

Ongoing Classes

Arts and Crafts Classes

Drawing

Saturday, 9:15 am—11:15 am

Learn to Draw with Kelly

Friday, 9:00 am—11:00 am

Photography

Wednesday 8:30 am—11:30 am
Thursday, 6:00 pm—8:00 pm

Quilting Circle

Friday, 10:00 am—4:00 pm

Watercolor for Adults

Tuesday, 9:00 am—12:00 pm

Watercolor 101

Monday, 9:00 am—12:00 pm

Miscellaneous

Rotary Club of Albuquerque

Tuesday's, 11:30 am-1:30 pm
2nd Tuesday 10:30 am—1:30 pm

Toastmasters (Sandia)

2nd and 4th Wednesday
5:30 pm—7:30 pm

Toastmasters "Off-the-cuff"

Third Wednesday of month
5:45 pm—7:15 pm

Northeast Area Command Community Police Council

2nd Tuesday of month
6:30 pm—9:00 pm

Health

Reversing Brain Drain

2nd Wednesday, 6:30 pm—7:30 pm

Chair Massage

Thursdays, 10:00 am—2:00 pm

GEHM Clinic

September 12, 9:00 am—1:00 pm

Ask the Drug Expert

Fridays, 9:00 am—10:30 am

Other

Wordwright's Writing

Monday, 1:30 pm—3:30 pm

Spanish: Beginning, Level 1

Friday, 12:30 pm—1:30 pm

Spanish: Beginning, Level 2

Wednesday, 9:00 am—10:00 am

Spanish: Intermediate/Advanced

Wednesday, 10:30 am—11:30 am

French I & II

Wednesday, 11:00 am—12:15 pm
Wednesday, 1:00 pm—2:30 pm

Aviation History Group

1st Thursday of Month

7:00—8:30 pm

Bible Oriented

Family Centered

Prayer Battle

Friday, 9:00 am—10:30 am

Bible Study

Wednesday, 9:00 am—10:00 am

Beginning Hebrew

Saturday, 1:00 pm—2:30 pm

Men's Bible Study

Monday, 9:00 am—10:30 am

Computer

Word 2010 & Word 2010 & Up for Beginners

September 5,6,11,12
9:45 am—12:00 pm

Excel 2010 & Up, Level 1

September 19,20,25,26
9:45 am—12:00 pm

Fitness Classes

EnhanceFitness

Monday, Wednesday, Friday
8:05 am—9:05 am and 10:15 am—11:15 am

Tai Chi \$

Friday, 11:30 am—12:30 pm

Kendo \$

Wednesday, 6:45 pm—8:45 pm

Taekwondo \$

Monday, Tuesday and Thursday
7:15 pm—8:15 pm

Feldenkrais

Thursday, 9:30 am—10:30 am
Thursday, 6:00 pm—7:00 pm

Jazzercise: \$

Monday, 4:30 pm—5:30 pm
Monday, 5:40 pm—6:40 pm
Tuesday, 4:30 pm—5:30 pm
Wednesday & Thursday, 5:40—6:40 pm

Yoga: \$

Monday, 9:00 am—10:00 am
Friday, 1:00 pm—2:00 pm

ZUMBA: \$

Monday, Wednesday, Friday, 9:10 am-
10:10 am

ZUMBA: \$

Tuesday, (GOLD)9:00—10:00am
Thursday, 9:15 - 10:10 am

Beginning Ballroom Dance

Thursday, 7:00 pm—8:00 pm
Saturday, 10:30 am—12:45 pm

Beginning Line Dance

Thursday, 1:30 pm—3:00 pm

Intermediate Line Dance

Tuesday, 5:45 pm—7:30 pm

North Domingo Baca Sports & Fitness Center Class Schedule

(updated 08/20/18)

Sat.	Mon.	Tues.	Wed.	Thurs.	Fri.
	Aerobics (Mia) 8:15-9:15a \$.50 donation		Aerobics (Mia) 8:15-9:15a \$.50 donation		Aerobics (Mia) 8:15-9:15a \$.50 donation
Chinese Folk Dance (All Ages) 9:00-11:00a Free	Gentle Exercise (Mia) 9:30-10:30a \$.50 donation	Flex & Tone IN SOCIAL HALL (Mia) 10:15-11:15a \$.50 donation	Gentle Exercise (Mia) 9:30-10:30a \$.50 donation	Flex & Tone IN SOCIAL HALL (Mia) 10:15-11:15a \$.50 donation	Gentle Exercise (Mia) 9:30-10:30a \$.50 donation
Kung Fu (All Ages) (David) 11:15-1:15p Free 	Yoga (Beg./Int.) (Mindy) 10:40-11:45a \$6/class	Tai Chi (Theresa) 10:15-11:15a \$5/class	Qigong  (Lilly) 10:45-11:45 am \$5/Class 	Yoga (Beg./Int.) (Mindy) 10:30-11:30a \$6/class 	Kundalini Yoga & Meditation (Jenna) 11:00-12:30p \$10/class
				Chinese Folk Dance (All Ages) 2:30-4:00p Free	
		Hula & Hawaiian Culture (Cyndi) 4:45-5:45p \$5/class 			
	Vinyasa Flow Yoga Mixed Levels (Misa) 5:45-7:00p \$5/class	Hula Class (Cyndi) 6:00-7:00p \$5/class	LINE DANCING (Barbara) 7 – 8:30 PM \$2/Class 	Yoga Fitness (Fadia) 6:00-7:00p \$5/Class	
	Argentine Tango (John) 7:15-8:45p \$15/class	Aikido (Charles) 7:15-8:30p \$4/class		Aikido (Charles) 7:15-8:30p \$4/class	