

**Prevention/Intervention/Harm Reduction
Subcommittee
Wednesday October 5, 2016
3:00 pm- 4:30 pm
United Way of Central New Mexico
2340 Alamo Ave SW**

I. Welcome and introductions

- Meeting called to order at 3:35 pm by Heba Atwa-Kramer

II. Updates/ News

- ACE's has been approved by ABCGC and BCC and is moving forward toward RFP.
- CET has been approved by ABCGC and BCC and will go for to RFP after ACEs.

III. Process overview

As a group, we discussed the information we need to gather before we dive into developing our recommendations. We determined that we need to understand:

- What exists in our community
- What behavioral health related, school-based training and education exists in Rio Rancho schools, APS, and charter and private schools
- What other subcommittees are recommending
- The knowledge we might share between the group
- Who we'd like to invite to speak to the group

We determined:

- We need to reread the CPI report
- We need to read the Behavioral Health Working Group report
- ISR will support us with the following literature reviews:
 - Training and education programs like Mental Health First Aid and Emotional CPR
 - To include technology if appropriate
 - Effective awareness campaigns
 - To include technology if appropriate
 - The extent and type of training currently being conducted in schools-both youth and staff focused
- We will invite Dan Green and Carol Pierce to speak with our group
- Barry Ore will provide us with more information on a relevant Project Echo project

We determined our recommendations will focus on:

- Raising awareness of:
 - Existing resources and how to access them
 - Awareness of signs and symptoms of a behavioral health issue in order to connect yourself to resources, or find help for others
 - To include emphasis on stigma reduction
- Training:
 - Community
 - School-based
 - For teachers and staff
 - Preferably "train the trainer" for the purposes of sustaining the program
 - Youth-focused
 - Varied, to include:
 - Sigma reduction
 - Coping skills
 - Violence reduction
 - Reduction of bullying and other forms of abuse
 - Reduction of substance abuse
 - Peer-led

**Prevention/Intervention/Harm Reduction
Subcommittee
Wednesday October 5, 2016
3:00 pm- 4:30 pm
United Way of Central New Mexico
2340 Alamo Ave SW**

- Medical professionals
 - School-based health center staff
 - Primary care office staff and providers
 - Emergency services
 - Implement ACEs questionnaire at provider offices

IV. Committee Next steps

- The next meeting is scheduled for October 26, 2016 at 3pm.
- Meeting adjourned at 4:25 pm