



Let's Do Lunch!



Department of Senior Affairs

June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
4 Turkey Tetrazzini Imperial Vegetables Peas Sherbet 1% Milk	5 Cajun Spiced Tilapia over rice / Imperial Vegetables Scalloped Potatoes Cantaloupe Whole Wheat Roll 1% Milk	6 Greek Pasta Salad Cucumber/tomatos Whole Wheat Roll Grapes 1% Milk	7 Meatloaf Cauliflower Mash Egg Noodles Broccoli Orange 1% Milk	8 Brisket / Peppers Sandwich (WW Hoagie) Roasted Baby Carrots Baked Potatoes Apple / 1% Milk
11 Frito Pie Yellow Squash Fritos Mixed Fruit 1% Milk	12 Beef Tips w/ White Rice Steamed Broccoli Au Gratin Potatoes Pineapple 1% Milk	13 Pasta Primavera Black Beans w/ Peppers & Onions Beets Banana / 1% Milk	14 Chicken Stir Fry White Rice Peaches w/ Cinnamon Fortune Cookie 1% Milk	15 Salisbury Steak w/ Roll Steamed Asparagus Sweet Potatoes Pear 1% Milk
18 Spaghetti w/ Meatballs Italian Steamed Vegetables Whole Wheat Roll Side Salas Mandarin Oranges 1% Milk	19 Green Chili Enchiladas Pinto Beans w/ Spinach Spanish Rice Honeydew Melon 1% Milk	20 Buffalo Chicken Pepper Tacos Orzo Roasted Cauliflower Nectarine / 1% Milk	21 Cattfish over Brown Rice Rosemary Roasted Potatoes Malibu Blended Vegetables Pear 1% Milk	22 Omelet Mashed Sweet Potatoes Mushrooms / Asparagus Banana Pudding Biscuit / 1% Milk
25 Memphis Dry Rub Chicken over corn Baked Potato w/ Margarine Steamed Zucchini Pineapple / 1% Milk	26 Beef Fajitas Black Beans Spicy Brown Rice Flour Tortillas Watermelon 1% Milk	27 Chicken Burger w/ Roasted Thyme Red Potatoes / Italian Vegetables / Pear Slices Lettuce/Tomato/Onion 1% Milk	28 Turkey & Mashed Potatoes w/ Gravy / Steamed Baby Carrots / Roasted Bursells Sprouts/ Whole Wheat Roll Cantaloupe 1% Milk	29 Garlic Salmon over Pasta Imperial Vegetables Sweet Potatoes Chocolate Chip Cookie 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.