



DEPT. OF SENIOR AFFAIRS

Virtual Programming Live schedule

Join us Live on Facebook for fitness classes and Bingo!

Come have coffee with us virtually or at our Senior Center drive-thru's.

DECEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 Friendship Coffee Drive thru Palo Duro -9:30am FB Live Bingo-1:30pm	3 FB Live Gentle Exercise 9:00am Virtual Friendship Coffee 9:00am contact: ahamel@cabq.gov	4	5
6	7	8 Friendship Coffee Drive thru Bear Canyon-9:30am	9	10 FB Live Aerobics Class 9:00am Friendship Coffee Drive thru Highland -9:00am	11	12
13	14	15	16 FB Live Bingo 1:30pm	17 FB Live Gentle Exercise 9:00am Virtual Friendship Coffee 9:00am contact: ahamel@cabq.gov	18	19
20	21	22 Friendship Coffee Drive thru Bear Canyon-9:30am	23	24 FB Live Aerobics Class 9:00am Friendship Coffee Drive thru Los Volcanes-9:30am	25 Happy Holidays! 	26
27	28	29	30	31 FB Live Gentle Exercise 9:00am Friendship Coffee Drive thru Los Volcanes-9:30am		