



Let's Do Lunch!

November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b> Low Sodium Ham w/ Caramelized Pineapples Sweet Potato Soufflé Beets Dinner Roll w/ Margarine Orange Jell-O 1% Milk	<b>1</b> Chicken Tortilla Stew Tossed Salad w/ Low Fat Dressing Cornbread w/ Margarine Apple Crisp 1% Milk	<b>2</b> Loaded Potato Oriental Vegetables Biscuit w/ Margarine Fruit Cocktail 1% Milk	<b>3</b> Turkey Ziti Zucchini w/ Corn & Peppers Bread Stick w/ Margarine Melon 1% Milk	<b>4</b> Salisbury Steak w/ Grilled Onions & Brown Gravy Rice Pilaf Mixed Vegetables Dinner Roll w/ Margarine Orange 1% Milk
<b>7</b> Shepherd's Pie Cauliflower & Broccoli Biscuit w/ Margarine Pineapple Chunks 1% Milk	<b>8</b> Catfish w/ Sweet Sriracha Buttered Noodles Carrot Coins Wheat Roll w/ Margarine Sliced Peaches 1% Milk	<b>9</b> Pork Green Chile Stew w/ Beans Green Beans w/ Red Peppers Low Sodium Crackers Warm Chocolate Cake w/ Powdered Sugar 1% Milk	<b>10</b> Chicken Fried Steak Fingers w/ White Gravy Mashed Potatoes Calabacitas Tortilla w/ Margarine Apple 1% Milk	<b>11</b> <p style="text-align: center;">CLOSED</p>
<b>14</b> Omelet w/ Peppers & Onions Sautéed Potatoes Celery with Peanut Butter Wheat Bread w/ Margarine Warm Apricots w/ Cinnamon 1% Milk	<b>15</b> Chicken Pot Pie Steamed Rice Spinach Sliced Peaches 1% Milk	<b>16</b> Turkey Corn Dog w/ Ketchup and Mustard Macaroni & Cheese Cabbage Mandarin Oranges 1% Milk	<b>17</b> Diced Potatoes w/ Peppers & Onions Smothered w/ Red Chile Meat Sauce & Cheese Brussel Sprouts Cauliflower Dinner Roll with Margarine Yogurt 1% Milk	<b>18</b> Pork Chop w/ Onions & Apples Cornbread Stuffing Asparagus Bread Stick w/ Margarine Banana 1% Milk
<b>21</b> Open Faced Burger w/ Cheese & Mushrooms Sweet Potato Soufflé Green Beans w/ Onions Dinner Roll w/ Margarine Apricots 1% Milk	<b>22</b> Vegetable Soup Rice Pilaf Biscuit w/ Margarine Tapioca Pudding 1% Milk	<b>23</b> Herb Roasted Turkey w/ Gravy Stuffing Corn Pudding Roll w/ Margarine Amanda's Banana Nut Bread 1% Milk	<b>24</b> <p style="text-align: center;">CLOSED</p>	<b>25</b> <p style="text-align: center;">CLOSED</p>
<b>28</b> Liver & Onions w/ Brown Gravy Red Potatoes Mixed Vegetables Wheat Bread w/ Margarine Chocolate Pudding 1% Milk	<b>29</b> Chicken Alfredo Green Beans w/ Red Peppers Whole Wheat Roll w/ Margarine Warm Pears w/ Cinnamon 1% Milk	<b>30</b> Carne Adovada Enchiladas Pinto Beans Calabacitas Tortilla w/ Margarine Chocolate Chip Cookie 1% Milk	<b>1</b> Beef Tips w/ Parmesan Rice Glazed Carrots Croissant w/ Margarine Warm Sliced Peaches 1% Milk	<b>2</b> Salmon w/ Pineapples & Teriyaki Sauce Brown Rice Spinach Roll w/ Margarine Apple 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.