

**City of Albuquerque/Bernalillo County
Area Agency on Aging
Older Americans Advisory Council**

**Monday, January 8, 2024 2:00 – 3:00 p.m.
Area Agency on Aging
700 4th Street SW, Suite A
Albuquerque, NM 87102
and Zoom**

Members Present	Members Absent	AAA Staff
Mel Pearson, Chair	Michele (Shelley) Hennie	Michelle Briscoe
Lynne Anker-Unnever, Vice Chair	Guillermina (Gigi) Osoria	Renee Archuleta
Danny Lay		Ana Benavidez
Meggin Lorino		Kyle Kemp
		Guests
		Veronica Cordova
		Dennis Plummer
		Dr. Joseph Sanchez
		Aimee Brown

1. Call to Order

The Older Americans Advisory Council (OAAC) meeting was called to order at 2:00 p.m.

2. Introductions

Staff and OAAC members introduced themselves.

3. Approval of Agenda

A motion to approve the agenda was made by Danny Lay. Meggin Lorino seconded the motion. The motion was unanimously approved.

4. Approval of Minutes

A motion to approve the minutes from the July 10, 2023 meeting was made by Danny Lay. Lynne Anker-Unnever seconded the motion. The motion was unanimously approved. Meggin Lorino abstained.

5. Updates:

Ms. Briscoe shared information regarding the January 24, 2024 Blue Zones Bound: Live to 100 in New Mexico with Dan Buettner event and Aging Well in New Mexico Day (formerly Senior Day) in Santa Fe hosted by New Mexico Aging and Long-Term Services. Aimee Brown with New Mexico Aging and Long-Term Services provided additional details regarding the events and locations.

Ms. Briscoe shared no substantial changes have been made to FY24 budget and services.

Ms. Briscoe shared final Information and Assistance and Case Management policies and procedures distributed to providers. Trainings have been provided.

6. Meals on Wheels

Dennis Plummer shared information on the services of Meals on Wheels New Mexico. Meals on Wheels is serving and shipping meals throughout New Mexico. Services are growing without a wait list.

Through the contract with the City of Albuquerque/Bernalillo County, Meals on Wheels is currently serving meals to the more than 100 unhoused older adults at the City of Albuquerque Westside Emergency Housing Center. Medically-tailored and special texture meals will commence in the near future. Additional meal sites and services, including emergency frozen meals, are also being considered.

Ms. Lorino and Meals on Wheels discussed services related to the MCOs, including the many medical options Meals on Wheels is able to offer.

Mr. Plummer shared outcomes including an older adult losing 40 pounds in one year on heart-healthy meals. Diabetic meals continue to be the primary request.

Mr. Lay recommended surveying participants as part of the consideration and planning of meal sites going forward.

7. Recruitment to fill vacancies, member terms:

Ms. Briscoe shared there are three City vacancies and two County vacancies if anyone has recommendations. Dr. Joseph Sanchez with AARP New Mexico has been nominated. Ms. Briscoe has met with the City Boards and Commissions staff including the Tribal Liaison regarding identifying a tribal representative.

Veronica Cordova confirmed Bernalillo County is also actively working to appoint members.

Ms. Briscoe mentioned members needing reappointment will be contacted.

8. Advisory Member Community Feedback:

Veronica Cordova shared information regarding an upcoming Wellness Fair at the Paradise Hills Senior Center including exercise demonstrations. Danny Lay confirmed invitations were received at the Village of Tijeras Senior Center.

Aimee Brown offered to share information on New Mexico Aging and Long-Term Services social media platforms.

9. Next Meeting: Monday, April 8, 2024 at 2:00 p.m. - 3:00 p.m. in the AAA office.

10. Adjournment:

A motion to adjourn the meeting was made by Lynne Anker-Unnever. Danny Lay seconded the motion. The seconded the motion. The motion was unanimously approved.

Chairperson's Signature: _____

Prepared by: _____