

## Family Art from Home

# Hand in Foil

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In North Africa and the Middle East, dating back to the 7th century, people of all faiths have used hand shaped amulets called "Hamsa" to offer protection to ward off danger. In this project create your own amulet using tin foil.

### Materials Needed

- Tagboard, thin cardboard, or pasteboard (2 sheets any size)
- Glue
- Pencil
- Scissors
- Thick aluminum foil
- Optional: paint

### Instructions

1. Trace your hand onto one of your sheets of tagboard. Also, draw decorative shapes on the remaining tagboard. Cut everything out.

2. Glue shapes on the tagboard hand. Then glue the entire project to a second sheet of tagboard, putting weight on them so that they are flat. Placing something heavy on top of the tagboard for 5-15 minutes can help with this. Note: You can layer many tagboard shapes onto each other.

3. Once completely dry, tightly wrap tin foil around the front of your project. The shiny side should face outwards. Smooth out the foil and press around the contour of all shapes to create definition.

4. Use a dull pencil to add patterns and embellishments.

5. Paint is optional.

