

AFFORDABLE TEXT THERAPY THAT PUTS HAPPINESS AT YOUR FINGERTIPS

DOWNLOAD TALKSPACE AND
START FEELING BETTER
WHEREVER YOU ARE.

talkspace



Talkspace is available to employees and covered dependents with the city's Presbyterian Health Plan.

Log on to talkspace.com/PHP and enter your member ID.

For more information, contact Presbyterian Customer Service at 505-923-7787 or 1-855-261-7737.



BetterHealth

CITY OF ALBUQUERQUE AND
PARTICIPATING GOVERNMENT ENTITIES

Better you.

 **PRESBYTERIAN**
Health Plan, Inc.