

## CBI Veterans Group

Veterans of World War II who served in China, Burma or India are welcome to attend.

**Palo Duro • Cottonwood**  
4th Wednesday, 9:30 – 11:00 am  
Laben 298-2450

## Watercolor Club

This is an informal group that paints in “open studio” fashion, giving pointers, helpful hints and opinions to one another when asked. Group meets year round. Persons of all ability levels are welcome.

**Bear Canyon • Room 4**  
2nd Thursday, 1:00 – 3:00 pm  
Paul Stubbe

## Zia Rifle & Pistol Club

The Zia Rifle & Pistol Club promotes participation in shooting sports, with emphasis on range and field safety.

**Bear Canyon • Room 5**  
3rd Thursday, 7:00 – 9:00 pm  
Grant Reel, President

**Pick up a 50+  
Sports & Fitness  
Catalog today!**

# COMMUNITY ORGANIZATIONS

## AARP Chapters #4380

The meeting serves as a focal point for seniors wanting information on local, governmental and legislative issues and issues relating to the senior population. Anyone 50 years of age or older is invited to attend.

**Bear Canyon • Room 5**  
2nd Thursday, 1:00 – 3:30 pm  
(Board Meeting 12:30 – 1:00 pm)  
Marc LeChey 275-2331 • \$5.00 Annually

## Albuquerque Historic Aviation Society

The object of the group is for those with a love of aviation to spend time visiting with fellow enthusiasts. Guest speakers are invited to the meetings and members are encouraged to bring pictures, models and items of interest.

**Bear Canyon • Rooms 5 & 6**  
1st Thursday, 7:00 – 9:00 pm  
Harry Davidson

## APS CESS-Special Ed Art Class

**Barelas • Ceramic Room**  
Thursday, 1:00 – 4:00 pm

The **50+** FANTASTIC!  
FREEZE FEST!

**4 DAYS OF WINTER SPORTS COMPETITIONS  
FOR THE OVER 50 “COOL” CROWD!**



## Colored Pencil Society of America

**Bear Canyon** • Room 5  
4th Saturday of each month,  
1:00 – 3:00 pm

## Corvairs of New Mexico

**Highland** • Room 8  
1st Wednesday, 7:00 – 9:00 pm

## Escribiente Society of Calligraphers

This is a non-profit group that promotes, encourages and educates calligraphy and related arts. The members are various ages with varied backgrounds. This group participates in community service, such as donating time to make calligraphy names for elementary schools that are raising funds for their library.

**Manzano Mesa**  
**Multigenerational Center** • Room 1  
1st Wednesday of every month,  
6:30 – 9:00 pm • Janice Gabel

**Unless noted activities leave or take place at the center sponsoring the activity.**

## Girl Scout Daisy and Brownie Troop

**Manzano Mesa**  
**Multigenerational Center** • Room 1  
Friday, 6:30 – 8:00 pm

## Grey Panthers

Advocates for senior issues.

**Highland** • Room 7  
4th Saturday, 12:00 noon – 2:00 pm

## Guardianship Meeting

**Highland** • Room 8  
2nd Wednesday, 11:30 am – 1:00 pm

## Hispanic Council on Aging

**Barelas** • Conference Room  
2nd Thursday of the month, 11:00 am

## RPENM (Retired Public Employees of N.M.)

**Manzano Mesa**  
**Multigenerational Center** • Room 4  
1st Tuesday, 10:00 – 11:00 am • JD

## Kendo Kai

Experience the magic of Kendo Kai, a Japanese type martial art of sword fencing. New members are welcome to join and experience Japanese culture through the concept of kendo and discipline the human character.

**Manzano Mesa Multigenerational Center** • East Social Hall  
Friday, 6:00 – 8:00 pm • Davis Begay



## NARFE Chapter 80

The National Association of Retired Federal Employees is committed to preserving the federal retirement and health benefits for all civilian employees and retirees. NARFE is the sole organization promoting the protection of federal employee benefits by uniting civilian employees, retirees, survivors and spouses around the world. Membership is open to civilian employees, retirees, survivors and spouses with at least 5 years of service in any agency of the federal government.

**Palo Duro** • The Mesquite Room  
1st Saturday, 12:00 noon – 2:00 pm

## Okinawan Dance Group

This group studies and practices the art of Okinawan dance

**Manzano Mesa**  
**Multigenerational Center** • Room 3  
Friday, 6:00 – 9:00 pm

## Prostate Cancer Support Association of NM, Inc.

This group provides on-going support and education for prostate cancer patients, families, loved ones, and friends. Friends share their experiences to help others make informed decisions and manage their cancers

**Bear Canyon** • Rooms 5 and 6  
1st & 3rd Saturday, 12:30 – 3:00 pm  
Joseph Nai

## RPEA (Retired Public Employees Association)

The group addresses all of the issues related to public employees who have retired: benefits, insurance, monthly pay, etc.

**Bear Canyon** • Rooms 5/6  
2nd Friday of January, April, July, October  
McCormick

## McCormick Chapter 96 San Pedro Estates Property Owners Association

**Highland** • Room 1  
Quarterly meeting, 7:00 – 9:00 pm  
Call the center for the next meeting date

## Son Crest Riders

This is the New Mexico Chapter of Christian Motorcyclists. They meet once a month to discuss various motorcycles “fun runs”, and general business of the club.

**Manzano Mesa**  
**Multigenerational Center** • Room 1  
3rd Friday of every month  
6:00 – 8:00 pm • Dale Hetherington

## Siglo De Oro R.V. Club

Excursions around the Land of Enchantment and beyond will highlight our travel season. Come join us for our monthly business meeting and trip signup, followed by a “get together” luncheon at a local restaurant.

**Bear Canyon** • Social Hall West  
3rd Tuesday, except August,  
10:00 – 11:00 am • Pat Tapia

## VFW Post #10763

Veterans of Foreign Wars monthly business meeting for post members. All veterans welcome.

**Bear Canyon • Room 5**  
1st Thursday, 7:00 – 9:00 pm  
Leo B. McCann, Quartermaster/Adjunct

## Veterans and Military Affairs Advisory Board

Dept. of Senior Affairs Administration Office

**Barelas • Room 1**  
1st Wednesday of the month, 10:00 am

## Zia Sundials, Chapter #106 NAWCC

The Zia Sundials, Chapter #106, National Association of Watch & Clock Collectors, is a group of enthusiasts and collectors of horological items.

**Bear Canyon • Room 4**  
2nd Saturday except December,  
12:00 noon – 3:00 pm • Randy Garner



# SUPPORT GROUPS

## Alzheimer's Support Group

This caregiver support group is open to anyone interested in learning about Alzheimer's and related disorders. Share tips, ideas and thoughts to assist and encourage in this journey.

**Bear Canyon • Room 1**  
3rd Friday, 10:00 am – 12:00 noon • Michels

## Essential Tremors Support Group

**Palo Duro • Ponderosa Pine**  
Saturday, 9:30 – 11:00 am  
Warren 266-6837

## Huntington's Disease Support Group

Family and friends are invited to join seniors for guest speakers and friendship.

**Palo Duro • Aspen**  
3rd Saturday, 1:00 – 3:00 pm

## Peripheral Neuropathy Support Group

Includes distribution of educational materials, sharing experiences and methods of coping with the disorder and speaker presentations.

**Palo Duro • The Mesquite Room**  
Call front desk for dates and times.

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**Bear Canyon • Rooms 5 and 6**  
1st & 3rd Saturday, 12:30 – 3:00 pm  
Joseph Nai 254-7784

