

Landscape of Behavioral Health in Albuquerque/ Bernalillo County

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Tasks

- Provide an inventory of behavioral health services in Albuquerque
 - Emphasis on treatment services available to those relying on public funding or with limited income
 - For this project, did not include federal systems including VA and IHS
- Characterize gaps in current system and need for behavioral health

Approach

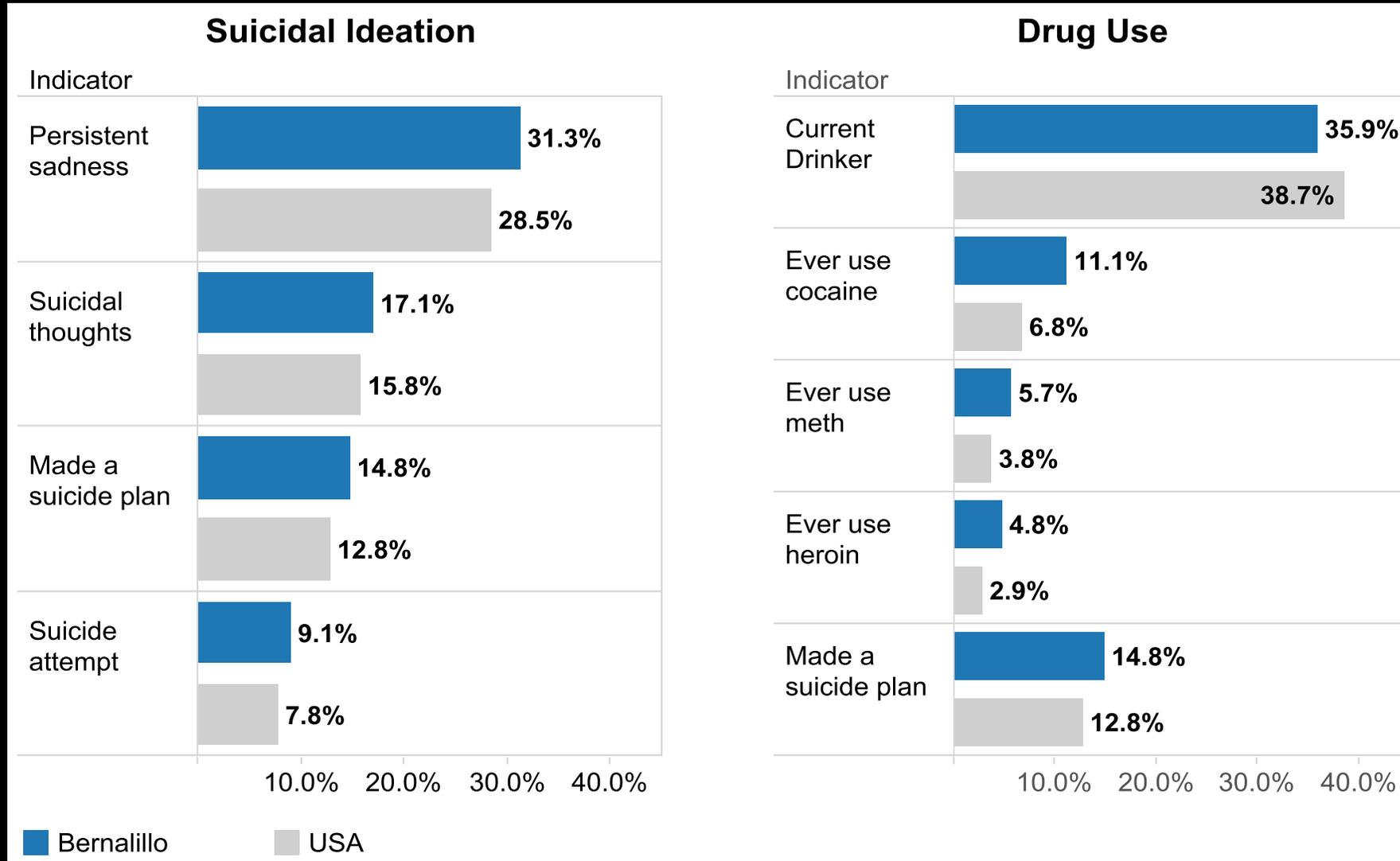
- Combined and updated the multiple resource guides developed and used by various agencies.
- Conducted telephone survey of treatment providers
- Identified existing publicly available datasets and displayed data visually to help inform policy discussions

Telephone survey

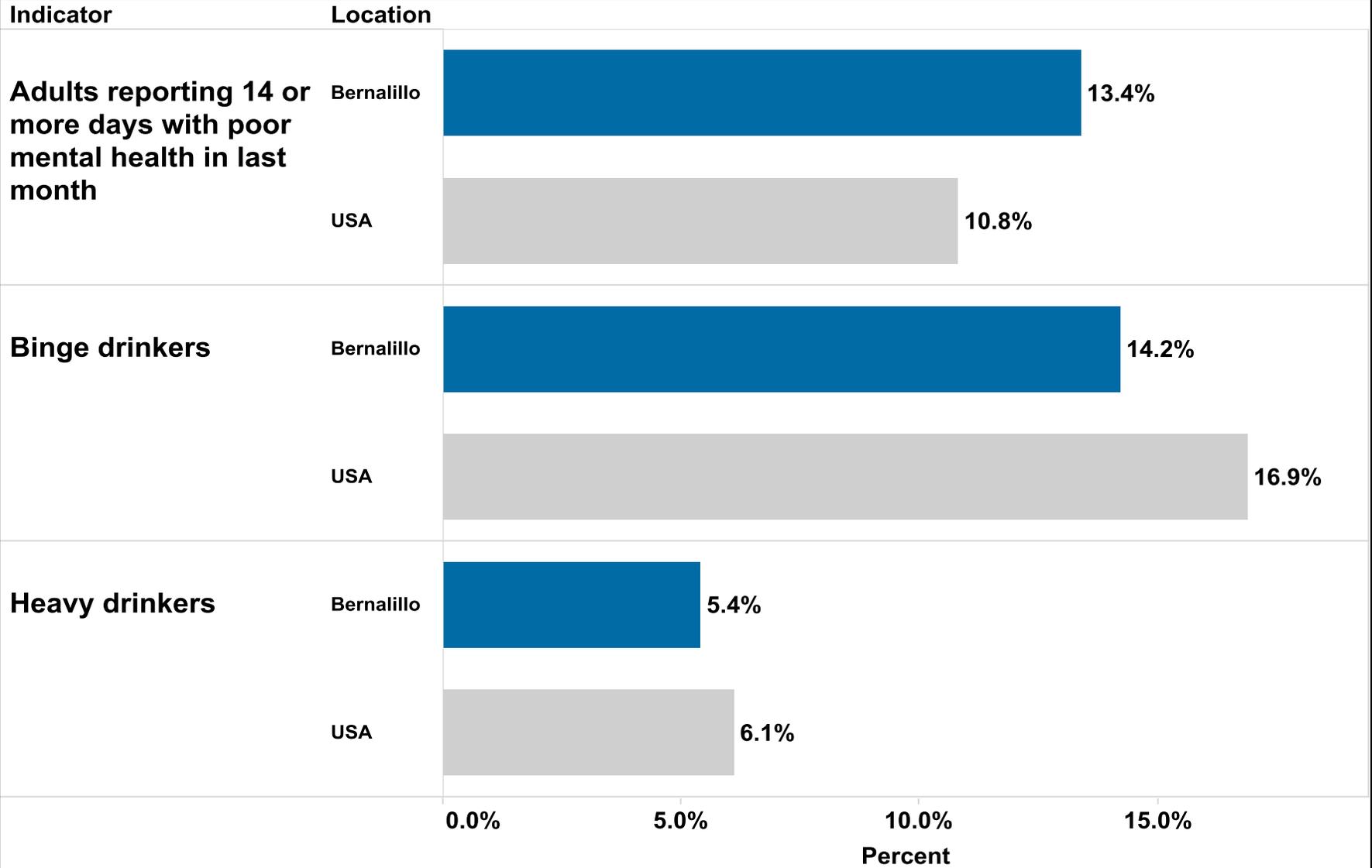
- Confirmed accurate contact information, types of payment accepted, opening hours, eligibility criteria
- Described treatment provided at agency:
 - Outpatient Services
 - Inpatient/ Residential
 - Recovery oriented services (peer support, PSR, vocational rehab, etc)
 - Case management (CCSS, navigators, promotoras, etc)
 - Crisis care
 - Housing (transitional, shelter, supported housing, etc)
- Solicited perceptions of unmet need and local priorities

Diagnoses/ Conditions	Expected Percentage Based on National Rates		Estimated Number of Individuals in Bernalillo County with Diagnosis		
	Over 18	Under 18	Over 18	Under 18	Total
Ages					
Bernalillo County Population (2013)			517,801	156,419	674,220
Schizophrenia ¹	1.10%	-	5,696	-	5,696
Bipolar Disorder ²	2.60%	2.00%	13,463	3,128	16,591
Major Depression²	6.7%	2.70%	34,693	4,223	38,916
All Serious Mental Illness ^{3,4}	4.40%	5.70%	22,783	8,916	31,699
Any Mental Illness ^{4,5}	18.6%	14.5%	96,311	22,681	118,992
Substance Abuse or Dependence ⁴	8.6%	5.30%	<u>+44,531</u>	<u>+8,290</u>	<u>52,821</u>
Subtotal: Any Mental Illness and Substance Abuse or Dependence			=140,842	=30,971	171,813
Co-occurring Mental Health and Substance Use ⁴	3.6%	1.4%	<u>-18,641</u>	<u>-2,190</u>	<u>-20,831</u>
Total Estimated Individuals who Could Benefit from Treatment			122,201 +	28,781 =	150,982*

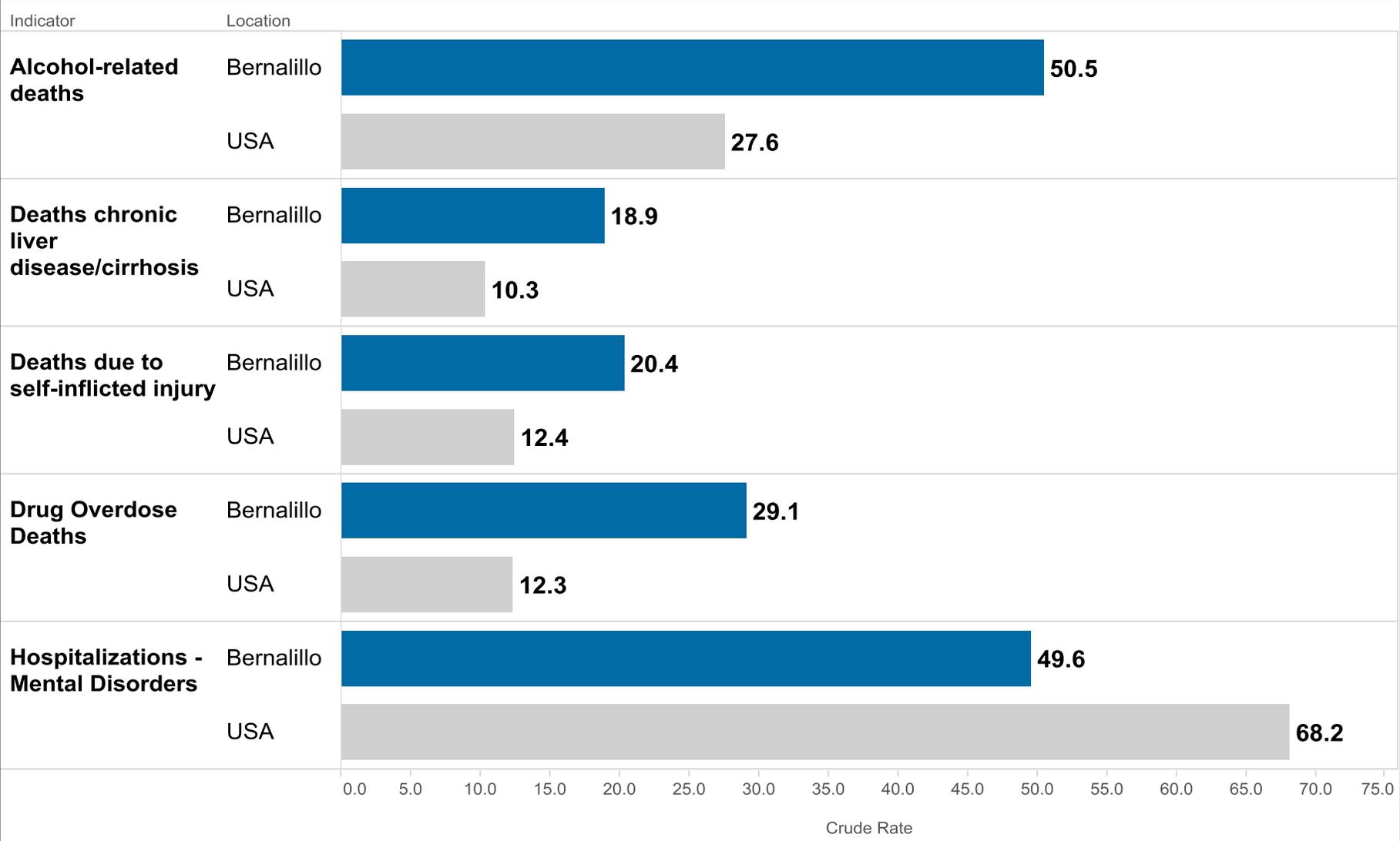
YRRS data suggest elevated risks for mental health conditions and illicit substance use disorder among Bernalillo youth



BFRSS data shows increase rates of self reported poor mental health yet lower rates of problematic alcohol use compared to national average



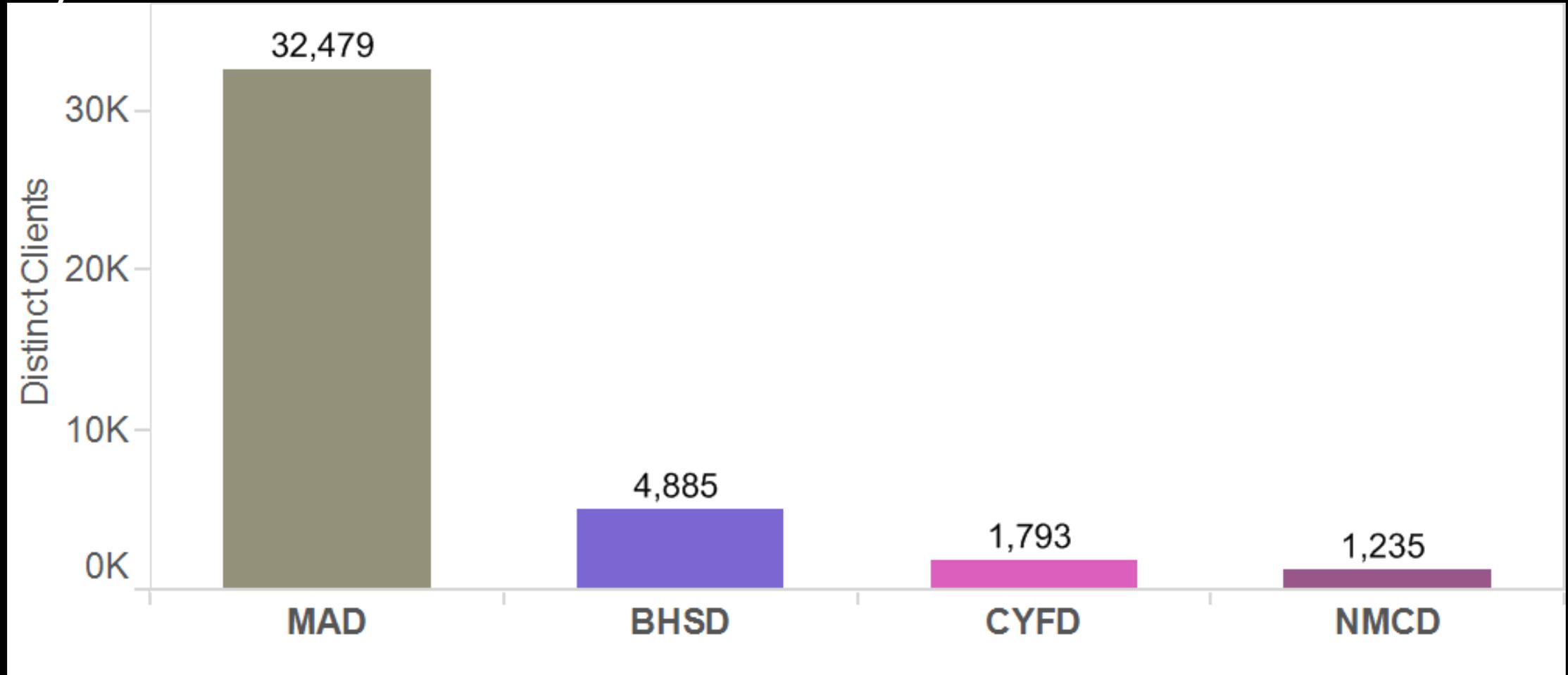
Vital statistics data show increased mortality rates associated with behavioral health conditions yet lower hospitalization rates than the national average



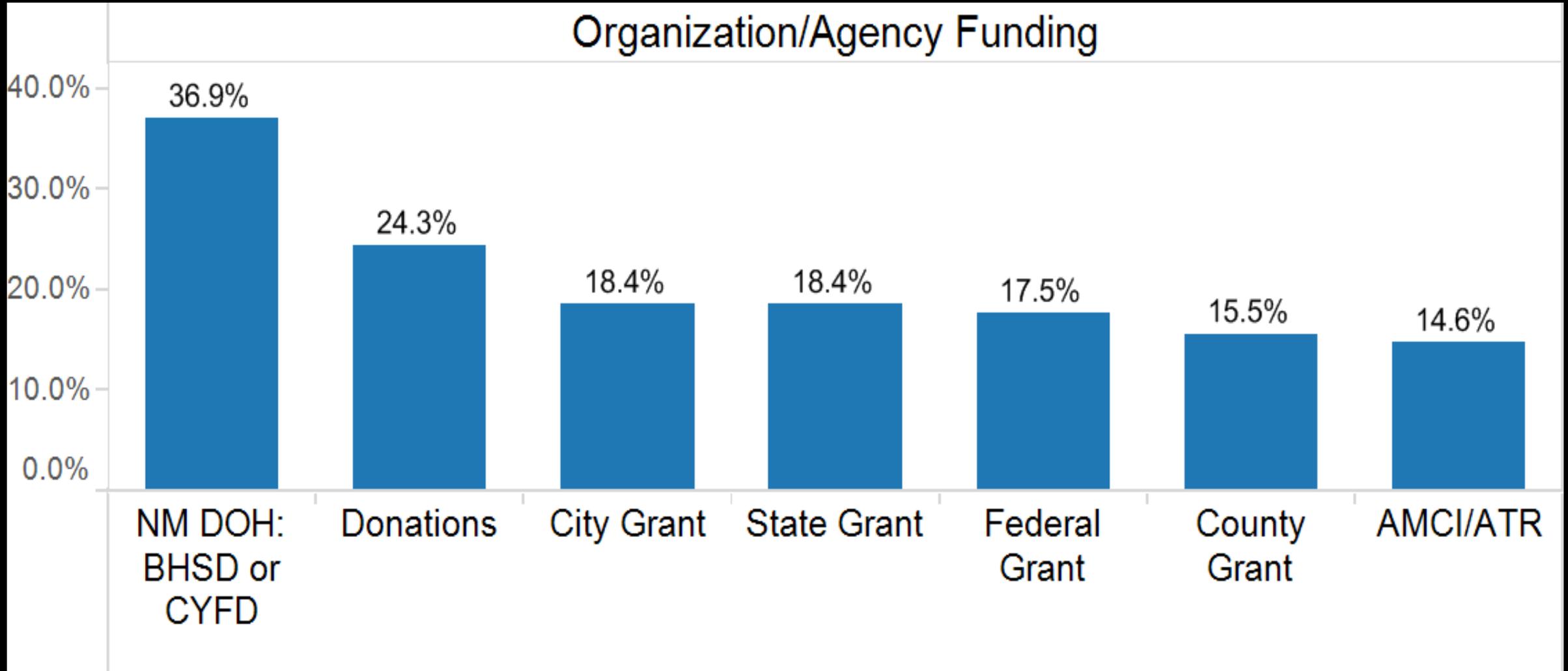
How many people received behavioral health treatment in 2013?

- Reports from agencies surveyed to date regarding numbers served in 2013:
 - Estimated 98,000 individual clients
- Data from BHSD on claims reimbursed for behavioral health services:
 - 35,670 individual clients
 - (Does not include those covered by Access to Recovery, UNM Care, sliding scale, self pay, county funded, etc.)

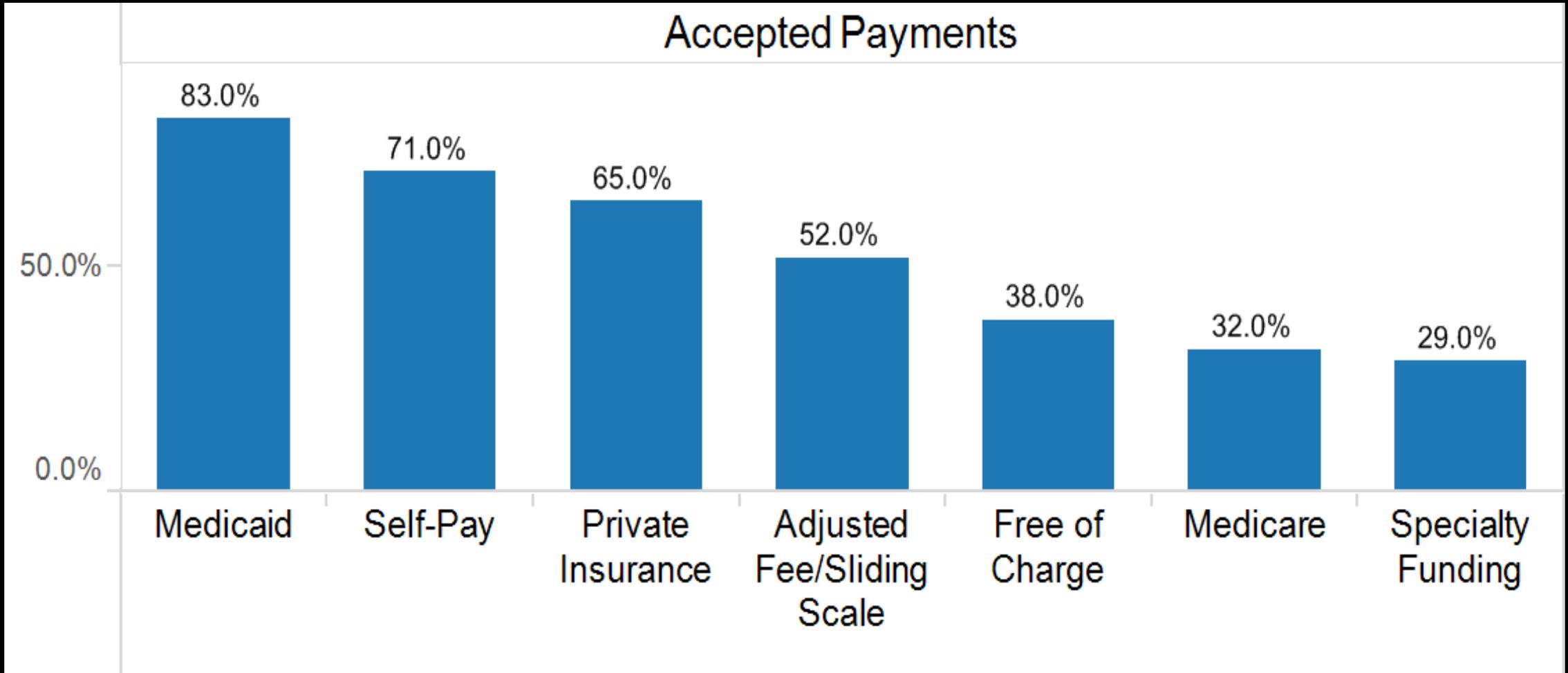
Medicaid is primary funding stream for services reimbursed by the state public behavioral health system



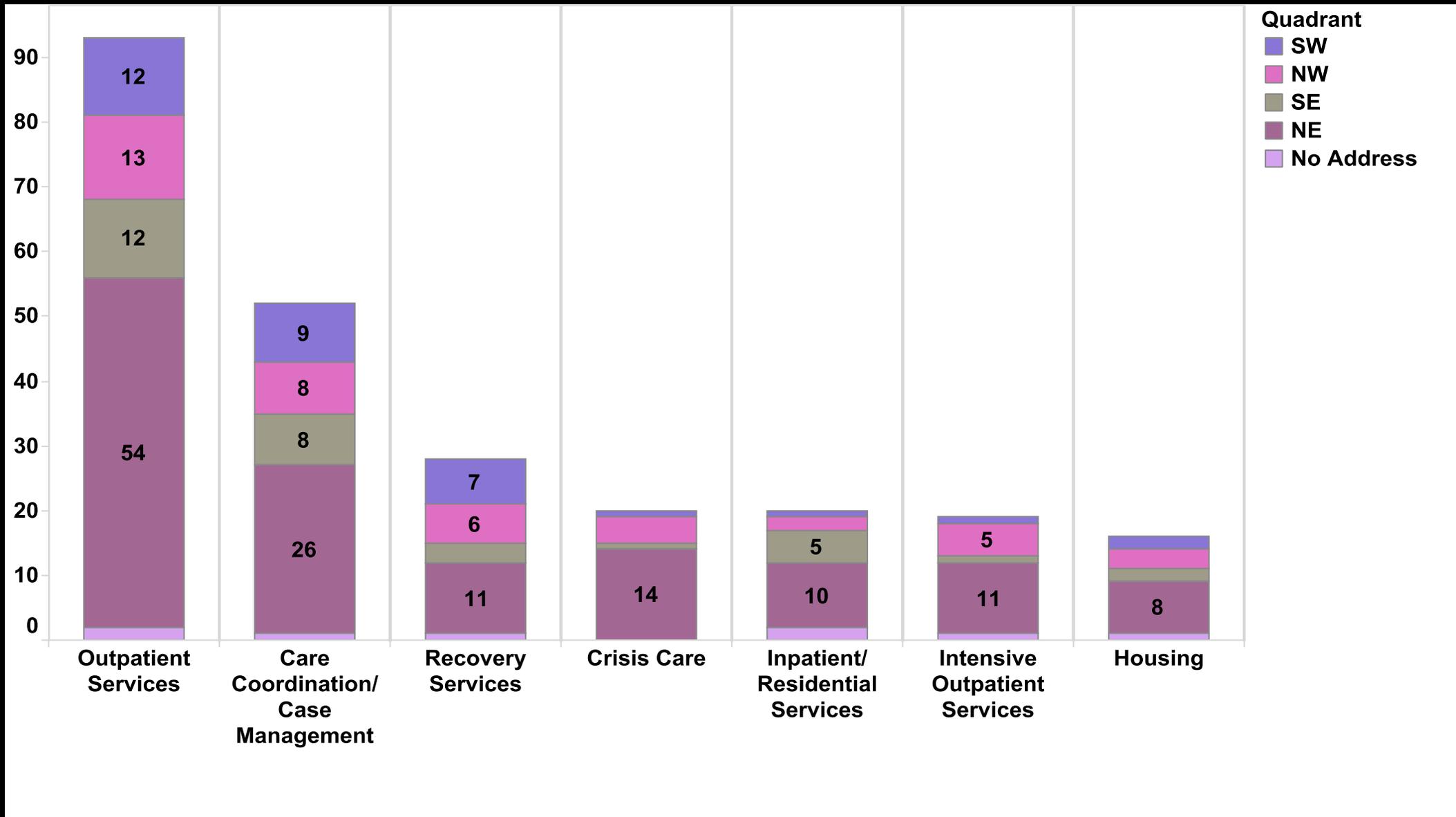
Agencies self reported funding categories:



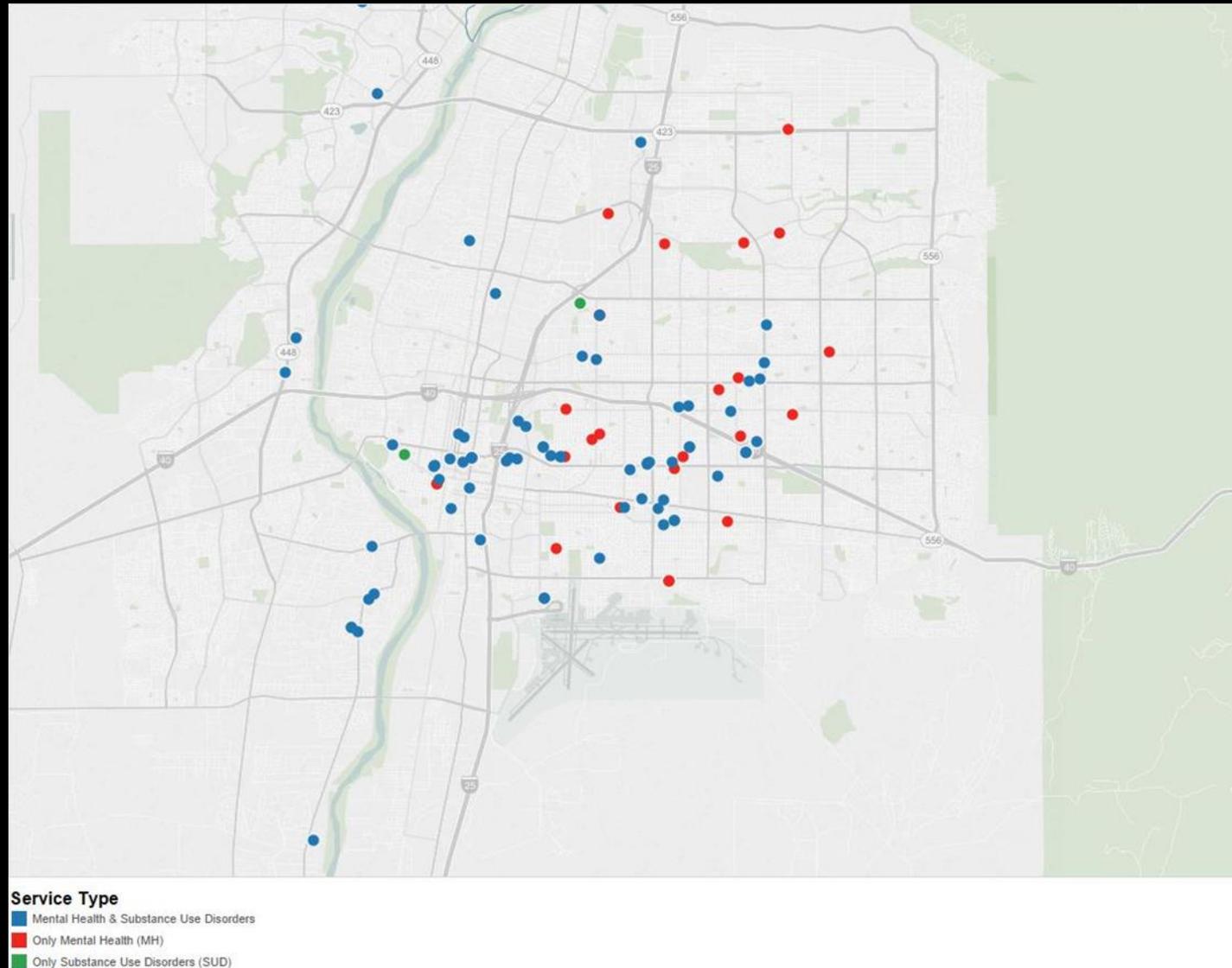
Agencies reported types of payments accepted



Types of Service by Geographic Quadrant



Map of behavioral health treatment providers in Albuquerque



Survey Tool

Select Provider

Provider Details

1. Level of Service Filter

Intensive Outpatient Services

2. Service Type Highlight

ACT Team

Day Treatment

Intensive Outpatient (IOP)

Multi-Systemic Therapy (MST)

Partial Hospitalization

3. Selection Results

New Mexico Solutions

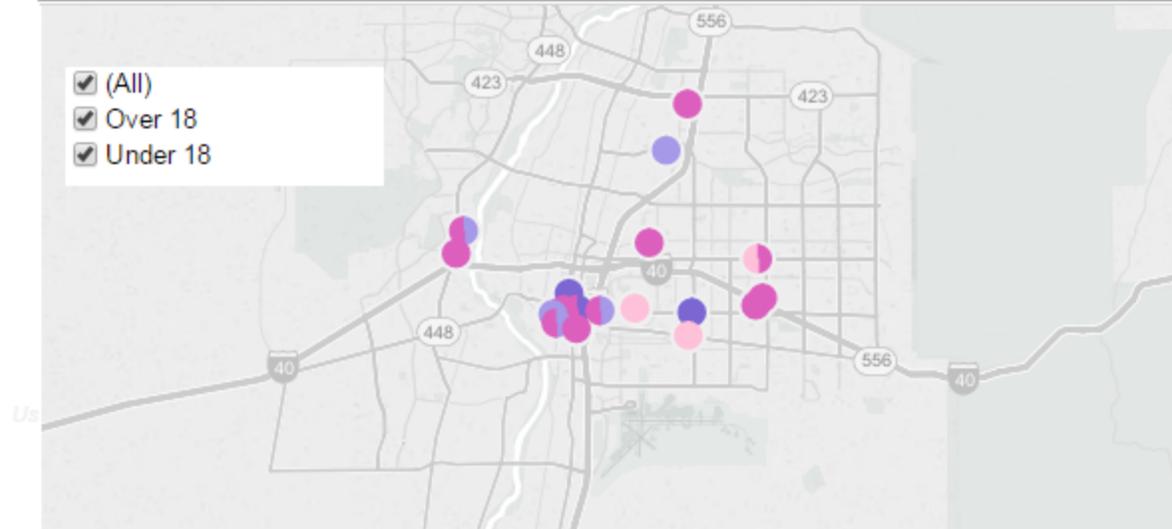
Open Skies Healthcare

UNM Psychiatric Center

UNMH Children's Psychiatric Center

Intensive Outpatient Services Providers

- (All)
- Over 18
- Under 18

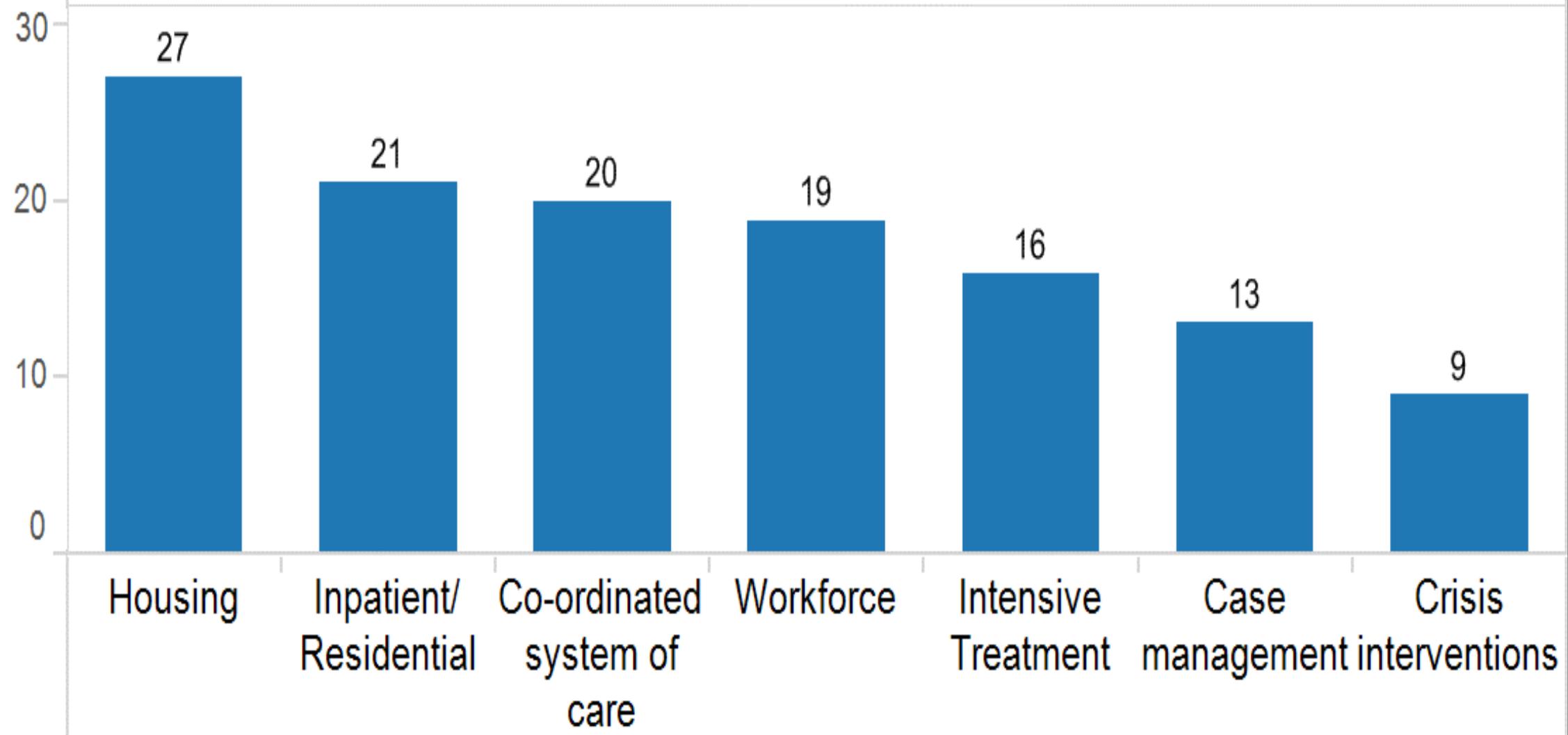


We developed an online tool to find information about location, types of services, hours, and forms of payment accepted by local treatment providers.

Available at:

<http://cepr.unm.edu/tools/ABQ-Providers.html>

Priorities of Survey Respondents



Other specific needs identified:

- Eating disorders
- Traumatic Brain Injury
- Developmental Disabilities
- Services for homeless teens
- Legal and advocacy services
- Sex offender treatment
- Family oriented care to address intergenerational cycles

So, where does Albuquerque Stand?

- Estimated need of 151,000 individuals who could benefit from behavioral health services
- Estimated gap of at least 53,000 individuals who did not receive care
- Local disparities include
 - Elevated rates of suicide, alcohol related deaths, drug over dose deaths, and rates of illicit substance use among youth compared to US
- Providers identify Housing as top priority
- Continued need for overall infrastructure to facilitate communication and co-ordination between agencies
- Specific service gaps include crisis care, intensive day treatment, and recovery and rehabilitation programs