June 2013

We reserve the right to alter the menu due to food availability.

Diabetic clients should not be given sugar and only bread upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Ham Mac-n-Cheese	Red Chili Beef Enchiladas	Chicken Salad Sandwich	Hamburger	Fish Nuggets
Italian Vegetables	Pinto Beans	Cold Orzo w/Vegetables	Steak Fries	Rice Pilaf
Biscuit	Calabacitas	Tossed Salad	Broccoli and Cauliflower	Baby Carrots
Mandarin Oranges	Flour Tortillas	Low Sodium Crackers	Watermelon	Wheat Bread
1% Milk	1% Milk Chocolate Pudding	1% Milk Fruit Cocktail	1% Milk	1% Milk Apricots
10	11	12	13	14
Bratwurst	Chicken Soft Taco	Roast Beef Sandwich	Turkey Casserole	Cheese Omelet w/chili
w/Sauerkraut	Spanish Rice	Potato Salad	Brussels Sprouts	Sautéed Potatoes &
Ranch Beans	Corn w/Red Peppers	Coleslaw	Crescent Roll	Onions
Mixed Vegetables	Orange	Chocolate Chip Cookie	Apple Crisp	Spinach
Sliced Peaches	1% Milk	1% Milk	1% Milk	Wheat Bread
1% Milk				1% Milk Pear Slices
17	18	19	20	21
Carne Adovada	Tilapia w/Dirty Rice	Chef Salad	Chicken Casserole	Hamburger
Refried Beans	Okra	Pasta Salad	Beets	Tater Tots
Squash	Biscuits	Dinner Roll	Wheat Roll	Glazed Carrots
Flour Tortilla	Cinnamon Apples	Grapes	Peach Cobbler	Watermelon
1% Milk Yogurt	1% Milk	1% Milk	1% Milk	1% Milk
24	25	26	27	28
Chicken Alfredo	Beef and Bean Burrito	Turkey & Cheese Hoagie	Beef & Cheese Lasagna	Poached Salmon
Broccoli	Papitas	Carrot and Raisin Salad	Green Beans w/Mushrooms	Brown Rice
Tossed Salad w/Dressing	Stewed Tomatoes	Marinated Cucumbers	Wheat Roll	Carrots
Biscuit	Flour Tortilla	Ice Cream	Warm Tapioca Pudding	Dinner Roll
Cantaloupe	Pear	1% Milk	1% Milk	Mandarin Oranges
1% Milk	1% Milk			1% Milk