City of Albuquerque Early Head Start 2018-2019 Annual Report







The City of Albuquerque Early Head Start Program provides comprehensive services to families, pregnant women, and children ages birth to three.

City of Albuquerque Early Head Start

Vision

- Promoting school readiness by enhancing the cognitive and social development of children through the provision of comprehensive educational, health, nutritional, social and other services to enrolled children and families.
- Supporting parents in their role as primary educators of their children and empowering families to meet their own educational and employment goals.
- Providing responsive services that are age appropriate to the developmental, ethnic, cultural, and linguistic heritage and experience of individual children and their families.
- Engaging families in success.

What is Early Head Start?

Early Head Start is a federally funded community-based program for low-income families with pregnant women, infants, and toddlers up to age three. The program was established in 1994 with the reauthorization of the Head Start Act. The City of Albuquerque has administered the Early Head Start program since 1995, promoting the school readiness of children ages birth to three from low-income families by enhancing their cognitive, social and emotional development. The City of Albuquerque Early Head Start program provides services to one hundred and twenty eight (128) children and families in seven (7) center sites and home visiting program.

Goals

The City's Early Head Start program goals focus on parents, child development and school readiness, community partnerships, and safety of children and staff.

Family-Focused Goals

- Support family strength in parenting, economic stability and health by working with families to set and reach family goals.
- Support parents in refining their parenting skills and family self-sufficiency by providing meaningful parent and community engagement experiences that promote child and family development.

Child-Focused Goals

- Promote all areas of children's development through an integrated early education approach for school readiness.
- Develop collaborative partnerships for early intervention, health, and social service referrals and services to families and children with disabilities to enhance their quality of life and well-being.
- Create a culture of safety for children and staff.

Federal Review

Reviews of Head Start agencies are conducted by the Office of Head Start under the authority of the Head Start Act to determine whether Head Start agencies meet regulatory requirements with respect to program, administrative, and financial management, and to help programs identify areas for improvement and areas of strength as part of their ongoing self-assessment process.

From March 4, 2019 to March 8, 2019, the Administration for Children and Families conducted a Focus Area One monitoring review of the City of Albuquerque Early Head Start program. The

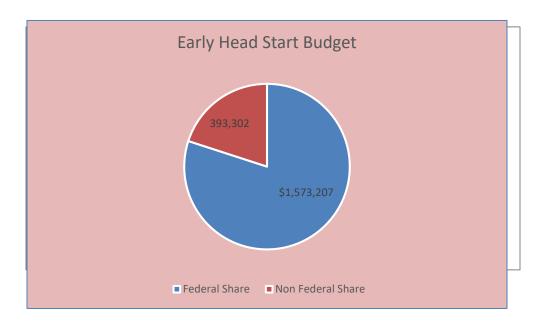
Focus Area One review allows the Office of Head Start to understand how programs are progressing in providing services early in the 5-year grant cycle. The review cited three areas of concern:

- A program, in collaboration with the governing body and the policy council, must develop goals for the provision of program services. 1302.102(a)
- A program must establish a process for monitoring program performance and using program data to evaluate progress and risk, and to inform continuous improvement in all program service areas. 1302.102(b)
- A program must implement a process for using child-level assessment data and other program data to direct ongoing program improvement. 1302.102(c)(2)(ii)

All areas are currently being addressed with support and technical assistance from the Office of Head Start Regional Office.

Financials

The City of Albuquerque Early Head Start is a federally funded program with financial and match support from the City. The budget is comprised of grant funding to include entitlement and training/technical assistance as well as in-kind match from the City of Albuquerque. The total 2018-2019 budget for the City of Albuquerque Early Head Start is \$1,966,509968,184.03. The budget amount reflects a prorated budget period of 9/1/2018 - 6/30/2019.



The City of Albuquerque receives an annual A-133 single audit. The most recent audit produced one finding pertaining to time and effort reporting. Full audit reports are available at http://www.cabq.gov/audit/reports/audit-reports.

Enrollment and Eligibility

The City of Albuquerque Early Head Start offers two program options for families. The center-based program option provides developmentally appropriate early care and education for children in one of seven licensed child care facilities. The home-based program option provides developmental support and education for children and families through weekly in-home visits and regular child and family socializations. The City of Albuquerque Early Head Start program provides services to one hundred and four (104) children and families through the center based program option and twenty four (24) children and families through the home based program option.

Month	Funded	Actual Enrollment	% of Funded Enrollment
	Enrollment		
July 2018	204	121	59%
August 2018	204	124	61%
September 2018	128	110	86%
October 2018	128	109	85%
November 2018	128	128	100%
December 2018	128	127	99%
January 2019	128	126	98%
February 2019	128	128	100%
March 2019	128	124	97%
April 2019	128	127	99%
May 2019	128	128	100%
June 2019	128	124	97%

^{*}City of Albuquerque received a funding and capacity reduction in September, 2018 due to chronic under-enrollment

Eligibility Category	Percentage of Total Number of Children and Pregnant Women
Income below 100% of federal poverty line	57%
Public assistance such as TANF/SSI	8%
Status of a foster child	6%
Status as homeless	8%
Over Income	10%
Children with IFSPs	23%

Parent Involvement

The Early Head Start Center and home based program provides many opportunities for parents and staff to form meaningful partnerships.

- Two Home Visits: teachers will complete two home visits. Home visits are six months apart and are a requirement by the Head Start Performance Standards. These visits support a strong home center connection and is an opportunity for both parties to share goals, accomplishments and expectations
- **Two Parent Teacher Conferences:** Conferences are conducted at the center twice annually. Parent Conferences are a requirement of the Head Start Performance Standards
- Opportunities to volunteer in the classroom
- Opportunities to participate in Policy Council
- Regularly-scheduled Center parent meetings
- Opportunities for family events
- Help organize and attend family social gatherings
- Volunteer to share in the classroom your talents and expertise or helping with classroom activities
- Home-based socializations

Family Services

The City of Albuquerque Early Head Start provides comprehensive, family-centered services to support family and child well-being toward school readiness.

Types of Family Services	Number of families that received the following services during the program year
Emergency/crisis intervention such as meeting immediate needs for food, clothing, or shelter	7
Housing assistance such as subsidies, utilities, repairs etc.	7
Mental health services	4
English as a Second Language (ESL) training	4
Adult education such as GED programs and college selection	3
Job training	0
Substance abuse prevention	1
Substance abuse treatment	1
Child abuse and neglect services	2
Domestic violence services	1
Child support assistance	4
Health education	64
Assistance to families of incarcerated individuals	0
Parenting education	61
Relationship/marriage education	0

Asset building services (such as financial education, opening savings and checking accounts, debt counseling, etc.)	4
Of these, the number of families who were counted in at least one of the services listed above	97

Health

Health is a foundation to school readiness. The City of Albuquerque is committed to ensuring all children receive a developmental screening within 45 days of enrollment, have health insurance, are up to date on all immunizations, and have a medical and dental home. Staff and parents work as partners to ensure that every child receives continuous and accessible health care.

Desired Health Outcomes	Percentage
Children with health insurance	99%
Children with an ongoing source of continuous, accessible health care	98%
(medical home)	
Children with continuous, accessible dental care provided by a dentist	59%
(dental home)	
Children up to date on all immunizations	95%
Pregnant women with at least one type of health insurance	100%

School Readiness

Preparation for kindergarten begins the first day of enrollment in our program. The City of Albuquerque Early Head Start program supports each child's growth and development in five domains:

- Approaches to Learning definitions
- Perceptual, Motor, and Physical Development
- Social and Emotional Development
- Language and Communication
- Cognition

The *Ages and Stages Questionnaire* is a developmental screening tool conducted within 45 days of enrollment to determine each child's strengths and needs. Together, the family and teacher develop an individualized education plan and work together to plan educational goals for each child.

Utilizing *Creative Curriculum,* teachers create intentional lesson plans offering infants and toddlers a variety of experiences to enhance growth and development while responding to the changing interests and needs of young children. Teachers plan intentional play-based experiences for children to learn and grow in all areas of development.

Teaching Strategies is the ongoing assessment tool to accompany Creative Curriculum. This ongoing, authentic assessment is based on observations of each child's growth and development. Teachers utilize digital resources to document each child's progress toward goals and develop robust portfolios to share with families.

Locations

Center Name	Address	Phone
La Mesa Early Head Start	7500 Copper NE 87108	505-256-2063
Macarthur Early Head Start	1100 Douglas MacArthur NW 87107	505-761-4023
Plaza Feliz Early Head Start	517 San Pablo SE Bldg. K 87108	505-255-0201
School on Wheels Early Head Start	129 Hartline SW 87105	505-764-3297
Singing Arrow Early Head Start	13001 Singing Arrow SE 87123	505-291-6230
Trumbull Early Head Start	419 Pennsylvania SE 87109	505-256-2045
Western Trail Early Head Start	6440 Western Trail NW 87120	505-831-0302

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