

Status of Senior Affairs Services

Senior Information & Assistance Hotline: (505) 764-6400

The Senior Information & Assistance Hotline remains open; individuals can call Monday through Friday, between the hours of 8:30 am and 4:30 pm and between the hours of 9:00 am and 5:00 pm, on Saturday and Sunday.

MEALS

Congregate Meals at Senior/Multigenerational Centers and Meal Sites:

DSA Senior & Multigenerational Centers are currently closed but will offer "to-go lunches" at the following lunch distribution sites:

- Barelvas Senior Center
- Los Volcanes Senior Center
- Manzano Mesa Multigenerational Center
- North Domingo Baca Multigenerational Center
- North Valley Senior Center

Individuals can pick up their meal and take it home from the lunch distribution sites from 11:30 a.m. and 1:00 p.m, Monday - Friday.

Meal Sites housed at Bernalillo County, City of Albuquerque Community Centers, Albuquerque Housing Authority, and Village of Tijeras are temporarily closed; those individuals are encouraged to visit one of the lunch distribution sites.

Please note the following centers are closed:

- Bear Canyon Senior Center
- Highland Senior Center
- Palo Duro Senior Center

Home Delivered Meals

The DSA Home Delivered Meal Program is continuing to deliver meals to home bound seniors in our community. If an individual cannot get to a lunch distribution site to pick up a meal, they can call the Senior Information & Assistance Hotline to request a home delivered meal (this temporary service will remain available until the centers and meal sites open).

Care Coordination

Care Coordination services are still operational, however, all assessments are being conducted by telephone instead of in the home. Please call the Senior Information & Assistance Hotline for more information.

Home Services

The Home Services team is currently offering limited service. Please call the Senior Information & Assistance Hotline for more information.

Transportation

Limited transportation services are being offered. Please call (505) 764-6464 for more information.

WAYS YOU CAN HELP SENIORS IN OUR COMMUNITY

We have been getting a lot of questions about how people can support seniors during this time. We are so thankful to be a part of a community that is willing to step up when needed! Here are a few ways you can help out. Seniors are one of the populations most impacted by the outbreak of coronavirus in New Mexico. Many are choosing to avoid stores or other public locations to limit their exposure and many simply struggle to afford necessary items. That's why we are encouraging you to help seniors in our community by donating needed items, money or your own time. Below are some [ways you can support](#) the Department of Senior Affairs:

Donate Items:

Senior Affairs is collecting food and other necessities for distribution to seniors in need such as shelf-stable food, toilet paper and personal hygiene items. Individuals and organizations that wish to support these efforts can drop off items at police substation in Albuquerque or at the Department of Senior Affairs offices. A list of locations, addresses, phone numbers and items [can be found here](#).

Encouragement

Notes of encouragement to seniors are always welcome and can be included at the donation locations listed above or emailed to jenifergonzales@cabq.gov. Senior Affairs Home-Delivered Meal program drivers will distribute these notes to seniors when they receive their meal and they will be available at meal locations and on our [Facebook](#) and [Instagram](#) pages: @cabqseniors. Please note that sealed envelopes will be opened and messages may be scanned or sealed in an effort to protect our seniors.

Donate Time or Money:

Organizations in the community that support seniors are also looking for monetary donations and volunteers at this time. For example, *Meals on Wheels* is looking for volunteer drivers who are under the age of 60 to help meet their increase in demand. The Meals on Wheels service is a home delivered meal program, similar to the Department of Senior Affairs Home-Delivered Meal program. For a list of partner organizations, please visit www.cabq.gov/seniors.

New Mexico Aging & Long-Term Services Department

If you are a senior or disabled adult and cannot access groceries, please call 1-800-432-2080. Leave a message with your name, telephone number, and the city/town you reside in (*this is a State of New Mexico program*).

VOLUNTEERS NEEDED: to learn more about this opportunity, e-mail:

ALTSD-Volunteers@state.nm.us and in the SUBJECT LINE, type "READY TO HELP), identify the city/town that you reside in, along with your phone number and they will reach out to you with more information.

Smith's Grocery Stores

Smith's will open an hour early for senior shoppers. Starting this Wednesday, the grocery store will be reserving an hour on Monday, Wednesday and Friday to solely the shopping needs of senior citizens. Stores will have special hours for seniors from 7 a.m. to 8 a.m. This will continue until further notice. The company says they will have staff on hand to help with anyone that needs special accommodations.

Smith's will also be waiving the pick-up fee for online orders received curbside for customers 60 and older. The deal will be available through April 18, with the possibility of an extension.

For all other customers, temporary store hours will continue to be 8 a.m. to 10 p.m. until further notice.

AARP

AARP has canceled their external events until further notice, including tax services at City of Albuquerque senior and multigenerational centers. AARP is providing information and resources to help older people and caregivers protect themselves from the virus and prevent its spread. You can find AARP's coronavirus resources at <http://www.aarp.org/coronavirus...>. We also point you to www.cdc.gov/coronavirus, and your state and local health agencies for the latest information.

Silver Horizons of New Mexico

Due to the public health emergency for New Mexico, we are taking the proactive, preventative action of cancelling our Senior Food Markets for the remainder of March. A new schedule will be posted as soon as possible. Please visit <https://silverhelpingseniors.org> for more information.