

Family Art from Home

Bodies in Motion

by Radka Apostalon

This art project is inspired by the sculptures of Alberto Giacometti, the arrival of spring, our willingness to venture outdoors more often and move slightly more. Aluminum foil will be our main material to create the bodies in motion.

Materials Needed

- Scissors
- Aluminum Foil
- Paint and brushes (Optional)
- Color/Pattern Paper (Optional)
- Hot Glue (Optional)

Introduction

Alberto Giacometti was a Swiss sculptor known for creating bronze sculptures that look similar to stick figures. Some of the figures are walking. You can find pictures of the artist's work by Googling him.

How to Do it

1. Take a piece of aluminum foil and create a template for creating the body (See photo). Draw out and cut along the guide lines. The size is limited only by the aluminum foil dimensions.
2. Scrunch foil towards the center, shaping the arms, head and legs. Think of your favorite activity and how you would move (ex. kick a soccer ball). Define the muscles and shape in the joints according to the desired motion. If you so desire, you can paint the bodies and dress them as well.
3. Place the bodies in your preferred environment (gardening, sports, leisure, stage, tight rope walking, climbing, etc.) and add any items fitting in the selected setting.

Enjoy the motion anywhere possible!



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