

Youth POWER

Youth Promoting Our Wellness & Encouraging Resilience

Support Young People in our Community!

Youth POWER is a group of Albuquerque area youth striving to promote healthy and positive lifestyles and decisions and to raise awareness about health and mental health issues that impact young people in our community. Each year, we plan and implement an event, Youth Jam, focused on youth strengths and the promotion of health and mental health resources for youth and families in the Albuquerque Area. Last year, Youth Jam had more than 300 attendees.

We rely on donations from individuals and businesses in our community to support our work and we are asking for your help!

Any Amount Makes a Difference

- \$500 buys 100 shirts with a prevention focused message
- \$150 pays for 300 youth resource manuals
- \$100 pays for 200 suicide prevention bracelets
- \$60 pays for one Youth POWER leadership meeting.
- \$25 pays for acknowledgements to outstanding youth leaders
- \$2 pays for one young person to take the bus to and from a Youth POWER activity

We also accept donations of items that can be used as prizes at Youth Jam. Prizes that have been most popular include: gift cards, musical instruments, ipods, and art supplies.

As thanks for your donation, we will post your logo on Youth POWER social networking sites, use it in printed materials, and display it at all presentations, events, and meetings related to Youth Jam and Youth POWER.

Youth Jam will be held November 8, 2014 from 2:00-6:00pm at Warehouse 508 (508 First Street NW, Albuquerque). We hope you will join us for the fun! If you or your agency would like to have a table at the event resource fair, please let us know!

Thank you so much for your consideration,

Youth POWER

(Youth Promoting Our Wellness and Encouraging Resilience)

For more information or to coordinate your donation, contact:
Sarah Couch 610-8295; wordsongllc@gmail.com



[Facebook.com/youthpowernm](https://www.facebook.com/youthpowernm)



[@nmyouthpower](https://twitter.com/nmyouthpower)



Youth POWER

Youth Promoting Our Wellness & Encouraging Resilience



Youth POWER/Youth Jam 2014 Donation and Sponsorship Form

Yes, I want to support our youth by donating!

Name of Business or Individual: _____

Contact Person: _____

Email Address: _____

Mailing Address: _____

Phone #: _____ Website Address: _____

Type of Donation:

Donation Value: \$

You can send this form to:

Attn: Sarah Couch
C/O Waking Up Alive
PO Box 20166
Albuquerque, NM 87154

If you wish to email your form, please send it to: wordsongllc@gmail.com

If you have questions, please call Sarah: (505)610-8295

****Please make checks out to Waking Up Alive and put "youth POWER" in the memo line****

As thanks for your donation, we will post your logo on Youth POWER social networking sites, use it in printed materials, and display it at all presentations, events, and meetings related to Youth Jam and Youth POWER. Logos received before August 29, 2014 will be on the printed event flyers.

Thank You—Thank You—Thank You!!!!

