



**City of Albuquerque
Human Resource Department**

R. J. Berry, Mayor

Vincent A. Yermal, Director

TO: To City Employees

FROM: Mark A. Saiz, Human Resources Manager

SUBJECT: Open Enrollment 2014

Thank you for participating in the City of Albuquerque group benefit program. The City of Albuquerque is pleased to provide our employees with a comprehensive benefit program at a reasonable cost to all, including wellness benefits through our BetterHealth Program. Your participation in the BetterHealth wellness program has a direct impact on your personal life satisfaction, health and wellbeing, and insurance costs.

Proper nutrition, regular physical activity, and living tobacco free are our wellness priorities. In the past year thousands of City of Albuquerque employees and their family members took advantage of smoking cessation programs, personal fitness programs, celebrity cooking demonstrations, and nutrition challenges all at **NO COST** to them! The BetterHealth program is designed for you and your family to pursue a healthy lifestyle not just now, but for a lifetime. The BetterHealth programs include health campaigns to make healthy lifestyles easier at work and at home.

Have you used the Presbyterian Mobile Health Center yet? The Mobile Health Center is an *exclusive* benefit for City of Albuquerque employees, family members, and entities enrolled in our health plan. All services through the Mobile Health Center are offered at **NO CO-PAY**. Services are available for allergies, ear and eye infections, suture removal, vaccinations, routine physicals and chronic condition screenings, and many more services **INCLUDING** Urgent Care. Please call (505) 220-6562 to make an appointment or visit our website for Mobile Health Center locations.

This year we are excited to introduce a new feature to the medical flexible spending accounts (FSA.) The IRS now allows participants to carryover up to a \$500 balance to next year's account. We hope this change to the previous "use it or lose it" rule will encourage employees to participate. For your convenience we have included an enrollment form in this packet with information that more fully explains how the program works. See pages 26 and 27 in the booklet. The Hartford is also offering the opportunity to employees enrolled in Supplemental Life Insurance to increase their voluntary election amount by \$10,000 with no evidence of insurability. Please see page 23 for more details.

This year's benefit program provides our employees with choice and options regarding access of care, type of care, and level of care, and meets all benefit requirements and out-of-pocket maximums provided by the Affordable Care Act. While our cost of medical claims has looked positive over this past year, this year's premium increase of 2.8% is directly attributable to assessments mandated by the Affordable Care Act. We are pleased to provide our employees with this benefit program. Please take a moment to review and take advantage of all the options available to you and your family. If you have any questions about your benefit program, please contact our office.