

### Art Matters Mission Statement

The Art Matters Youth Arts Project is a group of teaching artists who bring authentic, engaging arts experiences to Albuquerque youth. Our content is designed to engage participants in art making, with a focus on social justice, whole-person health, community, joy, and creative engagement at the core of our process.

### Art Matters Land Acknowledgement

Art Matters is a collective of teaching artists based on Tiwa land, otherwise known as Albuquerque, New Mexico. New Mexico has been, and always will be, the ancestral homelands of the Navajo Nation, the 20 Pueblos, three Apache nations, and the Ute tribe.

### Art Matters Alignments

As we prepare to make art, individually or in a group, we encourage everyone to consider these guidelines for keeping the process genuine, respectful, and engaging.

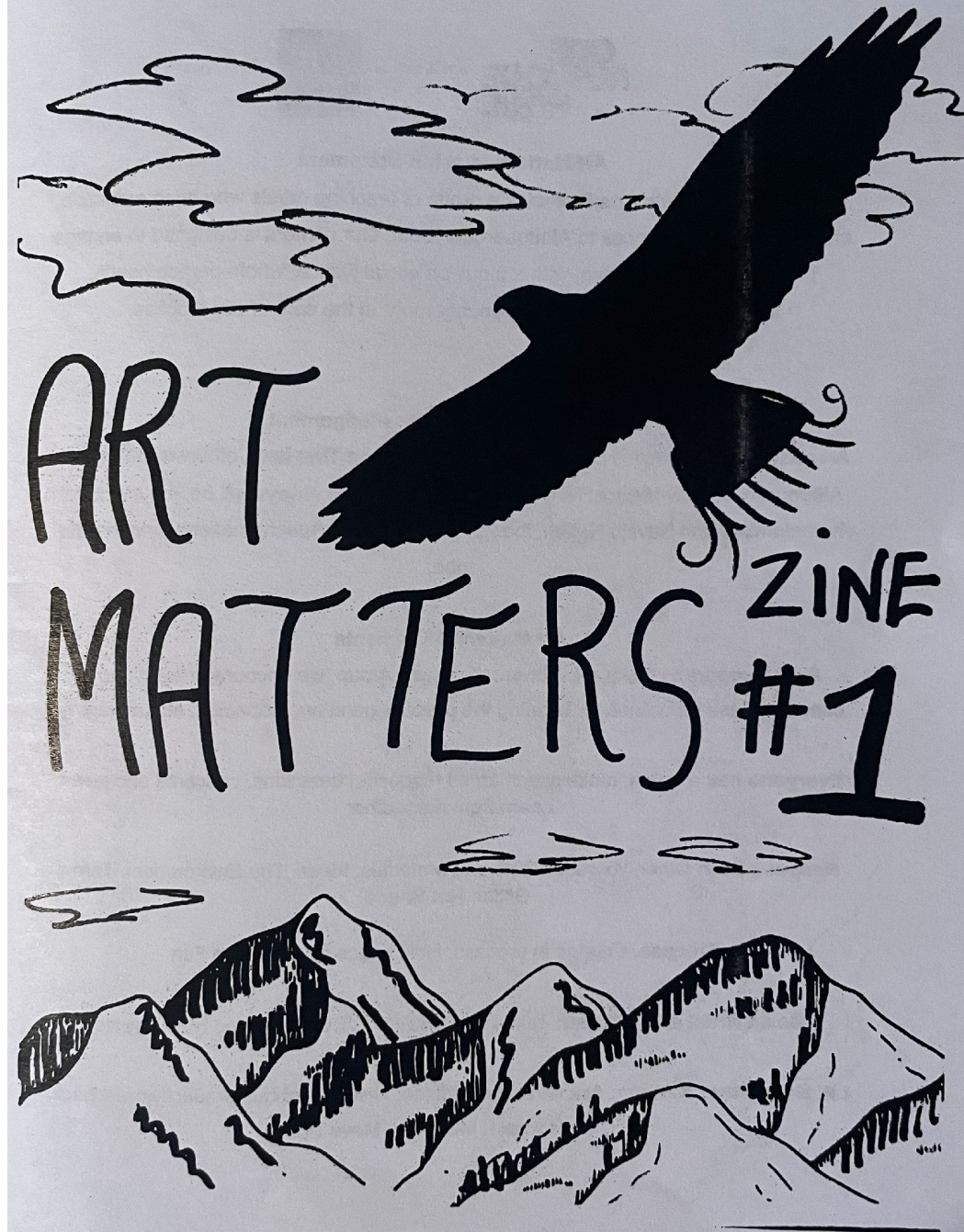
**Everyone has a voice:** make space for all respectful questions, concerns and ideas. Learn from each other.

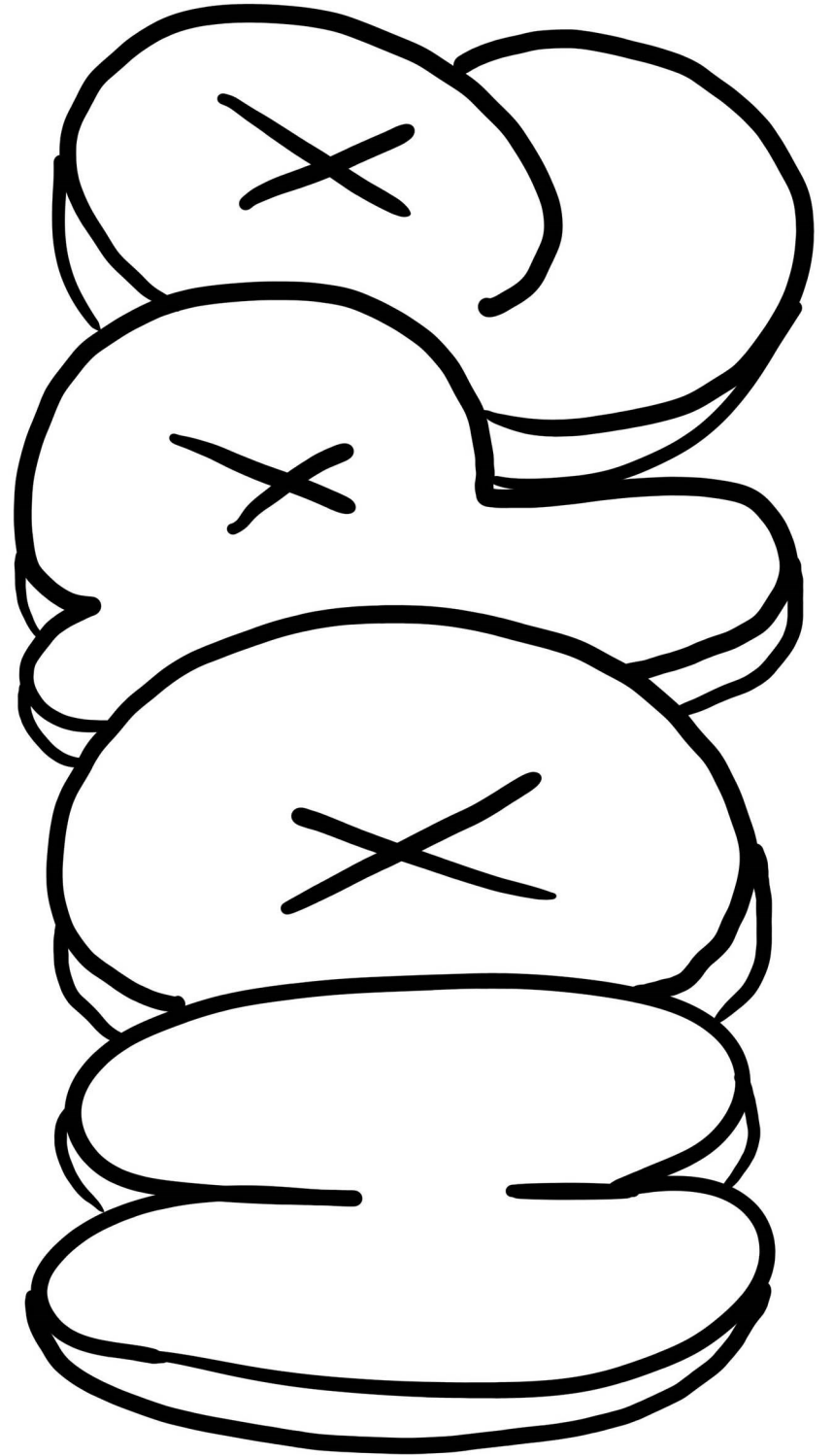
**Respect:** Each Other. Yourself. Tools and Materials. Ideas. The Environment. Throw Glitter, Not Shade

**Process.** Engage in process. Hold space for Joy. Have Fun

**Be an Artist and a Maker:** Take Creative Risks. Try Something New. Create.

**Lift Each Other & Share:** Ask Questions. Listen. Give thoughtful, productive feedback. Collaborate. Move Up, Move Up

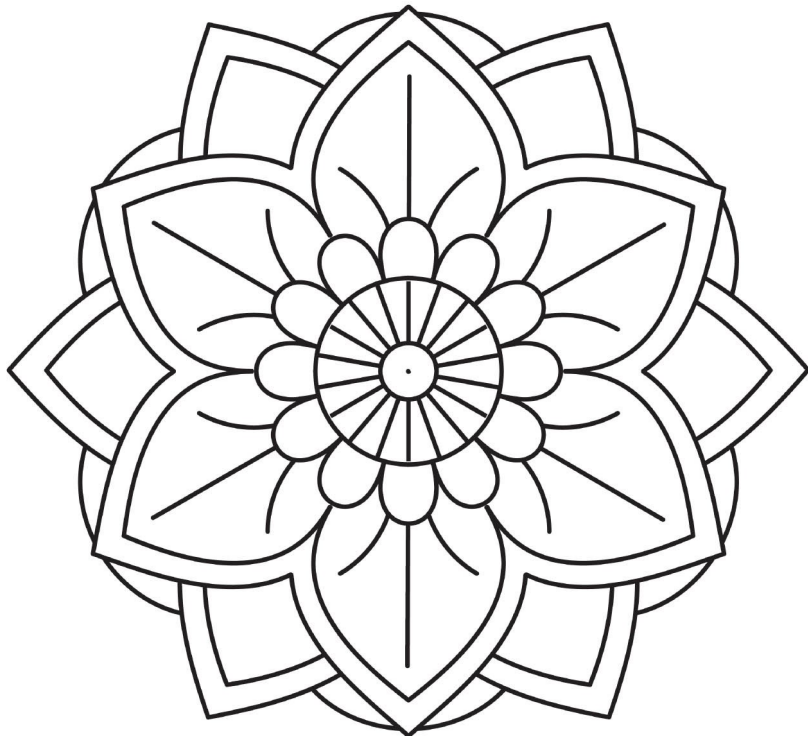




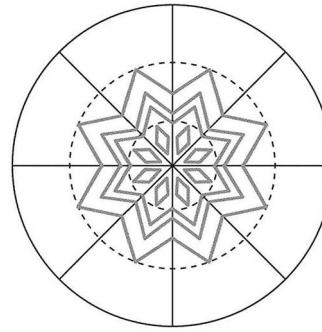
## Drawing Mandalas

As a symbol of the cosmos or universe, a traditional mandala is a square containing a circle, and the entire design is symmetrical and balanced. Some spiritual traditions use mandalas for meditation or for marking a spiritual space. The word mandala itself simply means "circle" in Sanskrit.

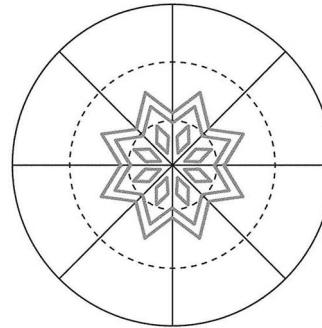
Mandalas have been shown to be therapeutic as well, boost the immune system, reduce stress and pain, lower blood pressure, promote sleep and help with depression.



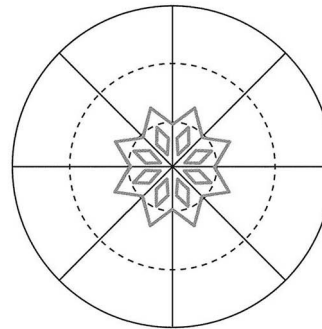
Step 4:



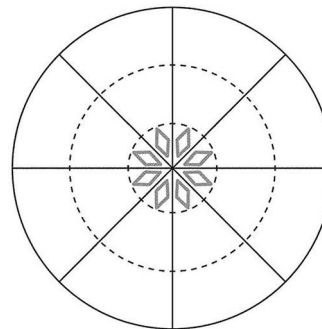
Step 3:



Step 2:



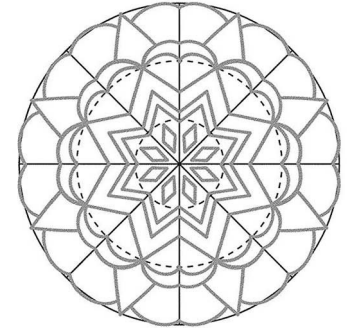
Step 1:



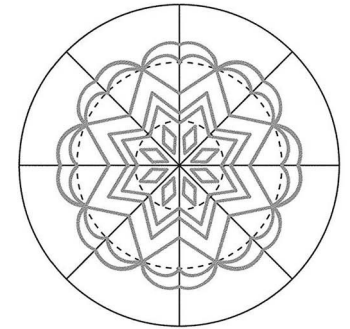
Step 8:



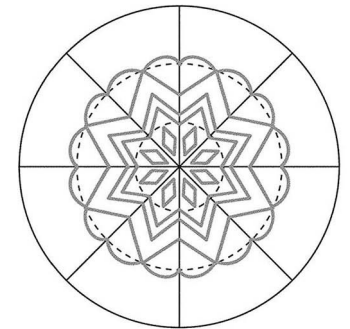
Step 7:



Step 6:



Step 5:



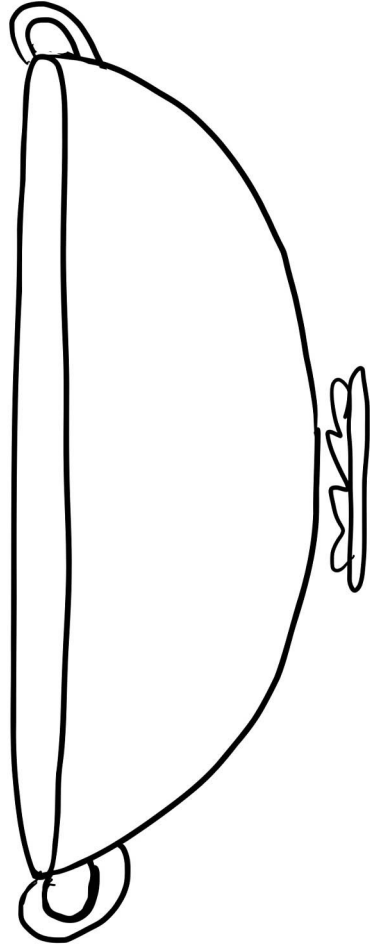
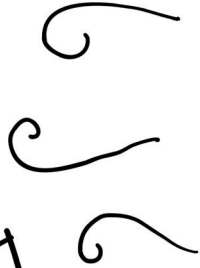


farmlands are calling for water  
los campos estan llamando por agua

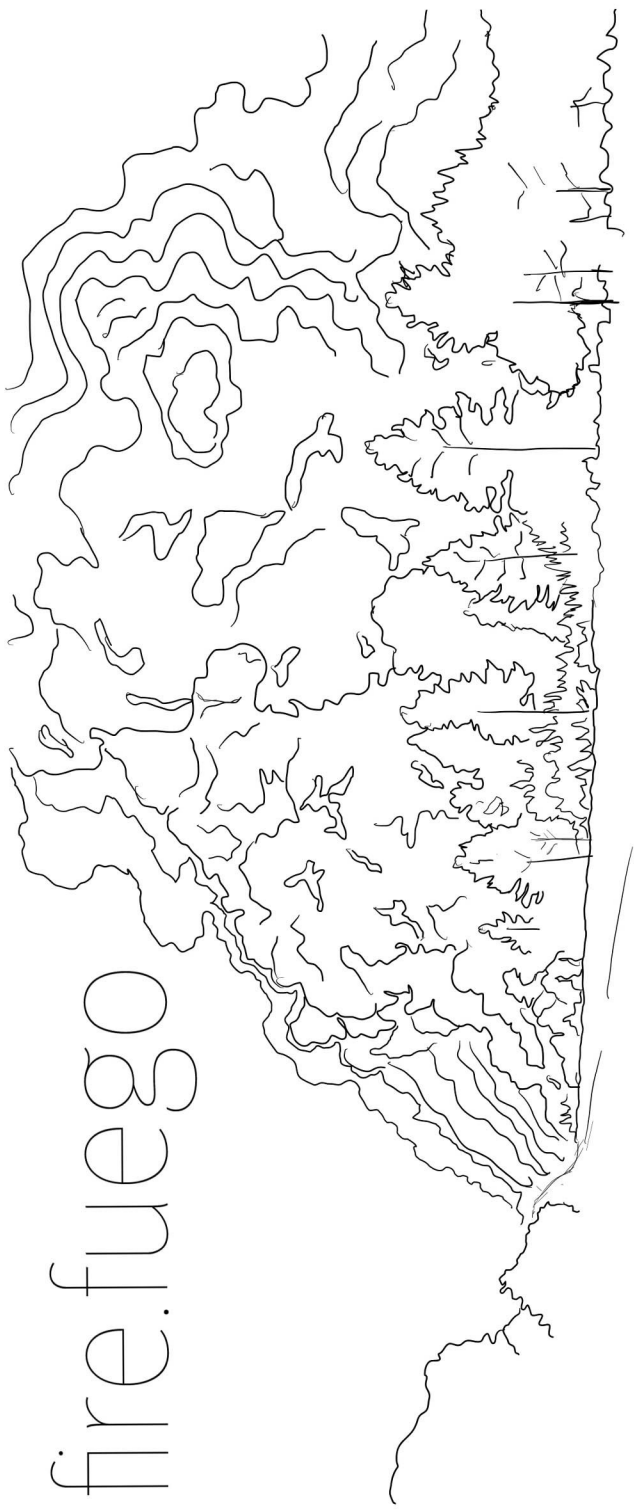


What's the  
CASH MEXICAN  
NEW DISH?

Que  
es tu  
platillo favorito  
de Nuevo México?

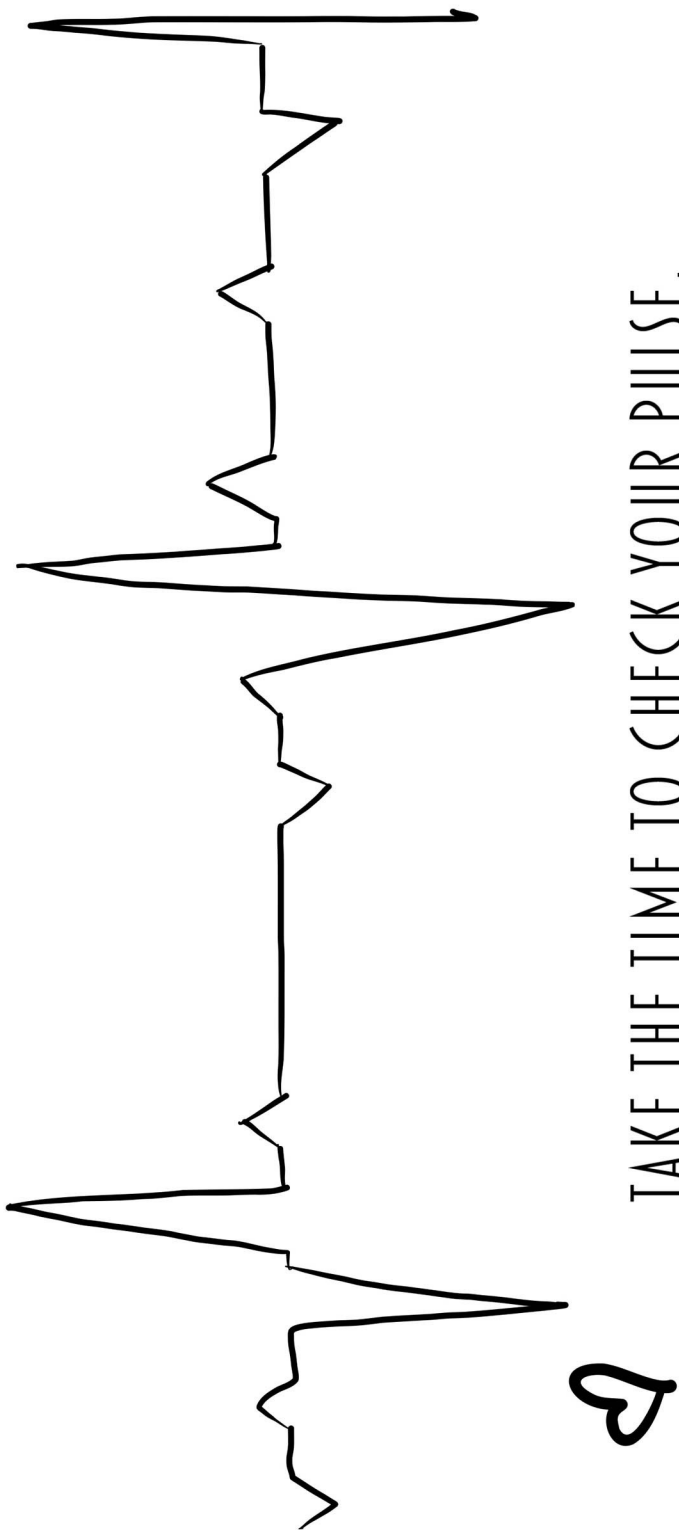


# fire.fuego



new mexico's climate is getting hotter and drier.

winter places much more, than wild fire



TAKE THE TIME TO CHECK YOUR PULSE.

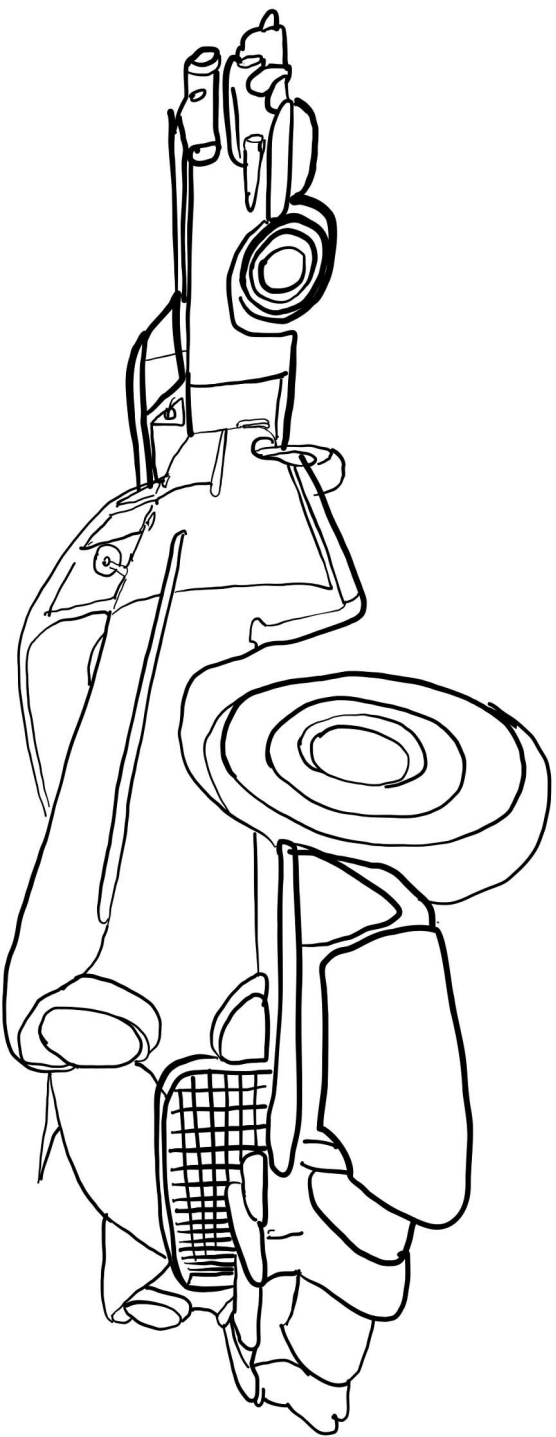
TOMA EL TIEMPO PARA REVISAR TU PULSO

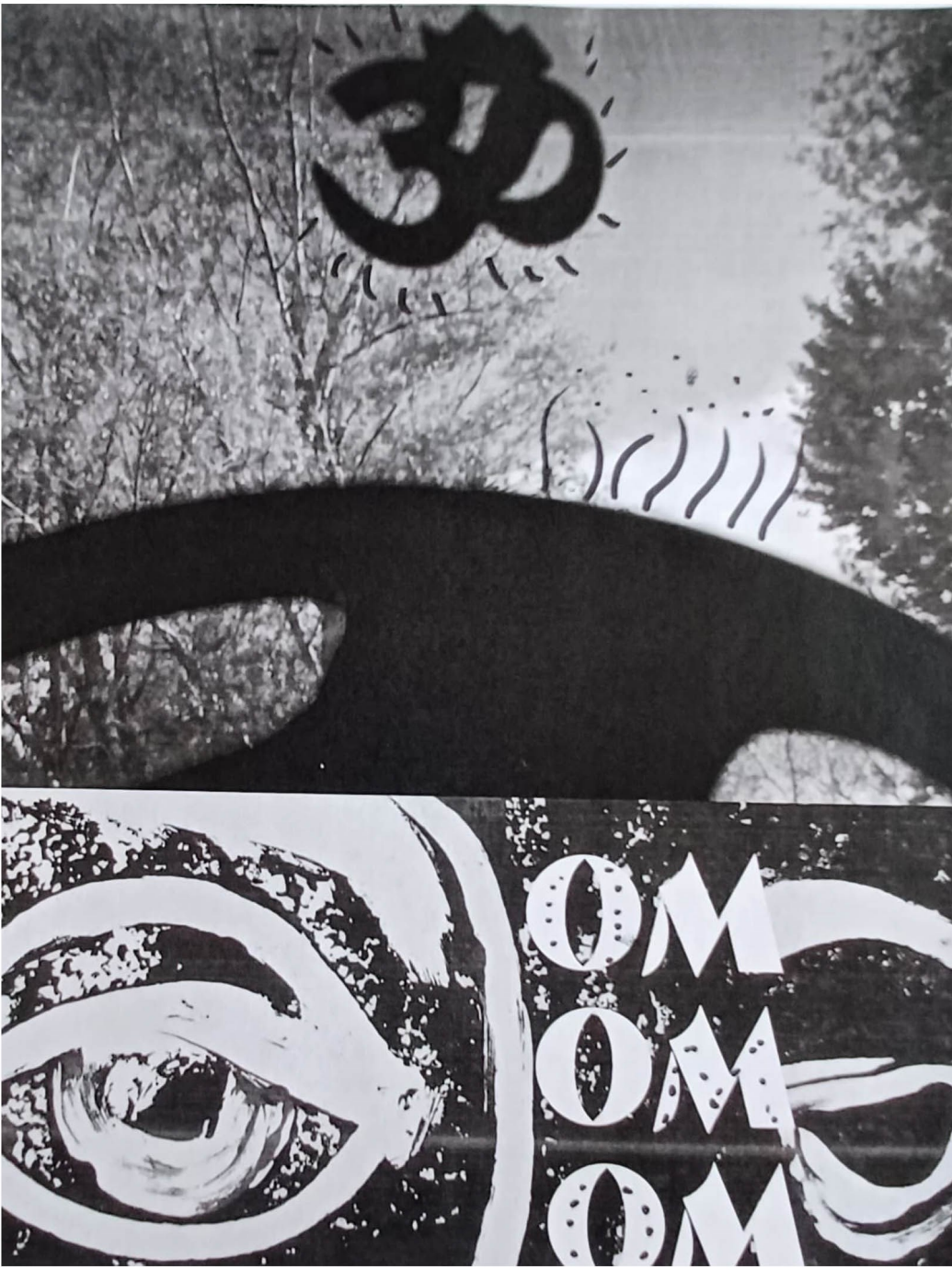
CUIDATE. TAKE CARE OF YOU =)





LOW AND SLOW IN BURQUE

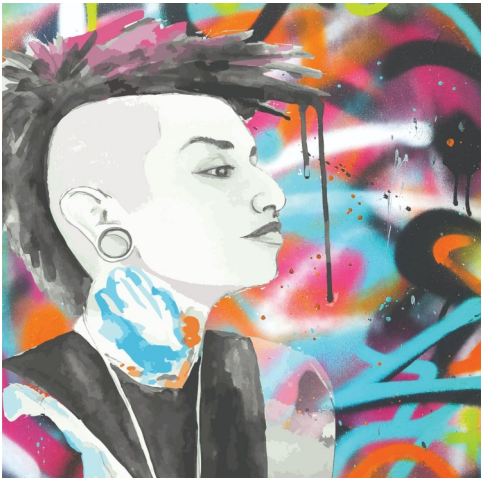




# Art Matters Teaching Artists and Zine Contributors

**Ade Cruz** (they/them) is a queer, non binary Chicana visual artist from Albuquerque, New Mexico. They primarily work with painting, digital illustration and murals. Their work delves into a range of themes that are informed by their personal life experiences, their communities, relationship to animals and the natural world.

Their works aims to depict the beauty and complexities of their culture, sexuality, gender, spirituality, nature and the psyche. As a painter, muralist, art educator and youth worker, they believe art can be used to connect, educate, activate, disrupt, heal pasts and envision futures together.



**Landis Pulido** is an artist, educator, and healing justice practitioner who believes in co-creating a learning environment which strives to meet each community member where they are. Through the lens of Popular Education, she works towards co-creating an inclusive and safe environment. She believes in bringing in the breath, movement and healing into the arts and creative space to invite wholeness and imagination.



**Michelle (SHELLY) Korte** loves making art! Painting, drawing, sculpting, collage, writing, printmaking...all of it! She's been teaching and showing her work in places around the world for over 20 years. She moved to Tijeras, NM in 2014 and has been growing symbolic roots and branches at her home and in the community ever since.

