

Let's Do Lunch!

January 2016

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken & Rice Green Beans Crescent Roll w/ Margarine Cinnamon Apples 1% Milk	Pork Chops w/ Gravy Stuffing Mixed Vegetables Wheat Roll w/ Margarine Chocolate Chip Cookie 1% Milk	Beef Stir Fry Linguine Noodles Biscuit w/ Margarine Pineapple Tidbits 1% Milk	Pollock w/ Tartar Sauce Rice Pilaf Zucchini w/ Corn Dinner Roll w/ Margarine Sherbet 1% Milk	Stuffed Potatoes w/ Cheese & Broccoli Carrots with Red Peppers Cornbread w/ Margarine Orange 1% Milk
11 Chili Beans Spanish Rice Spinach Tortilla w/ Margarine Mandarin Oranges 1% Milk	Sloppy Joe Red Rosemary Potatoes Brussel Sprouts Apple 1% Milk	Turkey Ziti Scandinavian Vegetables Bread Stick w/ Margarine Pumpkin Cheesecake 1% Milk	14 BBQ Chicken Baked Beans Beets Dinner Roll w/ Margarine Vanilla Pudding 1% Milk	15 Salisbury Steak w/ Mushroom Gravy Au Gratin Potatoes Baby Carrots Wheat Roll w/ Margarine Peaches 1% Milk
CLOSED HOLIDAY	Spaghetti w/ Meat Sauce Italian Vegetables Garlic Bread Stick Honeydew 1% Milk	Chicken Fritters w/ Ranch Scalloped Potatoes Carrot Coins Wheat Roll w/ Margarine Rice Pudding 1% Milk	Carne Adovada Pinto Beans Mexican Corn Tortilla w/ Margarine Banana 1% Milk	Cheese Omelet w/ Onions & Peppers Sautéed Potatoes, Peppers & Onions Stewed Tomatoes Wheat Bread w/ Margarine Cinnamon Applesauce 1% Milk
25 Diced Pork over Rice Asparagus Dinner Roll w/ Margarine Warm Apricots w/ Cinnamon 1% Milk	26 Beef a Roni Spinach Caesar Salad w/ Caesar dressing Biscuit w/ Margarine Mandarin Oranges 1% Milk	Green Chile Chicken Enchiladas Spanish Rice Zucchini w/ Red Peppers Sliced Peaches 1% Milk	28 Catfish w/ Lemon Butter Buttered Parsley Potatoes Carrot Coins Wheat Roll w/ Margarine Chocolate Pudding 1% Milk	29 Hamburger w/ Swiss Cheese & Mushrooms Ranch Beans Mixed Vegetables Sliced Pears 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.