



EXPRESS SCRIPTS®

By enrolling in one of the City of Albuquerque’s medical plans, you are automatically covered under the prescription medication program administered through Express Scripts. This program offers benefits through participating retail pharmacies, Express Scripts home delivery pharmacy and Accredo specialty pharmacy. Prior to July, you can go to Express-Scripts.com/CABQ to view plan benefit highlights, price a medication and locate a participating pharmacy. Starting July 1, please register and login at Express-Scripts.com.

For long-term medication needs, you are allowed two fills at an in-network retail pharmacy before you must move your prescription to either Express Scripts home delivery pharmacy or a Walgreens retail pharmacy for a 90-day supply. Express Scripts home delivery pharmacy will deliver a 90-day supply right to you – and **standard shipping is free**.

With Express Scripts, you’ll have access to:

Convenient home delivery services. You’ll be able to have up to a 90-day supply of long-term medication delivered directly to you for one mail-order copayment. Long-term medications are those taken to treat an ongoing condition, such as high blood pressure, high cholesterol, or diabetes.

A large network of participating retail pharmacies. To find a participating pharmacy, prior to July, visit Express-Scripts.com/CABQ or starting July 1 visit Express-Scripts.com. Member Services is available toll-free at **877.860.9256**.

Helpful resources on Express-Scripts.com and through the Express Scripts mobile app. You can order home delivery refills, check order status, compare medication costs, request order forms and envelopes, and access useful health and benefit information.

Express Scripts Member Services representatives. Representatives are available 24 hours a day, 7 days a week (except Thanksgiving and Christmas), to assist with questions about your benefits or orders.

Prescription Plan Administered by Express Scripts				
		Active Option	Family Option	Independent Option
In-network Retail 30 days	Generic drugs	\$10	\$10	\$10
	Preferred brand-name drugs	\$35	\$30	\$30
	Non-Preferred drugs ¹	\$55	\$50	\$50
Home Delivery & Walgreens 90 days	Generic drugs	\$20	\$20	\$20
	Preferred brand-name drugs	\$87.50	\$75	\$75
	Non-Preferred drugs ¹	\$165	\$150	\$150
Specialty Drugs	Obtained via the contracted specialty pharmacy, Accredo.	30 days supply: 20% up to \$400 per medication		

¹ If you choose to fill a brand-name medication when a generic equivalent is available, you will pay the generic copayment, plus the difference in cost between the brand and the generic.

*Under the Affordable Care Act, certain preventive drugs are covered for a \$0 copayment with a prescription. They are covered for both over-the-counter (OTC) medications and those requiring a prescription. For OTC medications, you must have a prescription from your doctor to present at the pharmacy in order to pay \$0. To confirm products covered, contact Member Services at 877-860-9256.

Formulary: City of Albuquerque’s prescription-drug plan will use a formulary (or list of medications). The formulary encourages you to use generics. It’s one way that the City of Albuquerque is working to make prescription drugs more affordable. If your generic or brand-name medication is on the formulary list, you’ll pay the applicable copayment. However if your brand-name medication isn’t on the list and you decide to keep taking it, you’ll pay more for this medication.



Medications Requiring Coverage Review (Prior Authorization): Express Scripts must review prescriptions for certain medications with your doctor before they can be filled under your plan, since more information than appears on a prescription is necessary. The review uses plan rules based on FDA-approved prescribing and safety information, clinical guidelines, and uses that are considered reasonable, safe, and effective. You or your doctor can request a coverage review (prior authorization) by calling Express Scripts at 800.753.2851. If you need to know whether your prescription will require a coverage review (prior authorization) you may contact Express Scripts' member services or, prior to July 1, 2019 visit Express-Scripts.com/CABQ and select "Price a Medicine". Starting July 1st, register and login at Express-Scripts.com and select "Price a Medication" from the top menu under "Prescriptions" to search for a specific medication and view coverage notes.

Quantity Management: To promote safe and effective medication therapy, certain covered medications may have quantity restrictions. These quantity restrictions are based on manufacturer or clinically approved guidelines and are subject to periodic review and change.

Using home delivery from Express Scripts Pharmacy: For long-term medication needs, home delivery offers the best value for the prescriptions you take regularly to treat ongoing conditions. Your medications are delivered safely and conveniently to your home. A home delivery order form is included in your Welcome Kit with your member ID card.

Three ways to get started with home delivery

1. Electronically

Ask your doctor to send your prescription to the Express Scripts Pharmacy electronically.

2. Online

After you've filled your 30-day prescription, go to express-scripts.com. If you're a first-time visitor, please take a moment to register. (Be sure to have your member ID number handy.)

For refills remaining on long-term prescriptions at retail, your medication will be listed under the section "Prescriptions You Can Order Today" on the home page. Simply select "Add to Cart" and "Check Out" by accessing the items in your cart on the top right of the screen. We will do the rest.

3. By mail or fax

Complete a home delivery order form and either return the completed order form and your written prescription for your 90-day supply to the address below or have a member of your doctor's staff fax it to Express Scripts.

Express Scripts

PO Box 66567

St. Louis, MO 63166-6567

Home delivery order forms can be requested by member services or printed from Express-Scripts.com.

Specialty Medications—Get individualized service through Accredo: Specialty medications are used to treat complex conditions, such as cancer, growth hormone deficiency, hemophilia, hepatitis C, immune deficiency, multiple sclerosis, and rheumatoid arthritis. You are allowed *up to a 30-day supply* of a specialty medication.

Specialty Medications must be filled through Accredo. **You will pay the entire cost if you use any pharmacy other than Accredo pharmacy services.** Exceptions may apply for medications requiring an immediate fill. Accredo, an Express Scripts specialty pharmacy, is composed of therapy-specific teams that provide an enhanced level of individual service to patients with special therapy needs. Counseling, scheduled delivery, and safety checks are just a few of the services that Accredo provides. If you have questions regarding your specialty medication, please contact Express Scripts' member services.

Step Therapy Program: Your plan uses a coverage tool called step therapy, which requires you first to try one or more specified medications to treat a particular condition before your plan will cover another (usually more expensive) medication prescribed by your doctor. Step therapy is intended to reduce costs to you and your plan by encouraging the use of less expensive medications that may effectively treat your condition. If your doctor believes that you should use a certain medication that requires a coverage review, you or your doctor can request such a review by calling Express Scripts at 800.753.2851. To see which medications are affected by step therapy, starting July 1, visit Express-Scripts.com and select "Price a Medication" from the top menu under "Prescriptions" to search for a specific medication and view coverage notes or call Member Services at **877.860.9256**.

Immunization: Certain vaccines are covered at a \$0 copayment under your prescription medication plan when administered by a certified retail pharmacist. These vaccines include DPT, MMR, tetanus/diphtheria, HPV, hepatitis A and B, shingles, meningococcal, varicella (chicken pox), influenza (flu), and pneumonia. To locate a certified pharmacist, please call Member Services at **877.860.9256**.

Registering with Express Scripts

Online access to savings and convenience

Manage your medicines anywhere, any time with express-scripts.com and the Express Scripts™ mobile app

Register now so you can experience:

- **More savings.**
Compare prices of medicines at multiple pharmacies. Get free standard shipping¹ from the Express Scripts PharmacySM.
- **More convenience.**
Get up to 90-day supplies of your long-term medicine sent to your home. Order refills, check order status, and track shipments. Print forms and ID cards, if needed.
- **More confidence.**
Talk with a pharmacist from the privacy of your home any time, from anywhere. Find the latest information on your medicine, including possible side effects and interactions.
- **More flexibility.**
Download the Express Scripts mobile app to manage your medicines, find nearby pharmacies and get directions, and use your virtual ID card while on the go.

Get Started Today!

Registering is safe and simple. Your information is secure and confidential. Please have your member ID number or SSN available.

- Go to express-scripts.com, select **Register** or download the **Express Scripts mobile app** for free from your mobile device's app store and select **Register**
- Complete the information requested, including personal information and member ID number or Social Security Number (SSN), create your username and password, along with security information in case you ever forget your password
- Click **Register now** and you're registered
- To set preferences², select **Communication Preferences** from the menu under **Account**, scroll to **Communication** and **Viewing Preferences**. Click **Edit preferences**. Preferences can only be selected via the member website.

Members who have **touch or facial ID authentication** on their mobile devices can enable it to log in to their Express Scripts account on the mobile app, if desired.

¹ Standard shipping costs are included as part of your prescription plan benefit.

² Preferences include the option to share your prescription information with other adult members of your household (aged 18+) covered under your prescription drug plan.

- All covered adults (aged 18+) in the household need to register separately.
- When you grant permission to share your prescription information with other registered household members, they can view your information, place orders on your behalf and more.

The Express Scripts mobile app is available for iPhone®, iPad®, and Android™ mobile devices.


