

Minutes

Community Supports Sub-Committee

February 9, 2017

5:00 PM

9th Floor Council Committee Room

Type of meeting:

Sub-committee Community Supports

Members Present:

Paul Hopkins, Kathy Finch, Ann Waldorf, John Schoeppner, Laura Tuzinowski, Marcia Harris, Melissa Beery, Nany Jo Archer, Robin Connell, Verner Westerberg, Nicole Taylor (staff); Mika Tari (technical advisor) on phone

Members Excused/Absent:**Resource Persons Present:**

Amir Chapel, Katrina Hotrum

Call to Order

Meeting called by Paul Hopkins.

Discussion to Approve Agenda

Agenda approved.

Discussion to Approve Minutes

Minutes from January 10, 2017 approved.

Key Items for Discussion

- Question raised on need for drop-in center.
- Discussion on integrating mental health and substance use models. NM has a large population with co-occurring disorders. Tucson model combines both.
- In the Tucson model: over 50% peer-run with groups for mental health support, individual supports and recovery supports
- Discussion on what population we wish to serve
- Club house model can provide social activities (cooking, skill building, etc.) Model exists in Santa Fe. Mika to arrange a visit for anyone who is interested.
- With respect to peers, the State doesn't have in place a certification renewal program. There is an increase in interest in people who want to become certified peer support specialists but they are finding that pay is low. There also appears to be stigma in hiring people with mental illness as peers.
- Kathy said that she prefers the consumer-driven model than the club-house model which seems more

expensive and more administrative.

- Request to look at the models currently in existence in NM, such as, Santa Fe, Espanola, Las Vegas, etc. They are peer run with some administrative staff and they serve a blended population
- Discussion on whether or not having substance abuse be co-located (similar to what St. Martin's looked like in the 1980s)
- Discussion on integrating transportation
- Mika states that there 500 certified peer support workers throughout the State.
- Request that the drop-in center development proposal define the scope and how to address the issue
- Paul suggests to take 9-12 months to develop program; Melissa wants to move forward with program and the rest of the group agrees
- Katrina suggests that group define what the priorities are for a center, such as, to reduce emergency room visits, to provide employment services, Lifeskills, etc.
- Robin wants to look at having multiple sites to include the underserved areas of Bernalillo County
- Vern wants clarification on what are the steps to get to identifying priorities and what are the metrics we're looking for. Katrina suggests that a problem-based RFP can be written in such a way that the responders will provide solutions.
- Ann states that from a CoC perspective, by reducing emergency care visits, there will be opportunities for other services.
- Group asks Amir to continue to write proposal.
- Discussion about length of meeting. Group decides that they want a 2-hours meeting moving forward.
- Paul speaks to other projects that Community Supports should be discussing next and Katrina gives some intro to future projects
- Katrina brings up use of MAT and standard of care
- Paul asking if intermediate level of care should be the next project for group to take on.

Action Items:

- Amir to send out a User's Manual for setting up a drop-in center.
- Request for Amir to provide research on intermediate level of care
- Drop-in Center proposal to be revised to define the scope and hot to address gaps
- Visit a drop-in center, if possible
- John to invite St. Martin's ACT team
- Transportation presentation to be prepared for next meeting

Public Comments

Steve Nuanez, Citizen/practitioner.

Next Meeting and Adjourn

Next meeting March 14, 2017 at 5:00 p.m. at 1 Civic Plaza, 9th floor.