



DEPT. OF SENIOR AFFAIRS

## Virtual Programming Live schedule

Join us Live on Facebook for fitness classes and Bingo!

Come have coffee with us virtually or at our Senior Center drive-thru's.

# NOVEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 <b>Friendship Coffee Drive thru</b> Bear Canyon-9:30am  <b>FB Live Bingo</b> -1:30pm	5 <b>Virtual Friendship Coffee</b> 9:00am contact: ahamel@cabq.gov	6 <b>FB Live Gentle Exercise</b> 9:00am	7
8	9	10 <b>Veteran's Day Friendship Coffee Drive thru</b> Bear Canyon-9:30am Los Volcanes-9:30am	11	12	13 <b>FB Live Aerobics Class</b> 9:00am	14
15	16 <b>Friendship Coffee Drive thru</b> Barelas -9:00am	17	18 <b>FB Live Bingo</b> 1:30pm	19 <b>Virtual Friendship Coffee</b> 9:00am contact: ahamel@cabq.gov	20 <b>FB Live Gentle Exercise</b> 9:00am	21
22	23	24 <b>Thanksgiving Friendship Coffee Drive thru</b> Bear Canyon-9:30am Los Volcanes-9:30am	25 <b>FB Live Aerobics Class</b> 9:00am	26	27	28
29	30					