

Jeanne Bellamah Community Center Programs

Hours of Operation: Monday-Friday 7:30 a.m.-6 p.m.

Jeanne Bellamah offers various programs and amenities for all ages. Memberships are required for all Community Center programs and activities. This Center was built in 1954 with an outdoor covered pavilion, kitchen, fitness center, computer lab, game room and crafts / meeting room.

Visit play.cabq.gov register for a Community Center Membership.

Schedule is subject to change based on community center needs

Amenities

Monday	Tuesday	Wednesday	Thursday	Friday
Fitness Room Elliptical machines, bikes, treadmills, benches, ab crunch machine, chest press, seated dip machine, pulldown machines, leg press, dual pulley adjustable system, yoga mats, etc.				
7:30 a.m.-5:45 p.m.	7:30 a.m.-5:45 p.m.	7:30 a.m.-5:45 p.m.	7:30 a.m.-5:45 p.m.	7:30 a.m.-5:45 p.m.
Computer Lab Computers with internet connection, Microsoft Office, and TV.				
7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-12 p.m.
Game Room Pool tables, foosball tables, board games, TV connected to Xbox 360.				
7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-12 p.m.
Pavilion The outdoor covered pavilion is used as an open space for recreation, rentals, and programming.				
7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-2 p.m.	7:30 a.m.-12 p.m.
Outdoor Basketball Courts Outdoor basketball courts behind the center with benches for seating.				

Youth Programs

Monday	Tuesday	Wednesday	Thursday	Friday
After School Program Jeanne Bellamah transports children from Chelwood, Public Academy for Performing Arts, an Albuquerque School of Excellence. Also provides program to children who are dropped off from McCollum. Youth program includes: game room, computer lab, gym activities, art activities, homework assistance, dance class and daily Hot Supper Meals served to every child under the age of 18.				
2-6 p.m.	2-6 p.m.	2-6 p.m.	2-6 p.m.	2-6 p.m.

Adult Programs

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi Sifu Dug Corpolongo has been studying Chinese Martial Arts continuously since 1979 and teaching since 1990. He is known for his ability to explain the complex concepts of Chinese Martial Arts and Chinese Medicine in a way that is accessible to everyone. Beginning July 18.				
8-9 a.m.		8-9 a.m.		
Meditation Learn the basics of meditation, including the benefits, myths, and science of regular meditation practice. These one-hour classes will include a short reading and / or discussion, as well as a meditation practice session. Beginning Aug. 29.				
9-10 a.m.				