

**City of Albuquerque**  
**COBRA Rates**  
**July 2018 through June 2019**

**Health Insurance**

<b>Presbyterian Health Plan</b>			
	Monthly	Fee	Total MO
Single	481.09	9.62	490.71
Couple	978.84	19.58	998.42
S/Parent	772.77	15.46	788.23
Family	1412.64	28.25	1440.89

**Dental Insurance**

<b>Delta Dental</b>			
	Monthly	Fee	Total MO
Single	31.64	0.63	32.27
Couple	63.98	1.28	65.26
S/Parent	70.29	1.41	71.70
Family	95.16	1.90	97.06

**Vision Insurance**

<b>VSP</b>			
	Monthly	Fee	Total MO
Single	4.76	0.10	4.86
Couple	9.54	0.19	9.73
S/Parent	10.20	0.20	10.40
Family	16.60	0.33	16.93