per the seizure guideline (M-10)

MCB Action	Passed 09/14/2015	Implemented 04/01/2016	Revised	Revision #	Implemented 04/01/2016

Obstetrics Section [OB]

OB-1 General Active Labor

Designation of condition: The patient will be pregnant or have a suspected pregnancy and present with complaints of intermittent abdominal contractions with abdominal cramping and/or lower back pain.

ALL PROVIDERS

Obtain History

- Estimated gestational age
- Date of last period
- Duration and time interval of contractions
- Vaginal bleeding: amount? (OB-3 Vaginal Bleeding During Pregnancy)
- Amniotic fluid? Color? When noted?
- Previous deliveries
- Prenatal care
- Known abnormal presentation or obstetrical complication (previa, abruption, circlage)
- Single or multiple gestation
- Drug or alcohol abuse
- Pregnancy Induced Hypertension, pre-eclampsia or Gestational Diabetes

Physical Exam

- Vital signs
- Examine perineum for:
- Visible cord (OB-4 Prolapsed Umbilical Cord) or presenting parts in vagina other than head (OB-5 Breech Delivery)
- Head crowning (OB-2 Imminent Delivery)
- Active vaginal bleeding (OB-3 Vaginal Bleeding During Pregnancy)
- Amniotic Fluid
- Meconium staining of amniotic fluid

Treatment

- ABC's
- Oxygen as needed to maintain SaO2 >90%
- Reassurance of mother

INTERMEDIATE AND PARAMEDIC

- Establish IV
- Transport
- If 30 weeks gestation or greater, patients without complications should be transported to an OB capable facility (preferably where the patient has had prenatal care). These include Presbyterian Downtown, UNMH, Rust Medical Center, Lovelace Westside, and Lovelace Women's Hospital
- Any patient with gestational age between 20-29 weeks should be transported to a NICU facility. These include Presbyterian Downtown, UNMH, RUST Medical Center, or Lovelace Women's.
- If gestational age is <20 weeks and patient presents with vaginal bleeding and/or abdominal pain, transport to nearest appropriate Emergency Department.

MCB Action	Passed 06/15/05	Implemented 10/01/05	Revised 08/21/13	Revision # 1	Implemented 10/01/13

OB-2 Imminent Vertex Delivery Guidelines

Designation of Condition: Pregnant patient in active labor with delivery imminent as evidenced by crowning (or other presenting part), urgent desire to push, continuous intense contractions, etc.

ALL PROVIDERS

- Open an OB kit
- Don sterile gloves, and create field for delivery.
- If membranes are ruptured, look for meconium (see PC-4) or prolapsed cord (see OB-4) and prepare to treat appropriately.
- Proceed with delivery:
  - Control delivery of head with one palm. Sterile towel in other hand at perineum will protect infant's mouth/nose from anal contamination. Gently wipe baby's face. Suction oral cavity and nares with bulb suction.
  - With delivery of neck, check for nuchal cord. If nuchal cord is present, gently loosen and slip over baby's head. If unable to manually remove cord, double clamp and cut cord.
  - If necessary, gently assist delivery of anterior shoulder by placing hands on side of head and exerting very mild downward pressure. Then, a very gentle upward lift of the head may aid in delivery of posterior shoulder. The remainder of the body usually follows without difficulty. Do not exert traction or try to "pull" baby from birth canal, as this may result in injury.
  - Once delivered, if infant is cyanotic, limp, depressed or not well-appearing, see PC-5
  - With normal delivery, hold infant at or slightly below the level of the introitus for 3 minutes prior to clamping cord.
  - Use only a bulb syringe to clear secretions from the mouth and nose.
  - Dry/stimulate baby with sterile towels. Keep infant covered (including head) to prevent heat loss.
  - Place sterile clamps at approximately 6-8 inches from infant's abdomen, and cut between them using sterile scissors. (Never use non-sterile equipment to cut cord.)
  - If infant is pink and vigorous you may place infant on mother's breast.
- If abnormal presentation at delivery e.g., breech or shoulder dystocia (See OB-5 and contact MCEP)
- Placental delivery: The placenta usually delivers spontaneously (often preceded by a sudden gush of blood) within 5-10 minutes of delivery. As the placenta passes through the introitus gently lift it away with both hands employing a slight twisting motion. Never exert traction on the cord to pull placenta from uterus. When expelled, place placenta in plastic bag or other container and give to personnel at receiving hospital.
- If placenta has been delivered, and uterus does not feel firm, massage the uterine fundus by supporting the lower uterine segment with one hand just above the symphysis pubis, and massaging the uterus with the other hand.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS if time permits prior to delivery
- If bleeding from mother is severe start a second IV.
- Transport to the closest appropriate medical facility (hospital with a Labor & Delivery unit):
  - Women's Hospital
  - University Hospital
  - Presbyterian Hospital
  - Lovelace Westside Hospital

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 08/08/16	Revision # 7	Implemented 10/01/16

OB-3 Vaginal Bleeding During Pregnancy

Designation of Condition: Vaginal bleeding during pregnancy is abnormal. First trimester bleeding may result from threatened miscarriage, miscarriage or ectopic pregnancy. Bleeding after 20 weeks gestation may result from placentae previa (usually painless), placental abruption (usually associated with pain, often secondary to trauma), premature rupture of membranes or post-partum hemorrhage. Third trimester bleeding should always be considered an emergency, as profound shock secondary to exsanguinating hemorrhage may occur within minutes.

NOTE: The amount of visualized vaginal blood loss is NOT a reliable indicator as to the actual amount of blood loss occurring.
NOTE: Digital vaginal examinations should never be performed. Visual inspection of the perineum is indicated if preterm labor is suspected. If crowning is noted, see OB-2 Imminent Vertex Delivery protocol.

ALL PROVIDERS

- ABC's
- Follow blood and body fluid exposure guidelines.
- Oxygen, if indicated
- If uterine fundus is palpable at or above umbilicus, place patient in a left lateral recumbent position to avoid supine hypotension syndrome.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS; titrate IV flow rate to patient's hemodynamic status.
- If gestational age is 30 weeks or greater, the patient should be transported to an OB capable facility (UNMH, RUST Medical Center, Presbyterian, Lovelace Women's Hospital). If pre-term labor is suspected, and the gestational age is >20 weeks, but <30 weeks, transport patient to a facility with a NICU (Presbyterian, UNMH, RUST Medical Center, and Lovelace Woman's Hospital). Trauma patients should be transported to UNMH.
- If gestational age is <20 weeks and patient presents with vaginal bleeding and/or abdominal pain, transport to nearest appropriate Emergency Department.

MCB Action	Passed 06/15/2005	Implemented 10/01/05	Revised 08/21/13	Revision # 1	Implemented 10/01/13

OB-4 Prolapsed Umbilical Cord

Designation of condition: This occurs when the cord slips down into the vagina or presents externally after the amniotic membranes have ruptured. The umbilical cord is compressed against the presenting part, diminishing fetal blood flow from the placenta. Fetal asphyxia may rapidly ensue if circulation through the cord is not re-established and maintained until delivery.

ALL PROVIDERS

- ABC's
- Oxygen
- Maintain universal blood and body fluid precautions.
- Rapid transport to the nearest OB capable facility
- Position the mother with hips elevated in Trendelenburg or knee-chest-position to relieve pressure on the cord.
- Instruct the mother to "pant" with each contraction to prevent her from bearing down.
- Insert two gloved fingers into the vagina and gently elevate the presenting part to relieve pressure on the cord and restore umbilical pulse. DO NOT attempt to reposition or push the cord back into the uterus.
- If assistance is available, apply moist sterile dressings to the exposed cord.
- Maintain hand position (preventing compression of the cord) during rapid transport to receiving hospital, and until such time that hospital personnel are able to relieve you of this life-saving intervention.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock
- The definitive treatment is an emergency cesarean section.
- Early notification of receiving facility is mandatory.

MCB Action	Passed 06/15/2005	Implemented 10/01/05	Revised	Revision #	Implemented

OB-5 Breech Delivery

Designation of condition: The largest part of the fetus (head) is delivered last. In general, breech presentations include buttocks presentation and/or footling presentation. An infant in a breech presentation is best delivered in the hospital setting since an emergency cesarean section is often necessary. However, if it is necessary to perform a breech delivery in a pre-hospital setting, the following procedures should be performed:

ALL PROVIDERS

- ABC's
- Oxygen as needed
- Maintain universal blood and body fluid precautions.
- Follow general treatment guidelines as indicated in general active labor protocol.
- If breech presentation identified, begin immediate transport to OB capable hospital. Determine need for imminent delivery. (The mere appearance of the feet through the vulva does not mandate delivery. It is important to allow the feet, legs, and buttocks to advance through the introitus before intervention.) If imminent delivery necessary:
- Position mother for delivery.
- Whenever possible, use sterile or aseptic technique.
- Allow the fetus to deliver spontaneously up to the level of the umbilicus. If the fetus is in a front presentation, gently, extract the legs downward after the buttocks are delivered.
- After the infant's legs are clear, support the baby's body with the palm of the hand and volar surface of the arm.
- After the umbilicus is visualized, gently extract a 4"-6" loop of umbilical cord to allow for delivery without excessive traction on the cord. Gently rotate the fetus to align the shoulder in an anterior-posterior position. Continue with gentle traction until the axilla is visible.
- Gently guide the infant upward to allow delivery of the posterior shoulder.
- Gently guide the infant downward to deliver the anterior shoulder.
- During a breech delivery, position the head so that the fetal face is downward, away from the maternal symphysis.
- The head may deliver without difficulty. However, be careful to avoid excessive head and spine manipulation or traction.
- If the head does not deliver immediately, action must be taken to prevent suffocation of the infant. Perform Mariceau's maneuver:
  - Rotate mothers legs up towards her shoulders
  - Place a gloved hand in the vagina with the palm toward the babies face.
  - With the index and middle fingers, form a "V" on either side of the infant's nose on the maxilla.
  - Gently push the vaginal wall away from the infant's face while applying gentle traction to the baby's face to roll the occiput under the pubic symphysis. An assistant may apply gentle downward pressure above the pubic symphysis until the head is delivered.
- If unable to deliver infant's head within three (3) minutes, maintain the infant's airway with the "V" formation and rapidly transport to the hospital.
- Early notification of the receiving facility of a complicated delivery is mandatory.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS

MCB Action	Passed 06/15/05	Implemented 10/01/05	Revised	Revision #	Implemented

OB-6 Pre-Eclampsia and Eclampsia

Designation of Condition: Pre-eclampsia: A condition of pregnancy (after 20 weeks gestation) characterized by increasing hypertension, headaches, clonus, visual disturbances, right upper quadrant pain and edema of the lower extremities. This condition may progress to Eclampsia, an active life threatening seizure in the pregnant or post-partum patient.

ALL PROVIDERS

- Establish and maintain airway. Provide supplemental oxygen.
- Position patient on left side (left lateral recumbent position). Avoid supine hypotension syndrome.
- Perform field glucose determination.
  - If <60 mg/dl, administer Dextrose per protocol.
- Transport ASAP.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS TKO or saline lock

PARAMEDIC

- Monitor ECG.

PRE-ECLAMPSIA:

- If patient is exhibiting signs and symptoms of **severe** pre-eclampsia defined by:
  - 1) systolic BP >170 and/or diastolic BP >110

OR

  - 2) systolic BP >150 and/or diastolic BP >100 **AND** the patient exhibits at least 2 signs and symptoms of severe pre-eclampsia (severe headache, blurred vision, or abdominal pain), contact MCEP for possible magnesium order.
    - Administer Magnesium Sulfate

ECLAMPSIA (If patient begins seizing):

- Administer Magnesium Sulfate
- Perform field glucose determination.
  - If <60 mg/dl, administer Dextrose per M-5 protocol.

Benzodiazepine:

- If seizure continues after giving magnesium, administer Benzodiazepine (Diazepam or Midazolam) per the MISC-8 Benzodiazepine protocol
- If Benzodiazepine is administered, be prepared to actively manage the patient's airway as respiratory arrest may result.

MCB Action	Passed 06/16/99	Implemented 10/01/99	Revised 06/15/10	Revision # 4	Implemented 10/01/15

Trauma Section [T]

T-1 Airway Management for the Trauma Patient

Designation of Condition: The patient will be unable to adequately maintain an airway in the presence of trauma.

ALL PROVIDERS

- Immobilize the cervical spine (axial immobilization). An airway may be maintained by utilizing the trauma jaw thrust or trauma chin lift. An oral or nasal airway may be utilized. Suction as necessary.
- If patient is not breathing adequately or is in respiratory arrest and BVM ineffective, the neck should be stabilized with axial immobilization (in-line) and the airway secured with an Extraglottic Airway Device (see Laryngeal Mask Airway Procedure) without extension or flexion of the head.

PARAMEDIC

- If patient is not breathing adequately or is in respiratory arrest and BVM ineffective, the neck should be stabilized with axial immobilization (in-line) and the trachea orally intubated without extension or flexion of the head.
- If the attempt at an axial immobilization oral intubation is not successful, consider: Extraglottic Airway Device or Surgical Cricothyrotomy.
- In the unresponsive breathing patient, consider nasotracheal intubation, unless contraindicated

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 12/01/04	Revision # 2	Implemented 04/01/05

T-2 Major Trauma Patients, Penetrating

Designation of Condition: See Trauma Triage Protocol.

ALL PROVIDERS

Penetrating Trauma: Transport to the appropriate Trauma Center should be initiated as soon as possible.
For Category 1 or Category 2 penetrating trauma patients, prolongation of scene time is unacceptable except in the following circumstances:

- The scene is unsafe
- The patient is not accessible
- Airway has not been established and requires prompt intervention
- Multiple patients
- Belligerent combative patients who require additional personnel

Field Procedures:

- Rapid transport is the priority.
- Secure airway as appropriate utilizing axial immobilization, oxygen, BVM, suction, and Extraglottic Airway Device/intubation as indicated (see T-1).
- Immobilize C-spine as appropriate. Immobilize only if focal neurological deficit is noted below the injury, or if you suspect a spinal injury based on the anatomic location of the wound and the patient is unconscious or severely obtunded.
- Control major external bleeding with direct pressure or Tourniquet
- Begin immediate transport to appropriate facility according to the patient distribution guidelines in the appendix
- Monitor and support vital signs en route.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS (two large bore preferred) en route and provide fluid resuscitation. Cautiously titrate fluids to maintain mental status or a systolic BP at or near 100 mmHg. In cases of severe brain trauma, titrate fluids (aggressively if necessary) to maintain SBP at or above 100 mmHg.

PARAMEDIC

- If evidence of tension pneumothorax, treat appropriately (see T-4).

PENETRATING TRAUMATIC ARREST (patient apneic, pulseless, no signs of life)

ALL PROVIDERS

- Resuscitation should be initiated in all trauma arrest cases except patients whose bodies are decapitated, transected, have extruded brain matter, or livormortis.
- Mandatory resuscitation field procedures include:
- Secure airway as appropriate, utilizing axial immobilization (as indicated); ensure adequate oxygenation and ventilation.

PARAMEDIC

- If evidence of tension pneumothorax, treat appropriately.
- If patient remains pulseless and apneic after above,
- Place patient on cardiac monitor:
  - If PEA >40 bpm, provide rapid transport. Commence CPR and IV fluids.
  - If Asystole or PEA <40 bpm, you may call MCEP for D/C order.
- If there is a return of pulses, titrate fluids to maintain systolic BP of 100 mmHg.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 06/15/05	Revision # 3	Implemented 10/01/05

T-3 Major Trauma Patients, Blunt

Designation of Condition: See trauma triage protocol.

ALL PROVIDERS

Blunt Trauma: Transport to the appropriate Trauma Center should be initiated as soon as possible.
For Category 1 or Category 2 blunt trauma patients, prolongation of scene time is unacceptable except in the following circumstances:

- The scene is unsafe
- The patient is not accessible
- Airway has not been established and requires prompt intervention
- Multiple patients
- Belligerent combative patient who requires additional personnel

Field Procedures:

- Rapid transport is the priority.
- ABC's. Secure airway as appropriate; oxygen, BVM, suction, and Extraglottic Airway Device / Intubation as indicated
- Immobilize and protect the C-spine as appropriate per the Spinal Immobilization Algorithm
- Control bleeding with direct pressure per the Tourniquet / Pressure Dressing Procedure
- Begin immediate transport to appropriate facility according to Patient Distribution Guidelines
- Monitor and support vital signs en route.

INTERMEDIATE AND PARAMEDIC

- IV NS (two large bore preferred) en route and provide fluid resuscitation. Cautiously titrate fluids to maintain mental status or a systolic BP at or near 100 mmHg. In cases of severe brain trauma, titrate fluids (aggressively if necessary) to maintain SBP at or above 100 mmHg.

PARAMEDIC

- If evidence of tension pneumothorax, treat per Needle Decompression Procedure
- Cardiac monitor en route

BLUNT TRAUMATIC ARREST (patient apneic, pulseless, no signs of life):

ALL PROVIDERS

- Resuscitation should be initiated in all trauma arrest cases except patients whose bodies are decapitated, transected, have extruded brain matter, or livormortis.
- Mandatory resuscitation field procedures include:
- Secure airway as appropriate utilizing axial immobilization. Ensure adequate oxygenation and ventilation.

PARAMEDIC

- If evidence of tension pneumothorax, treat appropriately.
- If patient remains pulseless and apneic after the above modalities have been instituted, place patient on cardiac monitor.
- If PEA >40 bpm, provide rapid transport. Commence CPR and IV fluids.
- If Asystole or PEA <40 bpm, you may call MCEP for D/C order.
- If there is a return of pulses, titrate fluids to maintain systolic BP of 100 mmHg.
- If there is a reasonable suspicion (based on mechanism or history) that the arrest was secondary to a primary cardiac event, and not trauma, then treat patient in accordance with the appropriate cardiac protocols.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 09/20/06	Revision # 3	Implemented 04/01/07

T-4 Trauma Triage Algorithm

ALL PROVIDERS

Category 1 Trauma

- Assess physiologic status
  - Hemodynamic compromise [1]
  - Respiratory compromise [2]
  - Unconscious or deteriorating mental status

If yes to any of the above, transport to Level 1 Trauma Center (University Hospital)
If no, continue trauma triage

Category 2 Trauma

- Assess anatomical injury
  - All penetrating injuries to head, neck, torso, or proximal extremities[3]
  - Flail chest
  - Trauma with burns of 10% or > or inhalation injuries
  - 2 or more suspected proximal long bone fractures
  - Potential multi-system trauma
  - Limb paralysis
  - Amputation proximal to distal phalangeal joint
  - Open or suspected depressed skull fracture
  - Unstable pelvis or suspected pelvic fracture
  - Altered mental status [4]

If yes to any of the above, transport to Level 1 Trauma Center (University Hospital)
If no, continue trauma triage

Category 3 Trauma

- Assess mechanism of injury and risk for occult injury
  - Ejection from vehicle
  - Death in same vehicle
  - Falls > 15 feet
  - Pregnant > 20 weeks
  - Evidence of high energy event of clinical significance [5,6]

If yes to any of the above, transport to Level 1 Trauma Center (University Hospital)

If no, the patient meets non-category trauma criteria and may be transported to a:

- Level 1 trauma center (University Hospital) or
- Presbyterian or Lovelace Medical Center or
- Requested facility or
- Closest facility by proximity or access or Capacity status
- If the patient or paramedic requests a non-listed facility, contact MCEP at requested facility and follow their guidance prior to transport.

Footnotes:

1. Hypotension, pallor, tachycardia, or diaphoresis
2. Tachypnea (hyperventilation) alone will not necessarily initiate this level of response
3. Non-life threatening, minor injuries excluded
4. Altered mental status (secondary to sedative or hypnotic will not necessarily initiate this level of response)
5. High-energy event of clinical significance = large release of uncontrolled energy to patient. These events may include rollover crashes, motorcycle, ATV or bicycle crashes, auto versus pedestrian impacts, significant assaults or altercations, or extrication times >20 minutes. Assume patient is injured until proven otherwise (multi-system injuries may be present) and exercise clinical judgment considering direction and velocity of impact, patient

kinematics, physical size and vehicle damage. Age and co-morbid factors/conditions should be considered in triage level decisions.

6. If a patient with evidence of a high energy event of clinical significance but without any clinical signs or symptoms of injury refuses transport to the trauma center and requests another facility, the paramedic will contact the MCEP at the requested facility and follow their guidance.

MCB Action	Passed 02/21/96	Implemented 04/01/96	Revised 04/04	Revision # 6	Implemented 10/01/04

T-5 University Hospital Trauma Distribution Plan

The mission of University Hospital is to be able to care for all trauma patients. However at times it may become necessary to prioritize the receipt of the critically injured. During these times, distribution of Category I, II, III and non-category patients will be necessary.

ALL PROVIDERS

- Lifeguard Communication Center will notify AAS, AFD and BCFD Dispatch centers regarding the specific category of patient divert.

- AAS, AFD and BCFD Dispatch centers will notify their supervisors of the status.

- Due to the potential short time frame of the divert status; field units will only be notified on a case-by-case basis as the need arises. This will cut down on the confusion and the lengthy notification process to rescind the divert.

- All category 3 patients will be taken to Lovelace Downtown or Presbyterian Emergency Departments. These patients will be distributed according to:
  - Patient preference
  - Closest facility
  - Capacity status

- Non-categorized patients will be transported to any facility according to:
  - Patient preference
  - Closest facility
  - Capacity status

Lifeguard Communication Center will notify the three dispatch centers once the divert status has been lifted. These times will be recorded in the Lifeguard Communication Center logs.

MCB Action	Passed 05/20/98	Implemented 07/01/98	Revised 11/11/01	Revision # 1	Implemented 01/01/02

T-6 Hypovolemic Shock

Designation of Condition: The patient may present with any of the following: an altered mental status (anxious, combative, confused, etc.), pale, clammy skin, weakness, nausea, decreased blood pressure (systolic <90 mmHg), weak rapid pulse, rapid, shallow respirations and a mechanism (medical or trauma) which may cause severe blood or fluid loss.

ALL PROVIDERS

- ABC's, high flow oxygen
- Control hemorrhage; support respiration and circulation
- Rapid transport is the priority.
- Vital signs

INTERMEDIATE AND PARAMEDIC

- Adults: IV/IO NS en route (two IVs preferred) and bolus 20 ml/kg; reassess and adjust to desired effect.
- Child: IV/IO NS en route and bolus 20 ml/kg; reassess and titrate to effect.
- NOTE: Over-aggressive fluid resuscitation may be detrimental in certain hypovolemic shock situations and caution combined with good clinical judgement is required to manage them.
  - Patients in cardiogenic shock with signs of pulmonary edema (dyspnea, hypoxia, rales, JVD, dependent edema) - see AC-6.
  - Hypovolemia secondary to penetrating torso trauma. New guidelines support the concept of cautious fluid resuscitation, with a goal of maintaining systolic blood pressure at or about 90-100 mmHg

PARAMEDIC

- Monitor ECG

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 06/15/05	Revision # 3	Implemented 10/01/05

T-7 Burns

Designation of Condition: The patient will have suffered a chemical, electrical or thermal injury.
Initial Examination and Evaluation

ALL PROVIDERS

- ABC's, high flow oxygen
- Evaluate the patient and determine type of burn
- History of the injury (GLOBAL SURVEY/MECHANISM OF INJURY)
- Record time of injury and location: [indoor (closed space), outdoors, etc.]
- Mechanism: scald, flame, chemical, electrical, explosion, etc.
- En route, roughly estimate extent of injury using the RULE OF NINES.
- Determine age of patient.
- Note any significant medical history.
- Electrical injury may produce apnea. If the patient is in cardiac arrest initiate CPR & Advanced Life Support.
- When burns are associated with severe trauma, trauma protocols will supersede burn protocols.
- In simple chemical accidents, remove all contaminated clothing. Copious irrigation of the affected areas with water, unless contraindicated, should be instituted for 20 minutes as it will dilute the concentration of the offending agent and may lessen the severity of injury.

Treatment

ALL PROVIDERS

- Remove from injuring source; remove all smoldering clothing.
- Assess ABC's. Check for associated injuries. REASSESS FREQUENTLY.
- Patients suspected of having inhalation injury or carbon monoxide poisoning should receive high flow O2 by mask.
- Cover burns with dry sterile dressings. Do not apply creams or ointments.
- A cool, moist dressing may be used to alleviate pain, if the BSA (body surface area) of the burn is less than 10%. DO NOT cover the patients with wet dressings if the BSA of the burn is greater than 10%.
- If possible, cover the stretcher with a sterile sheet. Place patient on stretcher and cover with another sterile sheet & blanket to prevent heat loss.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS en route. Avoid burned area if possible when establishing IV access. Do not delay transport to establish IVs on scene in critical patients.
- Provide pain management (Morphine or Fentanyl) per pain management protocol (MISC-2)

Transportation

ALL PROVIDERS

Major Burns should be transported to the Regional Burn Center. Major burns are categorized as:

- Partial thickness burns greater than 25% in adults, 20% in children
- ALL severe full-thickness burns involving 10% or more of the body surface area
- ALL full thickness burns involving hands, face, eyes, ears, feet, and perineum
- ALL burns that compromise circulation
- ALL burns with evidence of respiratory involvement. If unable to secure airway and patient is in respiratory distress, go to nearest facility.
- ALL high voltage electrical injuries
- Burns with associated multi-system trauma
- ALL high-risk patients
- Any burn that involves hydrofluoric acid

Moderate Burns should be transported to the Regional Burn Center. Moderate burns are categorized as;

- Partial thickness burns of 15-25% in adults; 10-20% in children
- Full thickness injuries of less than 10% body surface area

Action	04/20/94	06/01/94	04/30/2015	8	10/01/2015

T-8 Eye Injuries

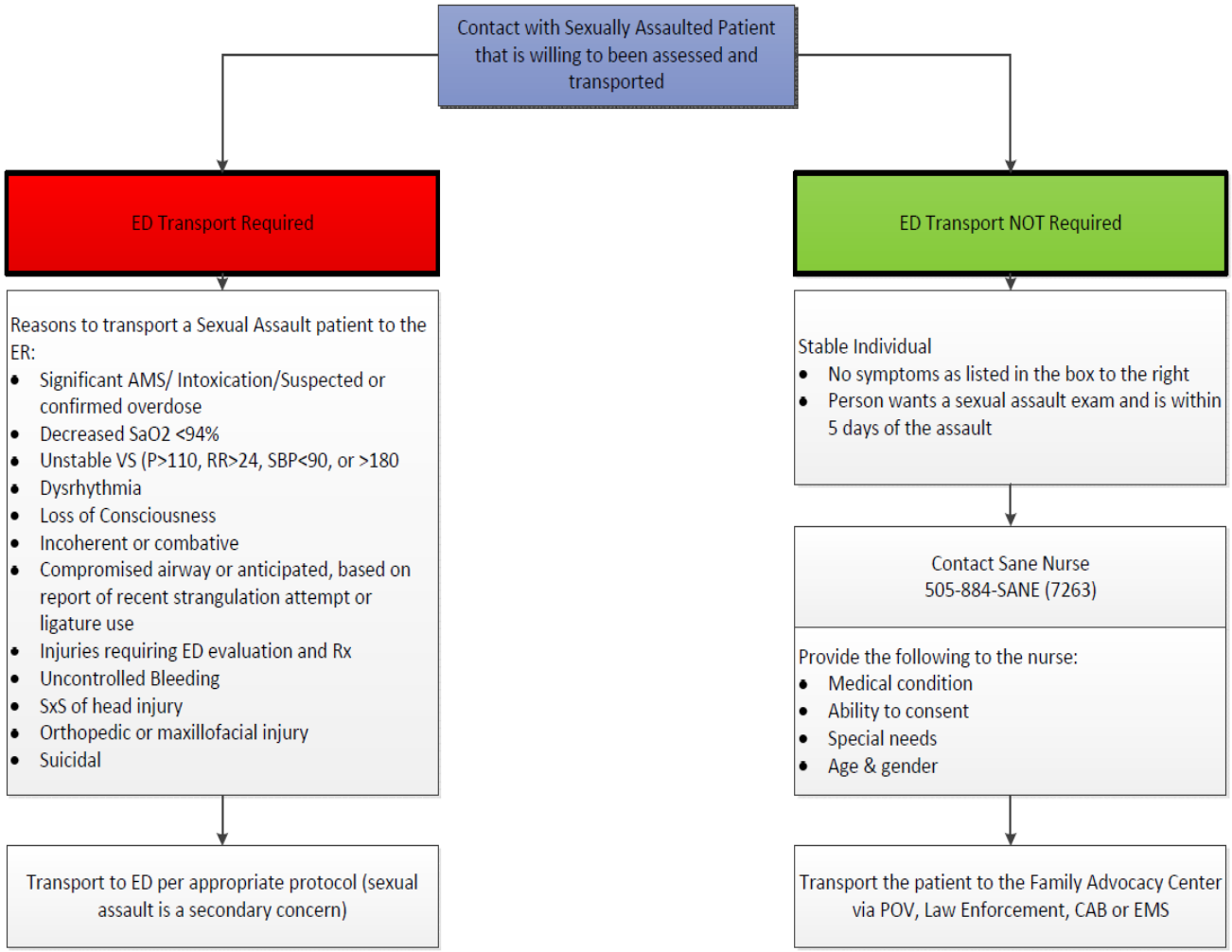
Designation of Condition: Injury to the eye that results from blunt trauma, penetrating trauma, chemical exposure, foreign body or scratch.

ALL PROVIDERS

- Obtain history.
- Consider traumatic mechanism and immobilize C-spine if necessary.
- Physical Exam: Assess vision and examine pupils for size, shape, and reactivity to light.
- Check eye movement in all directions and document any soft tissue injury.
- Penetrating Eye Injuries: Protect globe by covering orbital area with moist dressing and bulky padding. Do not apply pressure to globe. Once a penetrating injury is discovered, further pupillary and eye examination is contraindicated.
- Protruding Intraocular Foreign Body: Do not remove. Further pupillary and eye examination is contraindicated. Stabilize foreign body and cover with bulky padding and secure with tape. Patch unaffected eye to diminish consensual eye movement.
- Small particulate foreign bodies (e.g., dust/dirt): Irrigate with saline. Flip lids back and irrigate as necessary. If present, contact lenses should be removed prior to irrigation.
- Chemical Injury
  - Alkalis and Acids: Immediate treatment upon arrival. Copious irrigation with saline (brush off dry powders first). Continue irrigation en route to hospital.
  - Mace and Pepper Spray: Irrigate eyes and affected skin with saline or water until pain relief obtained. Patients with significant pain after irrigation, prolonged visual impairment or shortness of breath should be transported to hospital.
  - If present, contact lenses should be removed prior to irrigation.

MCB Action	Passed 04.16.2003	Implemented 07/01/2003	Revised	Revision #	Implemented

T-9 Sexual Assault



ALL PROVIDERS

1. EMS personnel determine if the sexual assault victim requires further medical assessment and/or treatment at an ED prior to a Sexual Assault (SA) exam.
2. See above algorithm for transport criteria.
3. Individuals not requiring ED treatment can be referred to the SANE unit at the Family Advocacy Center (FAC) at 625 Silver SW for a SA exam.

SCENE Responsibilities for SANE referral:

1. See above algorithm for SANE Dispatch process. NOTE: SANE nurses are not on-site. You must page the SANE nurse by calling 884-7263. Nurse response time to the FAC can be up to 1 hour. It is preferable for the SANE and Paramedic to speak directly to each other. If this is not possible, the EMS Dispatch will have to be the intermediary.
2. The SANE and Paramedic will consult and proceed accordingly. If possible, the SANE client should be transported to the FAC via private vehicle or law enforcement. If neither of those options is available, then the SANE nurse can dispatch Yellow Cab. Response time for Yellow Cab is usually within 20 minutes, at no charge to the client. NOTE: SANE clients under 16 years old must be accompanied by an adult in the taxi. It will be assumed that EMS will not transport to FAC unless there are no other available or appropriate means of transportation.
3. In the rare instance a SANE client is transported to FAC by EMS, the Paramedic will give report to the SANE nurse via phone or through the EMS Dispatch. The FAC access will be at the front of the building. The facility is typically staffed from 0800 - 1700. When speaking to the SANE nurse, confirm someone is on-site to receive the client. After 1700 hours, EMS personnel will transport to the FAC only if contact has been made with SANE and it is confirmed that staff

will be present on arrival to the facility to take charge of the client. If staff is not available to receive the SANE client, the client will be taken to the ED of client choice and SANE will facilitate further treatment.

4. Advise client against eating, drinking, bathing, smoking, and urinating, if possible.
5. Encourage client to wear or bring the clothing (bag in paper bag only) he/she was wearing at time of assault, if possible.

MCB Action	Passed 08/16/00	Implemented 10/01/00	Revised 01/16/08	Revision # 2	Implemented 04/01/08

T-10 Air Taser Injuries

Designation of Condition: EMS personnel may be requested to assess patients after Taser deployment, and/or to remove Air Taser probes lodged in a subject's skin. Be aware that secondary injuries may result from falls sustained after the device has been deployed. Subjects may be dazed/confused for several minutes post device deployment. The patient may require additional restraint as defined in protocols TT-5 Involuntary Emergency Transport and MISC-4 Patient Restraint.

ALL PROVIDERS

- Scene Safety
- Confirm that the Air Taser has been shut off and the probe is no longer connected to the Taser gun.
- Remove Air Taser per the Taser Removal in the Medical Procedure section
- Obtain vital signs at the earliest opportunity. Violent and combative behavior may be secondary to intoxication, psychosis, hypoxia, hypoglycemia, OD or CNS infection. Obtain O_2 sat and BGL as soon as it is feasible. Treat trauma and seizure if applicable.
- Evaluate the anatomical location of the probe (s) puncture zone(s). High-risk/sensitive zones will require transport to a medical facility for removal. They include:

Eyes, ears, nose, mouth and neck. (Darts to scalp, and low risk areas of forehead and cheek, can be removed in the field, but the wounds listed below may require assessment by a physician).	
Breast	Genitals
Hands or Feet	Joints

MCB Action	Passed 05/04	Implemented 10/01/04	Revised	Revision #	Implemented

T-11 Hemorrhage Management / Hemorrhagic Shock

Designation of Condition: Control of bleeding will be established to prevent hemorrhagic shock from developing.

All Providers

- Apply immediate direct pressure over wound, control bleeding with a tourniquet or a pressure dressing as appropriate
- Manage airway as needed
- Administer oxygen
- Lie patient supine and cover with a blanket to prevent hypothermia
- Consider rapid ground or air transport.
- Patient should be transported to appropriate level trauma facility to manage care

INTERMEDIATE AND PARAMEDIC

- IV/IO NS
- Titrate IV fluids to systolic BP of 100 mmHg.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 07/09/15	Revision # 3	Implemented 10/01/15

Transport/Transfer of Care/Patient Destination [TT]

TT-1 911 Patient Transport and MCEP Order Guidelines

ALL PROVIDERS

All 911 patients within the City of Albuquerque or Bernalillo County will be transported by a 911 system provider (AFD, BCFD or AAS), excluding MCI events when other ambulance services may be utilized as additional transport resources. If other ambulance service providers encounter a patient in need of EMS, they will activate the 911 system, provide initial stabilization, and wait for the 911 system providers to continue further treatment and transport of the patient, unless patient condition is deemed time sensitive, having a life threat or is considered critical. If other ambulance service providers are responsible for a scheduled transport patient who deteriorates or is deemed unstable, they may activate 911 for assistance if needed.

Patients will be transported to the closest appropriate hospital within their preferred hospital system, unless protocol or hospital status dictates otherwise. If a patient does not have a hospital preference, (s)he should be transported to the closest appropriate facility.

If MCEP orders (including transport refusal orders) are needed, providers should contact the hospital to which the patient will/would be transported (excluding circumstances when it is appropriate to contact an EMS Consortium physician for orders). If providers are unable to contact an MCEP at the intended facility, attempt to contact an MCEP within the same hospital system.

MCB Action	Passed 10/29/99	Implemented 01/01/00	Revised 02/08/2012	Revision # 2	Implemented 10/01/16

TT-2 Guidelines for the Transport of Minors

Designation of Condition: These guidelines are designed to help crews with the difficult job of handling minor patients (<18 years of age) and the situation when a minor has a child.

ALL PROVIDERS

- For minors to make a decision regarding healthcare, they must be emancipated. They must be 16 years of age and:
  - Married
  - Divorced
  - Active military
  - Legally declared emancipated in a court of law
- Pregnancy in and of itself does not emancipate a minor.
- When in doubt, use EMS Act, Section 24-10B.-9.1, to transport the patient against their will (see TT-5). Error on the side of transport versus cancellation.
- When in doubt, contact an MCEP.
- When a minor over the age of 16 is evaluated and is uninjured and is refusing further care, the patient can sign the liability release as acknowledgment of evaluation and refusal but this does not absolve the agencies of liability. The minor must be left in a safe environment. Utilize law enforcement and MCEP as necessary.
- In certain circumstances, young minors may be left in the care of others who have been left in charge of the minor. Specific caretakers (loco parentis), including a non-minor sibling or other non-guardian family member, a school bus driver or adult group leader (church, scouts, church), may take responsibility if they have assumed responsibility for the child and sign the liability release.
- An emancipated minor can make decisions for her minor child. There is no law that allows a minor mother to or prohibits a minor mother from making decisions for her minor child. Therefore, if the minor mother is not making a decision in the best interest of the child, this would be an area to utilize the EMS Act noted above, an MCEP, or law enforcement if necessary.
  - An exception is children 14-18 years of age who have been sexually assaulted. These patients can consent for treatment and can request parents not be contacted.

Notes: When dealing with the emancipation issues, document statements made by the parties involved when the appropriate documentation (marriage certificate, court order, etc.) is not readily available. Remember to error on the side of patient care.

MCB Action	Passed 12/20/06	Implemented 04/01/07	Revised	Revision #	Implemented

TT-3 Pediatric Transport Protocol

Designation of Condition: When presented with an unstable or critical pediatric medical patient, it is important to remember that only hospitals with NICU/PICU capabilities are equipped to handle these patients.

ALL PROVIDERS

- Provide ABC's, assist ventilations as appropriate.
- Follow necessary protocol for given condition.
- Consider transport to closest facility with NICU/PICU capability.
  - University of New Mexico Hospital (NICU/PICU)
  - Presbyterian Hospital (NICU/PICU)

Important Considerations:

- If confronted with a medical patient that you are unable to maintain an airway and are unable to successfully intubate, divert to the closest facility for airway stabilization.
- It is important that the receiving hospital be notified as soon as possible during the transport so that the appropriate personnel can be in the ER when you arrive.

MCB Action	Passed 12/06/98	Implemented 04/01/99	Revised	Revision #	Implemented

TT-4 Transport to Multiple Destinations

Designation of Condition: At times circumstances necessitate transport of several patients in transport unit. There will be times that it is necessary to transport these patients to different hospitals. These times should occur only when the number of patients exceeds the number of transporting units. When multiple back boarded patients are transported, they must be secured safely and appropriately.

PARAMEDIC

- Multiple destinations may be the result of patient request or to optimize patient care.
- The more severely ill or injured patient will mandate the first hospital destination. If both patients are deemed equal in illness or injury, the transport unit will go to the closest hospital first.
- Based on Paramedic judgment, if transport to the second hospital puts the patient at any risk to well-being, the patient should be unloaded at the first destination.
- If a patient is on hospital property and is requesting to be transported to a second hospital against the Paramedic's advice, clearly document the refusal (consider MCEP consult) of evaluation at the first hospital and transport to the second hospital, if open.

MCB Action	Passed 07/18/01	Implemented 01/01/02	Revised 02/20/13	Revision # 1	Implemented 04/01/13

TT-5 Involuntary Emergency Transport

New Mexico State Statutes Amended 1978 Chapter 24-10B-9.1 Emergency Transportation

ALL PROVIDERS

Any person may be transported to an appropriate health care facility by an emergency medical technician, under medical direction, when the emergency medical technician makes a good faith judgment that the person is incapable of making an informed decision about his own safety or need for medical attention and is reasonably likely to suffer disability or death without the medical intervention available at such a facility.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 01/19/11	Revision # 3	Implemented 04/01/11

TT-6 Patient Refusal of Treatment or Transport

Designation of Condition: To provide guidelines for instances where patients are not treated or transported to a hospital

ALL PROVIDERS

Interpretations and Guidelines: As emergency service providers we should respond to all calls with the intention of providing appropriate pre-hospital patient care. At no time should we try to talk the patient out of going to the hospital. Whatever their decision, it must be theirs alone. If the patient asks you whether he/she really needs to go to the hospital or be seen by a physician, it is recommended that you tell them, "We can't make that determination. If you would like to go to the emergency room to be seen by a doctor, we will provide transportation for you to the hospital of your choice, if available."

Requirements for Patient Refusals: Certain criteria must be met before a patient may sign a refusal of treatment and/or transport.

Age Criteria:

- Adult - 18 years of age or older
- Emancipated Minor - 16 years of age and married, a minor in the military or court order divorcing minor from the parents

Patient Assessment Criteria:

- Patient must be alert and able to maintain coherent thought and speech
- Patient must be oriented and able to reference Time/Date/Place/Person/Situation
- Patient judgment must not be clouded with alcohol or drug use
- Patient must not have evidence of suicidal tendencies and must not have evidence that they are a danger to themselves or others
- Patient must not exhibit evidence of bizarre or psychotic thought/behavior
- Patient vital signs must be within normal limits
- Patient must have a neurologic exam including coordination and gait that is normal or consistent with their past medical history.
- Patient must not have evidence of life or limb threatening injury or illness

If above criteria are met and the patient refuses treatment or transport, they must demonstrate an understanding of their medical situation and the risks associated with refusal.

If the patient meets the above criteria and refuses treatment and/or transport, have the patient sign the patient refusal portion of the run report.

If the patient does not meet the above criteria, attempt to persuade the patient of the need for treatment /transport. If the patient continues to refuse, consider utilizing protocol TT-5 or contact an MCEP.
Minors: Reference TT-2 Guidelines for the Transport of Minors
The refusal form MUST BE SIGNED BY: Natural Parent or Adopted Parent or Legal Guardian.
In no event will legal consent procedures delay emergent patient care or transport. All cases resulting in non-transport will generate a thorough patient care narrative for each patient seen.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 01/16/13	Revision # 4	Implemented 04/01/13

TT-7 EMS Helicopter Transfers

Designation of Condition: Allow for safe transfer of patients from EMS units to a helicopter when the helipad is on hospital grounds.

ALL PROVIDERS

- Circumstances may require utilization of a hospital helipad to facilitate transfer of either a medical or trauma patient to an appropriate facility.
- Request the helicopter intercept through Albuquerque Base.
- It must be determined that it is in the best interest of the patient for emergent transfer via helicopter verses evaluation in the hospital's emergency department.
- Notify the hospital's emergency department that its helipad will be used for the helicopter intercept only and that no evaluation or treatment of the hospital's emergency department is being requested.

Explanation: EMTALA applies where an individual comes to the hospital's emergency room and a request is made on the individual's behalf for examination or treatment of a medical condition. HCFA has interpreted the phrase, "comes to the hospital's emergency room" to mean that the individual is on the hospital's premises or is in an ambulance owned by the hospital. Where the hospital's helipad is being used only to accommodate a transfer of a patient from a ground ambulance to an air ambulance, it is necessary that the hospital's emergency department be informed of what is going on and that no request for examination or treatment is being made.

MCB Action	Passed 02/21/01	Implemented 04/01/01	Revised	Revision #	Implemented

TT-8 Air Medical Helicopter

Designation of Condition: Guidelines for trauma scene responses and rendezvous

ALL PROVIDERS
Field providers should always use their best judgment.

Within 20 minutes ground transport time to University Hospital:
- Helicopter transport rarely indicated
- Consider if prolonged extrication of patient who is in severe shock or requires airway management.
- Consider in MCI with multiple patients meeting 20-40 minute criteria (yellow)

20-40 minutes ground transport time to University Hospital:
- All of the above and GCS <13 and not likely due to intoxication alone
- Signs of shock
- Respiratory distress
- MCI

40 minutes ground transport time to University Hospital:
- All of the above
- Severe mechanism of injury
- Passenger space intrusion >20 inches
- Ejection from vehicle
- Fatality in same vehicle
- Fall > twice patient height
- Prolonged extrication
- High speed rollover
- Auto versus pedestrian or bicyclist
- Auto versus tractor trailer
- Penetrating trauma to head or neck or torso
- Motorcycle/ATV crash
- Other high risk features
- Age >65
- Age <3
- Loss of consciousness >2 minutes
- Limb threatening injuries, amputations, etc.
- Burns >20% BSA or face/airway involvement

- The air medical helicopter may be canceled at any time by the paramedic in charge or the Incident Commander when deemed necessary.
- The Incident Commander, designee, or local Law Enforcement Agency will be responsible for establishing a safe Landing Zone.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 04/19/06	Revision # 3	Implemented 10/01/06

TT-9 Transport Drugs

INTERMEDIATE and PARAMEDIC

Drugs allowed for monitoring during inter-facility transports (initiated and administered by the sending facility with the dosing parameters and requiring an infusion pump when given by continuous infusion unless otherwise specified); the infusion may be terminated by the Paramedic if appropriate, but if further adjustment are anticipated, appropriate hospital personnel should accompany the patient, or a critical care transport unit should be utilized.

- Follow this link to the NM EMS Bureau website for information on which drugs are allowable per the state scope of practice:
    - http://164.64.110.239/nmac/parts/title07/07.027.0011.htm

MCB Action	Passed 11/15/95	Implemented 04/01/96	Revised 06/13/2016	Revision # 8	Implemented 10/01/16

TT-10 Transport of Patients on Ventilators

Designation of Condition: Patients on ventilators being transported, either between healthcare facilities during Interfacility transfers or during emergency responses, by a paramedic transport service.

PARAMEDIC

- Immediately perform a thorough reassessment of the airway.
- Visualize chest excursion and auscultate lung fields and epigastrium. Monitor pulse oximetry. Place a quantitative $EtCO_2$ detector device inline to continuously confirm proper placement of advanced airway and monitor for adequate ventilation.
- During Interfacility transfers, if the EMS transport unit is equipped with a ventilator that meets the needs of the patient, the patient may be placed on the EMS ventilator and monitored by the paramedic during transport.
- If the EMS transport unit is not equipped with a ventilator, or if the EMS ventilator does not meet the needs of the patient, a trained provider from the transferring facility must accompany the transport paramedic to operate that facility's ventilator.
    - If the referring facility is unable to send a trained healthcare provider to accompany the transport paramedic, the ventilator will be removed and the patient will be ventilated by bag valve mask.
    - In this event, a second licensed EMS provider will accompany the paramedic during the transport to monitor vital signs and assist as needed.
- If concerns arise regarding airway or ventilator status, the transport paramedic has final judgment regarding airway management.
- During emergency responses, if a responding EMS provider is trained and the transport unit is equipped with a ventilator possessing multiple modes of ventilation, including CPAP or BiPAP, the ventilator may be utilized in any mode by a trained provider to manage the patient's airway and oxygenation/ventilation demands.

MCB Action	Passed 05/19/99	Implemented 07/01/99	Revised 04/14/15	Revision # 2	Implemented 10/01/15

TT-11 Transfer of Patient Care Responsibility

ALL PROVIDERS

Purpose: To facilitate smooth transfer of patient from pre-hospital to hospital including:

- Arrival at hospital
- Patient unloading
- Moving patient from transport unit stretcher to hospital stretcher
- Verbal turnover report to designated hospital personnel

Transport unit personnel will maintain charge of patient care on arrival at hospital until all of the following are accomplished:

- Arrival at Hospital: The pre-hospital team will be responsible for unloading the patient. Hospital personnel will remain outside the transport unit unless asked by the transport paramedic.
- Patient Unloading: The transport paramedic will be responsible for and oversee all patient care during unloading of the patient. This includes maintenance of all pre-hospital performed procedures (endotracheal tube placement and ventilation, intravenous line placement, etc.). Only the transport unit personnel will operate the stretcher during the unloading procedure. The transport paramedic will maintain charge as the patient is moved into the hospital.
- Moving Patient from Transport Unit Stretcher to Hospital Stretcher: The transport paramedic will be responsible for and oversee all patient care during transfer of the patient from the transport unit stretcher to the hospital stretcher. This includes maintenance of all pre-hospital performed procedures (endotracheal tube placement and ventilation, intravenous line placement, etc.). After transfer of patient to the hospital stretcher, the transport paramedic will reassess and verify placement of the endotracheal tube before transferring care to hospital personnel. The transport paramedic will maintain charge during transfer of the patient from the transport unit stretcher to the hospital stretcher.
- Verbal Turnover Report to Designated Hospital Personnel: The transport paramedic will give a verbal report as appropriate to inform designated hospital personnel of the recent event.

Note: While on hospital premises, Emergency Room M.D. may at any time assume responsibility for the care, transfer and maintenance of lines and tubes as deemed necessary by the physician. In the event the Emergency Room M.D. takes charge of patient care before transfer of patient care responsibility occurs, the Emergency Room M.D. assumes responsibility for patency of all procedures performed to that point.

MCB Action	Passed 5/15/96	Implemented 07/01/96	Revised	Revision #	Implemented

TT-12 Emergency Department Patient Turnover

Designation of Condition: Expedite appropriate and timely turnover of pre-hospital patients to the Emergency Department staff.

ALL PROVIDERS

- Expeditious and complete patient turnover will be the goals of all personnel involved.
- The responsibility for patient care transfers to the E.D. staff once the patient enters the E.D. EMS personnel will strive to do what is medically appropriate for the patient and keep continuity of care until report is given.
- It is expected that ED staff will receive pre-hospital personnel in a timely manner on arrival to ED and direct them to the appropriate bed or ED area.
- Pre hospital personnel will assist in moving patient to the hospital gurney and give a complete pre-hospital report.
- Except when dictated by call volume, EMS run reports will be left at the hospital when the patient is turned over to the hospital staff.
- It is expected that a complete turnover will be completed within 15 minutes of ED arrival or when the relevant EMS run report is complete, whichever is longer.
- If the above criteria is not met and the patient remains on the pre-hospital gurney greater than 15 minutes, pre-hospital personnel will seek a safe and appropriate place to unload the patient and give the written run report to the first available ED staff RN and then return to service.
- There is no EMS obligation to provide personnel or equipment in the E.D.

MCB Action	Passed 07/18/01	Implemented 01/01/02	Revised 05/15/02	Revision # 1	Implemented 07/01/02

TT-13 EMS Unit Diversion

Designation of Condition: To promote optimal patient care through the coordinated efforts of the EMS and hospital systems. To allow for proper patient destination based on patient request and facility status during times when the facility staff feels it is temporarily incapable of providing optimal care to further patients.

ALL PROVIDERS

- ALL hospital systems must remain open to receive patients UNLESS the hospital is on “BLACK DIVERT”
  - “BLACK DIVERT” includes:
    - Critical Infrastructure Failure (i.e. facility mechanical/electrical supply failure, loss of critical imaging capabilities or treatment capabilities)
    - Building structure or safety compromise (i.e. Fire, Active Shooter, Flood, building collapse, etc.)
  - Any “BLACK DIVERT” declared will be bannered on EMResource”
- Current protocol for patient destination should be maintained including patient request and closest hospital.
- If a circumstance arises when a field EMS provider feels it is mandatory to go to a diverting hospital (except for “BLACK DIVERT”) because of risk to the patient or provider, they should advise the receiving hospital that they are overriding closed status and give a med report and ETA.
- These cases will prompt mandatory QI reporting to the appropriate medical director.
- If a unit is on the property of a hospital (cross the driveway), you should not leave the facility. Advise the facility you are already on the hospital grounds.
- Hospitals may divert within their own system.
- Hospitals can transfer patients between hospital systems, as long as an agreement exists to receive the patient

MCB Action	Passed 08/16/00	Implemented 10/01/00	Revised 06/08/15	Revision # 2	Implemented 10/01/15

TT-14 Critical Care Scene Response

Designation of Condition: Guidelines for ground critical care scene responses and rendezvous

All Providers

The ALS crew will **NOT** delay transport from the scene to await the arrival of critical care. Field providers should always use their best judgment.

Any ALS crew responding to an emergency request for service within Bernalillo County may contact their respective dispatch to request a Critical Care Team (CCT) unit rendezvous and/or response if a patient requires potentially life-saving interventions that cannot be performed by the ALS crew. This includes Rapid Sequence Airways, as well as the administration of medications outside of the ALS scope or those not carried by 911 response units.

In the event that the patient's condition warrants immediate transport, the ALS crew on scene will request a rendezvous from critical care; in this situation, the crew will contact the CCT dispatch immediately, if they are available. The CCT team will arrange a rendezvous point with the transporting ALS crew. Upon arrival at the rendezvous point, the CCT paramedics will join the transporting crew in the back of the original transport unit, bringing any anticipated equipment with them. The benefits of the rendezvous must outweigh the risks of the potential delay to definitive care.

The CCT team will receive a turnover report from attending ALS crews upon arrival at patient's side, and will then take over responsibility for patient care and direct others on scene and/or throughout the duration of transport.

When requested by an ALS crew, the CCT team will utilize their current CPG's, online medical control, and MCEP consultations to guide patient care decisions. If the EMS Consortium is also present on scene, the CCT team will work in collaboration with the Consortium MD to provide care with the patient's best interest in mind.

All rendezvous/responses will enter the medical director's QI process.

The CCT unit may be canceled at any time by the paramedic in charge or the Incident Commander when deemed necessary.

MCB Action	Passed 01/20/16	Implemented 04/01/16	Revised	Revision #	Implemented

TT-15 EMTALA Risk

Designation of condition: To minimize EMTALA risk to hospitals by EMS transport units.

ALL PROVIDERS

- It is expected that all hospitals will adhere to current status that is reflected in the EMSystem window for ED and inpatient statuses.
- When circumstances arise and an EMS transport unit is on a hospital's property, the EMS unit will not divert to another hospital.
- If you get a divert order from the facility and you are on their property, you will advise the facility that you are on their property and will not be diverting.
- Upon arrival, advise the staff of the EMTALA risk and tell them that an internal quality assurance will be generated and will be reviewed by the medical director.
- Radio reports will be done as early as possible during transport to minimize EMTALA risk.

MCB Action	Passed 02/21/01	Implemented 04/01/01	Revised	Revision #	Implemented

TT-16 Patient Care Responsibilities

ALL PROVIDERS

- The first on duty paramedic to arrive on scene will assume charge of, and direct patient care.
- All subsequent pre-hospital providers will take direction from that person by receiving a verbal report from the on-scene provider and at the paramedic's direction assisting with further patient care.
- In the event ambulance personnel and fire personnel arrive on scene simultaneously, the fire department paramedic will assume charge of patient care until the patient is transferred to the transport ambulance.
- Patient care responsibility reverts to the ambulance service paramedic once the patient has been moved into the ambulance, regardless of whether another service paramedic accompanies the patient to the hospital. The transporting service should transport the patient to their hospital of choice (or, if no preference, the nearest hospital) appropriate to medical needs and protocols.
- If in the judgment of any of the paramedics on scene, patient care requires additional support, fire department personnel will accompany the patient to the hospital in the ambulance.

MCB Action	Passed 04/20/94	Implemented 06/01/94	Revised 09/20/00	Revision # 2	Implemented 01/01/01

TT-17 Interagency Interaction Guidelines

ALL PROVIDERS

Introduction: Emergency Medical Services in the Albuquerque Metro Area is provided by several agencies that must interact cooperatively within a two-tiered EMS system. In order to achieve the goal of Quality Patient Care, it is critical that interactions between the services be predictable and consistently professional. The following guidelines have been developed jointly by AFD, BCFD and AAS, in order to facilitate optimal patient care, transfer and scene flow, and so that all field providers can approach scenes with the same expectations and cooperation.

1. The first arriving unit will relay information regarding scene safety, scene access, equipment needs, and staging, as appropriate, to subsequent arriving units utilizing the 800 MHz radio system or relay through respective communication centers.
2. The ALS transport provider will bring in their stretcher when immediate patient transport is deemed necessary by the first arriving EMS units via radio or once the need for transport has been determined. It is optimal to bring in the stretcher upon arriving on scene on all calls. Good judgment should be used at all times.
3. The first on duty paramedic to arrive on scene will assume charge of and direct patient care (lead paramedic), in accordance with their capabilities. All subsequent pre-hospital providers will take direction from that person.
4. The lead agency (agency first on scene) is responsible for directing patient assessment and care. If a paramedic is not present with the lead agency, the officer, or designated person in charge will brief the first arriving paramedic on patient condition and transfer patient care responsibilities to the lead paramedic. This includes:
   - Obtaining consent for treatment and transport.
   - Obtain a signed and fully documented refusal on any patient who refuses treatment/transport and meets refusal criteria in accordance with the City of Albuquerque/Bernalillo County EMS Protocols and guidelines.
5. If the ALS transport provider is first on scene, or first ALS, then following a complete patient assessment, an evaluation fee will be charged if the patient refuses transport. Complete refusal documentation will be generated.
6. Once the lead paramedic is on scene, the second arriving paramedic will approach the lead paramedic and offer assistance. As soon as it is clinically practical, the lead paramedic will give a brief verbal report to subsequent arriving EMS units.
7. The first arriving unit will bring in appropriate equipment upon their arrival. If ambulance and rescue/paramedic personnel arrive simultaneously, then the rescue/paramedic personnel will take in their equipment and ambulance personnel will bring in their stretcher. (If deemed necessary)
8. In the event the ALS transport paramedic and fire/rescue personnel arrive on scene simultaneously, the fire department paramedic will take responsibility of directing patient care. Paramedics will work cooperatively and in a professional manner to ensure high quality patient care. If a disagreement regarding patient care occurs in this context, MCEP guidance will be sought.
9. The first arriving EMS providers will begin to assess the patient, (history and physical) and gather other pertinent information. Other arriving personnel will approach the first EMS provider to obtain patient report. (See #3.) It is inappropriate for subsequent arriving providers to go directly to the patient and repeat questions that have been asked. Although the first arriving paramedic is in charge of patient care, please remember that this is a team concept and any disagreements will be approached from that standpoint, or deferred to an MCEP.
10. All agencies will assist each other in every possible way (i.e. moving/gathering of equipment and stretcher); however, due to risk management considerations, any time there is a patient on a stretcher, employees from that agency must perform operation of the stretcher at the head and the foot. Other personnel on scene will be utilized to help lift in the interest of patient safety and comfort.
11. The ALS transport Paramedic assumes responsibility of patient care after receiving a complete patient turnover report. (See protocol TT-16) In critical life threatening situations the transfer of patient care responsibility will automatically happen once the patient is loaded into the back of the ambulance. Although the ALS transport paramedic is in charge of patient care, please remember this is a team concept and any disagreements will be approached from that standpoint, or deferred to an MCEP. While awaiting MCEP advice, the ALS transport paramedic will continue to direct patient care. Disagreements will not delay transport. Again, patient care will remain a cooperative effort.
12. Upon transfer of patient care, an appropriate patient turnover report must be given and accepted in a professional manner by both services involved. Once patient care is transferred, a confirmatory patient assessment by the transport paramedic is both appropriate and necessary. However, as a routine, such assessments should not delay transport, and should be done en route if possible. Transport should not be delayed in order for fire/rescue personnel to complete their written patient report.
13. If a patient has been loaded into the ambulance prior to the fire/rescue unit arrival (BLS or ALS), it is appropriate for the arriving personnel to inquire if they can be of any assistance. If the ALS transport provider deems assistance

unnecessary, the fire department unit may cancel at their discretion. Transport will not be delayed in order for BLS or ALS reassessment, information gathering and/or report writing if the patient is loaded and ready for transport.

14. If in the judgment of any paramedics on the scene, patient care requires additional support, other agency personnel may accompany the patient to the hospital in the transporting unit.
15. The ALS transport provider will accept cancellations from all fire/rescue agencies. It is appropriate for on scene agencies to downgrade responding units when emergency response is not medically necessary. If fire/rescue personnel are informed by the transport medic that no assistance is required the fire/rescue units may cancel, without further intervention or assessment as appropriate.
16. The Bernalillo County EMS system follows the Incident Command System structure. Be familiar with the ICS and be able to execute it when called for. A good example of this would be any scene where hazards such as fire, fluids, power lines, etc. exist. In these situations, the incident commander is in charge of all personnel to ensure that only properly protected and/or trained responders will be in the "hot" zones. Fire Department IC will direct all responding EMS personnel to an appropriate staging area for duty assignments.

MCB Action	Passed 09/10/01	Implemented 10/01/01	Revised 01/20/15	Revision # 1	Implemented 04/01/15

TT-18 MD at Scene

ALL PROVIDERS

Card or note to be presented to M.D. at scene, which reads:

An Emergency Medical Services System with comprehensive written protocols has been established and is monitored by the Albuquerque-Bernalillo County Medical Control Board. By showing proof that you are a licensed medical physician, you may take responsibility for the patient's care if you accept full responsibility for patient management and the issuing of orders conforming to the established protocols, attending the patient to the hospital and signing the EMS patient report form. If the paramedic believes there is a problem with patient care they are instructed to contact an Emergency Physician (MCEP) at a local emergency department via radio.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised	Revision #	Implemented

Miscellaneous Protocols [MISC]

MISC-1 New Procedure-Product Trial Guidelines

Purpose: To provide an organized system approach to suggestions from EMS Agencies, Medical Directors or field personnel for new procedures and products in a timely fashion.

Suggestions for new procedures, product trials, or other requests not part of the current standing protocols must be made to the Medical Control Board in writing.

- The proposal will include the following:
  1. Request
  2. Rationale
  3. Service or specific group to be utilized
  4. Written protocol for use of procedure or product
  5. Time frame planned: start of project, duration
  6. Training needs identified and training plan.
  7. Cost-analysis information
  8. Scientific evidence (bibliography) supporting proposal
- The proposal will be prioritized and placed on the next available MCB agenda. The agency sponsoring the proposal should be represented at the meeting.
- If accepted, the hospital and pre-hospital representatives will disseminate the appropriate information to their respective agencies.
- A follow-up report will be made at the MCB meeting within three months of the actual implementation of the proposal. The report will include:
  1. Incidence of use
  2. Positive and negative outcomes associated with use
  3. Recommended modifications
- A written report will be submitted at the end of the project, or at 6 months, and will include the above information, as well as recommendations for future use.

MCB Action	Passed 10/15/97	Implemented 01/01/98	Revised	Revision #	Implemented

MISC-2 Pain Management

Designation of Condition: Consider treatment of all patients who present with pain or discomfort. Carefully evaluate and examine the patient prior to administration of pain medication to establish an initial pain level and pain location. Medications that can be administered for pain are Morphine or Fentanyl.

INTERMEDIATE

- EMT-Intermediates may administer either Morphine or Fentanyl under the supervision and approval of the EMT Paramedic and abiding by the same parameters as outlined below.

PARAMEDIC

General:

- Pain medication should not be given to patients with hypotension, respiratory depression, or significantly altered mental status
- If hypotension, respiratory depression, or significant mental status change occurs after pain medication is started, perform appropriate supportive care, stop the medication, and do not restart
- Select either Fentanyl OR Morphine; repeat doses (if needed) should be of the same medication
- Combining analgesia with sedation can be dangerous and is strongly discouraged, unless in post intubation sedation.
- Use lower incremental dosing in the elderly
- Contact MCEP if the patient requires more than the maximum allowable dose
- ETCO2 (If available consider waveform capnography monitoring for all patients receiving narcotics)

MCB Action	Passed 07/21/99	Implemented 10/01/99	Revised 11/20/13	Revision # 10	Implemented 04/01/14

MISC-3 Communications

Designation of Condition: Provide specific requirements for succinct and expeditious radio reports to receiving medical facilities when transporting stable patients, and describe expectations for communication when transporting critical patients

ALL PROVIDERS

- Receiving facilities require some form of adequate notice for all incoming patients.
- Radio reports should be limited to 30 seconds for the majority of patients.
- Routine requirements for radio reports are as follows:
- Age and gender
- Chief complaint / mechanism of injury (relevant clinical conditions)
- Current status (stable, unstable, suitable for triage)
- ETA
- When required by acuity or complexity, more information may be relayed, including vital signs and treatment rendered.

Whenever necessary it is the option of the EMS providers to request MCEP consult.

The ED should be contacted at the earliest opportunity during critical care cases in order to allow them to prepare to receive the patient and to allow the MCEP to become familiar with the case. Examples of critical care cases requiring early ED involvement include but are not limited to:

- Cardiac arrest / ROSC
- Major trauma
- Respiratory distress
- Shock
- OB
- Stroke
- AMI
- When transporting a critical patient it is important to provide a "picture" of the patient and their condition. Brevity is still important. It is not important at this stage to include everything about the patient's recent or past medical history unless something in that history is important in obtaining a medication order.
- In most cases the Paramedic will not need to talk to an MCEP unless required by protocol. Instead they may talk to other medical ED personnel answering the radio to give a patient report.
- When requesting to speak to the MCEP, state the reason or need for direct MCEP. This allows the MCEP to prepare for your call and prioritize it in relation to other patients in the emergency department.
- Patient name, medical record number or other patient identifiers cannot be given over the radio because these are open channels and the patient's right to privacy would be violated.
- If patient is unstable, contact the ED or Albuquerque Base ASAP from scene to provide early notification (age, chief complaint and ETA).
- Activate UNMH trauma team using Trauma Alert Protocol (TAP) criteria when appropriate.
- Advise dispatch and activate MCI protocol when appropriate (see Appendix A).

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 06/20/12	Revision # 4	Implemented 10/01/12

MISC-3A Communications Failure Protocol

Designation of Condition: It is incumbent upon system providers to make MCEP contact in a number of scenarios. These may include but are not limited to the discontinuation of resuscitative efforts, administration of dangerous drugs or narcotics as outlined by the board of pharmacy and State of NM DOH guidelines, and atypical treatment of medical or traumatic conditions. Communications are also critical to obtaining medical orders and transmitting patient condition (See Bernalillo County Protocol MISC-4). At times, due to geographic location, communication or technological limitations, and or catastrophic failure of a communication system, communications may become unlikely or impossible. Should such an event take place and compromise the ability of field personnel to obtain medical control from an emergency physician The Communication Failure Protocol may be utilized when it is determined to be in the best interest of patient care.

ALL PROVIDERS

- Shall adhere to the scope of practice that their licensure allows, and the "Albuquerque and Bernalillo County Emergency Medical Services Protocols and Guidelines."
- Shall make reasonable attempts as patient care allows, to obtain MCEP Consult during transport until successful or at the receiving facility. Unsuccessful attempts at MCEP contact must be documented in the EPCR with approximate times.
- Adhere to patient privacy regulations when utilizing alternate forms of communication
- Not all patients will require MCEP consultation but in situations where it is required by protocol the paramedic shall attempt to obtain medical control using all reasonably secure forms of communications possible; including but not limited to radio Med channels, relay through communications center and telephone/cellular devices.
- If all attempts to obtain MCEP consultation have been unsuccessful and the patient's condition falls under a specific protocol in which a drug or other intervention requires MCEP orders the provider may complete the protocol if he or she determines that the patient cannot wait to receive the intervention.
- The provider shall thoroughly document the patient's condition before and after interventions, circumstances behind the inability to obtain medical control, times of contact attempts, approximate location, and types of communications that were attempted unsuccessfully.
- Providers will immediately notify their agency of utilization of this protocol through the agency's QI process. All uses of "The Communications Failure Protocol" will be reviewed by the agency's Medical Director in detail.

LIMITATIONS

- This protocol does not provide exemption for MCEP consultation for the MISC-5 "No Protocol" Protocol

MCB Action	Passed 08/21/13	Implemented 10/01/13	Revised 00/00/00	Revision #	Implemented 10/01/13

MISC-4 Patient Restraint

Designation of Condition: The patient will be significantly impaired (e.g., intoxication, medical illness, injury, psychiatric condition, etc.) and will lack the capacity to make an informed decision regarding their own care; **AND/OR** exhibits violent, combative or uncooperative behavior which does not respond to verbal de-escalation. The application of restraints must be

ALL PROVIDERS

- Request law enforcement at the earliest opportunity
- Ensure the presence of sufficient personnel to safely apply restraints.
- Attempt less restrictive measures to control before restraining (e.g., verbal de-escalation).
- Explain to the patient and family why restraints are necessary.
- Use the minimal amount of restraints necessary to control the patient and still insure provider safety during transport. Watch for positional asphyxia.
- Apply restraints in a humane manner, affording the patient as much dignity as possible. Utilize only appropriate restraint devices (see below).

Patient Exam: ABC's, vital signs (including O_2 sat and BGL) at the earliest opportunity. Treat trauma and seizure if applicable.

- Continuously monitor the airway, breathing, circulatory status, neurovascular function in restrained limbs, and the need for continued restraint.
- Maintain the patient in the supine or lateral recumbent position.

Prone or "hobble" restraint position are not appropriate for EMS

- A paramedic and at least one other EMT will attend restrained patient at all times.

Documentation:

- Document the following:
  - Reason for restraint; MCEP involvement as needed
  - Circumstances of the incident
  - Known or suspected causes of agitated or delirious behavior
  - Why the patient could not be transported without restraints
  - Relevant comments made by patient
  - Vital signs, O_2 sat and BGL (if obtained)
  - Position of patient, type of restraint, and location of restraints on patient
  - Injury to patient or to EMS personnel: state whether injury occurred before, during, or after the restraint process
- In cases of restrained patients, every service on-scene must generate an EMS report. Complete documentation is mandatory.

Appropriate Techniques:

- Restraint techniques that are appropriate for EMS utilization include:
  - Chemical Sedation
  - Soft patient restraints to gurney
  - Spit hood [system approved full visibility hood when patient is spitting]
  - Soft gauze
  - Blankets and sheets
  - Other system approved commercially available devices
  - Handcuffs may only be used in accordance with the handcuff policy of the transporting agency. (NEVER HANDCUFF PATIENT TO GURNEY.)

Chemical Sedation for the Agitated and Delirious Patient

Designation of Condition: Chemical sedation should be reserved for those patients who remain violently agitated, despite verbal de-escalation attempts and in the judgment of the paramedic, poses a continued risk to themselves and/or to the EMS provider.

PARAMEDIC

- Assess patient and determine that he/she remains uncooperative and violently agitated, despite verbal de-escalation attempts. (Remember to record these observations later.)
- If possible, obtain set of vital signs.
- Administer sedation (Diazepam or Midazolam) per the MISC-8 Benzodiazepine protocol

Caution:

- Inappropriate use of either physical or chemical restraint (use that does not conform to the designation of condition) may be considered an infringement on the patient's civil rights. EMS providers must be aware of risk/benefit of restraint and the need for appropriate documentation.

Contraindications:

- Administration to patient prior to attempts at less invasive means of behavioral control.
- Allergy to benzodiazepine
- SBP <90 mmHg
- Unable to maintain airway, or anticipation that airway control would be very difficult (e.g., significant facial or airway trauma)

Mandatory Post Medication Procedures:

- Obtain and record vital signs every 5 minutes.
- Continuously monitor HR, O_2 sats, and waveform capnography (If available).
- Be prepared to manage the airway.
- Be prepared to manage drops in blood pressure.

MCB Action	Passed 08/15/01	Implemented 10/01/01	Revised 05/09/16	Revision # 4	Implemented 10/01/16

MISC-5 “No Protocol” Protocol

Designation of Condition
Anyone requesting emergency medical care will receive appropriate assessment, care, treatment, and transportation in accordance with the individual’s condition, chief complaint and Bernalillo County protocol. It is understood however that no set of protocols could ever be “all inclusive.” At times, EMS providers will be faced with situations that cannot be categorized into an existing Bernalillo County protocol, or no protocol exists addressing the situation.

ALL PROVIDERS

- The provider on scene may consider all allowable treatment options within the Bernalillo County protocols and the New Mexico Scope of Practice.
- An MCEP will be contacted for treatment guidelines and to discuss appropriate management options; in particular if the on scene provider believes that such interventions are necessary and in the best interests of the patient.
- The provider must inform that MCEP that no protocol exists to cover this particular situation, and the MCEP will then advise the provider as to how to proceed with the treatment of that patient.
- All patient interaction, to include MCEP contact, care, treatment, transport or refusal of transport will be documented accurately and in its entirety.
- The appropriate agency QA process will be initiated as needed.

MCB Action	Passed 04/16/06	Implemented 10/01/06	Revised 08/21/13	Revision # 1	Implemented 10/01/13

MISC-6 D N R or MOST

E M S - D N R for DOH Reg. 94-10 or MOST

Designation of Condition: If the patient has a valid EMS-DNR Order, per DOH Reg. 94-10, or a "New Mexico Medial Orders For Scope of Treatment " (MOST) form the specifics of the document will be followed and care will be administered as outlined.

ALL PROVIDERS

- The EMS-DNR Order or MOST form does not affect the provision of other emergency medical care, such as oxygen and other comfort care measures.

Alternate DNR/Living Will/Advanced Medical Directive

Designation of Condition: If the patient has an Alternate "Do Not Resuscitate"(DNR)Order, a" Living Will", or an "Advanced Medical Directive", the specifics of the document will be followed and care will be administered as judged appropriate by the Paramedic.

ALL PROVIDERS

- Contact MCEP.
- At the scene of a cardiac arrest:
- While initiating basic life support, ask if the patient has an "Advanced Medical Directive", a "Living Will" or a "Do Not Resuscitate" (DNR) form.

PARAMEDIC

If the patient does not have a DNR, a "Living Will, " an "Advanced Directive, "or a MOST form that prohibits ACLS intervention in the event of cardiac arrest.

- Full ALS resuscitation efforts will be initiated. If the patient remains in cardiac arrest after completion of ACLS algorithms, resuscitation may be terminated after MCEP contact. The scene will then be considered an unattended death/crime scene until law enforcement and/or Office of the Medical Investigator (OMI) arrives at the scene.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 08/15/12	Revision # 2	Implemented 10/01/12

MISC-7 Dead At the Scene

Designation of Condition: The patient will be unconscious, unresponsive, pulseless and apneic.

ALL PROVIDERS

- Resuscitation efforts may be withheld if any of the following criteria are met:
  - Obviously expired:
    - Presence of rigormortis or livormortis
    - Obvious external exsanguination
    - Decapitation or visible brain contents
    - Decomposition

- Advanced resuscitation efforts may be withheld in the presence of an approved DNR form. (Refer to MISC-6.)
- Advanced resuscitation efforts may be withheld in an expected death of a terminal patient without a DNR form, but will require MCEP contact.

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/21/98	Revision # 1	Implemented 01/01/99

MISC-8 Benzodiazepine Protocol

Designation of Condition: Consider treatment of all patients who present with seizure activity. Consider treatment of patients with need for sedation or chemical restraint.

PARAMEDIC

- Benzodiazepines should not be mixed with other agents, or diluted with intravenous solutions. Give through the proximal end of IV tubing, then flush well.
- If hypotension, respiratory depression, or significant mental status change occurs after Benzodiazepine administration is started (with the exception of sedation), perform appropriate supportive care, stop the medication, and do not restart
- Select Diazepam, Lorazepam, or Midazolam; repeat doses (if needed) should be of the same medication.
- Combining Benzodiazepines with Analgesics can be dangerous and is strongly discouraged, unless in post intubation sedation
- These medications are most likely to produce respiratory depression in patients who have taken other depressant drugs, especially alcohol and/or barbiturates.
- Contact MCEP if the patient requires more than the maximum allowable dose
- ETCO2 (If available consider waveform capnography monitoring for all patients receiving Benzodiazepines)

Contraindications:

- Hypersensitivity
- CNS Depression (Unless being used for post-intubation sedation)

Special Considerations:

- Benzodiazepines are not routinely used for pre-hospital anxiety or skeletal muscle contractions. If a provider is presented with a situation where this is a consideration, MCEP contact is required.

MCB Action	Passed 7/15/15	Implemented 10/01/15	Revised	Revision #	Implemented

Appendix A: Mass Casualty Incident Response

THE FOLLOWING PROCEDURES HAVE BEEN APPROVED BY THE MEDICAL CONTROL BOARD OF THE CITY OF ALBUQUERQUE & BERNALILLO COUNTY EMERGENCY MEDICAL SERVICES AUTHORITY

Designation of Condition:
A Mass Casualty Incident may be defined as "any event resulting from man-made or natural causes resulting in illness and/or injuries that exceed the EMS capabilities of a hospital, locality, jurisdiction and/or region". We must remember that these events typically necessitate a large response and thereby tax the EMS system, creating an inability to resolve the emergency using routine procedures. The High Level Mass Casualty Incident or MCI is any incident involving 25 – 100 patients. A Low Level MCI is any incident involving 4 - 25 patients. Although this type of incident has the potential to stress the EMS system, it may still be handled utilizing a localized response. A Disaster is any incident involving more than 100 patients. A response to a "Disaster" incident will require notification and request for State and or regional resources. These procedures must be processed first within the framework of the Incident Management Sysytem and Local Fire/ EMS Standard operating procedures.
* Triage tags and/or triage tape will be used in all incidents where greater than 4 patients have been identified as transportable. Triage tags or tape should be used on smaller incidents to help improve scene organization and to facilitate ease of use during Large incidents such as High Level MCI's.
Note: These incidents may involve Chemical, Biological, Radiological, Nuclear, and or Incendiary/Explosive devices. (CBRNE)

ALL PROVIDERS:
The first arriving Unit at a High or Low Level Mass Casualty Incident or Disaster shall establish command. It is the responsibility of the first arriving unit to implement the MCI protocol on incidents requiring a Low or High Level MCI designation, also to include a Disaster response. In the event that a unit other than the local Fire Department arrives on scene first, command shall be established and then transferred to the Fire Department upon arrival of local Fire Department response units.
This protocol does not address specific Fire Department Standard Operating Guidelines but outlines the specific "EMS tactical objectives" to be completed during this type of incident.

EMS Tactical Objectives:
1. Completion of a **"Triage Report".**
2. Declaration of "All IMMEDIATES transported".
The National Incident Management System (NIMS) is designated as the predominant Incident Command System by the Department of Homeland Security and FEMA. It will be used at all Mass Casualty or Disaster incidents. The Incident Management System will drive the completion of of all tactical objectives identified by the Incident Commander.

Arrival:
Declaration and Notification: The first arriving unit shall communicate with dispatch (i.e., what I have, what I need, what I'm doing, who's in charge). Initial actions shall be directed toward scene size-up, request of additional resources and scene organization.
Example: "Engine 1 to Alarm, we are onscene. We have a restaurant explosion with multiple victims. This is a High level MCI. Engine 1 is staged at Central and 4th street. We will initiate Triage and Extrication. Engine one has command and accountability."
Note: Initial response units should proceed to the scene; additional resources shall use Level 1 staging (one block away in the direction of travel) awaiting assignment. The onscene Incident Commander should consider Level 2 staging early in the incident (Designated area for responding apparatus, with a designated staging officer) for additional units.
In the event an Ambulance unit arrives onscene first, a "clear text" message using common language will be used to communicate the type of incident and to request Fire Department response (see above). Remember these events may require extrication and or specialty responders. Training and local Fire/EMS Standard Operating Guidlines should dictate your actions.
The first arriving unit must determine the number and condition of patients. The first arriving unit should also consider the resources necessary to mitigate the emergency. Notification of the AFD or BCFD fire communications centers will include:
1. Type of incident
2. Estimated number of patients
3. Additional resources needed

The AFD or BCFD communications center will notify all other area dispatch centers and Santa Fe Control [Albuquerque Base if patients will be transported to Albuquerque]. Notification of the regional hospitals will be accomplished using EMSystems® and local dispatch/ Albuquerque base. All facilities on caution or closed status will open or be forced open for the duration of the Incident. All hospitals will utilize EMSystems® for initial and ongoing capacity updates.
The Office of Emergency Management (City of Albuquerque and or Bernalillo County, dependent upon jurisdiction and severity of the incident) will be notified for all events designated as a "High Level MCI" or greater. The Office of Emergency Management is instrumental in the coordination and management of essential resources. Consider notification of the Office of Emergency Management for Low Level MCI's based upon severity of injuries, number of immediates and or type of incident.
Ambulance personnel are primarily responsible for transport of injured patients from the incident scene. Ambulance personnel may act in the capacity of Transport officer. Communications with the Transport officer should take place on EMS channel 1.

Staging:

- Additional resources should be requested early in the incident.
- All High Level MCI's should result in Level 2 staging. Level 2 staging requires units to park or stage a sufficient distance to keep the scene from becoming congested.
- Non-Fire or outside agencies that are requested to respond to the scene should respond to the designated staging area and report to the staging officer.

Incident Command System:
The Fire Department will have overall control of the EMS and Fire/Rescue operations. Only Fire Department personnel will be involved in rescue/hazmat/fire suppression roles. These roles may be identified as Triage, Extrication, Treatment and or Transport as necessary. Initially, Ambulance personnel may be utilized in essential areas to help rapidly process victims. As Fire Department personnel become available, they can and should replace Ambulance personnel in identified areas as necessary to facilitate transport of injured victims. Let training and equipment dictate your role or actions.
Due to the number and condition of victims, available onscene resources may quickly become overwhelmed.Triage must begin immediately to enable onscene units to maintain a level of organization and control. Maintain a high index of suspicion with regards to scene safety and potential hazards, i.e., CBRNE (Chemical, Biological, Radiological, Nuclear and Explosives).

Patient Management:

- Patients will be triaged using the state adopted START Triage System.

Triage Officer:
Once Triage is complete, a **"Triage Report"** should be given to the AFD or BCFD communications centers. The **"Triage Report"** is given by the Triage officer and should state the total number of patients, along with the appropriate numbers in each triage category. This report signifies that triage is complete, and also communicates the scope of the incident to all responding agencies. The **"Triage Report"** will also be given to Command identifying the number of patients in each triaged category in this order:

- Number of Immediate (Red)
- Number of Delayed (Yellow)
- Number of Minor (Green)
- Number of Dead/Dying (Black)

The Albuquerque Fire Department has two MCI trailers. The MCI Trailer is an additional resource for triage and treatment equipment. It should be requested as early in an incident as possible. Each trailer contains BLS supplies sufficient to treat 50 patients.

START Triage Categorization Criteria

Triage Category	Description
Red Tape (Immediate/Critical)	These are patients of the highest priority which, in most circumstances, are removed and treated first. This categorization EXCLUDES patients who are in cardiopulmonary arrest or are near death and have, in the judgement of the Triage Officer, fatal injuries.
Yellow Tape (Delayed/Serious)	Patients whose condition is serious and needs attention. However, treatment and removal may be delayed until viable Red Tag patients have been treated and transported.
Green Tape (Minor/Stable)	Patients who may have treatment and/or transport delayed, but require treatment and transport. They may be the last to be transported.
Black Tape (Deceased)	Patients who are already dead, or so severely injured, that death is certain within a short time, regardless of treatment given.

START Triage Algorithm

Move Walking Wounded	MINOR	
No Resp. After Head Tilt/OPA	DEAD-DYING	
Respirations - Over 30	IMMEDIATE	
Pulse – No Radial Pulse	IMMEDIATE	
Mental Status – Unable to follow simple commands	IMMEDIATE	
Otherwise…	DELAYED	

*Remember Respirations-Pulse-Mentation (RPM) while determining IMMEDIATE patients

Treatment:
All treatment will follow local standard of care. On scene treatment will be minimal and patients will be transported as expeditiously as possible.

Patient Distribution Guidelines

In the event that 4 patients or more need to be transported to the hospital, the following steps will be completed:

- First arriving unit will Banner the event
- Distribute patients according to the following algorithm:

Immediates/RED (Critical)

First Wave

TIER I HOSPITAL:
UNMH
4 of the most critical RED patients are transported to the UNMH in the first distribution of patients

**This can be done by transporting 2 RED triaged patients per the START Triage Algorithm per transport unit*

TIER II HOSPITALS:
PRES DT, LOVELACE
After UNMH has been designated 4 critical RED patients, 2 critical RED patients can be transported to a TIER II hospital

TIER III HOSPITALS:
RUST MC, WESTSIDE (travel time permitting), WOMENS, SRMC, HEART and KASEMAN
In the event that multiple critical patients need transport and the previous hospitals have received critical patients, these hospitals will take 1 RED triaged patient

Subsequent Waves

Once the first wave of critical RED triaged patients have been delivered to all capable hospitals, the distribution will go as follows:

- 2 critical RED patients per hospital starting with TIER I, then TIER II hospitals
- Next, 1 critical RED patient to any TIER III hospital
- This cycle can be repeated until all RED triaged patients are transported

Delayed/YELLOW (Stable, Injured, Non-Ambulatory)

- Patients that are stable shall not delay the transportation of RED triaged patients
- Ideally, transport of Delayed/Minor patients should be evenly distributed to ED's that have not received RED triaged patients and distribution is at the discretion of the IC or Transport Officer.
- If deemed safe for the patient and minimal chance that the patient's condition could deteriorate, a Delayed or Minor patient can be transported in a transport capable unit's front seat
- If in doubt, keep this patient on scene until more transport units become available.
  - Delayed and minor patients can be transported to any hospital ED in an MCI scenario

Minor/GREEN (Walking Wounded)

- It can be anticipated that minor patients in an MCI event will leave the scene via POV or other means
- If the MCI presents with multiple Minor patients, it is an option to transport these victims via BUS or high capacity transportation vehicle.
- These patients are a low transport priority and treatment can be completed on scene until transport is available

Continue to next page

****Key Points****

- If a patient is in dire need of treatment and travel time to a TIER I or II hospital is a factor, TIER III hospitals can be utilized in the MCI scenario
- TIER II & III hospitals are only to receive critical trauma patients in Multi-Casualty Incidents
- TIER II & III hospitals goals for patient care will be stabilization (medical or surgical) and transfer to the UNMH or appropriate hospital; this could be located in NM or outside of the state
- Patients can be distributed to hospitals outside of the Bernalillo County metro area from the scene
- The objective of an MCI is to transport all critical patients off the scene without delay
- The Veteran Administration ED will accept "Yellow" and "Green" triaged patients only in the event of an MCI
    - The VA will also accept non-veterans patients in the event of an MCI
- **If possible**, patients with specific heath care needs (i.e. Pediatrics or OB) should be transported to hospitals with those specialties
    - Refer to most recent hospital capabilities chart or default to UNMH

Benchmarks for an MCI will be:

- **"TRIAGE REPORT"**
- **"ALL IMMEDIATES TRANSPORTED"**

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 10/01/2015	Revision # 11	Implemented 10/01/16

Appendix B: Medical Control Emergency Physician Handbook

Purpose - This handbook is designed to familiarize emergency physicians with pre-hospital protocols and capabilities of pre-hospital providers. MCEPs (Medical Control Emergency Physicians) are authorized by the City/County EMS Authority to give on line orders to EMS providers within Bernalillo County.

EMS System - The City of Albuquerque and Bernalillo County have designed and implemented an emergency medical services system that provides pre-hospital emergency medical care to the citizens of Bernalillo County. Access and activation of EMS is accomplished by enhanced 911 telephone dispatch centers. The Emergency Medical Services Authority (EMSA), the Medical Control Board and the Providers Advisory Committee oversee, direct and provide information and feedback to the agencies providing emergency medical services to citizens of Albuquerque and Bernalillo County. Currently, the Albuquerque Fire Department, Albuquerque Ambulance Service, Bernalillo County Fire Department, Village of Los Ranchos de Albuquerque Fire Department, and the Village of Tijeras Fire Department provide ground emergency medical services for the EMS System within Bernalillo County. PHI is the primary rotor-wing service providing scene responses within the county.

Albuquerque Fire Department - The Albuquerque Fire Department provides the first-tier of the emergency response at the Basic and Paramedic level for the City of Albuquerque and to certain areas of Bernalillo County. This tiered response includes but is not limited to the receipt of 911 calls, dispatch of emergency units, scene control, patient assessment, treatment and stabilization in anticipation of transport. Albuquerque Fire Department EMT's and Paramedics may ride in with Albuquerque Ambulance Service to help provide patient care during transport of critical patients. The Albuquerque Fire Department may also transport patients when it is deemed medically necessary. The Albuquerque Fire Department / 911 Communications Dispatch Center utilizes Emergency Medical Dispatchers trained in Clawson Medical Priority Dispatch to prioritize calls, determine response configurations, and to provide pre-arrival instructions to callers.

Albuquerque Ambulance Service - Albuquerque Ambulance Service is a private, nonprofit, 501, C3 Corporation, and is a division of Presbyterian Hospital. The Albuquerque Ambulance Service Board of Directors is made up of representatives from all the area hospitals. Albuquerque Ambulance Service is CAAS accredited and provides emergency 911 system paramedic transport services for the City of Albuquerque and Bernalillo County. Albuquerque Ambulance Service also provides emergent and non-emergent inter-facility advanced life support and intermediate life support transport services, within Bernalillo County and throughout the state.

Bernalillo County Fire Department - The Bernalillo County Fire Department operates advanced life support rescues and engines that provide first response emergency medical services within the unincorporated areas of Bernalillo County. This response includes but is not limited to the receipt of 911 calls at Bernalillo County's own Public Safety Answering Point, dispatch of emergency units, scene control, patient assessment, treatment and stabilization in anticipation of transportation In general; Bernalillo County Fire Department Rescues do not provide transport service, as Albuquerque Ambulance Service is the primary transport agency. Bernalillo County Fire Department paramedics & EMT's may ride in with Albuquerque Ambulance to help provide care for critical patients. The Bernalillo County Fire Department may transport patients when it is deemed medically necessary. Bernalillo County has also teamed up with Bernalillo County Sheriff's Department to provide helicopter hoist rescue in circumstances which require this service.

Rotor Wing Air Medical Service - Rotor wing services are available in Bernalillo County and the surrounding areas. The local service flies with two medical personnel, an RN and a paramedic or two RNs. The helicopter can land at UNMH, Presbyterian, HHNM, Presbyterian Rust MC, Lovelace Westside and the VA Hospital. Transports to other facilities require a secondary ambulance ride or clearing the hospital parking lot. Rotor wing protocols differ from Bernalillo County EMS protocols. Whenever possible the rotor wing service utilizes the Bernalillo County EMS protocols.

Sandia National Laboratories (SNL) Clinical Services and Emergency Management collectively provide 911 services for SNL Members of the Workforce. These services includes the receipt of 911 calls, dispatch of SNL ALS and BLS emergency units, scene control, patient assessment, treatment, stabilization, and transport. The Sandia National Laboratories Emergency Management Communications Center utilizes certified National Academy Emergency Medical Dispatchers to prioritize calls, determine response configurations, and to provide pre-arrival instructions to callers.

Superior Ambulance is a private, for profit, corporation operating at the EMT Basic, Intermediate and ALS level providing non-emergency and emergency inter-facility advanced life support transport services statewide, including the City of Albuquerque and Bernalillo County. Superior Ambulance is not a 911-transport provider in the City of Albuquerque and Bernalillo County, but is in other counties in the Albuquerque Hospital catchment area, such as Torrance County.

Village of Tijeras Fire Department -The Village of Tijeras Fire Department provides first response emergency medical services primarily to the Village of Tijeras with a basic, intermediate or advanced life support rescue and/or engine company. The Village of Tijeras receives 911 calls from the Bernalillo County Public Safety Answering Point. In general, the Village of Tijeras Fire Department Rescue does not provide transport service, as Albuquerque Ambulance Service is the primary transport agency. The Village of Tijeras Fire Department paramedics & EMT's may ride in with Albuquerque Ambulance to

help provide care for critical patients. The Village of Tijeras Fire Department may transport patients when it is deemed medically necessary.

State Organizations - Licensing of EMT's is under the authority of the EMS Bureau in Santa Fe. The state legislature also funds the EMS Academy, at the University of New Mexico, to provide training for EMT's at all levels. At the national level, the Department of Transportation (DOT) is charged with developing EMT curricula. The National Registry of EMT's is a private corporation dedicated to testing EMT's nationwide. Passing the National Registry EMT examination is one way of becoming a licensed EMT in New Mexico, i.e., New Mexico is a National Registry State.

Trauma System - Bernalillo County has a recognized trauma system authorized by the state and agreed to by all the area hospitals. This, in general, matches the American College of Surgeons Trauma designations although there have been a few modifications. University Hospital is a level one-trauma center, and is the only designated trauma center in Bernalillo County.

Bernalillo County EMS Approved Skills

- Basic Airway management (including airway adjuncts and obstructed airway interventions)
- BVM
- Extraglottic Airways
  - LMA Supreme/Aura Gain
  - King LT
- CPAP
- Direct Laryngoscopy
- Endotracheal Intubation: Oral and Nasal
- End-tidal CO2 monitoring
- Surgical Cricothyrotomy
- Needle Thoracostomy
- Bleeding Control Including Temporary Tourniquet application
- Wound management and Wound dressings
- Splinting Extremities
- Spinal Immobilization
- Patient Restraint
- Peripheral IV
- Glucometry
- IO placement
- Emergency Childbirth
- Defibrillation
- Synchronized Cardioversion
- External Cardiac Pacing
- Cardiac Monitoring
- 12 Lead ECG

Protocols: In Bernalillo County most EMT and paramedic medical functions are determined by protocols approved by the Medical Control Board and individual service Medical Directors. The general philosophy of these protocols is that the emergency lifesaving interventions must be made by Emergency Medical Technicians, utilizing standing orders, without direct on-line medical control. On-line medical control should be contacted "as soon as possible" for guidance in situations not specifically covered by written protocol, or in certain circumstances that are mandated by protocol, (e.g., requesting D/C orders for a cardiac arrest). Medical Control Emergency Physicians (MCEP) are authorized to give orders outside of the Bernalillo County protocols provided that such orders do not violate the scope of practice of the provider, or involve the use of medications that have not been approved for use in Bernalillo County. (See above list for allowable medications and approved skills.) Once an MCEP has been contacted the Paramedic & EMTs provide care under the direction of the on-line MCEP. EMTs are also encouraged to directly contact medical control if they have difficulties at the scene that a physician may help to resolve (e.g., if a patient refuses transport or desires to go in by private vehicle against the medical advice of the EMT).

MCB Action	Passed 4/20/94	Implemented 06/01/94	Revised 06/03/2015	Revision # 9	Implemented 10/01/2015

Appendix C: UNM EMS Consortium Field Response Program

Purpose: To provide an understanding to all personnel within the Albuquerque Metro Area EMS System of the UNM EMS Consortium Field Response Program and how the physicians that comprise this group function within the established system.

ALL PROVIDERS

The UNM EMS Medical Direction Consortium (The Consortium) brings together all the EMS resources within the University Of New Mexico Department Of Emergency Medicine. The Consortium consists of multiple EMS Medical Directors, each who also serves as a faculty member within the Department, EMS Fellows obtaining additional training in EMS Medical Direction, and Management.

Partner agencies are those agencies to whom the Consortium provides medical direction or with whom the Consortium has a contract.

The Consortium has field response capabilities and will be providing on-scene medical oversight, consultation and patient care throughout the Metro area. The EMS Fellows will be the primary EMS Physicians in the field.

The goals of the Field Response Program are to: increase interaction between medical directors and field providers, provide real-time education and feedback to EMS providers, improve overall system design and functioning, enhance patient care, and educate the fellows about the complicated realities of EMS fieldwork.

All members of the Consortium are approved and recognized Medical Control Emergency Physicians (MCEPs) within the Albuquerque Metro Area EMS System. Furthermore each Consortium Physician is considered an Assistant Medical Director for all Consortium Partner Agencies. As such these Physicians do not fall under the TT-18 “MD at Scene” Protocol. Orders from the Physicians are no different from those obtained by radio MCEP consultation or from direct contact with a Service Medical Director.

On-scene orders received by field providers from a Consortium Physician should be signed for BY THAT PHYSICIAN prior to transport to patient’s receiving hospital, unless the Physician is going along to the hospital or meeting the crew at the hospital.

Involvement of Consortium Physicians in on-scene patient care in no way mandates transport of a patient to UNM facilities.

Consortium Physicians will respond to scenes based on automatic dispatch criteria with Partner Agencies, requests from field providers or from monitoring radio traffic. Providers from any Partner Agency may request a field response for complicated situations. Once on-scene, the Consortium Physician will interact equally with all providers from any agency.

EMS Consortium physicians can be reached through Albuquerque Ambulance Dispatch 505-449-5710.

MCB Action	Passed 01/19/11	Implemented 02/01/11	Revised 08/21/13	Revision # 1	Implemented 10/01/13

Appendix D: Hazardous Materials [HM]

HM-1 Hydrofluoric Acid Exposure/Burns

Designation of Condition: Patient will have a known exposure to hydrofluoric acid (HF). Exposure may be by direct skin contact, inhalation, or eye exposure. HF is commonly used for polishing, frosting, and etching glass; it is also found in rust-removing agents and heavy-duty cleansers, a potential source of human exposures. HF is highly corrosive and causes damage by two mechanisms. It produces a corrosive burn from the high concentration of hydrogen ions, and the fluoride ion is able to diffuse rapidly through tissue, complexing with a wide variety of cations and causing a severe liquefaction necrosis not usually seen with other acid exposures. Also, the fluoride ion has the ability to form insoluble complexes with calcium, which, in turn, is leached out of the bloodstream rapidly, which may cause life-threatening electrolyte disturbances.

ALL PROVIDERS: Provider Safety: All responders should wear personal protective gear, including appropriate gown, gloves and goggles.

- Thoroughly decontaminate the patient.
- Ensure no possibility of secondary contamination.
- Remove patient from contaminated environment.
- Immediately flush exposed areas with large amounts of water.
- After thorough initial irrigation apply 2.5% calcium gluconate gel (if available) to burned area of skin every 15 minutes and massage gently until pain resolves
- Rubber or neoprene gloves must be worn while touching victim. (Latex gloves are not an effective barrier against HF)
- Eye Injuries: Immediately flush affected eye with water for at least 30 minutes while holding eyelid open. Keep effluent from entering unaffected eye. If available apply topical ophthalmic anesthetic solution.
- If inhalational exposure: Give 100% oxygen by mask
- Transport to Regional Burn Center.

INTERMEDIATE

- IV/IO NS or saline lock away from site of exposure.
- Pain Control: See Protocol MISC 2.
- If patient shows signs of hypovolemia:
  - Adult: Bolus in 250 ml increments, reassessing between boluses
  - Infant/Child: Bolus in 10-20 ml/kg increments, reassessing between boluses

PARAMEDIC

- Monitor ECG

If inhalation injury presents:

- As soon as possible give calcium gluconate neb. (If available)
- Place solution in nebulizer and connect to oxygen to provide effective fog.
- Carefully watch the patient for edema of the upper airway with respiratory obstruction. Consider endotracheal intubation or cricothyrotomy if necessary.

Suspect systemic toxicity if there is a large surface area exposure or inhalational exposure. Signs of systemic toxicity include tetany, EKG changes (Prolonged QTc. (> 500 msec), or ventricular arrhythmias. If present treat with IV Calcium gluconate. (If available)

- Adult:
  - Administer 10% calcium gluconate
- Pediatric:
  - Administer 10 % calcium gluconate
- Transport patient to Regional Burn Center.
- If multiple patients see MCI Appendix A
- This protocol is for use only by specially trained HAZMAT treatment teams

MCB Action	Passed 04/18/12	Implemented 04/18/12	Revised 11/20/13	Revision # 2	Implemented 04/01/14

HM-2 Cyanide Poisoning Protocol

Designation of Condition: Inhalation of cyanide gas or ingestion of cyanide crystals prevents the cells of the body from utilizing oxygen. A bitter almond smell may be present. Symptoms are non-specific and rapid in onset. They include: Headache, weakness, nausea, vomiting and confusion. Signs of significant toxicity include: Tachypnea, tachycardia, hypotension, cyanosis, agitation, seizure, and coma. These may progress to cardio-pulmonary arrest if not treated.
NOTE: Multiple patients with similar signs and symptoms should increase your index of suspicion for a chemical event.
NOTE: If suspected exposure has occurred in an enclosed space, do not enter until HAZMAT team determines the scene is safe.

HISTORY: Cyanides are present in the products of combustion of many natural and synthetic materials. Cyanide toxicity should be suspected in victims of smoke inhalation exhibiting concerning signs and symptoms. There are also many industrial uses of cyanide from which exposure may occur, including removal of gold from ore, photography development, electroplating, and cleaning of various industrial metals. In addition, cyanide is a potential agent of chemical terrorism.

ALL PROVIDERS

- Decontaminate patient.
- ABC's. Ensure airway patency.
- Provide suction as needed.
- Provide supplemental oxygen.
- Perform a thorough assessment.
- Rapid transport to Core Facility.

INTERMEDIATE AND PARAMEDIC

- IV/IO NS or saline lock. Treat hypotension with saline boluses. Frequently re-assess blood pressure and lung sounds.
- Hydroxocobalamin (Cyanokit) The decision to administer hydroxycobalamine is empirical and must be based on clinical characteristics. These include hypotension and altered mental status in the context of a known or suspected cyanide exposure. In cases where exposure is suspected, but no significant signs or symptoms are present, contact MCEP prior to treatment

Each 2.5 gm vial must be reconstituted with 100 mL of normal saline using the supplied sterile transfer spike. The line on each vial represents 100 mL volume. Following reconstitution the vial should be repeatedly inverted or rocked for at least 30 seconds prior to infusion. DO NOT SHAKE. If reconstituted solution is not dark red or if particulate matter is seen after the solution has been appropriately mixed, the solution should be discarded.

- If seizures occur, treat appropriately (See M-10)
- If there are associated thermal burns (See T-11)
- If multiple patients (See MCI Appendix A)

NOTE: The extent of cyanide toxicity is dependent on the amount of exposure, route of exposure and length of time exposed. Inhalation of cyanide gas is most rapidly harmful, but ingestion can be severely toxic. Cyanide gas disperses quickly in open spaces and is most dangerous in enclosed areas. It is less dense than air, so it will rise.
This protocol is for use only by specially trained HAZMAT treatment teams

MCB Action	Passed 04/18/12	Implemented 04/18/12	Revised 11/20/13	Revision # 1	Implemented 04/01/14

Appendix F: Drug Dosage Summary Sheet and Formulary

Definitions

Neonate – Less than 1 month of age
Infant – 1 month to 12 months of age
Child – 1 year to onset of puberty

Pregnancy Categories:

Category A
- Adequate and well-controlled studies have failed to demonstrate a risk to the fetus in the first trimester of pregnancy (and there is no evidence of risk in later trimesters).

Category B
- Animal reproduction studies have failed to demonstrate a risk to the fetus and there are no adequate and well-controlled studies in pregnant women.

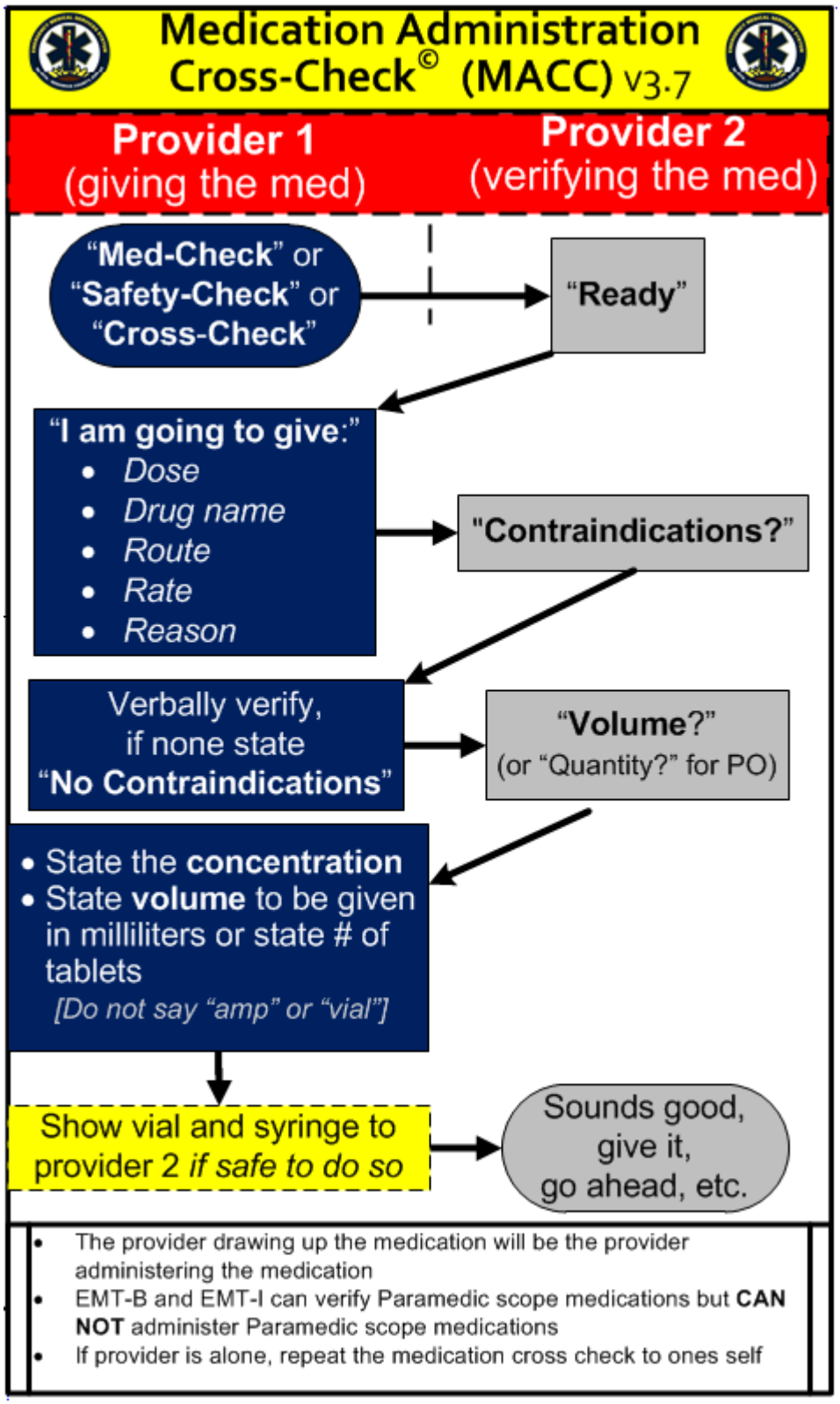
Category C
- Animal reproduction studies have shown an adverse effect on the fetus and there are no adequate and well-controlled studies in humans, but potential benefits may warrant use of the drug in pregnant women despite potential risks.

Category D
- There is positive evidence of human fetal risk based on adverse reaction data from investigational or marketing experience or studies in humans, but potential benefits may warrant use of the drug in pregnant women despite potential risks.

Category X
- Studies in animals or humans have demonstrated fetal abnormalities and/or there is positive evidence of human fetal risk based on adverse reaction data from investigational or marketing experience, and the risks involved in use of the drug in pregnant women clearly outweigh potential benefits.

Category N
- FDA has not classified the drug

Medication Cross Check



***Medication cross check is referenced from Sedwick County, Kansas Emergency Medical Services System**

MCB Action	Passed 09/21/2016	Implemented 10/01/2016	Revised	Revision #	Implemented

Acetaminophen (Tylenol)

M – 21: Fever		
ALL PROVIDERS	Pediatric	15 mg/kg, not to exceed 50 mg/kg/24 hours

Class:
- Analgesic
- Antipyretic

Description of Use:
- May block pain impulses peripherally that occur in response to inhibition of prostaglandin synthesis; does not possess anti-inflammatory properties; antipyretic action results in inhibition of prostaglandins in the CNS (hypothalamic heat-regulating center)

Pharmacokinetics:
- Onset: 10-30 minutes, peak onset of ½ - 2 hours.
- Half-life: 1-4 hours.
- 85-90% metabolized by the liver, excreted by the kidneys

Special Populations:
- Pregnancy Category: B
- Children: No age-related precautions noted.
- Elderly: No age-related precautions noted.

Contraindications:
- Hypersensitivity
- Intolerance to tartrazine (yellow dye #5), alcohol, table sugar, saccharin depending on product

Cautions:
- Breast feeding, geriatric patients, anemia, renal/hepatic disease, chronic alcoholism

Adverse reactions:
- Hepatotoxicity, GI Bleeding, Renal Failure (high, prolonged doses), Leukopenia, Neutropenia, Hemolytic anemia (long-term use), Thrombocytopenia, Jaundice, Pancytopenia, Cyanosis, Anemia, CNS Stimulant, delirium followed by vascular collapse, seizures, coma and death

Treatment of Overdose:
- Gastric Lavage, Activated Charcoal; Administer Acetylcysteine to prevent Hepatic damage (This treatment will be done in a hospital setting)

MCB Action	Implemented 04/01/15	Revised 08/08/16	Revision # 1	Implemented 10/01/12016

Adenosine (Adenocard)

AC – 11: Supraventricular Tachycardia PC – 7: Pediatric Supraventricular Tachycardia		
PARAMEDIC	Adult	6 mg RIVP followed by a 20 cc NS flush and a second dose 12 mg RIVP and 20 cc flush after 1 - 2 minutes if not consistant change in ECG.
	Pediatric	0.1 mg/kg (max 6 mg) RIVP with flush, administer a second dose of 0.2 mg/kg RIVP not to exceed 12 mg with flush in no consistant change in ECG.

*****Important*****

- If no response to Adenosine, contact MCEP to discuss possible synchronized cardioversion and orders for sedation
- Adenosine will **not** be administered in our prehospital system to patients with known Wolff Parkinson White disorder, wide complex tachycardia (QRS >0.10 sec), A-Flutter, A-Fib, or any narrow or wide complex dysrhythmia with irregular rate.
- Adenosine should be used with caution in patients with a history of reactive airway disease, especially in patients who are actively wheezing, because it may cause bronchospasm. In this situation, contact MCEP prior to use.

Consider the following drug interactions and conditions:

- Tegretol (Carbamazepine), Aggrenox and Dipyradomole (Persantine) enhance the effects of Adenosine and may increase the duration of AV blocks and periods of asystole.
- The effects of Adenosine are also prolonged in heart transplant patients.
- In the above circumstances, maintain initial dose of 6 mg but decrease second dose (if needed) to 6 mg.

Class:

- Antiarrhythmic

Description of Use:

- Endogenous nucleoside; slows conduction time through AV node, can interrupt reentry pathways through the AV node, and can restore normal sinus rhythm in patients with PSVT, including PSVT associated w/ Wolff-Parkinson-White syndrome.

Pharmacokinetics:

- Onset: Almost immediate.
- Half-life: <10 seconds.

Special Populations:

- Pregnancy Category: C
- Children: No age-related precautions noted.
- Elderly: No age-related precautions noted.

Contraindications:

- 2nd- or 3rd-degree atrioventricular (AV) block, and sinus node disease (eg, sinus syndrome or symptomatic bradycardia), except w/ functioning artificial pacemaker.
- As noted above

Cautions:

- May produce short-lasting 1st-, 2nd-, or 3rd-degree heart block; institute appropriate therapy prn. Do not give additional doses if high-level block develops on 1st dose. Transient or prolonged asystole, respiratory alkalosis, ventricular fibrillation (rare) reported. New arrhythmias may appear on ECG at time of conversion. Caution w/ obstructive lung disease not associated w/ bronchoconstriction (eg, emphysema, bronchitis). Avoid w/ bronchoconstriction/bronchospasm (eg, asthma). D/C if severe respiratory difficulties develop. Caution in elderly.

Does not convert A-fib/flutter, or ventricular tachycardia to normal sinus rhythm. A transient modest slowing of ventricular response may occur immediately following administration in the presence of A-fib/flutter.

Adverse reactions:

- Arrhythmias, facial flushing, dyspnea/SOB, chest pressure, nausea.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Albuterol (Pro-Air, Proventil, Ventolin)

M - 1: Anaphylaxis/Angioedema/Urticaria M - 2: Anaphylaxis / Reactive Airway Disease		
All Providers	Adult (>2y/o)	5 mg Nebulized, repeat as needed if VS permit
	Pediatric (<2y/o)	2.5 mg Nebulized, repeat as needed if VS permit
M - 20: Hyperkalemia		
PARAMEDIC	Adult	10 mg Nebulized

Class:

- Beta2-agonist

Description of Use:

- Stimulates Beta2-adrenergic receptors in lungs, resulting in relaxation of bronchial smooth muscle.
- Relieves bronchospasm and reduces airway resistance.
- In hyperkalemia, helps drive K+ intracellular.
  - Only a temporary fix, dialysis is needed

Pharmacokinetics:

- Onset: 5 - 15 min.
- Half-life: 2 - 5 hrs.

Special Populations:

- Pregnancy Class: C
- Pediatrics: Safety and efficacy not established in those younger than 2 years.
- Elderly: May be more sensitive to tremor or tachycardia due to age-related increased sympathetic sensitivity.

Contraindications:

- History of hypersensitivity to sympathomimetics.
- Caution: Caution w/ CV disorders (eg, coronary insufficiency, cardiac arrhythmias, HTN), convulsive disorders, hyperthyroidism, diabetes mellitus (DM), and in patients unusually responsive to sympathomimetic amines.

Adverse reactions:

- Tremors, nervousness, headache, tachycardia, dizziness, palpitations, bronchospasm, Nausea Cough, Bronchitis.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Aspirin (ASA)

AC – 4: A-Fib/A-Flutter AC – 5: Symptomatic Bradycardia AC – 8: Myocardial Infarction AC - 9: Pulmonary Edema, Congestive Heart Failure AC – 11: Supraventricular Tachycardia AC - 13: Stable Ventricular Tachycardia		
All Providers	Adult	324mg PO (If ASA given since the on set of current symptoms, give up to 324mg chewable ASA)
	Pediatric	Not Indicated

Important
• **Patients should only receive chewable ASA and not enteric coated ASA** • **If patient receives enteric coated ASA, administer chewable ASA to the 324 mg dose**

Class:
- Nonsteroidal salicylate, Anti-inflammatory, Antipyretic, Anticoagulant

Description of Use:
- Inhibits platelet aggregation.

Pharmacokinetics:
- Onset: 1 hr
- Peak: 2 - 4 hrs
- Duration: 4 - 6 hrs
- Half-life: 15 - 20 mins

Special Populations:
- Pregnancy Category: C (D if full dose is used in third trimester)
- Children: Caution in those with acute febrile illness.
- Elderly: May be more susceptible to toxicity; lower dosages recommended.

Contraindications:
- NSAID allergy, viral infections in children or teenagers, syndrome of asthma, rhinitis, and nasal polyps.
- Cautions: Vitamin K deficiency, chronic renal insufficiency, hemophilia, chronic alcohol abuse

Adverse reactions:
- Fever, hypothermia, dysrhythmias, hypotension, agitation, cerebral edema, dehydration, hyperkalemia, dyspepsia, GI bleed, hearing loss, tinnitus, problems in pregnancy.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Atropine

AC – 5: Symptomatic Bradycardia		
PARAMEDIC	Adult	0.5 mg IV/IO q 3-5 min to a max of 3 mg
PC - 3 Pediatric Bradycardia with Cardio-Respiratory Compromise		
PARAMEDIC	Pediatric (>6 months)	0.02 mg/kg IV/IO (0.1 mg minimum dose, 0.5 mg maximum single dose) q 5 minutes. May be repeated once

Important
• **Pediatric administration should be given to children greater than 6 months** • **In the setting of third degree heart block, Mobitz type II second-degree heart block, or for cardiac transplant patients, Atropine should be used with caution, and only after attempts at transcutaneous pacing have failed.**

Class:

- Acetylcholine antagonist, Antiarrhythmic, Antidote

Description of Use:

- Competes with acetylcholine for common binding sites on muscarinic receptors to decrease GI motility, secretory activity, and GU muscle tone.
- Also reverses various types of reflex vagal cardiac slowing or asystole.

Pharmacokinetics: (Route: IV)

- Onset: Rapid.
- Half-life: 2 - 5 hrs.

Special Populations:

- Pregnancy Class: C
- Children/Elderly: Increased susceptibility to atropine effects.

Contraindications:

- Extreme cautions: In the setting of acute MI, cardiac transplant patients, third degree heart block or Mobitz type II second-degree heart block, Atropine should be used only after attempts at transcutaneous pacing have failed.
- Children < 6 months of age.

Adverse reactions:

- Overdose may produce tachycardia, palpitations, hot/dry/flushed skin, absence of bowel sounds, increased respiratory rate, nausea, vomiting, confusion, drowsiness, slurred speech, dizziness, CNS stimulation. Overdose may also produce psychosis as evidenced by agitation, restlessness, rambling speech, visual hallucinations, paranoid behavior, delusions, followed by depression.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Calcium Chloride

AC – 7: PEA with suspected hyperkalemia AC - 12: Ventricular Fibrillation/Pulseless Ventricular Tachycardia M – 20: Hyperkalemia		
PARAMEDIC	Adult	1 Gram IV/IO
	Pediatric	Not Indicated

Class:

- Electrolyte Replacement

Description of Use:

- Essential for the function and integrity of the nervous, muscular, and skeletal systems. Plays an important role in normal cardiac and renal functions, respiration, blood coagulation, cell membrane and capillary permeability. Assists in regulating the release and storage of neurotransmitters and hormones.

Pharmacokinetics: (Route: IV)

- Onset: Unknown
- Duration: Unknown
- Half-life: Unknown

Special Populations:

- Pregnancy Category: C
- Extreme irritation, possible tissue necrosis or sloughing with IV. Restrict IV use due to small vasculature.
- Elderly: Oral absorption may be decreased.

Contraindications:

- Digoxin toxicity, hypercalcemia, ventricular fibrillation.
- Cautions: History of renal calculi, chronic renal impairment.

Adverse reactions:

- Peripheral Vasodilation, local “burning” sensation, decreased BP

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Calcium Gluconate

Appendix D: Hydrofluoric Acid Exposures and Burns		
ALL PROVIDERS	***2.5% Calcium Gluconate Gel***	
	Adult	After through irrigation, apply to burned area q 15 minutes
PARAMEDIC	***Calcium Gluconate Nebulized (mix 1mL of CG with 3mL's of NS)***	
	Adult	2.5% as mixed above nebulized
	Calcium Gluconate IV/IO	
	Adult	0.1 ml/kg up to 10 ml IV
	Pediatric	Same (monitor closely)
AC – 7: PEA with Suspected Hyperkalemia AC - 12: Ventricular Fibrillation/Pulseless Ventricular Tachycardia M – 20: Hyperkalemia		
PARAMEDIC	**Adult**	3 Gram IV/IO
	Pediatric	Not Indicated

Class:

- Electrolyte replacement, Antidote

Description of Use:

- Essential for the function and integrity of the nervous, muscular, and skeletal systems. Plays an important role in normal cardiac and renal functions, respiration, blood coagulation, cell membrane and capillary permeability. Assists in regulating the release and storage of neurotransmitters and hormones.

Pharmacokinetics: (Route: IV)

- Onset: Unknown
- Duration: Unknown
- Half-life: Unknown

Special Populations:

- Pregnancy Category: C
- Children: Extreme irritation, possible tissue necrosis or sloughing with IV. Restrict IV use due to small vasculature.
- Elderly: Oral absorption may be decreased.

Contraindications:

- Hypercalcemia, ventricular fibrillation.
- Cautions: Digoxin toxicity, dehydration, history of renal calculi, chronic renal impairment, decreased cardiac function.

Adverse reactions:

Peripheral Vasodilation, local "burning" sensation, decreased BP

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Dexamethasone (Decadron)

M – 1: Anaphylaxis/Angioedema/Urticaria M – 2: Reactive Airway Disease		
PARAMEDIC	Adult	10 mg IV/IO over 2 minutes (repeat once)
	Pediatric	0.6 mg/kg IV/IO over 2 minutes to a max of 10 mg

Important
• Dexamethasone should NOT be administered in the wheezing patient secondary to inhalation burns

Class:
- Glucocorticoid, Corticosteroid

Description of Use:
- Inhibits the accumulation of inflammatory cells at inflammation sites and/or the release of mediators of inflammation to prevent and/or suppress tissue inflammatory processes.

Pharmacokinetics: (Route: IV)
- Onset: Rapid
- Half-life: 3 - 4.5 hrs

Special Populations:
- Pregnancy Category: C (D if used in the first trimester)
- Children: Prolonged treatment with high-dose therapy may decrease short-term growth rate and cortisol secretion.
- Elderly: Higher risk for developing hypertension or osteoporosis.

Contraindications:
- Active, untreated fungal infections
- Cautions: Respiratory tuberculosis, untreated systemic infections, hyperthyroidism, cirrhosis, ulcerative colitis, hypertension, osteoporosis at high thromboembolic risk, CHF, seizure disorders, peptic ulcer, and/or diabetes.

Adverse reactions:
- Na+/fluid retention, muscle weakness, osteoporosis, peptic ulcer with possible subsequent perforation and hemorrhage, pancreatitis, ulcerative esophagitis, impaired wound healing, headache, psychic disturbances, convulsions, glaucoma, weight gain, nausea, malaise.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Dextrose (D10W)

M – 5: Hypoglycemia M - 10: Convulsive Seizures, Status Epilepticus PC – 5: Neonatal Resuscitation OB - 6: Pre-Eclampsia and Eclampsia											
PARAMEDIC	EMT - I	Grey 3-5 Kg	Pink 6-7 Kg	Red 8-9 Kg	Purple 10-11Kg	Yellow 12-14 Kg	White 15-18 Kg	Blue 19-23 Kg	Orange 24-29 Kg	Green 30-36 Kg	Adult >36 Kg
		IV 2 g 20 mL	IV 3 g 30 mL	IV 4 g 40 mL	IV 5 g 50 mL	IV 6.5 g 65 mL	IV 8 g 80 mL	IV 10.5 g 105 mL	IV 13.5 g 135 mL	IV 16.5 g 165 mL	IV 25 g 250 mL

*****Important*****

Pre-Mix (If Available):

- Use the pre-mixed D10W (250ml bag with 25 Grams)
  - **Adults:** WO bolus of 250 mL's when the IV/IO is obtained
  - **Pediatrics:** Administer per the weight based chart WO via drip
    - Use of a Buretrol is ideal but not required
    - Secondary option: If a Buretrol is not available is to give the desired volume SIVP

Mixing D10W:

- Remove 50mL's from a 250mL underfill and inject 25 Grams (50mL's) of D50W in to the mixing underfill

Class:

- Carbohydrate

Description of Use:

- Restores blood glucose levels in hypoglycemia and provides a source of carbohydrate calories.

Pharmacokinetics: (Route: IV)

- Onset: Unknown
- Duration: Unknown
- Half-life: Unknown

Special Populations:

- Pregnancy Category: A
- Elderly: No age-related precautions noted.
- Children: No age-related precautions noted.

Contraindications:

- Hyperglycemia, Delirium tremens, Intracranial or Intraspinal hemorrhage.

Adverse reactions:

- Hyperosmolar syndrome.

MCB Action	Implemented 04/01/15	Revised 1	Revision # 08/08/2016	Implemented 10/01/2016

Diazepam (Valium)

Airway Management & Intubation Guidelines and Procedure AC - 2: Analgesia or Sedation for Transcutaneous Pacing AC - 4: Atrial Fibrillation and Atrial Flutter AC - 11: Supraventricular Tachycardia AC - 14: Unstable Ventricular Tachycardia OB - 6: Pre-Eclampsia and Eclampsia		
PARAMEDIC	Adult	1-5 mg IV/IO/IM q 3-5 to a maximum of 10 mg
PC - 7: Pediatric Supraventricular Tachycardia PC - 9: Pediatric Ventricular Tachycardia		
PARAMEDIC	Pediatric	0.05 - 0.1 mg/kg IV/IO/IM to a max of 5 mg
M – 8: Drug Overdose M - 10: Convulsive Seizures, Status Epilepticus MISC – 8: Benzodiazepine Protocol		
PARAMEDIC	Adult	1-5 mg IV/IO/IM q 3-5 to a maximum of 10 mg
	Pediatric	0.05-0.1 mg/kg IV/IO/IM to a max of 5 mg
	Infant	Same as Pediatric

Important
• Benzodiazepines are not routinely used for prehospital anxiety or skeletal muscle contractions. If a provider is presented with a situation where this is a consideration, MCEP contact is required.

Class:

- Benzodiazepine

Description of Use:

- Depresses all levels of the CNS by enhancing the action of GABA, producing anxiolytic effects, elevating seizure threshold, and producing skeletal muscle relaxation.

Pharmacokinetics: (Route: IV)

- Onset: Unknown
- Duration: Unknown
- Half-life: 20 - 70 hrs

Special Populations:

- Pregnancy Category: D
- Children: Use small initial doses with gradual increases to avoid ataxia or excessive sedation.
- Elderly: Use small initial doses with gradual increases to avoid ataxia or excessive sedation.

Contraindications:

- Angle-closure glaucoma, untreated open angle glaucoma
- Cautions: Chronic lung disease or unstable cardiovascular status, patients receiving other CNS depressants, renal/hepatic impairment, hypoalbuminemia.

Adverse reactions:

- Drowsiness, fatigue, ataxia, inj-site venous thrombosis and phlebitis, paradoxical reactions.
- Abrupt or too-rapid withdrawal may result in pronounced restlessness, irritability, insomnia, hand tremor, abdominal/muscle cramps, diaphoresis, vomiting, seizures. Abrupt withdrawal in patients with epilepsy may produce an increase in the frequency/severity of seizures.
- Overdose results in drowsiness, confusion, diminished reflexes, CNS depression, coma.
- Antidote: Flumazenil

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Diphenhydramine (Benadryl)

M – 1: Anaphylaxis/Angioedema/Urticaria			
PARAMEDIC	EMT - I	Adult including pediatric (>2 y/o)	0.5 – 1 mg/kg IV/IO/IM to a maximum of 50 mg
		Pediatric (<2 y/o)	Consult MCEP

Important
• **This drug is contraindicated in patients that are having an Acute Asthma attack.**   • **Drying secretions in an acute asthma attack can make it difficult for patient clear ventilatory passages**

Class:

- Antihistamine

Description of Use:

- Acts on blood vessels, GI, Respiratory system by competing with histamine for H1-receptor site; decreases allergy response by blocking histamine

Pharmacokinetics:

- IM: Onset ½ hour, peak 1-4 hrs, duration 4-7 hrs
- IV: Onset immediate, duration 4-7 hrs
- Half-life: 2-7 hrs
- Metabolized in Liver, excreted by the Kidneys; crosses Placenta, excreted in Breast Milk

Special Populations:

- Pregnancy Category: B

Contraindications:

- Hypersensitivity to H1-receptor antagonists
- Acute asthma attacks
- Lower respiratory tract disease
- Neonates

Adverse reactions:

- Seizures, Thrombocytopenia, agranulocytosis, hemolytic anemia, anaphylaxis

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Epinephrine

AC – 3: Asystole AC – 7: Pulseless Electrical Activity AC – 12: Ventricular Fibrillation/Pulseless Electrical Activity PC – 2: Pediatric Asystole PC – 3: Pediatric Bradycardia with Cardiopulmonary Compromise PC – 4: Pediatric Pulseless Electrical Activity PC – 5: Neonatal Resuscitation PC – 8: Pediatric Ventricular Fibrillation – Pulseless Ventricular Tachycardia M – 6: Hypothermia			
PARAMEDIC	EMT - I	Adult	Epi 1:10,000 – 1 mg IV/IO q 3-5 minutes
		Pediatric	Epi 1:10,000 – 0.01mg/kg IV/IO (0.1 mL/kg) q 3-5 minutes
M – 1: Anaphylaxis/Angioedema/Urticaria M – 2: Reactive Airway Disease			
PARAMEDIC	EMT - I	Adult	Epi 1:1000 - 0.3 mg IM, may repeat in 5 minutes, contact MCEP for additional
		Pediatric	Epi 1:1000 – 0.01 mg/kg IM (max of 0.3 mg), May repeat in 5 minutes, contact MCEP for additional
M – 1: Anaphylaxis/Angioedema/Urticaria A – 4: Croup/Epiglottitis			
PARAMEDIC		Adult	NEBULIZED Epi 1:1,000 – 0.05 mg/kg in a total of 3mL of NS to a max of 3 mg
		Pediatric	As above
M - 13: Sepsis / Septic Shock			
PARAMEDIC		Pediatric	Epi Drip: 0.1-1 mcg/kg/min (Epi is the recommended vasopressor for pediatrics)

AC – 5: Symptomatic Bradycardia AC – 6: Cardiogenic Shock AC – 16: Left Ventricular Assist Device (LVAD) M – 1: Anaphylaxis/Angioedema/Urticaria M - 12: Snakebite		
PARAMEDIC	Adult	Epi DRIP: 2 mcg/min IV/IO infusion, increase 2 mcg/min q 5 min to a max of 10 mcg/min MINI BOLUS: 0.5 to 1 cc of 1 :100,000 IV/IO every minute as needed

*****Important*****

- All patients receiving Epinephrine shall be placed on cardiac monitor as well as quantitative Capnography if available.
- **M-1 Anaphylactic/Angioedema/Uticaria protocol**: EMT-Basics can assist with the self-administration of patients own (prescribed) pre-measured Epinephrine (Epi-Pen) after MCEP contact.

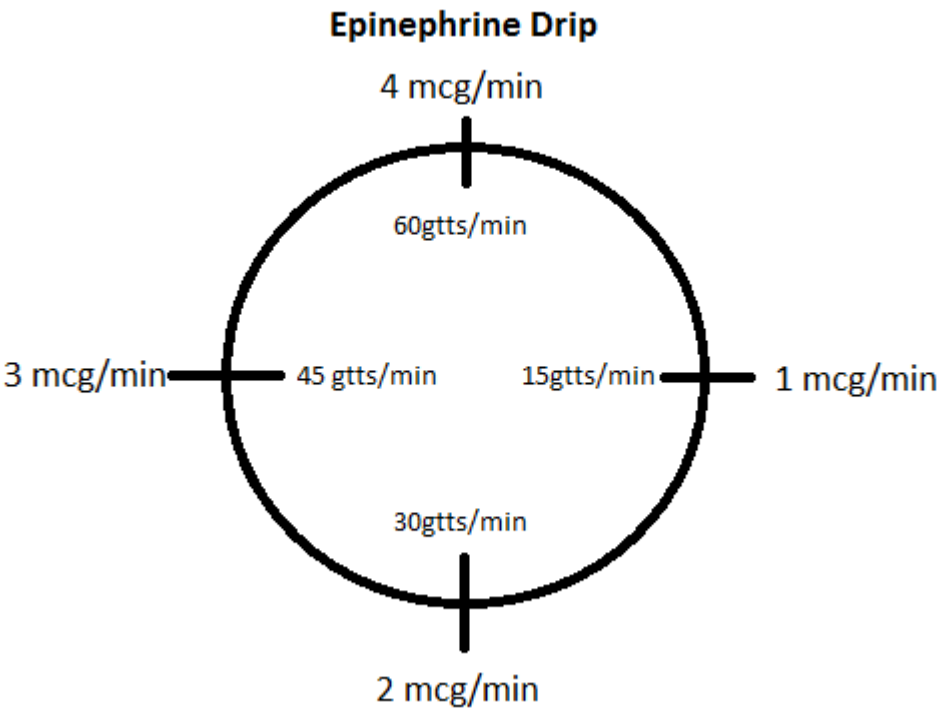
ALL DRIPS SHOULD BE RUN THROUGH A PUMP IF POSSIBLE

Drip Mixing Instructions:
- Mix 1 mg Epinephrine 1:1,000 in 250 cc NS
- Epinephrine is the RECOMMENDED vasopressor for pediatric septic shock

Mini-Bolus Mixing Instructions:
- Empty 9 cc from 10cc of 1 :10,000 Epinephrine and replace with saline (leaves 0.1mg)

Nebulized Epi Mixing Instructions:
- Mix the calculated dose with NS to make a total of 3mL of solution

Maintain 500cc/hr infusion for all drips and mini-boluses
Hypothermic patient should only get one dose of Epi 1mg IV/IO



Class:

- Sympathomimetic catecholamine

Description of Use:

- Stimulates alpha-adrenergic receptors, beta1 and beta2 adrenergic receptors to produce vasoconstriction, pressor effects, cardiac stimulation, and bronchodilation.

Pharmacokinetics: (Route: IV)

- Onset: 3 - 5 mins
- Peak: 20 mins
- Duration: 1 - 3 hrs
- Half-life: Short

Special Populations:

- Pregnancy Category: C
- Children: No age related precautions noted.
- Elderly: May be more sensitive to sympathomimetic effects.

Contraindications:

- Narrow-angle glaucoma
- Cautions: Caution in patients with hyperthyroidism, Parkinson's disease, diabetes mellitus (DM), pheochromocytoma, pregnant women, and in elderly. Caution with heart disease; may precipitate/aggravate angina pectoris or produce ventricular arrhythmias. Caution during labor and delivery; may result in uterine vasoconstriction, decreased uterine blood flow, and fetal anoxia.

Adverse reactions:

- Anxiety, apprehensiveness, restlessness, tremor, weakness, dizziness, sweating, palpitations, pallor, N/V, headache, respiratory difficulties.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Fentanyl (Sublimaze)

AC – 8: Myocardial Infarction T – 7: Burns MISC – 2: Pain Management			
PARAMEDIC	EMT - I	Adult	1-3 mcg/kg IV/IO/IM/IN
		Pediatric (>2 Y/O)	Same as above
AC – 2: Analgesia or Sedation for Transcutaneous Pacing PC – 3: Pediatric Bradycardia with Cardio-Respiratory Compromise			
PARAMEDIC		Adult	1-3 mcg/kg IV/IO/IM/IN
		Pediatric (>2 Y/O)	Same as above

Important
• 0.5-1 mcg/kg IN/IV/IO/IM increments, may repeat every 5 minutes up to maximum dose • Carefully observe level of consciousness, perfusion status and respiratory status prior to re-dosing. • Any patient <2 y/o, MCEP will need to be contacted for pain secondary to TCP • Monitor waveform capnography when giving narcotics

Class:
- Opioid Analgesic

Description of Use:
- Binds to opioid receptors in the CNS, reducing stimuli from sensory nerve endings, and inhibiting ascending pain pathways to alter pain reception and increase pain threshold.

Pharmacokinetics: (Route: IV)
- Onset: 1 - 2 min.
- Half-life: 2 - 4 hrs.

Special Populations:
- Pregnancy Class: C (D if used for prolonged periods or at high dosages at term).
- Children: Neonates more susceptible to respiratory depressant effects.
- Elderly: May be more susceptible to respiratory depressant effects. Age-related renal impairment may require dosage adjustment. Use lower incremental dosing.

Contraindications:
- Hypersensitivity, Increased ICP, severe respiratory depression.
- Cautions: Caution w/ COPD, decreased respiratory reserve, potentially compromised respiration, liver/kidney dysfunction, and cardiac bradyarrhythmias.

Adverse reactions:
- Overdose or too-rapid IV administration may produce severe respiratory depression, skeletal/thoracic muscle rigidity leading to apnea.

- Tolerance to analgesic effect may occur with repeated use.
- Antidote: Naloxone.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Hydroxocobalamin (CyanoKit)

HM-2 Cyanide Poisoning Protocol			
PARAMEDIC	EMT - I	Adult	5 grams IV/IO over 15 minutes (If available). Re-assess blood pressure during and after infusion.
		Pediatric	70 mg/kg IV/IO over 15 minutes (If available). Re-assess blood pressure during and after infusion.

Important
• A **SEPERATE** IV is necessary to give this medication due to the multiple drug interactions potenitals

Class:
- Antidote

Description of Use:
- Cyanide antidote; binds to cyanide ions to form cyanocobalamin, which gets excreted in the urine. Each hydroxocobalamin molecule can bind 1 cyanide ion by substituting it for the hydroxo ligand linked to the trivalent cobalt ion.

Pharmacokinetics: (Route: IV)
- Onset: 1 - 2 min.
- Half-life: 2 - 4 hrs.

Special Populations:
- Pregnancy Class: C

Contraindications:
- No contraindications are known

Adverse reactions:
- Allergic reaction
- Increase in BP
- Skin redness

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Ipratropium Bromide (Atrovent)

M -2: Reactive Airway Disease			
PARAMEDIC	EMT -I	Adult	0.5mg nebulized (Given in conjunction with Albuterol as a Duo Neb in first administration)
		Pediatric >2 Y/O	Pediatrics receive the above dosage

Class:

- Anticholinergic Bronchodilator

Description of Use:

- Ipratropium is an acetylcholine antagonist, blocking muscarinic cholinergic receptors. This decreases formation of cGMP, resulting in decreased contractility of smooth muscle tissues in the airway.

Pharmacokinetics: (Route: Inhalation)

- Onset: 1 - 3 mins
- Peak: 1.5 - 2 hrs
- Duration: Up to 4 hrs
- Half-life: 1.5 - 4 hrs

Special Populations:

- Pregnancy Class: B
- Children: No age related precautions noted.
- Elderly: No age related precautions noted.

Contraindications:

- Atropine hypersensitivity, bromide hypersensitivity.
- Cautions: narrow-angle glaucoma, prostatic hypertrophy, bladder neck obstruction, and hepatic/renal insufficiency.

Adverse reactions:

- Bronchitis, URTI, dyspnea, headache, coughing, pain, nausea, influenza-like symptoms, pharyngitis, back/chest pain, mouth dryness, dizziness, bronchospasm, sinusitis.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Lidocaine 2%

AC - 12: Ventricular Fibrillation/Pulseless Ventricular Tachycardia AC - 14: Unstable Ventricular Tachycardia PC - 8: Pediatric Ventricular Fibrillation/Pulseless Ventricular Tachycardia M - 6: Hypothermia			
PARAMEDIC		Adult	Initial dose 1-1.5 mg/kg IV/IO. Additional doses of 0.5-0.75 mg/kg may be given q 5 minutes up to a max dose of 3 mg/kg. (Hypothermia gets one dose only of 1.0 to 1.5 mg/kg)
PARAMEDIC		Pediatric	1 mg/kg IV/IO. Repeat PRN 0.5 mg/kg q 3-5 minutes up to total of 3 mg/kg
Intraosseous Access and Infusion Procedure			
PARAMEDIC	EMT-I	Adult	40 mg very slowly over 1-2 minutes followed by a 10 cc saline flush. This is done prior to the 10cc bolus of fluid and connecting the IV tubing. An additional 20 mg can be given per MISC-2.
PARAMEDIC	EMT-I	Pediatric	0.5 mgs/kg, max of 40mg, administer slowly over 1-2 minutes as indicated above

Important
NOTE 1: The benefit of Lidocaine is probably limited to VT caused by cardiac ischemia. NOTE 2: DO NOT ADMINISTER LIDOCAINE if you suspect hyperkalemia (e.g., renal failure patients on dialysis) or if the underlying rhythm is believed secondary to an overdose by an agent that blocks sodium channels (e.g., tricyclic antidepressants, phenothiazines, B-blockers, antihistamines and cocaine). These rare cases should have Sodium Bicarbonate administered as an alternative to Lidocaine.

Class:

- Antiarrhythmic, Anesthetic

Description of Use:

- Decreases the depolarization, automaticity, and excitability of the ventricles during diastole by direct action to inhibit ventricular arrhythmias.
- Inhibits the conduction of nerve impulses.

Pharmacokinetics: (Route: IV)

- Onset: 30 - 90 sec.
- Half-life: 10 - 20 min.

Special Populations:

- Pregnancy Category: B
- Children: No age-related precautions noted.
- Elderly: More sensitive to adverse effects. Dose and rate of infusion should be reduced. Age-related renal impairment may require dosage adjustment.

Contraindications:

- Hypersensitivity.
- Adam-Stokes syndrome, supraventricular arrhythmias, severe heart blocks, WPW syndrome.
- Cautions: hepatic disease, CHF, respiratory depression, malignant hyperthermia, myasthenia gravitis.

Adverse reactions:

- Lightheadedness, nervousness, confusion, dizziness, drowsiness, tinnitus, blurred/double vision, vomiting, tremors, respiratory depression/arrest, bradycardia, hypotension, cardiovascular collapse.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Lorazepam (Ativan)

MISC – 8: Benzodiazepine Protocol		
PARAMEDIC	Adult	1-2 mg IV, IO, IM and may repeat to a max 4 mg
	Pediatric	0.05-0.1 mg/kg IV, IO max 2 mg

Important
• Benzodiazepines are not routinely used for prehospital anxiety or skeletal muscle contractions. If a provider is presented with a situation where this is a consideration, MCEP contact is required.

Class:

- Benzodiazepine, Sedative

Description of Use:

- Enhances the action of GABA to produce anxiolytic, hypnotic, anticonvulsant, muscle relaxant, and amnesic effects.

Pharmacokinetics: (Route: IV, IM)

- Onset: IV: 5 - 15 mins IM: 15 - 30 mins
- Peak: IV: Unknown IM: 60 - 90 mins
- Duration: IV: 6 - 8 mins IM: 6 - 8 hrs
- Half-life: 14 hrs

Special Populations:

- Pregnancy Category: D
- Children: Neonates are more likely to have respiratory depression.
- Elderly: Age related renal impairment may require dosage adjustment.

Contraindications:

- Known sensitivity to benzodiazepines or its vehicle (polyethylene glycol, propylene glycol, and benzyl alcohol), acute narrow-angle glaucoma, sleep apnea syndrome, severe respiratory insufficiency.
- Cautions: Avoid in patients with hepatic and/or renal failure; caution in patients with hepatic and/or renal impairment. Extreme caution when administering inj to elderly, very ill, or to patients with limited pulmonary reserve; hypoventilation and/or hypoxic cardiac arrest may occur.

Adverse reactions:

- Respiratory depression/failure, hypotension, somnolence, headache, hypoventilation, inj-site reactions, paradoxical excitement.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Magnesium Sulfate

AC - 12: Ventricular Fibrillation/Pulseless Ventricular Tachycardia **AC - 14: Unstable Ventricular Tachycardia**		
PARAMEDIC	Adult	2 gm IV/IO Push; can repeat same dose with MCEP consult
AC - 13: Stable Ventricular Tachycardia		
PARAMEDIC	Adult	2 gm IV/IO over 10 minutes; can repeat same does with MCEP consult
PC - 8: Pediatric Ventricular Fibrillation-Pulseless Ventricular Tachycardia		
PARAMEDIC	Pediatric	25 mg/kg for patients under 50kg IVP; can repaeat same does with MCEP consult
PC - 9: Pediatric Ventricular Tachycardia		
PARAMEDIC	Pediatric	**Stable:** 25 mg/kg IV/IO over 10 minutes IVP; can repeat same does with MCEP consult **Unstable:** 25 mg/kg for patients under 50kg IVP; can repeat with MCEP consult
M - 2: Reactive Airway Disease		
PARAMEDIC	Adult	2 gm IV/IO over 10 minutes; repeat with MCEP consult
	Pediatric	25 mg/kg for patients under 50kg over 10 minutes IV/IO Push; can repeat with MCEP consult
OB - 6: Pre-Eclampsia and Eclampsia		
PARAMEDIC	Adult	**Pre-Eclampsia:** 2 gm IV/IO over 10 minutes; can repeat with MCEP consult **Eclampsia:** 4 gm IV/IO Push

*****Important*****

- If magnesium is administered too rapidly (i.e., faster than parameters listed above) severe hypotension, arrhythmia, and/or cardiac arrest may occur.
- All patients receiving Magnesium Sulfate shall be placed on cardiac monitor as well as quantitative Capnography if available.
- Renal Failure patient **cannot** receive Magnesium Sulfate

ALL DRIPS SHOULD BE RUN THROUGH A PUMP IF POSSIBLE

How to mix the 2 or 4 gms Magnesium Sulfate Drip:

- 2 Grams (option 1)
  - Draw 4 gms of Magnesium Sulfate from vial
  - Mix this volume into 250cc underfill with a 10 gtts/ml tubing
  - Run with a PUMP
  - If a pump in not available, use this formula to run the drip:

$$\frac{125cc \times 10gtt/ml}{Time}$$

- 2 Grams (option 2)
  - Draw up 2 Grams of Magnesium Sulfate from vial
  - Mix in a 100cc underfill
  - Run with a PUMP
  - If a pump in not available, use this formula to run the drip:

$$\frac{100cc \times 10gtt/ml}{Time}$$

- 2 Grams (option 3)
  - Draw up 2 Grams of Magnesium Sulfate from vial
  - Commit a Paramedic to push the volume consistent with 2 grams of Magnesium Sulfate over 10 minutes

Class:

- Anticonvulsant, Electrolyte, Smooth Muscle Relaxant

Description of Use:

- Blocks neuromuscular transmission and the amount of acetylcholine released at the motor end plate to control seizure activity.

Pharmacokinetics: (Route: IV)

- Onset: Unknown
- Duration: Unknown
- Half-life: Unknown

Special Populations:

- Pregnancy Category: B
- Children: Continuous IV infusion increases risk of magnesium toxicity in neonate.
- Safety in children younger than 6 years not known.
- Elderly: At increased risk of developing magnesium deficiency.

Contraindications:

- Hypersensitivity, Heart block, myocardial damage, renal failure.
- Cautions: Severe renal impairment.

Adverse reactions:

- Reduced respiratory rate, decreased reflexes, flushing, hypotension, decreased heart rate. Systemic use may produce prolonged PR interval, widening of the QRS.
- Toxicity may cause loss of deep tendon reflexes, heart block, respiratory paralysis, cardiac arrest.

- If administered too rapidly, severe hypotension, arrhythmia, and/or cardiac arrest may occur.
- Antidote: 10 - 20 cc of 10 % Calcium Gluconate (equal to 5 - 10 mEq of Calcium).

MCB Action	Implemented 04/01/15	Revised 08/08/2016	Revision # 1	Implemented 10/01/2016

Midazolam (Versed)

Airway Management & Intubation Guidelines and Procedure AC - 2: Analgesia or Sedation for Transcutaneous Pacing AC - 4: Atrial Fibrillation and Atrial Flutter AC - 11: Supraventricular Tachycardia AC - 14: Unstable Supraventricular Tachycardia M - 8: Drug Overdose OB - 6: Pre-Eclampsia and Eclampsia MISC - 5: Patient Restraint		
PARAMEDIC	Adult	1-5 mg IV/IO/IM/IN to a max of 10 mg
M - 10: Convulsive Seizures, Status Epilepticus MISC – 8: Benzodiazepine Protocol		
PARAMEDIC	Adult	1-5 mg IV/IO/IM/IN to a max of 10 mg
	Pediatric	0.1-0.2mg/kg IN, 0.05-0.1 mg/kg IV/IO/IM max 5 mg
PC - 7: Pediatric Supraventricular Tachycardia PC - 9: Pediatric Ventricular Tachycardia		
PARAMEDIC	Pediatric	0.05-0.1 mg/kg IV, IO, IM 0.1-0.2mg/kg IN max 5 mg

Important
• Benzodiazepines are not routinely used for prehospital anxiety or skeletal muscle contractions. If a provider is presented with a situation where this is a consideration, MCEP contact is required.

Class:

- Benzodiazepine, Sedative

Description of Use:

- Enhances the action of GABA to produce anxiolytic, hypnotic, anticonvulsant, muscle relaxant, and amnesic effects.

Pharmacokinetics: (Route: IV, IM)

- Onset: IV: 1 - 5 mins IM: 5 - 15 mins
- Peak: IV: 5 - 7 mins IM: 30 - 60 mins
- Duration: IV: 20 - 30 mins IM: 2 - 6 hrs
- Half-life: 1 - 5 hrs

Special Populations:

- Pregnancy Category: D
- Children: Neonates are more likely to have respiratory depression.
- Elderly: Age related renal impairment may require dosage adjustment.

Contraindications:

- Acute alcohol intoxication, acute narrow-angle glaucoma, allergies to cherries, coma, shock.
- Cautions: Acute illness, severe fluid electrolyte imbalance, renal/hepatic/pulmonary impairment, CHF, treated open-angle glaucoma.

Adverse reactions:

- Inadequate or excessive dosage or improper administration may result in cerebral hypoxia, agitation, involuntary movements, hyperactivity, or combativeness.
- Too-rapid IV rate, excessive doses, or single large dose increases risk of respiratory depression/arrest, which may produce hypoxia or cardiac arrest.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Morphine Sulfate

AC – 8: Myocardial Infarction T - 7: Burns MISC - 2: Pain Management			
PARAMEDIC	EMT - I	Adult	(16 y/o or >) 2-20 mg IV/IO/IM 2-5 mg increments q 5 minutes to max
		Pediatric	(15 y/o or <) 0.1 - 0.2 mg/kg IV/IO/IM q 5minutes to maximum of 0.2 mg/kg
AC - 2: Analgesia or Sedation for Transcutaneous Pacing PC - 3: Pediatric Bradycardia with Cardio-Respiratory Compromise			
PARAMEDIC		Adult	(16 y/o or >) 2-20 mg IV/IO/IM 2-5 mg increments q 5 minutes to max
		Pediatric	(15 y/o or <) 0.1 - 0.2 mg/kg IV/IO/IM q 5minutes to maximum of 0.2 mg/kg

Important
• EMT-Intermediates may administer either Morphine under the supervision and approval of the EMT Paramedic • Refer to MISC-2 Pain Management protocol for specific parameters for giving this medication

Class:

- Narcotic agonist, Opiate analgesic

Description of Use:

- Binds with opioid receptors within the CNS to alter pain perception and the emotional response to pain.

Pharmacokinetics: (Route: IV)

- Onset: Rapid.
- Half-life: 2 - 4 hrs.

Special Populations:

- Pregnancy Class: C (D if used for prolonged periods or at high dosages at term).
- Children: Paradoxical excitement may occur. Those younger than 2 years are more susceptible to respiratory depressant effects.
- Elderly: Paradoxical excitement may occur. Age-related renal impairment may increase the risk of urinary retention.

Contraindications:

- Acute or severe asthma, GI obstruction, paralytic ileus, severe hepatic/renal impairment, severe respiratory depression.
- Extreme cautions: COPD, cor pulmonale, hypoxia, hypercapnia, preexisting respiratory depression, head injury, ICP, severe hypotension.
- Cautions: biliary tract disease, pancreatitis, Addison's disease, hypothyroidism, urethral stricture, prostatic hyperplasia , toxic psychosis, seizure disorders, and alcoholism.

Adverse reactions:

- Overdose results in respiratory depression, hypotension, skeletal muscle flaccidity, cold/clammy skin, cyanosis, extreme drowsiness progressing to seizures, and coma.

- Tolerance to analgesic effect or physical dependence may occur with repeated use.
- Prolonged duration of action and cumulative effect may occur in those with hepatic/renal impairment.
- Antidote: Naloxone

MCB Action	Implemented 04/01/15	Revised 06/13/2016	Revision # 1	Implemented 10/01/2016

Naloxone (Narcan)

M-8: Drug Overdose			
ALL PROVIDERS		Adult	0.4 mg IM increments q 2-4 min to a maximum of 2.0 mg or 2 mg IN (Repeat IN once if necessary as noted below)
		Pediatric	0.1 mg/kg IM/IN to a maximum of 2.0 mg
PARAMEDIC	EMT -I	Adult	0.4 mg IV/IO/IM q 2-4min to a maximum of 2.0 mg or 2 mg IN (Repeat IN once if necessary as noted below)
		Pediatric	0.1 mg/kg IV/IO/IM/IN to a maximum of 2.0 mg

*****Important*****

- Intranasal administration:
  - Load syringe with 2 mg (2 ml) of Naloxone and attach MAD™ nasal atomizer.
  - Place atomizer 1.5 cm within the nostril.
  - Briskly compress syringe to administer 1 ml of atomized spray.
  - Remove and repeat in other nostril, so all 2 ml (2 mg) of medication are administered
  - A second dose of 1 mg Naloxone (0.5 ml per nare) may be re-administered via intranasal route as needed, for a maximum IN dose of 3 mg.

Class:

- Opiate Antagonist, Antidote

Description of Use:

- Competitively displaces opiods at opioid-occupied receptor sites in the CNS.
- Reverses opioid-induced sedation, increases respiratory rate.

Pharmacokinetics: (Route: IM, IV)

- Onset: IV: 1 - 2 min. IM: 2 - 5 min.
- Half-life: 60 - 100 min.

Special Populations:

- Pregnancy Class: B
- Children: No age-related precautions noted.
- Elderly: No age-related precautions noted.

Contraindications:

- Respiratory depression due to non-opioid drugs.
- Cautions: Chronic cardiac/pulmonary disease, coronary artery disease. Use with caution in those suspected of being opioid dependent or post-op patients to avoid cardiovascular changes.

Adverse reactions:

- Too-rapid reversal of narcotic-induced respiratory depression may result in nausea, vomiting, tremors, increased BP, and tachycardia.
- Hypotension or hypertension, ventricular tachycardia/fibrillation, or pulmonary edema may occur in those with cardiovascular disease.

Neo-Synephrine

Airway Management & Intubation Procedure Guideline		
PARAMEDIC	Adult	1 or 2 sprays of Neo-Synephrine if time permitting

Class:
- Sympathomimetic, alpha-receptor stimulant, vasopressor

Description of Use:
- Acts on alpha-adrenergic receptors of vascular smooth muscle.
- Produces systemic arterial vasoconstriction; increases systolic vasoconstriction.

Pharmacokinetics: (Route: IN)
- Onset: Immediate
- Duration: 15 - 20 mins
- Half-life: 2.5 hrs

Special Populations:
- Pregnancy Class: C
- Children: No age related precautions with systemic use. May exhibit increased absorption and toxicity with nasal preparation.
- Elderly: More likely to experience adverse effects.

Contraindications:
- Acute pancreatitis, heart disease, hepatitis, narrow-angle glaucoma, pheochromocytoma, severe hypertension, thrombosis, ventricular tachycardia.
- Cautions: Hyperthyroidism, bradycardia, heart block, severe arteriosclerosis.

Adverse reactions:
- Large doses may produce tachycardia, palpitations (particularly in those with cardiac disease), light-headedness, nausea, vomiting.
- Excessive dosing in those older than 60 yrs may result in hallucinations, CNS depression, seizures.

Nitroglycerine

AC - 8: Myocardial Infarction AC - 9: Pulmonary Edema, Congestive Heart Failure			
PARAMEDIC	EMT -I	Adult	0.4 mg SL to a maximum of 1.2 mg

Important
NTG is **CONTRAINDICATED** in the following circumstances: • Patient has taken prescription or OTC Sexual Performance Enhancing Drug (SPED) within 72 hours • Suspected acute inferior MI • Hypotension (SBP <100 mmHg) **PARAMEDICS:** • If there is evidence of inferior wall AMI, or if you have other reasons to suspect right ventricular AMI, consider obtaining a right-sided 12 lead ECG (either V4R or V1R-V6R) while enroute before giving NTG (No MCEP required).

Administration Notes:
- EMT-Intermediates must have an MCEP consult prior to delivering medication
- Paramedics cannot give NTG until after a right sided 12 lead in the presence of an inferior wall MI

Class:
- Nitrate, Antianginal, Antihypertensive, Coronary Vasodilator

Description of Use:
- Produces peripheral vasodilation and dilates coronary arteries to improve collateral blood flow to ischemic areas within the myocardium.
- Decreases myocardial oxygen demand, reduces left ventricular preload, and decreases afterload.

Pharmacokinetics: (Route: SL, IV)
- Onset: 1 - 3 min.
- Half-life: 1 - 4 min.

Special Populations:
- Pregnancy Class: B
- Children: Safety and efficacy not established.
- Elderly: More susceptible to hypotensive effects. Age-related renal impairment may require dosage adjustment.

Contraindications:
- Suspected acute right ventricular MI, hypotension with SBP <100 mmHg, SPEDS within last 72 hours.

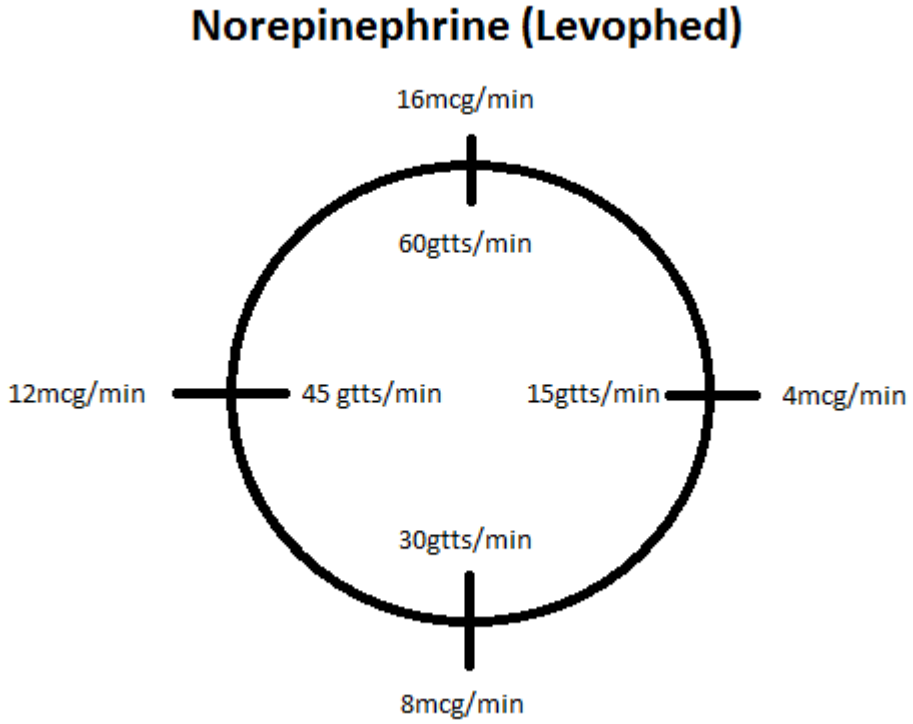
Adverse reactions:
- Severe orthostatic hypotension may occur, manifested by syncope, pulselessness, cold/clammy skin, diaphoresis.
- High doses tend to produce severe headache.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Norepinephrine (Levophed, Nor-Epi)

AC – 5: Symptomatic Bradycardia AC - 6: Cardiogenic Shock AC - 16: Left Ventricular Assist Device (LVAD) M – 1: Anaphylaxis/Angioedema/Urticaria M – 12: Snakebite M - 13: Adult Sepsis/Septic Shock		
PARAMEDIC	Adult	4 mcg/min IV/IO infusion, increase 2 mcg/min q 5 min to a max of 10 mcg/min
	Pediatric	Not indicated

Important
Administration Considerations: Contact MCEP prior to initiation of Levophed for Septic Shock patients only Give 1 – 2 Liters of fluid prior to initiating Levophed Maintain 500ml/hr unless contraindicated **ALL DRIPS SHOULD BE RUN THROUGH A PUMP IF POSSIBLE** **Mixing Instructions:** Mix 4 mg Norepinephrine in 250 cc NS



Class:

- Sympathomimetic, Vasopressor

Description of Use:

- Primarily acts on alpha-adrenergic receptors to produce constriction of resistance and capacitance vessels causing an increase in systemic blood pressure and coronary artery blood flow.

Pharmacokinetics: (Route: IV)

- Onset: Rapid
- Peak: 1 - 2 mins
- Duration: N/A

Special Populations:

- Pregnancy Class: C
- Children: No age related precautions noted.
- Elderly: No age related precautions noted.

Contraindications:

- Hypovolemia, mesenteric/peripheral vascular thrombosis, profound hypoxia.
- Cautions: Severe cardiac disease, hypertension, hypothyroidism, MAOI prescription.

Adverse reactions:

- Extravasation produces dangerous tissue necrosis.
- Toxic effects include severe hypertension, violent headache, arrhythmias, photophobia, retrosternal or pharyngeal pain, pallor, diaphoresis, vomiting.
- Plasma volume depletion. Rebound hypotension if intravascular volume is not maintained.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Ondansetron (Zofran)

M - 19: Nausea and Vomiting			
PARAMEDIC	EMT- I	Adult	8 mg IM/IV/IO/ODT(oral disintegrating tablet), contact MCEP for additional
		Pediatric (4-11 y/o)	4 mg ODT or 0.15 mg/kg IM/IV/IO to max of 8 mg, contact MCEP for additional

Class:

- Anti-emetic

Description of Use:

- Selectively blocks serotonin receptors, both peripherally on vagal nerve terminals and centrally in chemoreceptor trigger zone to prevent nausea and vomiting.

Pharmacokinetics: (Route: ODT)

- Onset: Unknown
- Duration: Unknown
- Half-life: 3 - 6 hrs

Special Populations:

- Pregnancy Category: B
- Children: Safety and efficacy not established.
- Elderly: No age-related precautions noted.

Contraindications:

- Use of apomorphine, known allergy or hypersensitivity to Zofran or other selective serotonin receptor antagonists (SSRA's).
- Should not be used in cases of overdose or ingestion where vomiting works as one of the body's protective mechanisms.
- Cautions: may cause sedation.

Adverse reactions:

- Headache, diarrhea, constipation, fever, pruritus, dizziness, bradycardia, drowsiness/sedation. (Inj) Inj-site reaction. (PO) Malaise/fatigue, anxiety/agitation, urinary retention.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented

Oral Glucose

M - 5: Hypoglycemia		
ALL PROVIDERS	Adult	15 grams Oral
	Pediatric	Same as above

Administration Considerations:

- Patient must be conscious and able to swallow without difficulty

Class:

- Carbohydrate

Description of Use:

- Restores blood glucose levels in hypoglycemia and provides a source of carbohydrate calories.

Pharmacokinetics: (Route: PO)

- Onset: Rapid
- Half-life: Short

Special Populations:

- Pregnancy Category: A
- Children: No age-related precautions noted.
- Elderly: No age-related precautions noted.

Contraindications:

- Inability of the patient to protect their airway.

Adverse reactions:

- None known.

MCB Action	Implemented 04/01/15	Revised 08/08/2016	Revision # 1	Implemented 10/01/2016

Sodium Bicarbonate

AC - 7: Pulseless Electrical Activity AC - 12: Ventricular Fibrillation/Pulseless Ventricular Tachycardia AC - 13: Stable Ventricular Tachycardia AC - 14: Unstable Ventricular Tachycardia M - 8: Drug Overdose M - 20: Hyperkalemia PC – 4: Pediatric Pulseless Electrical Activity PC - 8: Pediatric Ventricular Fibrillation/Pulseless Ventricular Tachycardia PC - 9: Pediatric Ventricular Tachycardia		
PARAMEDIC	Adult	1 mEq/kg IV/IO, (contact MCEP prior to additional administration)
	Pediatric	1 mEq/kg IV/IO, (contact MCEP prior to additional administration)

Important
• **If no ECG changes from initial ECG, consider repeat dose of Sodium Bicarb in 10-15 minutes.**

Class:
- Alkalinizing Agent

Description of Use:
- Dissociates to provide bicarbonate ions, which neutralize the hydrogen ion concentration to raise blood and urinary pH.

Pharmacokinetics: (Route: IV)
- Onset: Immediate.
- Half-life: 8 - 10 min.

Special Populations:
- Pregnancy Class: C
- Children: Not to be used as an antacid in those younger than 6 years.
- Elderly: Age-related renal impairment may require dosage adjustment.

Contraindications:
- Excessive chloride loss due to diarrhea, diuretics, GI suctioning, vomiting.
- Hypocalcemia.
- Metabolic/respiratory alkalosis.
- Cautions: CHF, edematous states, renal insufficiency, or in patients on corticosteroid therapy.

Adverse reactions:
- Excessive, chronic use may produce metabolic alkalosis, characterized by irritability, twitching, paresthesias, cyanosis, bradypnea, headache, thirst, and/or nausea.

- Extravasation may occur at the IV site, resulting in tissue necrosis.

MCB Action	Implemented 04/01/15	Revised	Revision #	Implemented