

Family Art from Home

Sending Hugs Card

by Ophelia Cornet

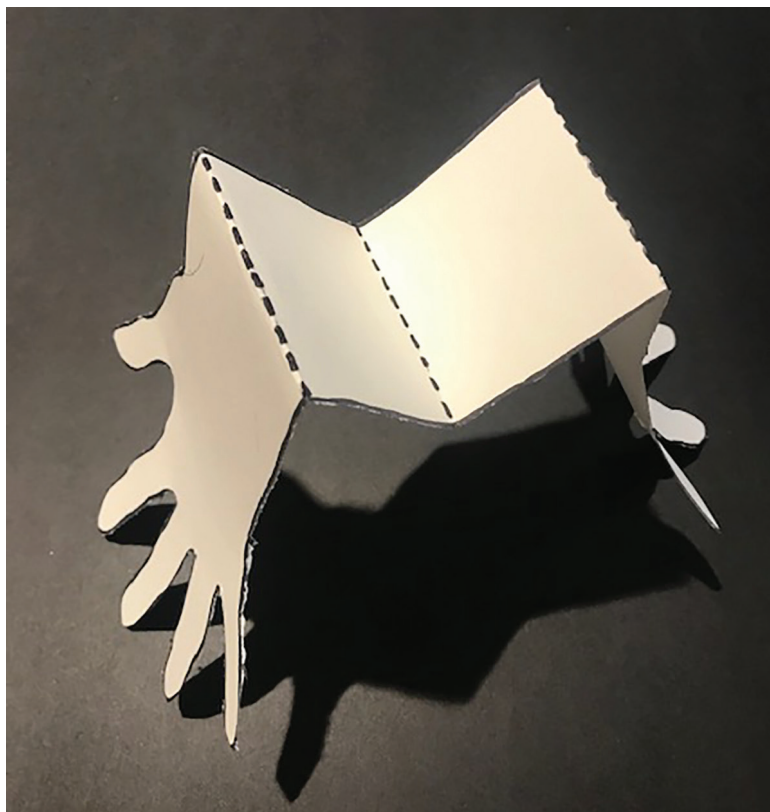
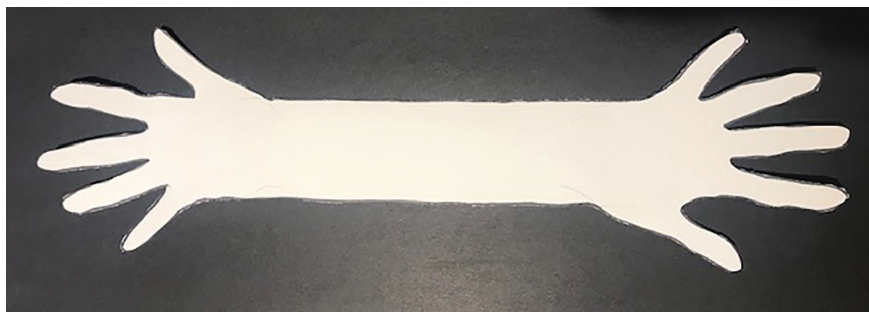
Inspired by Henna hand tattoo designs from India, we will create beautiful floral, paisley and abstract patterns on a fun hand-shaped card to brighten a loved one's day. Paisley patterns are teardrop-shaped design motifs with a curved upper end. They date all the way back to 400 BC Persia and have been used as textile designs throughout India and then brought to England and Scotland in the 18th Century.

Supplies Needed

- Paper
- Pencil
- Ruler
- Brown or black Sharpie
- Watercolors, crayons or colored pencils

How to do it

1. Draw two parallel lines that are 10 inches long and 3 inches apart using a ruler.
2. Trace your hand using a pencil on either end of the line you just drew in Step 1.
3. Fold paper in two and then each half in two again.



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4. Create your decorative motifs on the hands with pencil, then trace over your designs with Sharpie. See sample designs to inspire you. Patterns of your own creation are encouraged as well!

5. Color in your beautiful motifs using watercolor, crayons, colored pencils, markers or a combination of these.

6. All that's needed now is a sweet message in the center of your card before you send it off.

