

**ARE YOU A VICTIM OF VIOLENT  
CRIME?**

**It's Normal for Survivors of  
Crime to Feel:**

**Fear  
Anger  
Isolation  
Low Self-Esteem  
Helplessness  
Depression**

**ONE  
ALBUQUE  
RQUE** violence  
intervention program

**Survivors  
of Violent  
Crime**

**RESOURCES  
CONNECT  
HEAL**

**These emotions can feel even  
worse if you are alone or  
you have no one to talk to.**

**Family members may try to  
help, but may be  
overwhelmed with their  
own feelings of grief, fear or  
anger after a crime.**

**Neighbors, may not know  
what to say, feel their own  
fear or discomfort and may  
distance themselves.**

**VIOLENCE  
INTERVENTION  
PROGRAM**

**REDUCING  
GUN  
VIOLENCE**

**505-573-6410  
VIP**

# 24 Hour Helplines

**NEW MEXICO CRISIS AND  
ACCESS LINE  
1-855-NMCRISIS (622-7474)**

**DOMESTIC VIOLENCE  
RESOURCE CENTER  
1-505-248-3165**

**RAPE CRISIS CENTER  
505-266-7711**

**SUICIDE PREVENTION  
1-800-273-TALK (8255)**

**TRANSGENDER SUICIDE  
HOTLINE  
1-877-565-8860**

**CHILD ABUSE AND NEGLECT  
1-855-333-SAFE (7233)  
OR #SAFE FROM CELL PHONES**

**UNM MENTAL HEALTH CRISIS  
HOTLINE  
(505)-272-2800**



# DISCOVER RESOURCES CONNECT HEAL

FOR SURVIVORS  
OF VIOLENT  
CRIME

## Other Resources

**CRIME VICTIMS REPARATION  
COMMISSION  
505-841-9432  
WWW.CVRC.STATE.NM.US**

**SEXUAL ASSAULT NURSE EXAMINERS  
505-883-SANE (8720)**

**VIOLENCE INTERVENTION PROGRAM  
(GUN VIOLENCE INTERVENTION )  
505-908-8452  
ANGEL GARCIA, SOCIAL SERVICE**

**HOMELESS ASSISTANCE HELPLINE  
(505)- 768-HELP (4357)**

**NAMI  
1-800-950-NAMI (6264)  
OR TEXT 741741  
WWW.NAMI.ORG**