

City of Albuquerque
Mayor Tim Keller

Office of the Mayor
cabq.gov/mayor/contact-us | 505-768-3000



Resources for Parents

These resources were shared at Mayor Keller's Parents Town Hall on August 6, 2020.

Pod 1 - General Resources

Youth Connect

yc.cabq.gov

Out of school opportunities enrich the lives of youth in Albuquerque by creating a community of safety and inclusion.

ABQ Moms

albuquerque.momcollective.com

Albuquerque Moms Blog is passionate about connecting local moms in the Albuquerque area.

Important Numbers & Sites

Youth Connect

yc.cabq.gov

cabq.gov/youth-connect

ABQ Public Libraries

abqlibrary.org

505-768-5141

Family and

Community Services

cabq.gov/family

505-768-2860

Parks and Recreation

cabq.gov/parksandrecreation

505-768-5353

Other Numbers to Know

General Information

Dial 311 or 505-768-2000

APD Non-Emergency Calls

505-242-COPS (2677)

Crisis Hotline

1-855-NMCRISIS (662-7474)

APS

aps.edu | 505-855-9040

Contacts and websites for Albuquerque Public Schools.

APS Reentry Plan

aps.edu/news/2020-2021/aps-reentry-plan

Coronavirus Info

aps.edu/news/coronavirus

Grab and Go Lunches

Check website for meal sites

aps.edu/news/coronavirus/grab-and-go-meals

APS Administration

505-880-3700

Student Service Center

505-855-9040

servicecenter@aps.edu

CABQ Consumer Financial Protection Initiative

cabq.gov/consumer-financial-protection-initiative

Information about the City of Albuquerque's Consumer Financial Protection Initiative, including information on mortgage relief and tenant protections.

Father's New Mexico

fathersnewmexico.org

An organization working to help young men to become great fathers.

Food Assistance

cabq.gov/family/services/food-and-commodity-assistance

The food assistance program is largely based on partnerships within the community, offering year round services, including: TEFAP food boxes, emergency clothing and diapers, and Rent and utility assistance (based on availability of funds).

New Mexico Kids

newmexicokids.org

For assistance with Childcare, food, diapers, clothing, etc.

New Mexico Public Education Department

webnew.ped.state.nm.us/wp-content/uploads/2020/06/School-Reentry-FAQ-6-25-2020.pdf

For information on school reentry guidance & family FAQs.

Women, Infants, & Children Program (WIC)

nmwic.org

Offers free healthy foods, nutrition education, nursing support, and community connections.

Pod 2 - City Programming

ABQ BioPark from Home

cabq.gov/culturalservices/biopark/news/enjoy-the-abq-biopark-right-at-your-computer

Enjoy fun, educational experiences from the Zoo, Botanic Garden, Tingley Beach, and Aquarium, all from your home.

Bio Park Connect

cabq.gov/culturalservices/biopark/biopark-connect

CABQ Family + Community Services

play.cabq.gov | 505-768-2860 | Instagram: @fcsabq
Lottery for Fall 2020 school year program open through August 14, 2020.

Before and After School Programs





cabq.gov/family/youth-programs/before-after-school-summer-programs

Child and Family Development
cabq.gov/family/child-and-family-development

Child Development Resources
cabq.gov/family/child-and-family-development/resources

Playground Program
cabq.gov/family/youth-programs/before-after-school-summer-programs/playground-program/playground-program

Weekly Activities for Families
Instagram: @fcsabq

CABQ Parks + Recreation

cabq.gov/parksandrecreation
Information on parks and recreational programs offered by the City.

Open Space
cabq.gov/parksandrecreation/open-space

WiFi in Neighborhoods

cabq.gov/coronavirus-information/wifi

Free outdoor Internet access at City facilities.

Pod 3 - Child Development

PBS

pbs.org/parents

For parent resources, tips and advice.

Harvard Center on the Developing Child

developingchild.harvard.edu/resources/how-to-support-children-and-yourself-during-the-covid-19-outbreak

Information on how to support your children (and yourself) during the COVID-19 outbreak.

Khan Academy

khanacademy.org

For free online courses, lessons and practice for kids.

Pod 4 - Play-Based Learning

Wemagination

we.unm.edu

Wemagination is a state-wide training center for teachers and families of young children, focusing on developmentally appropriate learning through the combination of open-ended play and recyclable materials.

Pod 5 - Creative + STEAM Engagement

ABQtodo

abqtodo.com/try-this-at-home

For ideas on at-home activities for families.

Albuquerque Museum

cabq.gov/culturalservices/albuquerque-museum

Download a different art project each week from Albuquerque Museum.

Family Art from Home

cabq.gov/culturalservices/albuquerque-museum/events/family-art-workshops

Coloring Pages
cabq.gov/culturalservices/albuquerque-museum/coloring-pages

Anderson-Abruzzo International Balloon Museum
balloonmuseum.com

Explora
explora.us
Information on Explora-sponsored programs, camps, and resources.

Keshet
keshetarts.org/dance/dance-education
Virtual dance classes .

Public Library
abqlibrary.org/home
Connecting people and children with resources and services, supporting literacy and lifelong learning.

Kids' Corner
abqlibrary.org/kidscorner

Teen Zone
abqlibrary.org/teenzone

What Do You Want To Learn? Resources
abqlibrary.org/whatdoyouwanttolearn

Stay At Home Resources
abqlibrary.org/stayathomerresources

Pod 6 - Mental Health for Parents and Kids

CABQ Help
cabq.gov/help | 311
Need help? Find it here.

CABQ Mental Health Support
cabq.gov/help/mental-health
Find mental health help in your area.

National Association of Social Workers

New Mexico (NASW) Chapter
naswnm.org

The National Association of Social Workers (NASW) is the largest membership organization of professional social workers in the world, working to advance sound social policies.

Pod 7 - Public Safety

Albuquerque Family Advocacy Center
cabq.gov/albuquerque-family-advocacy-center | 505-243-2333

The Albuquerque Family Advocacy Center is a safe, secure and caring environment that focuses on the needs of victims of interpersonal crime.

Family Safety
cabq.gov/police/crime-prevention-safety/family-safety
Information on family safety, child safety, and crime prevention.

APD Crime Prevention
505-768-2006

