

Plant	Image	Home & Neighbors	Season of Harvest	How to Harvest	Ethical Aspects
		Salt shrublands on well-drained, coarse, gravels to clayey and alkaline soils on historic floodplains and terraces, roadways, drainages. Associated species include four-wing saltbush, pinon, grama and bluestem grasses.	Flowers in late summer; Bark and twigs in summer or fall.	Flower heads can be cut singly or trace the stem to the base and prune to get both stem and flower.	A long-lived shrub that should be only pruned, not removed entire. Seedheads valuable winter bird forage.
		Utterly dependent on healthy prickly pear populations of the Sonoran and Chihuahuan Deserts.	April in the Sonoran Desert.	The cochineal are individually knocked, brushed, or picked from the cacti, then carefully dried and stored until use. Whole bodies are ground to a fine powder.	The female cochineal bodies are collected and dried from prickly pear cactus.
		Sandy soils in arroyo bottoms, ditch edges, and washes. Full sun.	August or September.	Cut the plant with scissors about 4' above the ground, allowing it to resprout from the crown.	If harvested annually, the population will die. Important plant for pollinators and long history as human medicine.
		Older, healthy cottonwood trees in bosque.	Varies, March to May. Hard to miss once they are there.	Collect the fallen catkins or reach into the low branches of male trees when catkins are deep maroon.	Plentiful.
		Fresh blossoms from established plants.	Summer.	Use the petals only.	Garden plant that requires at least two years to begin to bloom. Ask first!
		Annual plants of two species <i>Indigofera</i> that can be grown here with special care. They are native to tropical conditions.	Late summer.	Leaves are harvested late summer when the plant is as large as possible.	Must be cultivated in a garden or container.
		Perennial plants grown for the root native to Eurasia. Contains the pigment alizarin.	Needs at least two years for harvest of mature root.	Trellis the plants and keep mulch over them in winter. Harvest the mature root during the second autumn.	Must be cultivated in a container. If not grown in a container, will migrate into adjacent areas and will be difficult to control/ find.
		Much-loved, drought tolerant shrub. Grown in gardens.	Fruit are ripe in late summer.	Enjoy the seeds and keep the peels for dye. Store in a glass jar until use.	Grown in gardens and landscapes, or buy them whole at a grocery.
		Black walnut trees grow mostly in maintained landscapes but occasionally occur in bosque.	Mature nuts are ripe in late fall and will drop over the course of winter.	Collect the fallen nuts from the ground as soon as they fall and store in a jar until use. Only the hulls are used; eat the nutmeat.	Important food for birds and wildlife so take only what you need.