

Presbyterian Health Plan Members: Covered Breastfeeding Support and Supplies

The Affordable Care Act (ACA) makes breastfeeding more accessible and affordable for millions of American women. The law requires all health plans to cover breastfeeding supplies, support, and counseling without co-payments, deductibles, or co-insurance using in-network providers and with a prescription from your doctor.

What the City of Albuquerque provides:

Nursing Mother's Room Locations

- City Hall - Basement Floor – Call the CABQ Insurance and Benefits Division at 768-3758 for information.
The room contains two stations with hospital-grade Ameda Elite Breast Pumps. ***Bring your own Ameda brand personal tubing and adaptor for pump hookup.*** The Ameda *Elite* is designed to work faster than personal breast pumps and with any of the Ameda HygieniKit[®] Milk Collection Systems. A refrigerator is available for breast milk storage and there is a sink located near the room.
- Temporary space determined by each department. Contact your HR Coordinator.

Your covered benefit through Presbyterian:

For the in-network breast pump benefit with a \$0 copay, two brands are available to choose from. A prescription is needed. NOTE: Only the Ameda *Purely Yours Express* breast pump has compatible tubing with the Ameda *Elite* breast pump located in City Hall. Hospital grade pumps require prior authorization and they are prescribed when medically necessary.

Other breast pumps are available at an out-of-network benefit level and they are covered under the Durable Medical Equipment (DME) benefit. You will pay 50 percent of the cost and it is subject to deductible.

Where can you obtain your breast pumping supplies?

You can go to one of the following in-network DME locations:

Apria

4421 McLeod Blvd NE | Suite A | 87109 | Phone (505) 881-9111

4140 Jackie Road SE | Rio Rancho | 87124 | Phone (505) 717-8010

HME Specialists, LLC

611 Osuna Rd NE | 87113 | Phone (505) 888-6500

Videos:

Ameda *Purely Yours Express*:

<http://www.ameda.com/breastfeeding-products/single-user-breast-pumps/purely-yours/using-ameda-purely-yours-pump-video>

Ameda *Elite* (in City Hall):

<http://www.ameda.com/healthcare-professionals/videos/elite-with-hygienikit>

www.phs.org
Presbyterian Health Plan, Inc.