

August 2013

We reserve the right to alter the menu due to food availability.

Diabetic clients should not be given sugar and only bread upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
•			1	2
			Chicken Parmesan	Green Chili Turkey
			Mixed Vegetables	Swiss Sandwich
			Low Sodium Crackers	Potato Wedges
			Cantaloupe	Stewed Tomatoes
			1% Milk	1% Milk Jell-o w/Fruit
5	6	7	8	9
Carne Adovada	Mushroom Swiss Burger	Chef Salad	Fish Sticks	Turkey w/Gravy
Ranch Beans	Steak Fries	Pasta Salad	Rice Pilaf	Mashed Potatoes
Mexicorn	Asparagus	Dinner Roll	Stewed Tomatoes	Brussels Sprouts
Tortilla	Mandarin Oranges	Jell-o w/Fruit	Wheat Roll	Wheat Roll
1% Milk Sliced Pears	1% Milk	1% Milk	1% Milk Banana	1% Milk Apple Crisp
12	13	14	15	16
Ham w/Pineapple Sauce	Meatloaf	Ravioli w/Meat Sauce	Green Chili Chicken	Cajun Tilapia
Brown Rice	Au Gratin Potatoes	Green Beans	Enchiladas	Dirty Rice w/Sausage
Broccoli	Glazed Carrots	Garlic Bread	Potatoes & Onions	Okra
Dinner Roll	Biscuit	Sliced Apricots	Calabacitas	Cornbread
Chocolate Chip Cookie	Orange	1% Milk	Tortilla	Fruit Cocktail
1% Milk	1% Milk		1% Milk Apple	1% Milk
19	20	21	22	23
Pepperoni Pizza Pasta	Chicken Soft Tacos	Ham Salad Sandwich	BBQ Beef Hoagie	Huevos Rancheros
Italian Vegetables	Spanish Rice	Tossed Salad w/Dressing	Black Eyed Peas	Pinto Beans
Peach Cobbler	Corn	3 Bean Salad	Cauliflower w/Cheese	Cornbread
Low Sodium Crackers	Watermelon	Chocolate Chip Cookie	Grapes	Yogurt
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
26	27	28	29	30
Liver and Onions	Chile Con Carne	Oriental Chicken Salad	Fish & Chips	Bratwurst on Hoagie
Sautéed Potatoes	Baked Frito's	Cold Orzo Pasta	Beets	Brown Rice
Baby Carrots	Mexi-Corn	Cucumber Salad	Bread	Green Bean w/Mushrooms
Wheat Roll	Rice Pudding	Cantaloupe	Warm Pineapple Chunks	Orange
Mandarin Oranges	1% Milk	1% Milk	1% Milk	1% Milk
1% Milk				